



*B.I. BLAST*

*NA MEK-SO GIIZIS—TROUT MOON—OCTOBER 2017*  
*ART BY JAMES FAUBERT*

***Kwe Kwe!***

What strange, unseasonal weather we had here on Ndakimenan, eh? Summer finally came. It was so sunny and hot, people were still swimming in the last week of September.

And what better way to cool off than with a nice glass of lemonade?

Erickah, Paige, and Brianna had fun being entrepreneurs when they ran a lemonade stand on BI on September 24th.

***Miigwetch Jamie Friday for the photo!***

Now that it's finally cooled off, the hunters are getting moose fever. Some have already gotten their family's winter supply. Won't be long until moose stew is bubbling on the stove tops.

***Miigwetch, Moosuk! Ch m'nuh paa gun!***



## Have you moved, changed phone numbers, or email address?

Please let TFN know! Contact [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca) or 705-237-8943  
or TFN Band Office, General Delivery, Bear Island, ON P0H 1C0

*Keep in touch with  
your peeps!*

### The BI Blast belongs to the people.

Your voice is needed and valued!

Please contribute!

A photo, an opinion, idea, art,  
anything... all we ask is  
"Be Nice, Keep Your Stick  
on the Ice"!

Same contact info as above.



# Teme Augama Anishnabai Assembly

*Saturday, October 14 / 2017*

*10 am– 4 pm*

*Laura McKenzie Learning Centre, Bear Island*



- Boat shuttle from Mine Road landing to Bear Island 8am—9:15am
- Rides available for Elders from docks to LMLC
- Return rides and boat shuttle to Mine Road landing after meeting
- Draft agenda will be presented
- Potluck supper after meeting– please bring a dish to share
- Webex will be available. Check your email for information or contact [communication@temagamfirstnation.ca](mailto:communication@temagamfirstnation.ca) / 705-237-8943

# TEMAGAMI FIRST NATION



BEAR ISLAND  
LAKE TEMAGAMI, ONTARIO P0H 1C0  
TEL 1.888.737.9884 or 705.237.8943  
FAX 705.237.8959  
www.temagamifirstnation.ca



# NOTICE

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## REGULAR COUNCIL MEETING Wednesday October 11, 2017 Lands & Resources Office 7:00 pm

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In regards to person's wishing to raise a matter – Person's must be present at the Council Meeting by 7:15 p.m. to be added to the agenda, otherwise the matter may be put over to the next duly convened council meeting.

For Webex (live web broadcasting) login instructions please

email: [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca) or call 705-237-8943/1-888-737-9884

***Following Regular Council Meeting Date to Be Determined; To Be Announced.***

# TEMAGAMI FIRST NATION



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## NOTICE

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COMMUNITY INFORMATION SESSION  
FINANCE DEPARTMENT  
THURSDAY, OCTOBER 19/2017  
7:00 P.M.  
BEAR ISLAND, LMLC GYM

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### Agenda

#### Community Information Session Finance Department

1. Presentation by Andrew Mitchell, Ridgewood Capital on our Future Generations Fund Investment
2. Update on Enrichment Funds (OFNLP - Ontario First Nations Limited Partnership)
3. Update on IBA Funds (Aurico Agreement)
4. Presentation of the Audited Financial Statements 2016-2017 and Community Financial Report

- Webcast is available – please email [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca) or call 705-237-8005/ & or 8943
- On Island transportation for Elders is available; call ahead to book
- For boat shuttle service from the mine road please call ahead of time to book

For Transportation and webex services please call 705-237-8943

# ***Report from TFN Chief Arnold Paul***

Chief Paul has attended the following meetings and events:

- August 14, 15: Ottawa, Chiefs of Ontario meeting with INAC Minister Carolyn Bennett regarding Child Welfare Reform and Jurisdiction: <http://www.chiefs-of-ontario.org/node/1575>
- September 5, 6: Chiefs of Ontario Social Services Chief's Committee Unit meeting; purpose was to discuss and decide on a funding formula.
- September 12, 26: Bear Island, Regular Council meetings; focused on strategic planning and development of short term goals
- September 14, 15: Trilateral meeting between Chiefs of Ontario, federal government, and Ontario government; immediate relief funding for communities for child welfare. TFN was allotted \$70,000 for this.
- September 16, 17: Ottawa, Independent First Nations (IFN) Youth Gathering. Assisted with development of Terms of Reference and Strategic Plan.
- September 18: Town of Temagami, Memorandum of Understanding (MOU) Meeting between TFN and Municipality of Temagami regarding Briggs Site.
- September 19: Cross Lake, Ndakimenan, Consultation with Ontario Power Generation (OPG) regarding proposed work on Cross Lake Dam.
- October 1st, 2nd: Rama First Nation, attending Ontario Association of Children's Aid Societies (OACAS) Apology Gathering. <http://www.chiefs-of-ontario.org/node/1575>



