



B.I. BLAST



Waabiigoonii Giizis – Flower Moon
May 2016



Goodbye to old friends... Bear Island Rec Centre above, Band Office below, are coming down... the new multipurpose building will use some of the timbers in tribute to the history of these buildings.



Kwe Kwe!

The Lake breakup is upon us. As the Blast goes to publishing, the ice out there is almost like porridge. The birds and the geese are on their way back. Won't be long until everything starts to green up. Yahoo!

This month there is an MRP consultation and Land Code consultation. The Land Code consultation in North Bay last month was very successful- let's keep it up!

A very exciting announcement is on the very last page of this issue- ***Camp Bursaries*** are available so our kids can go to camp on beautiful Lake Temagami. Get your application in asap!



Looks like we're not the only ones looking forward to the lake ice melting.

The LMLC "Spring Fling" fundraiser is on Friday, May 27th. See ya there!

Check out the FHWC calendar and the community calendar in the back pages for more lots good stuff happening.

**Save the Date: Saturday July 9, Sunday July 10–
TFN POW WOW!
At the Ball Field, Grand Entry 11:30am.**

Have you moved? Do you have a new phone number or email address?

Please keep in touch with your Nation and advise of any changes.

You can call toll-free at 1-888-737-9884, or 705-237-8943

or communication@temagamifirstnation.ca

Or "snail mail":

Temagami First Nation, General Delivery, Bear Island, Lake Temagami ON P0H 1C0

Or even send a private message through facebook to Temagami First Nation.

You can also send your contributions to the Blast the same way.

The BI Blast belongs to the people, and your voice is needed!

All we ask is, "Be Nice, Keep Your Stick on the Ice"!



Isn't this cool? You can see this and more photos of the current state of the ice on Ottertooth: <http://www.ottertooth.com/Temagami/Seasons/Spring/breakup-2016-04.htm>

More coolness:

Congratulations to ***Robin Potts*** for securing \$75 grand in funding from the Trillium Foundation for the Stewardship Program! Running since 2013, the program has gotten TFN TAA youth out on the land. They clean up areas that recreational users have left garbage on, travel by canoe on ancient water and portage routes, visit sacred and historic sites, sharpen their bush skills, and receive knowledge from Elders. Who knows what will develop in the future from this program? A Ndakimenan Wilderness School, run by the people? Exciting thought.

Article courtesy of the Temiskaming Speaker.

TFN canoe project gets funding support

Diane Johnston
Speaker Reporter

TEMISKAMING SHORES – Temagami First Nation wants to put a youth program centred on the canoe on solid ground, so to speak.

It's been awarded \$75,000 from the Ontario Trillium Foundation to enhance a program for the revitalization of canoe culture.

The program, which enabled the launch of the N'Daki Menan Stewardship Project, began three years ago, said Chief Arnold Paul.

Groups of young people have spent summers learning about history, culture and safe paddling and outdoor skills. They've explored the region's waterways, and along the way have cleaned up campsites and trails.

He said it involved six youth last year, including some returning participants.

The program has been led by Great Lakes Cultural Camps, headquartered in Wikwemikong on Manitoulin Island.

He said a partnership has also developed local camps.

The funding will help build the capacity within the First Nation to make the program more self-sufficient, he said.

In Loving Memory of Donald Brian Mathias

Passed away peacefully in his home on April 17, 2016, in his 66th year, after a long and valiant battle with cancer.

Beloved husband of Audrey (nee Cliche) for 45 years. Loving Father of Christopher, Daniel, David, and Amanda (Ian Mizzi).

Devoted grandfather of Malia and Zaidyn. Dedicated Uncle to Wendy.

He will also be greatly missed by all of the Cliche Family, the Mathias Family and many dear friends.

He is predeceased by his cherished Grandmother (Madeline Katt Theriault), Mother (Dorothy) & Sister (Gloria).

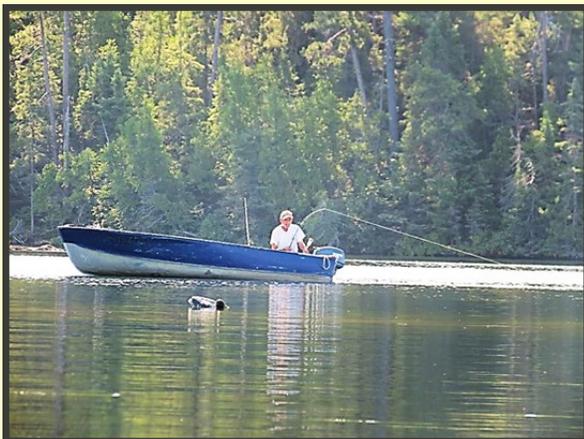
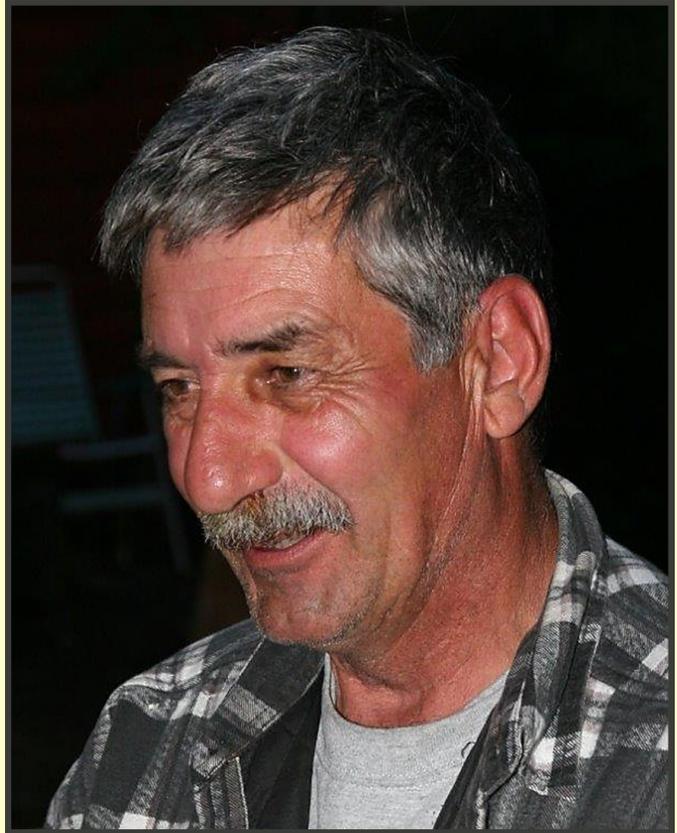
Don truly adored the outdoors in every season. He enjoyed his time spent at his cottage, outdoor activities and fishing. Most of all, he enjoyed spending time with his family and his friends.

Don spent his days outside in his 30 year career with Canada Post, followed by a decade of retirement on Lake Temagami.

The family received visitors at the McGuinty Funeral Home in North Bay on Thursday April 21st at 11:00, followed by a service at 1:00.