*TFN Chief Arnold Paul with TAA*

*Chief Randall Becker, July*

*2017. Photo by Michelle Lalonde.*

# ELDER'S TRIP TO THE OTTAWA MUSEUM OF HISTORY TUESDAY NOVEMBER 8-10, 2017



The call in date to reserve your spot will be **Wednesday October 25<sup>th</sup>, 2017 starting at 10 am sharp.**

No reservation will be accepted before this time or date.

There are a total of 45 available seats.

For those participants that are living in Temagami or North Bay, pick up times will be put in your itinerary.

You can only call in for yourself and or spouse to reserve your seats. You must be 50 years of age or older to attend this trip. The itinerary and rooming list will be mailed out to participants prior to departure.

**To reserve your spot please call only:**

Lynn White at Community Support Services 705-237-8275 on the mentioned date.

Miigwetch, Community Support Services

# TFN Logo Contest

## Calling all TFN members and TAA citizens!

Temagami First Nation is looking for a new visual identity and needs your help. TFN members and TAA citizens of all ages are invited to submit a creative and innovative ORIGINAL logo design.

The logo should be recognizable and promote "Who We Are" to the world.

## \$500 PRIZE FOR THE WINNING DESIGN

### How to Enter the Contest

The contest begins on **Tuesday, October 3, 2017**.

Submissions will be accepted until and including **Tuesday, October 24**. Entries received after October 24 can not be accepted.

Entries can be submitted in the following ways:

Email: [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca)

Postal Mail: TFN Administration-Communications, General Delivery, Bear Island, ON P0H 1C0

Please note that mail is only delivered to Bear Island on Tuesdays and Fridays, so please ensure that you mail your design with plenty of time for it to arrive by October 24.

***Please DO NOT show your name or identify yourself in any way in the design.***

***Please DO make sure your name and contact info are clearly sent with your design.***

### Logo Requirements

An effective logo is (in no particular order):

- 1) Simple
- 2) Memorable
- 3) Timeless
- 4) Versatile

#### **1. Simple:**

A simple logo design allows for easy recognition and allows the logo to be versatile & memorable. Good logos feature something unique without being overdrawn.

#### **2. Memorable:**

Following closely behind the principle of simplicity, is that of memorability. An effective logo design should be memorable and this is achieved by having a simple yet appropriate logo.

# TFN Logo Contest

## 3. Timeless:

An effective logo should be timeless – that is, it will endure the ages. Will the logo still be effective in 10, 20, 50 years? Leave trends to the fashion industry.

## 4. Versatile:

An effective logo should be able to work across a variety of mediums and applications. The logo should be functional. Think about how it will look embroidered on a jacket. Or as letterhead. Or on a flag. It should look good both large and small. Remember, too much detail gets lost when a complex or complicated logo is printed at a small size.

***Please Note: Final Consideration of the logo choice will go to TFN Council for approval; if no suitable logo is entered, another course of action may be taken. This is to ensure that the people are represented accurately and fairly.***

## Things to consider:

~How will your design look if it is:

- ◆ Printed in one colour?
- ◆ Printed on something the size of a postage stamp?
- ◆ Printed on something as large as a billboard?
- ◆ Printed in reverse (ie. light logo on dark background)

~One way around creating a versatile logo is to begin designing in black and white only.

This allows one to focus on the concept and shape, rather than the subjective nature of colour.

~One must also remember printing costs – the more colors used, the more expensive it will be to reproduce. It is a good rule to use no more than three colours.

~Due to the requirements for high quality printing and re-sizing, entries must be submitted in scalable vector graphic format (EPS) when possible. If the logo was created physically, ie – painting, pencil sketch, et cetera, a winning entry will be converted to computer format. Every effort will be made to stay as faithful to the original design as possible, but some adjustment may be necessary.

~Most good logos are simple, iconic, and three or less colours.

~The logo needs to be recognizable when printed as small as 1.5 cm. and as large as 150 cm.

~Do not use more than two fonts.

~Logo submissions may not contain copyrighted or proprietary images. This means no clip art files or stock images. You must create these elements from scratch if they are used.

~If you are submitting JPGs, they must be at least 300 dpi in density at 4 inches by 4 inches.

~The logo should not be too vertical or horizontal in orientation.

**All Submitted Designs and How to Vote Will Be in the November BI Blast!**

## ***Welcome TFN's New Economic Development Officer, John Shymko***

Hi.

My name is John Shymko.

I am the new Economic Development Officer for Temagami First Nation. I live in the Town of Temagami with my wife and far too many pets. We canoe, kayak, hike, fish, and are very involved in the community. In my spare time, I write and perform music. (apparently, I also have far too many guitars...)

I just wanted to say hello and that I am looking forward to working with the Temagami First Nation community to improve the daily lives of all through developing TFN business opportunities.

I am very excited to have the opportunity to use whatever skills and knowledge I have picked up in life for the greater good of the community.

My background is in branding and advertising.

TFN is new to me, so I will appreciate any advice and guidance anyone in the community may have to offer. A significant part of my job entails building relationships with economic development partners and businesses within the community. That means **I work for you.**

Please use me as a resource to help with your business ideas and applications, or to help find employment “fits” and opportunities. My office is located in the Land and Resources building. **You are always welcome and don't need an appointment to drop by.**

Thank you very much.

John Shymko – [ecdev@temagamifirstnation.ca](mailto:ecdev@temagamifirstnation.ca) 705-237-8600



# DibAAJIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

## COMMUNITY OUTREACH

*Reg Canard, Skills Development Coordinator* will be available to meet with individuals from *Temagami First Nation* on:

Date: October 24, 2017  
Time: 9:30 to 12:45  
Location: Lands and Resource Building

### Information Available On:

- Academic Upgrading
- Gezhtoojig Programs & Services (to learn more about what we have to offer)
- Second Careers (assistance with the application process if you qualify)
- Apprenticeship (Information on the trades and apprenticeship and how to go about obtaining an apprenticeship. Purchase of Training for In Class Session & Wage Subsidies available for registered Apprentices)
- Resume & Cover Letter Tips (how to make a well-written resume and cover letter)
- Job Search & Interview Tips (networking, marketing yourself to employers, websites to search for job postings)
- Self-Employment Information (where to get assistance to develop business plan, where to apply for funding once you have your business plan developed)
- Targeted Wage Subsidies (to encourage employers to hire for full-time positions and provide on the job training which leads to sustainable employment)
- Purchase of Training/Course Purchase (for full-time training programs up to 52 weeks long with qualified trainers)
- Employment Support (you obtained a job and require equipment ie. Safety gear)
- Mobility (assistance to attend job interviews)
- Relocation (you obtained a job and require assistance to relocate)

### Gezhtoojig Offers:

- Resource Centre (self-serve resources & information, Resource Worker available to assist you)
- Free Workshops (monthly draws)
- Individualized career counseling (meet with an Employment Services Officer one-on-one to discover your career options)
- Programs that assist unemployed, underemployed, those threatened with job loss, in receipt of Employment Insurance, social assistance, disability or who have no source of income
- To receive consideration for their training/employment request, **Clients or Employers** are encouraged to contact our office to determine eligibility and suitability

*Funded in part by*

**EMPLOYMENT  
ONTARIO**  
the work to employment & training network

**Canada**



# The Canada Ontario Resource Development Agreement (CORDA) office is now accepting applications for 2018 - 2019

Do you have a natural resource use or conservation project in mind for your community, organization, or small business?

Do you know of community members or youth planning to undertake work in this area?



## Eligible Project Categories Include;

- ✓ Forestry
- ✓ Trapping
- ✓ Fishing
- ✓ \*Other

\*Examples include rice harvesting, ecotourism, land use planning & maple syrup.

Projects could include training such as a youth trapper course, employment, stewardship, traditional learning, equipment (i.e. humane traps), and supplies (i.e. trees for planting).

## Funding for your project



The Canada Ontario Resource Development Agreement (CORDA) is an agreement between Canada, Ontario, and First Nations' members in Ontario. The Agreement promotes resource and economic

development initiatives of First Nations' members by providing financial assistance to develop and utilize renewable natural resources. CORDA is funded by Indigenous and Northern Affairs Canada and the Ontario Ministry of Natural Resources and Forestry.

First Nations, their members and organizations, and Treaty organizations in Ontario are eligible to apply for funding. The maximum funding level for projects is \$35,000.00 per year.

\*Communities may submit multiple applications.