Donations to the Canadian Cancer Society would be appreciated by the family. Online donations can be made at www.mcguintyfuneralhome.com

<http://www.mcguintyfuneralhome.com/listings>



In Loving Memory of Leatrice Mongrain

Passed away April 18, 2016 at the age of 93. A Funeral Mass was held for Leatrice Mongrain on Saturday, April 30 at Our Lady of the Lake Church in Kipawa. She is survived by her children: Wayne Robinson (Rita McIsaac), Joy Ann Robinson (late Luray Staff), Darwin Robinson, Howard Mongrain (Barb Stewart), Celeste Mongrain, Dixie Belle Mongrain (Carl Mongrain Jr.) and Annette Mongrain; her grandchildren: Angie, Derek, Jennifer, Randy, Michelle and Danny and her 17 great-grandchildren. She left to join her spouse Howard L. Mongrain, her daughter Irene Robinson (Louis Watelle) and her granddaughter Lisa.

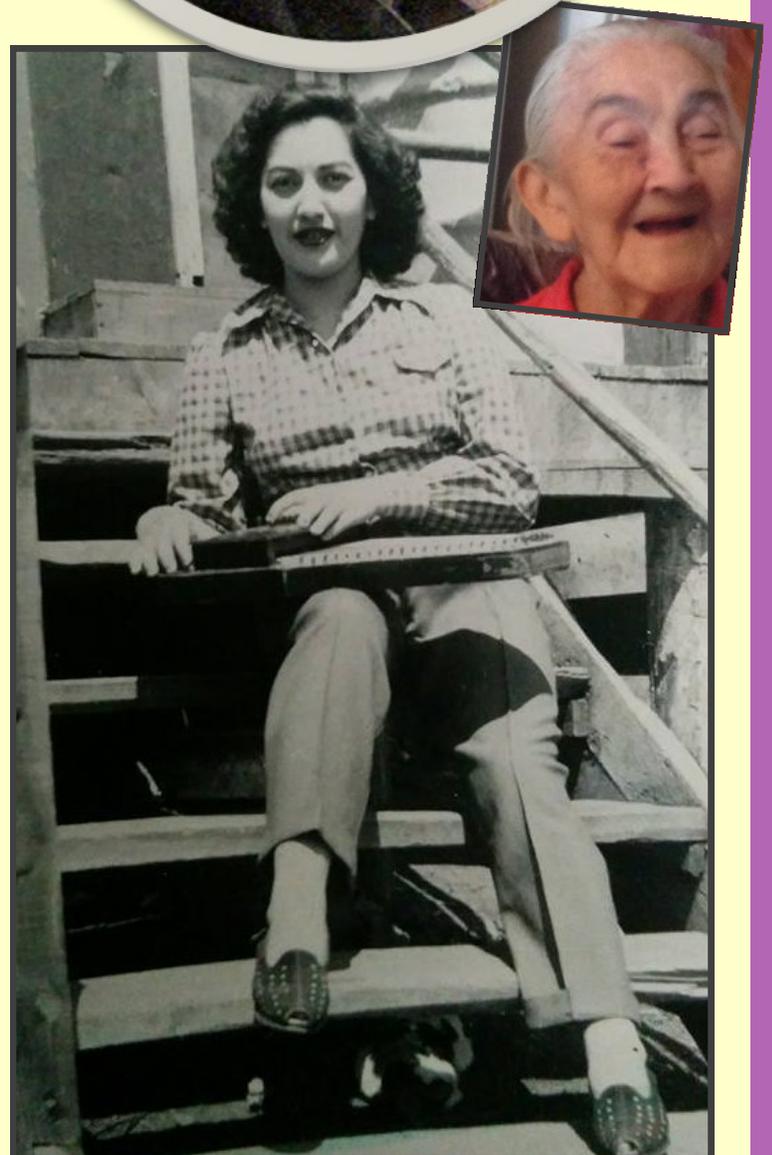
Leatrice was the grand-daughter of Juliette (Wabimakwa- White Bear) Robinson. She lived in Kipawa where she raised her family, but maintained close ties with her friends and family in the Teme Augama Anishnabai.

Today, her Grandson Dan Mongrain lives on Bear Island with his wife Lynn and 3 of Leatrice's great grand children.

Leatrice's daughter Celeste Mongrain has taken membership with TFN along with her daughter Michelle. Celeste remembers her Grandmother Leatrice as always gentle and kind, and always praying for the good of someone or something.

Condolences may be given at

http://www.maisonrobertetfils.com/index.php?option=com_mtree&task=viewlink&link_id=756&Itemid=52



TEMAGAMI FIRST NATION



BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1.888.737.9884 or 705.237.8943
FAX 705.237.8959
www.temagamifirstnation.ca



Request for Proposals – Elders Complex

Project: On behalf of Temagami First Nation, we would like to extend an invitation to submit a bid for **Construction Management Services** to build a new 17,000 ft. sq. Elders Complex. 10 row housing units with a central common area.

Location: The building is to be constructed on Temagami First Nation, Bear Island, Ontario. The site is located 5 hours' drive north of Toronto, Ontario on Lake Temagami.

Due Date: The RFP is due on May 31, 2016 @ 2pm

Contact: Roger Assiniwe (roger.assiniwe@temagamifirstnation.ca)
or Maureen O'Sullivan (ed@temagamifirstnation.ca).

Both individuals can be reached at (705) 237- 8943.

Questions: Any and all inquiries related to this tender shall be directed to Bret Cardinal, Architect, B.D. Cardinal + Associates Inc., at the following email address: bretcardinal@gmail.com

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Request for Proposals

Temagami First Nation Multi-Use Building and Business Centre

Project: On behalf of Temagami First Nation, we would like to extend an invitation to submit a bid for **Construction Management Services** to build a new 29,000 ft. sq. **Multi-Use & Business Centre**.

Location: The building is to be constructed on Bear Island Indian Reserve on Lake Temagami. The site is located 5 hours' drive north of Toronto, Ontario on Lake Temagami.

Due Date: The RFP is due on May 31, 2016 @ 2pm.

Contact: Roger Assiniwe (roger.assiniwe@temagamifirstnation.ca)

or Maureen O'Sullivan (ed@temagamifirstnation.ca).

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Date: April 18th, 2016
To: Temagami First Nation Elders
From: Elizabeth Potts, Temagami First Nation Housing Coordinator
RE: Temagami First Nation Elders Complex Application Update

It has come to my attention that those who have an interest in applying for an apartment, when the Elders Complex is completed, have been under a misunderstanding that there is a list of potential residents in the works.

Please be advised that I have had several members send me their names. I took those names for my information, only.

There is **no list of applicants.**

At this time the First Nation has yet to begin construction of the 10 (ten) 2 (two) bedroom units. Construction is planned to begin, this spring, 2016. Construction is set at 16 -18 months from start to finish. During this time, the First Nation will be developing a *Prioritization of Housing Applications*, meaning that in order to eligible for an apartment applicants will be interviewed to determine if one is eligible.

Several areas which the First Nation will have questions in are: Living Conditions – what the conditions you now live in, housing conditions, references, payment history, affordability, just to name a few.

The Temagami First Nation will be contacting members when it's time to begin the Prioritization of Housing Applications. This process will begin at least six (6) months before the complex is ready for residency. Please be advised that an Elder is 50+.

I hope this clarifies for members the process in which tenants will be selected.

Should you have any questions, please contact me at the above number or email:

elizabeth.potts@temagamifirstnation.ca.

Miigwetch.

A Message from Marie Paul, Emergency First Response Co-ordinator

Sometime during the first week of April, a person or persons entered the Bear Island Ambulance Building and removed a Rubbermaid bin full of EFR medical supplies.