To obtain more information about project eligibility, or to request an application package please contact:

Jill Stevens  
CORDA Secretariat  
123 Paudash Street  
Hiawatha, ON K9J 0E6  
Phone: 705-295-7116 Email: [corda@nexicom.net](mailto:corda@nexicom.net)

**Applications must be received by the CORDA Office by Monday, October 30, 2017.**

**For assistance or questions please contact: Temagami First Nation**

**John Shymko, Economic Development Officer, Lands & Resources Office**

**705-237-8600 [ecdev@temagamifirstnation.ca](mailto:ecdev@temagamifirstnation.ca)**

# Indigenous Community Energy Symposium: Call for Youth Art Submissions

**Showcasing artwork from young  
Indigenous artists (aged 19-29) in Ontario!**

- **Theme:** Energy - express what energy means to you and your community.
- Accepting all media including, but not limited to drawings, paintings, photographs, videos, poetry, and sculptures.
- Top 3 selections will be awarded \$500 each and top 10 selections will have the opportunity to showcase their work.

Selected artists who wish to speak to their work may attend and display their art at the event in Toronto.

**Submit your artwork to [Raina.Crasto@ontario.ca](mailto:Raina.Crasto@ontario.ca) by  
October 13, 2017.**



## *A Message from TFN Fire Chief Matt Pilon*

Hello Bear Island,

The Fire Brigade is continuing Fire Practices twice a month, on the second and fourth Wednesdays from 7:00 pm - 9:00 pm at the Sonny Moore building. So, that's October 11th and 25th this month.

I would like to encourage all people over the age of 18 to come and volunteer for the Fire Brigade!

Fire Prevention Week is October 8th - 14th, with the theme "Every Second Counts: Plan 2 Ways Out!"

Also, I've been going around the island handing out 2 in 1 Smoke and Carbon Monoxide detectors; if I have missed anyone, feel free to approach me to receive some!



*You can reach Matt at 705-237-8275.*



## FAMILY HEALING AND WELLNESS CENTRE

Temagami First Nation

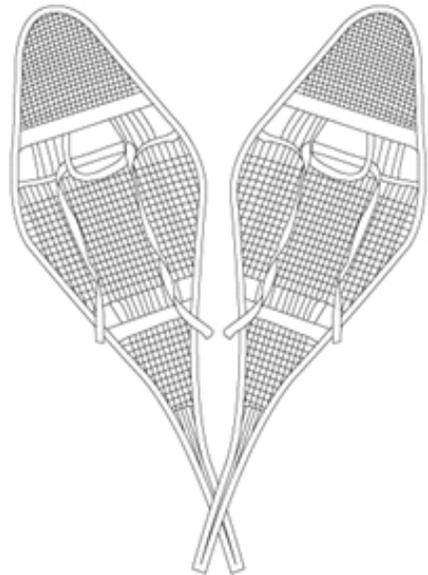
Bear Island Lake Temagami, Ontario, P0H 1C0 Tel: (705)-237-8900 Fax: (705) 237-8912

### YOUTH OPPORTUNITIES PROGRAM

After a very successful pilot project last winter, the Family Healing and Wellness Center is having another Youth Opportunities Program this fall and winter.

The Youth Opportunities Program focuses on:

- High school credits
- Employee skills
- Work experience
- Bush skills & trips
- Culture & teachings and
- Workshops.



Last year, the Youth did a great job maintaining the Outdoor Rink. And they really enjoyed the cultural bush trips. The program will be similar this year - with the addition of Anishnabemowin!

The program is for Bear Island Youth aged 18-30 who are employable but are under/ unemployed and / or out of school. It is being run out of the Sonny Moore Building. The workshops and some of the events will be available to all Youth through the FHWC. Also, everyone please feel free to join us for the Anishnabemowin sessions, tentatively set for Tuesday afternoons (3:00 pm).

If you are interested in this program contact Tyler Paul, Community Youth Worker, at the DPHC to sign up.