These supplies are an essential part of the service provided to ensure the well-being of everyone in our community. This illegal action hurts everyone.

Thank you
Marie Paul



If you have a medical emergency on Bear Island, please call:

705-569-3434

Please make sure you know your lot number!

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NOTICE

MATRIMONIAL REAL PROPERTY DRAFT LAW COMMUNITY INFORMATION SESSION

Tuesday, May|24, 2016

**Laura McKenzie Learning Centre
Gymnasium**

7:00 – 9:00 p.m.

**This will be the final opportunity for
Temagami First Nation members to
provide feedback on
the MRP Draft Law prior to the Ratification
Vote.**



**Temagami
First Nation
Water Treatment
Plant**

Welcomes...
Nathan Sawyer!

**Nathan joined the team on
Monday, April 25th, 2016, as
Operator in Training.**

Congratulations!



LAND CODE UPDATE on Recent Events April 29, 2016

What is a Land Code?

A Land Code is the basic enabling Land Law of a first nation and will replace the 32 Land Management sections of the Indian Act.

Consultations

The Land Code team was active in Temagami and North Bay during breakup getting the ball rolling with our membership consultation drive. Our goal is to reach all TFN members and bring them the information in two phases. The first phase is to have our members understand what the Land Code is and what it means to Temagami First Nation as we move into the future and reach our full potential as a strong people. The second phase of consultation will involve getting into the details of the Land Code document and other pertinent documents that support the Land Code making changes based on public consultation.

Being new at this job I thought a logical step would be to start with house visits and small consultation groups before organizing larger info sessions. The first of several info sessions is being planned for Bear Island after breakup on May 26.

We encountered some very good questions so far and were able to answer most but for some we had to dig for the answer and reply after the meeting. Our goal is to get the answers to your questions. We have good resources available with people who have many years of experience with Land Code development and subsequent Land Management. These resources exist at neighbouring communities such as Nipissing First Nation and at the Lands Advisory Board Resource Centre.

Land Code Wheel

The Land Code team designed a “visual” consultation tool that we refer to as the Land Code Wheel since it resembles a wheel with spokes. The idea here is to show the Land Code as the end product supported by a few agreements, laws and approvals. One could look at these “spokes” individually and understand it that way before putting it all together. There is a timeline with the wheel starting with

the 12 o'clock position with the development of the Framework Agreement in 1996.

TEMAGAMI FIRST NATION LAND CODE



OUR LANDS, OUR FUTURE

WWW.TEMAGAMILANDCODE.COM

**North Bay Land Code Consultation,
April 25, 2016**



Photos by Mary Laronde



Meeting with Nipissing

We had a meeting with the Lands and Resources office staff at Nipissing First Nation (NFN) on April 26. They very kindly shared their land management experiences with us. They ratified a Land Code in 2003, followed by Nipissing designed custom land management and law making processes. In attendance from TFN was Jamie Friday, Michael Paul and David Laronde. The NFN experience gave us a look into the future after a Land Code is ratified. I especially want to thank Joan McLeod for her time and knowledge.

May 2016 – Upcoming Consultation Dates

May 5 – Sudbury Ontario Consultation

Location: Gezhtoojig Employment Services 1-4 pm

May 6 – Sudbury Ontario Consultation

10-4:00 – Gezhtoojig Employment Services

May 3,5,6 - Sudbury home consultations (varied times, contact David)

May 7 – Bear Island Consultation

Youth – Dinner – Door Prizes

Location: Bear Island, L&R Office Time 3-6 pm

May 9 – Town of Temagami Consultation

Location: Temagami Theatre

Time: 7:00-9:30

May 26 – Bear Island Consultation

Location: Bear Island, L&R Office

3 – 5 Open House – Land Code Information

7:00 – Info Session

Written by: David Laronde – TFN, Land Code Coordinator

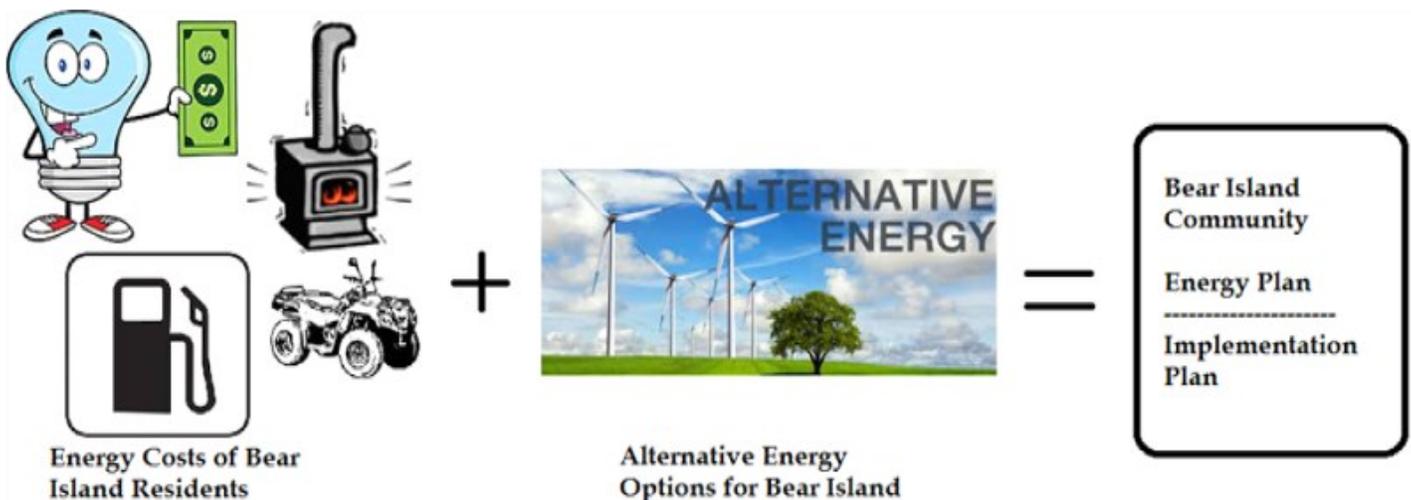
david.laronde@temagamifirstnation.ca – 705-237-8600

Lands & Resources Department

Aboriginal Community Energy Plan (ACEP)

In response to concerns expressed within the community, the Lands and Resources Department submitted a proposal to the Independent Electricity System Operator (IESO) under the Aboriginal Community Energy Plan funding stream to prepare a Community Energy Plan. The end goal of the Community Energy Plan is to find ways that will reduce energy consumption/cost on Bear Island, present alternative energy options, as well as create an implementation plan. Our community Energy Plan needs to be supported; it will only be as good as the information behind it, so let us work together and strive towards finding a real solution that will help us overcome the rise in energy prices. Up to this point the energy costs for all band buildings have been tallied for use in the plan, and about 34 residential homes (survey results). In the coming months, we need Bear Island residents to work with Courtney Saville as she will be out in the community looking to have more surveys completed. The results of the residential home surveys will provide us with an excellent baseline of information that will allow the Lands office to complete our Community Energy Plan and develop an action plan for the future. Thank you to all residents of Bear Island who participated in the ACEP survey up to this point, your help has been instrumental. The winners of the draw were Joy Cooper, and Virginia McKenzie – they each won a \$50 gift card.

If you have any questions, please call the Lands & Resources Dept. 705-237-8600



FORESTRY INFORMATION SESSION

The Lands and Resources Department

Will be hosting an information session on

TUESDAY, MAY 31, 2016

6:00 - 9:00pm

Location: Lands & Resources Office

Refreshments & Desserts will be served

There will be representatives from the:

Temagami Management Unit
Nipissing Management Unit
Timiskaming Management Unit
Sudbury Management Unit

With information on their Annual Work Schedules.

**8:00 Robin Koistinen will also give an update
on TFN Forestry Initiatives**

Hope to see everyone out!

Contact: Robin Koistinen – 705-237-8600



On April 26th, Lands and Resources Staff and 3 TFN Councillors attended a talk put on by **Marvyn Morrison** at the Temagami Legion. The speaker was Maude Barlow of Council of Canadians, on the topic of the Energy East Pipeline.



Left to right: Marvyn Morrison, Councillor Jamie Saville, Maude Barlow, Councillor Jesse Paul, Lands and Resources Manager Robin Koistinen, Councillor Marty Pridham, Lands and Resources staff member James Szykoluk.

Marvyn states: “We have all had a chance to hear TransCanada Pipeline's presentation on the proposed Energy East pipeline conversion. The proponent is always confident they can manage and control the risk associated with their project.

Not everyone agrees with the proponent.

We had an opportunity to hear and discuss a very different assessment of the Energy East Pipeline.”

You can learn more about the Council of Canadian’s assessment here:

<http://canadians.org/sites/default/files/publications/nbay-oil-meets-water-0416.pdf>

There is an excerpt from that document on the following page.

Lands and Resources is still in the process of being consulted by the crown on this project. Temagami First Nation has not taken any position and has NOT given consent.

What are the chances of Energy East rupturing?

In the 30,000-page Energy East pipeline project application that TransCanada submitted to the National Energy Board, there is a section titled *Energy East Pipeline Project Volume 6: Accidents and Malfunctions – Section 2: Incident Frequency and Volume Analysis – Onshore Pipeline*. This section includes calculations on the likelihood of Energy East failing based on pipeline failure rates in North America from 2002 to 2013.²

To arrive at its results, TransCanada assumes that its pipelines are as safe as the industry average. This is like a student referring to the class average instead of his or her own grade.

Pipeline rupture data produced by the National Energy Board shows that TransCanada has the worst safety record in Canada, with 17 ruptures since 1992.⁴ TransCanada's most recent history is even worse, with eight ruptures in the last six years between 2009 and 2014, and four ruptures in the five-month period from October 2013 to February 2014. TransCanada's rupture rate has gone from bad to worse.

TransCanada ruptures in the last six years

Feb. 18, 2014	Rocky Mountain House, AB	Ferrier North pipeline
Jan. 25, 2014	Otterburne, MB	Line 400-1
Nov. 26, 2013	Boyle, AB	Flat Lake Lateral pipeline
Oct. 17, 2013	Wabasca, AB	North Central Corridor pipeline
Feb. 19, 2011	Beardmore, ON	Mainline
Sept. 24, 2009	Marten River, ON	Mainline
Sept. 12, 2009	Englehart, ON	Mainline
July 20, 2009	Rainbow Lake, AB	Peace River Mainline

When TransCanada's actual rupture history in Canada is used to calculate the likelihood of Energy East failing, the result is a 15 per cent chance of rupture per year.

$$\begin{aligned} &\text{TransCanada's current annual rupture rate per kilometre of pipeline} = \\ &\quad (\text{number of ruptures} / \text{total length of pipelines}) / \text{number of years} \\ &\text{Annual rupture rate per kilometre} \times \text{Energy East pipeline length} \times 100\% = \\ &\quad \text{chance of Energy East rupturing per year} \end{aligned}$$

"The Panel found the Energy East Pipeline Proposal assessment (EEPP) to be overly simplistic, with blanket assurances regarding mitigation, generalized assumptions that mitigation would always be effective, and a reliance on low probability to reduce risk... The EEPP assessment did not add any value with respect to risk-based prioritization of mitigation measures along the pipeline route."³

– Expert Panel Report on the Behaviour and Environmental Impacts of Crude Oil Released into Aqueous Environments, Royal Society of Canada.

To arrive at this result, the number of ruptures (8)⁵ is divided by the number of kilometres of pipeline TransCanada operates in Canada (39,880 km).⁶ Divide this by the number of years in the period examined (the last 6 years, 2009-2014)⁷ to calculate the rupture rate per kilometre, per year. Multiply this by the number of kilometres of Energy East (4,600 km) times 100 per cent to calculate the likelihood of a rupture per year somewhere along the pipeline.

The final result is a 15.37 per cent chance of a rupture per year. Over the 40-year projected lifespan of the project, this equates to six major ruptures. TransCanada's rupture rate has been increasing for more than a decade.

TransCanada argues that the likelihood of a spill in North Bay is small, but Energy East also threatens hundreds of other drinking water sources along its 4,600-kilometre route. The question is not whether Energy East will spill, but rather how big will the spills be, how often will they occur, and to what extent can they be cleaned up?

Stop the presses: TransCanada's pipeline leaks again

On April 2, 2016, TransCanada's only operating oil pipeline, Keystone 1, was shut down when a passerby discovered a pool of oil in a farmer's field in South Dakota. TransCanada's early estimates of the size of the spill started at 693 litres,⁸ but after one week of digging up hundreds of feet of pipeline that figure grew to 64,000 litres. Nobody knows how long the pipeline was leaking, or how long it may have continued to leak had it not been discovered by a member of the public. What is clear is that TransCanada's leak detection system failed.

<http://canadians.org/sites/default/files/publications/nbay-oil-meets-water-0416.pdf>

Random News, Accomplishments, and other Good Stuff from the Community



SNOWFLAKE TO ALL-ONTARIO

The Koch Midget Girls are in the Toronto area April 8-10 competing at the 24-team Ontario Women's Hockey Association All-Ontario. Seen here after this season's tournament win at the Snowflake Challenge in Sudbury are, in front from the left, McKenna Jacksic, He Steph Corbin and Priscilia Loranger. In back, same order, head coach Jean Corbin, Anna Walker, Annie Males, Baylee Guimond, Zoe Presseault, Lauren Brazeau, Madyson Sharp, assistant coaches Brandon Jacksic and Rob Sanderson. Absent were assistant coach J Whitwam and manager Lance Males. (Supplied photo)

Temagami Home-girl and TAA citizen **Jenna Sanderson** isn't just a pretty face. Here she is with her team, the Koch Midget Girls, who won the 20th annual Snowflake Challenge tournament in Sudbury last month. Jenna is also on her school hockey team, volleyball team, and basketball team. She also does high jump, soccer, and badminton. She is in grade 12 and is an excellent student. Yowzers!



Newsflash and Spotlight: Sandra Laronde

It is with delight that we announce that **Artistic Director Sandra Laronde** has agreed to curate a **Sesquicentennial Signature Music Initiative for the Toronto Symphony Orchestra's (TSO)** for Canada's 150th celebration in 2017. Currently, she also serves on the **Sesquicentennial Advisory** for the Toronto Symphony Orchestra. Programming for the project will explore current and past Canadian composers, Canada's Indigenous musical legacy and ongoing practice, Canadian songwriters, culturally diverse music practice, and film composers.