# EXERCISE

## **Staff Yoga**

October 2<sup>nd</sup>, 10<sup>th</sup> 23<sup>rd</sup> and 30<sup>th</sup>  
9:00 am

## **Women's Exercise Program**

October 4<sup>th</sup>, 11<sup>th</sup> and 25<sup>th</sup>  
6:15 pm – 7:00 pm

## **Men's Exercise Program**

October 4<sup>th</sup>, 11<sup>th</sup> and 25<sup>th</sup>  
7:15 pm – 8:00 pm

## **Senior's Yoga**

October 12<sup>th</sup>  
10:00 am

## **Senior's Tai Chi**

October 26<sup>th</sup>  
10:00 am

NOTE TO MYSELF:  
*When I eat like crap,  
I feel like crap*

**Me before working out :** I don't want to do this

**Me during workout :** I DON'T WANT TO DO THIS!!!

**Me after workout :** WOW I am simply phenomenal. Every drop of blood running through my veins is graced with the ichor of the gods...i am an olympic athlete

**Today I Will Love  
Myself Enough to  
Exercise !!**

**DOREEN POTTS  
HEALTH CENTRE**

705 237 8900

Any questions please feel  
free to call Donna



MYTHS & STIGMAS  
**HIV/AIDS & HEP C**

AGES 14 - 29

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**OCTOBER 7, 2017**

**12:00 PM**

DOREEN POTTS HEALTH CENTRE

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PRIZES

LUNCH  
PROVIDED

FOR MORE INFORMATION CONTACT: DONNA @ 705 237 8900

# Doreen Potts Health Centre 1<sup>st</sup> Annual Pumpkin Growing Contest



**Starting:** Monday, June 12<sup>th</sup> 2017

**Ending:** Wednesday, 12:00 pm October 11<sup>th</sup> 2017

## **Contest Rules**

- You will receive 3 Pumpkin Seeds to be used in contest.
- Each participant is allowed to enter **1 pumpkin.**
- You are responsible for hauling your pumpkin to Doreen Potts Health Centre and removing your pumpkin afterwards.
- Pumpkin will be disqualified if there are noticeable cracks or rotten portions.
- Prizes for Biggest Pumpkin, Most Perfect Pumpkin and Most Unique Pumpkin.

*Questions Please Call Donna Mattias at 705 237 8900*

***Temagami First Nation would like to congratulate and welcome Michelle Polson as the new RECE Program Supervisor for the Tillie Missabie Family Centre.***



Michelle most recently held the position as the Early Childhood Educator/Aboriginal Head Start Worker at the Centre.

Michelle has an extensive educational background in child care that includes her Early Childhood-Education Binoojiinyag Kinoomaadwin Diploma from Cambrian College and a Certificate in Education from the Aboriginal Teachers' Program from Nipissing University.

The work experience from here on Bear Island, North Bay Friendship Centre in North Bay, Whitewoods Public School in Sturgeon Falls, and the YMCA in Sudbury made her an excellent candidate for this position.

Michelle has plans to offer more cultural and on the land activities for the children while ensuring excellent and consistent guidance for the children at the Centre while reaching out to community members for involvement in the children's development.

One of the goals she has set for herself is to ensure a smooth transition from the day care setting to the school setting. Let's welcome Michelle to her new position.



## **Doreen Potts Health Centre Service**

### **October availability for Massage Therapy**

Massage Therapist Katie Laronde available at the DPHC

- Tuesday October 10<sup>th</sup>, 12:00pm – 6:00pm

**Please call DPHC to book an appointment  
(705) 237-8900**



# ***TFN Sagaswe'idiwin / Language Commission Update***

## **Temagami First Nation Represented at Government/AFN Language Engagement Session in Toronto**

**By Patsy Turner**

Prime Minister Justin Trudeau: Announcement at the AFN Assembly, December 6, 2016.

*"Today I commit to you that our government will enact an Indigenous Languages Act, co-developed with Indigenous people, with the goal of ensuring the preservation, protection and revitalization of First Nations, Metis and Inuit Languages in this country."*

The work for this Language Act has begun. The AFN has been holding Language Engagement Sessions across the country, inviting Language speakers, teachers, learners, Language Champions, and community members to all participate in providing input into the co-development of this act.

I was fortunate enough to represent TFN, as a TFN Language Commissioner, at this session held in Toronto on September 13 and 14.

It was interesting to be part of this. There was a lot of discussion about history of Indigenous languages in the country. There were presenters from across Ontario sharing what their communities are working on for Language.

Following some in-depth presentations, the Legislative Process of enacting a new Act was explained in detail.

One of the more interesting discussions presented was about Indigenous language speakers that are deaf. One such family was from the Oneida nation. The mother explained, in sign language, how they had to develop their own sign language in their traditional language. She explained how this was difficult process and took years, because as young children their hands would get slapped when signing.

Attending this session was different than other language gatherings and the ATEG Language Conference in Sault Ste. Marie.

This session had a political edge to it.

There were a number of representatives and chiefs from across the country, including AFN committees on Language.

AFN Grand Chief Perry Bellegarde was one of the keynote speakers.