Sandra is also our Artistic Director of **Red Sky Performance**, and the director of Indigenous Arts at The Banff Centre.



Sandra Laronde has another illustrious gig to add to her amazing résumé: Curator of a Toronto Symphony Orchestra show for Canada's 150th birthday celebrations. We mere mortals can only marvel.



There was a good crowd at the **Family Hike** on Saturday April 24th.

Everyone went up to the old fire tower site on Bear Island to enjoy the view and get some exercise. Afterward, DPHC hosted a tasty lunch.

Miigwetch to organizer

**Sherwood
Becker**

and to **DPHC!**



Photo, top left, Jamie Friday; 3 photos on right, Vanessa Turner.

Random News, Accomplishments, and other Good Stuff from the Community, Continued

On April 21- 24, 2016, **Haylie Paul** competed at the View Dance Challenge in Hamilton ON. She came in second place for her acrobatic solo (“Outside”) in her division and also was awarded second place for overall highs score in her division. She also won first place for her acrobatic trio (“Pink Panther”) and first place in all of her large group routines and several special awards.

On May 12-15,2016, Haylie will be competing at the Shine Dance Competition in London ON, and from May 26-29, 2016 she will be competing in Collingwood ON at the Kick it Up Dance Competition.

Haylie’s family wishes to thank the Temagami First Nation community for your continued support, assisting Haylie to live her dream.



There will be a Fundraising Pancake Breakfast and Performance by Haylie at the Elder’s Building on Bear Island on Sunday, May 22. Pancakes will be on between 9am and 11am, and Haylie will perform at 11:30 am. See ya there!!!!

Shaiyena Cote has had another great season as a hockey player, captain, coach, and referee. Mom Abby Cote has written a great article about all of Shaiyena's activities. You can read the full article here:

http://www.temagamifirstnation.ca/index.php?option=com_content&view=article&id=57&Itemid=29

(Non-computer users can request a copy by calling 705-237-8943/ 1-888-737-9884, ask for Daisy.)

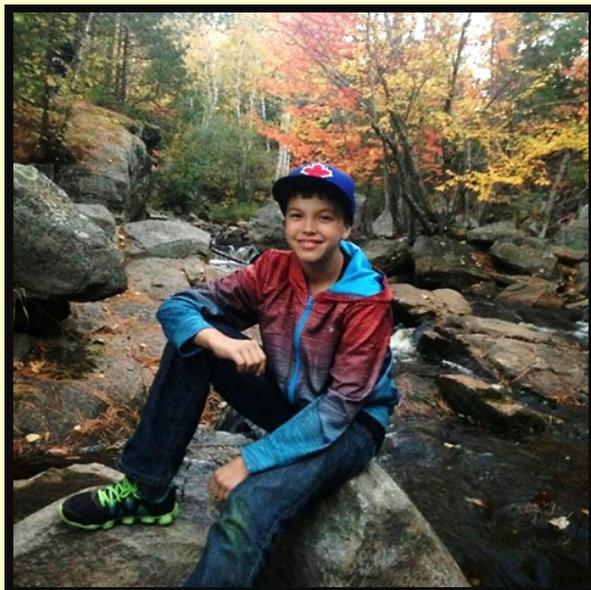
Here are some of the highlights of Shaiyena's story:

Shaiyena made Captain of the Sudbury Lady Wolves Intermediate 'A' team and started the season playing league hockey for the first time with three of her former Moose Cree (Moose Factory) First Nation Little NHL teammates. These three, along with Shaiyena and a fourth girl, made up the five original players with the Moose Factory Scrappers who went to the Little NHL 'A' Division Championship game eight years in a row, winning it six times in four different divisions.



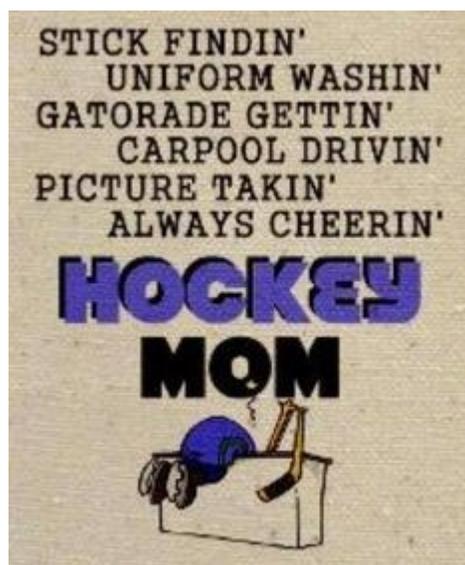
Shaiyena had a very successful season: She led in points with 54, 30 goals and 24 assists and earned a provincial bronze medal. She also captained her high school girls' hockey team and led them to finish as finalists at NOSSA (Northern Ontario Secondary School Athletics). Shaiyena is the only youth and possibly the only person in Canada who is actively playing elite level hockey but who is also a Hockey Canada/National Coaching Certification Program (NCCP) Certified Development Level 1 Intermediate hockey coach, Hockey Canada Certified Level 3 Official (Referee) and a Hockey Canada Certified Level 3 Trainer. She also coaches a Pee Wee Team.

Sloan Schiavo, Rebel MacInnis's 12 year old son, had a great hockey year. He played for the North Bay Trappers Big Brothers and Sisters Major Pee Wee Rep team. The trophy is for a win by the team in a tournament in Astorville last November. Sloan won "Most Valuable Player" in that tournament, and received the medal for "most Sportsmanlike" for his year overall. Awesome!



Such a cutie.

**Chi Miigwetch and Respect to all
Hockey Moms.**



And just Moms, for everything they do.

Hockey must be in the blood of the MacInnis family. Below, **Shawna MacInnis'** 8 year old son **Eli Polson** also has bragging rights! The tournament he's holding the trophy for in the photo on the left took place at Amos, Quebec, in April. It's the "Tournoi De Hockey Mineur De Pikogan", a Native tournament that is held every year. He played for Rapid Lake Lil' Eagles in the Novice category. Eli plays regularly with the Bergeron Electronic Novice A team of Notre Dame Du Nord in Quebec; that's the team the trophy and medal below are for. Eli was also the forward winger for LNHL Champions Whitefish River First Nation Warriors – Novice A Category B, in March. Way to go, Eli!



**Annnnd.... Eli also got his first partridge
On April 26th!**

Ode to Hockey Moms....

It's so dark, but here we go,
To the arena, through the snow
GPS is our new best friend
"The arena must be around the bend!"
Hard cold benches under our rear
"Do they have the heat turned on here?"
Arena coffee tastes so fine,
can you believe it's only \$1.99?
The moms all talk and the thought they are sharing:
"Phew, this bag sure needs some airing!"
We all know the patience that it takes, when a
hockey mom exclaims,
"What do you mean, you forgot your skates?"
The game is intense, the moms all cheer,
"Skate faster honey, kick it in gear!"
Win or lose, it's all for fun
We hug and kiss and say proudly,
"Well done!"

Happy Mother's Day, Sunday May 8.



LMLC Anishnaabemowin Update

with Patsy Turner



This month the students have been practising some Ziigwaan (Spring) and Earth Day (Akii Giizhigad) related vocabulary.

The Jk – Gr. 1 class made Akii Giizhigad placemats. The Gr. 2-4 students made posters recognizing Shkakamik Kwe or Akii Kwe (Mother Earth). They had to include pictures and drawings of things people do for Akii Giizhigad. The Gr. 5 – 8 students made Akii Giizhigad People Bingo cards, they then had to go around the community to ask people what sort of things they do for Earth Day. Keitay won 1 and 2 lines - \$1 and \$2, Tristan won 3 lines and 4 corners - \$3 and \$4, Madison and Peyden won a full card - \$5.

On Akii Giizhigad, I held a Litterless Lunch. Students were invited to stay if they were able to pack a lunch with no garbage. There was a small turn out and some great lunch ideas to reduce garbage. After lunch we went into the school yard and picked up some garbage.

The students have been learning a new drum song this month as well. We've been practicing Nangoos Nangoos (Twinkle Twinkle). The older class and I have been going to the Daycare for the past few Fridays singing and drumming our Anishnaabemowin songs with them.



Akii Giizhigad Litterless Lunch

Another activity that the students have been practicing this month is using the internet site "Quizlet" to learn their words. I make an activity using the month's words and they sign in and practice saying the words and playing games with the words.

We have finalized our date for our school pow wow.

***Our mini pow wow will be held
June 9th at 1 – 3pm,
at the school.***

The students have been in the community offering Jamie and Roger tobacco to help us with drumming for the pow wow.

They accepted and said they would help us with the pow wow. We will share more details as the date comes closer.

Gwaabmin Miinawatch.



Offering Tobacco- Sema

Notice from BIEA: A Discussion about Education



The staff at the LMLC will be hosting an open discussion on Current Education issues.

We are inviting the Council, BIEA and interested parents. We felt the time was ripe for a broad discussion and a sharing of ideas. With the recent declarations of the Liberal government and the recent recommendations of the Truth and Reconciliation Commission, we understand that there are several of us learning and hearing different information. It would be beneficial to our future path for education if all stakeholders came together and shared what we are all learning. This then will likely set us on a more informed and unified path when decisions regarding education have to be made.

We have planned this discussion to take place on

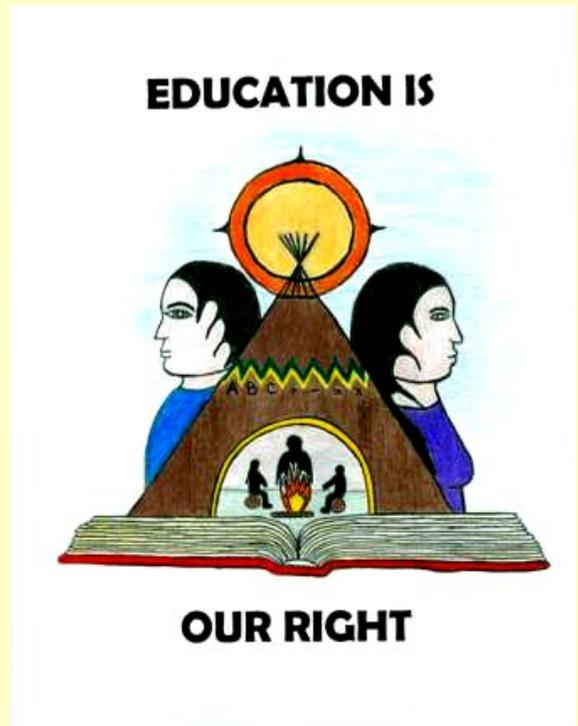
Friday, May 20th at 9:am – 2pm, at the school.

The school will be providing lunch.

Once the agenda is finalized we will post it.

We hope that you will make a point of joining us and sharing your ideas.

Miigwetch,
Patsy Turner



A Message from Denise Lafontaine - Pikangikum Fire Fundraiser Update

Dear Community Members,

After speaking with Kurt MacRae, the principal from Eenchokay Birchstick School in Pikangikum, I was humbled by the strength with which he spoke.

He shared that although the community was continuing to grieve over their loss, they were also demonstrating togetherness and healing.

When I expressed that we had raised \$ 102.00 to help the families, he was so appreciative.

He expressed that they had received a lot of support from many areas. He asked if there was any way that we could get something memorable for their new school that is opening in September.

I suggested a wall hanging with buttons sewn on by community members. We would call it a "Blanket of Hope" from Temagami First Nation Community.

The symbol of the buttons demonstrates that we are all connected. He loved the idea.

have already purchased a beautiful quilt. Students and staff from LMLC will be sewing their buttons on the blanket over the next couple of weeks.

If you would like to sew a button on the Blanket of Hope, please see me at the school and I will provide you with what you need.

Thank you to all who purchased a 50/50 ticket. Congratulations to the winner, Jessica Mattias.

Denise Lafontaine

denise.lafontaine@temagamifirstnation.ca

705-237-8982



LMLC Special Dates

Wednesday, May 4, 2016	Monthly Awards	2:45 pm
Wednesday, May 11, 2016	Community Clean-up	1:00 – 3:00 pm
Friday, May 20, 2016	Professional Development	No School
Monday, May 23, 2016	Victoria Day Holiday	No School
Friday, May 27, 2016	Spring Fling Fundraiser	11:30 am – 1:30 pm
Wednesday, June 1, 2016	Monthly Awards	2:45 pm
Friday, June 3, 2016	TDSS Pow Wow	



Thursday, June 2, 2016
Last day for after-school program.

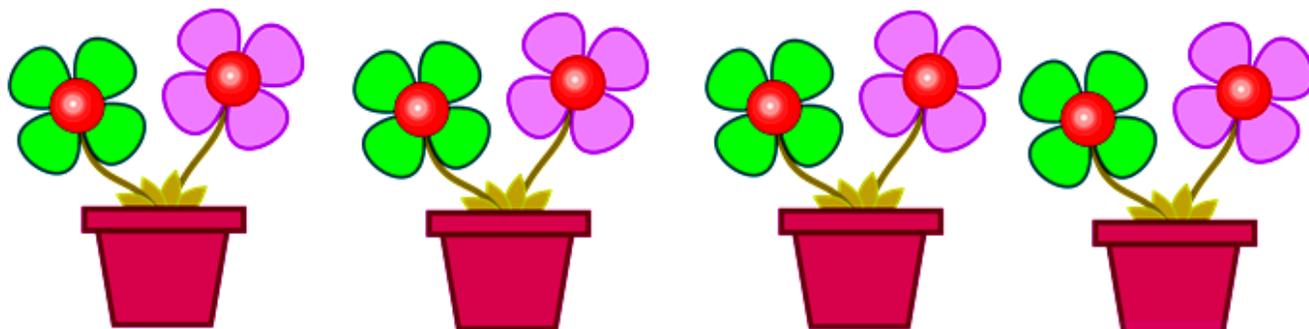
LMLC's Spring Fling needs...

Penny Sale items: please contact Lucille McKenzie or bring your donations directly to the school
(new or slightly used items will be accepted)

Yard Sale items: toys, dvd's, household, baby items etc.....
(please, no books or clothes)

Mentors: to help students set-up their entrepreneurial booths
(new and exciting)

Baked Goods: please bring them to LMLC by 10:00 am of the Spring Fling



LMLC Presents... Friday, May 27, 2016

*The Young Entrepreneur's
Spring Fling Fundraiser*

This year, along with the ever famous **Penny Sale, Yard Sale** and **Scone Dog Sales**, students from Grades 2 to 8 will be setting up numerous booths to highlight their young entrepreneurial spirit. All proceeds from the sales of the booths go towards the school-year trip. Guaranteed to be lots of fun for everyone!



Doors Open at 11:30 am
Penny Sale Draws to begin at 1:00 pm

Young Entrepreneur's Booths Include:



Pottery and Herb Garden

Friendship Bracelets

Face Painting

Bean-Bag Octopus Throw

Musical Chairs

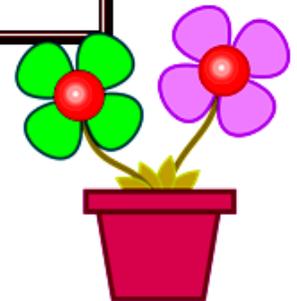
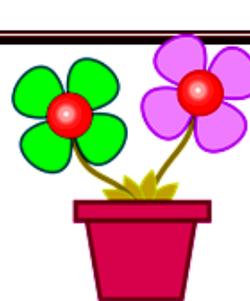
Raven of the Rings Toss

Sweet Treats

Concession Stand

Home-made Wrapping Paper

Lemonade Stand



COMMUNITY CLEAN UP

Wednesday, May 11, 2016

1:00 pm – 3:00 pm

Rain Date: Wednesday, May 20, 2016

The winter has been a long one. Mother Earth is telling us it is now time to rid her of all the garbage that has been buried beneath the snow.



Together, we can display our love and respect for the land.

Do what you can to reduce, reuse, repurpose and recycle.
Remember, many items are now recyclable.



Sponsored by Temagami First Nation and LMLC

Anishnawbek Words and Expressions We Seldom if Ever Hear Anymore -with Duane Paul

1. **Nay-wudge-ah-gootch gee-nah-wud-ah-day o'dah-baun-ish.**

- a) We had trouble putting out the fire.
- b) Suddenly the car started rolling down the hill.
- c) Suddenly the old car caught (on) fire.
- d) A long time ago in a galaxy far, far away.

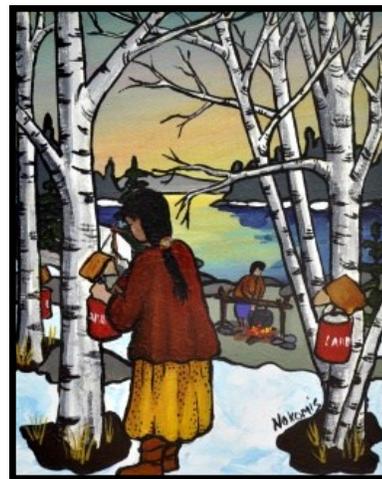
2. **Pun-ah-gootch wus-ah-nah-go n'gee wah- buh-maun.**

- a) I haven't seen him/her since the day before yesterday.
- b) I wasn't born yesterday or the day before.
- c) I can't believe tomorrow is already Monday.
- d) It hasn't been that long since I last saw you



3. **Ah-zhah-schwah w'zeek-say see-sah-bak-wud-ah-boo.**

- a) The maple syrup is now running (dripping).
- b) The ice has now started to melt.
- c) The maple sap has now stopped running.
- d) It is almost time to collect the sap.



4. **Mee-sah ah-kid-do-wauch n'dik-id.**

- a) Watch what you say I said.
- b) Don't say that you didn't say that.
- c) Don't believe everything you hear.
- d) That's what they are saying I said.

5. **Tah-jah nooch-ah-gooch ay-kid-do-wuk g'bay-ee.**

- a) The weather is much worse than it used to be.
- b) They are always saying some very strange things.
- c) There are many strange things happening.
- d) They always make sure their work is done.



Answers: (No peeking!) 1. b) 2. a) 3. c) 4. d) 5. b)

*This Page and the Following Page Contributed by Annette Paul,
Native Drug and Alcohol Program Worker, FHWC.*

annette.paul@temagamifirstnation.ca

(705) 237-8900



10 WAYS TO PROMOTE **GOOD MENTAL HEALTH & WELL-BEING IN KIDS**

- 1** MODEL GOOD MENTAL HEALTH HABITS
- 2** MAKE SURE THEY GET **ENOUGH SLEEP**
- 3** **ENCOURAGE** KIDS TO EXERCISE
- 4** GIVE THEM **CREATIVE** OUTLETS
- 5** PROVIDE A **SPACE** OF THEIR OWN
- 6** **TALK** ABOUT THEIR TROUBLES
- 7** HELP THEM TO **RELAX**
- 8** HAVE TWO **ROUTINES** -
WEEKDAY AND WEEKEND
- 9** FOSTER **VOLUNTEERING** AND
HELPLESSNESS
- 10** BRING **FUN AND PLAYFULNESS**
INTO THEIR LIVES



ONTARIO HELPLINES

Drug and Alcohol Helpline

Website: www.drugandalcoholhelpline.ca

Phone: 1 800 565 8603

Mental Health Helpline

Website: www.mentalhealthhelpline.ca

Phone: 1 866 531 2600

Ontario Problem Gambling Helpline

Website: www.opgh.on.ca

Phone: 1 888 230 3505

Smoker's Helpline

Website: www.smokershelpline.ca

Phone: 1 877 513 5333

Kids Help Phone

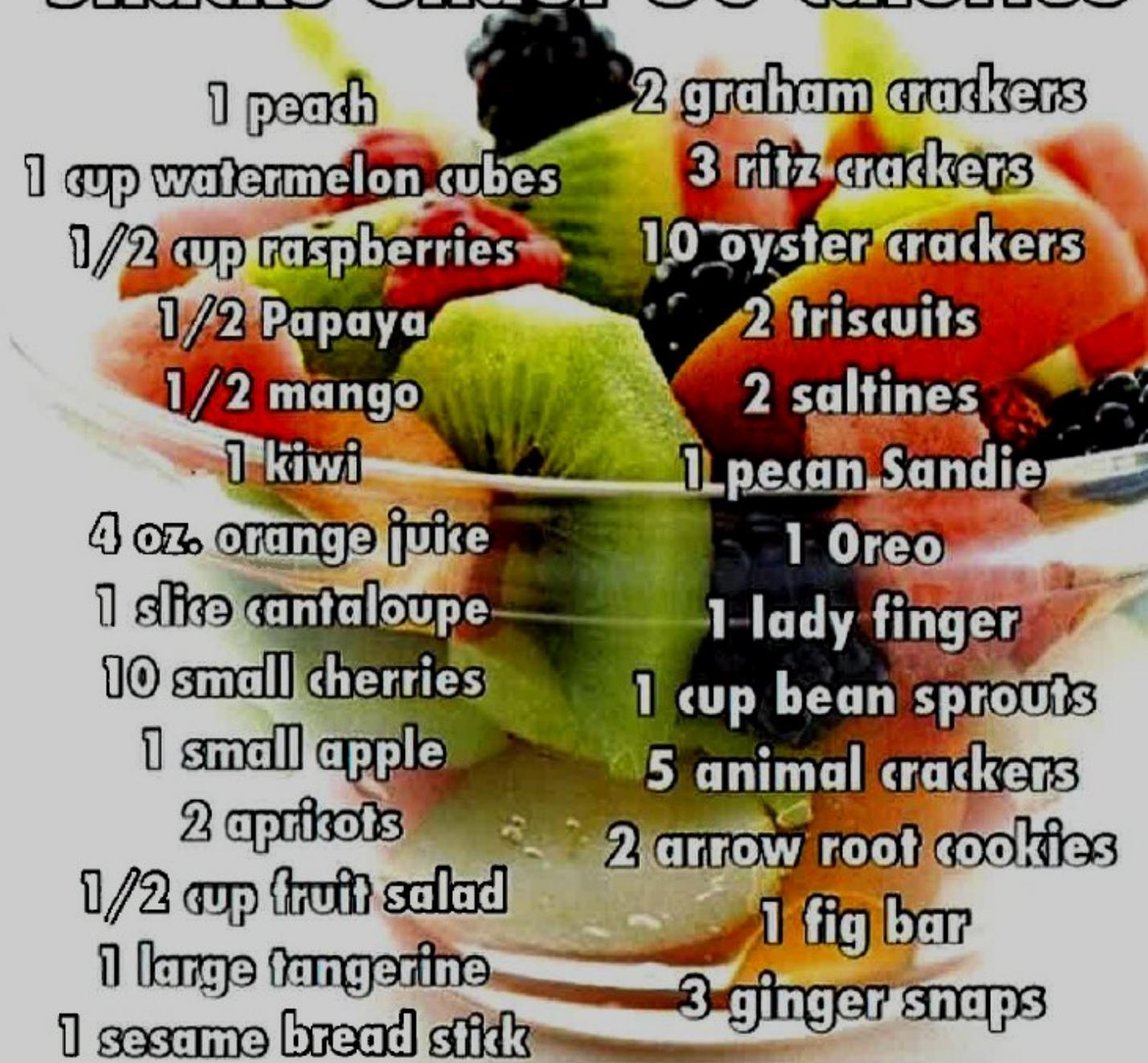
Website: www.kidshelpphone.ca

Phone: 1 800 668 6868

*Contributed by Donna Mattias,
DPHC Health Worker.*



Snacks under 50 calories

- 
- 1 peach
 - 1 cup watermelon cubes
 - 1/2 cup raspberries
 - 1/2 Papaya
 - 1/2 mango
 - 1 kiwi
 - 4 oz. orange juice
 - 1 slice cantaloupe
 - 10 small cherries
 - 1 small apple
 - 2 aprikots
 - 1/2 cup fruit salad
 - 1 large tangerine
 - 1 sesame bread stick
 - 2 graham crackers
 - 3 ritz crackers
 - 10 oyster crackers
 - 2 triscuits
 - 2 saltines
 - 1 pecan Sandie
 - 1 Oreo
 - 1 lady finger
 - 1 cup bean sprouts
 - 5 animal crackers
 - 2 arrow root cookies
 - 1 fig bar
 - 3 ginger snaps

Are You Looking for Work in Ndakimenan this Summer?

Northwaters Camp and Camp Wanapitei , both on Lake Temagami, have employment openings for people of any working age.

Youth ages 15 to 24 are invited to apply for the Aboriginal Youth Work Exchange Program at Finlayson Park.

You can find links to these and other jobs on the TFN website under the Employment tab.

http://www.temagamifirstnation.ca/index.php?option=com_content&view=article&id=55&Itemid=18

Are you a First Nation, Inuit, or Métis post-secondary student?

Apply now for bursaries, scholarships, and awards!

Upcoming deadlines
May 15 & June 1, 2016

indspire.ca/apply



May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	
			Mother's Day Craft ages 3-6yrs	Kizhaay Anishinaabe Niin 7pm Exercise Walking 6:30pm		
8	9	10	11	12	13	14
	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	
		Cooking LMLC Gr. 3 Class DPHC @ 1:35pm Youth Truth about drugs program 7pm	Cooking LMLC Gr. 5&6 class DPHC @ 1:00 PM	Cooking LMLC Gr. 6 - 8 class DPHC @ 1:00 PM		
15	16	17	18	19	20	21
	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	Essential Oils 101 2pm
		Cooking LMLC Gr. 4 class DPHC @ 1:35pm Anger solutions program 6:30pm	Sodium presentation 6:30pm	Women's Dinner/Video 5:30pm		
22	23	24	25	26	27	28
	Victoria Day Holiday	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	Perry McLeod Dinner & Circle @ 5:30 PM DPHC
		Anger solutions program 6:30pm		Lunch and Learn 12pm Men Dinner/video 5:30pm		
28	30	31	1	2	3	4
	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	Breakfast Program	
		Youth ages 18-29yrs Dinner/Movie 5:30pm		Youth Truth about drugs program 7pm		

Family Healing and Wellness Highlights

705-237-8900



Client shopping trips for men please call Fred by May 26 @ DPHC (7052378900)

*** Last chance to sign up for this Kizhaay Anishinaabe Niin program will be May 5, 2016 at 7:00pm in the L.M.L.C. gym. Call Fred at 705-237-8900 for more info.**

***Daily LMLC Breakfast program offered to the students 8:15am-8:40am**

Women's Dinner May 19@5:30pm call if you are attending.

Perry McLeod will be back Sat. May 28th call if you are attending.

Youth/Children Programming

- Mother's Day Craft ages 3-6yrs
- Cooking Gr. 3 class May 10@ 1:35pm, Cooking Gr 4 class May 17 @ 1:35pm, Cooking Grades 5&6 class May 11 @ 1pm, Cooking Grades 6-8 class May 12 @ 1pm
- Truth about Drugs program to run for grades 5-8
- Youth age 18-29yrs Dinner/Movie at DPHC

*** MOTHER'S DAY BREAKFAST** tentative for May 8 if travel permits if not then will be rescheduled for another day. Volunteers needed call Fred 705-237-8900.

***Note:** There will be an Anger Solution Program which will start May 17 and will run for 10 weeks if anyone is interested please call Annette.

Questions please call the DPHC @ 705 237-8900

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Regular Council Meeting 7pm	4 Monthly Awards - LMLC	5	6	7
8 	9	10	11 Community Clean Up 1-3 pm	12	13	14
15	16	17 Regular Council Meeting 7pm (TENTATIVE)	18	19	20 LMLC PD DAY Education Discussion 9 am—2 pm LMLC	21
22 Fundraiser for Haylie Paul Pancake Breakfast & Dance Performance 9am-12pm Elder's	23 Happy Holiday Monday!	24 Matrimonial Real Property Info Session LMLC Gym 7-9pm	25	26	27 Spring Fling Sale LMLC	28
29	30	31 Tenders Deadline— Multipurpose Building, Elders' Complex Lands and Resources Info Session 6-9pm, L&R Building	Notes: For the FHWC programming schedule, please see the preceding page. Regular Council Meetings are TENTATIVELY Scheduled for May 17 and May 31 TDSS Pow Wow Friday, June 3			



TFN



Summer

CAMP

Fund 2016

Application Forms Available @ band office
& TFN Website



Thanks to the support of TFN and Local Camps
great and fun things are possible!

This coming summer of 2016 we are continuing
with the Summer Camp Fund with the Local Camps
for youth ranging from ages 7-18.



For Applications and Information Contact Robin Potts

Program Coordinator: phone- 705-237-8943 cell: 705-499-0093

Email: robin.potts@temagamifirstnation.ca

ELIGIBILITY CRITERIA TEMAGAMI FIRST NATION MEMBERSHIP