I had a chance to address the meeting, explaining the need to create an Indigenous Second Language program similar to the French as a Second Language programs that are available to government employees.

We need something this drastic and costly to make real gains with Language.

Our TFN Language Commission will continue to work together and stay involved in this process.

***Mii yi! Miigwetch.***

*FYI: Canada's policy of official bilingualism (ensuring that French is equal to English) costs about \$2.4 billion per year, according to a 2012 report by the Fraser Institute. <http://nationalpost.com/news/canada/official-bilingualism-costs-2-4b-a-year-study>*



# Temagami First Nation

## Restorative Justice and Practice

### **Temagami First Nation now offers Restorative Justice.**

Restorative Justice is a system of dealing with offenses *within* the community, instead of through the court system. At this time it is primarily for young offenders, although it is available for all ages.

Each situation is different; the Restorative Justice process is applicable depending on the severity and circumstances. It requires the consent of all parties to proceed.

### **Background:**

**Restorative Justice** is based on a philosophy that is focused on healing harm among individuals and communities. It is practiced in various forms in Indigenous cultures around the world.

Restorative justice is an aspect of restorative practice. It responds to crime by bringing persons who have been harmed, persons who have caused harm, and the wider community together through dialogue.

By connecting people impacted by harm, restorative practices aim to transform relationships, heal harm, increase safety, and build capacity in our communities.

In contrast to mainstream / formal systems of justice, restorative practice recognizes the therapeutic value of having all impacted parties respond to a crime; when people can share their stories of impact, meaningful change can begin.

A key element of restorative justice is that it is practiced in ways that are meaningful and specific to the community. As such although they may differ, all restorative practices reflect basic principles.

### **Principles of Rights- Based Restorative Justice:**

Whether they are persons who were harmed or person who caused harm, and regardless of their social or cultural background, all young people have the same human rights.

To achieve balance and heal harm that was caused, all stakeholders are considered equally and mutually in restorative processes.

Best Interests (well-being) of young participants are considered in restorative processes. The aim is to safely heal harm and imbalance within human relationships.

# Temagami First Nation



## Restorative Justice and Practice, Continued

### Survival, Development, and safety:

Restorative processes consider the healthy development and safety of young people who may be vulnerable in circumstances of victimization. All stakeholders must feel a sense of safety throughout the process.

### Participation, Voice, and Volunteerism:

Person harmed, person who cause harm, and the community must have an opportunity to fully participate and experience their views being meaningfully heard. All stakeholders participate voluntarily.

### The Restorative Justice Committee is comprised of the following members:

- Virginia McKenzie– Chair
- Nancy Shipman– Youth Worker
- John Turner
- Wayne Potts
- John McKenzie
- Kim Montroy
- Jamie Friday

If you would like more information,  
please feel free to contact me @ 705-237-8005  
or [justice@temagamifirstnation.ca](mailto:justice@temagamifirstnation.ca)

Virginia McKenzie  
Temagami First Nation  
Police Committee Chair  
Bear Island

Community Members are invited to attend a  
Restorative Justice Information  
Session and Dinner



Wednesday, October 11

5:30 pm

LMLC Gym



## *Random News, Accomplishments, and Good Stuff from the Community*



### **Fred Petrant**

Bear Island artist and resident Fred Petrant has been busy hand-crafting beautiful paddles and boxes. If you would like to purchase from Fred, you can reach him at 705-237-8244. Christmas is coming— great gift idea!



The feather decorations are carved from beams salvaged from the old Band Office, which was originally the Lands and Forests building. What a nice touch— a connection to Bear Island history.

### ***In the Spirit of Thanksgiving...***

**Cathy Metcalfe** would like to say Chi Miigwetch to those involved in growing the DPHC Community Garden and the Elder's Garden this year: Main Gardener **Marc Sams**; DPHC Health Promotions Worker **Donna Mattias**, Health Services Manager **Wayne Potts**, and all the other workers and volunteers who made it a success.

In the photo at right, Cathy shows some of the delicious veggies she picked from the gardens. Yum!



## **Marie Morrison and Sandra Laronde**

In the September issue of the Blast, we brought you the story of **Marie Morrison** appearing in Red Sky Performance's production, "Miigis". Red Sky Performance is **Sandra Laronde's** company. These Teme Augama Anishnabai Kwewuk met each other for the first time through this artistic collaboration. So cool! Anyway, Sandra sent this stunning photo of Marie onstage. Gorgeous. **Miigwetch, Marie and Sandra!**

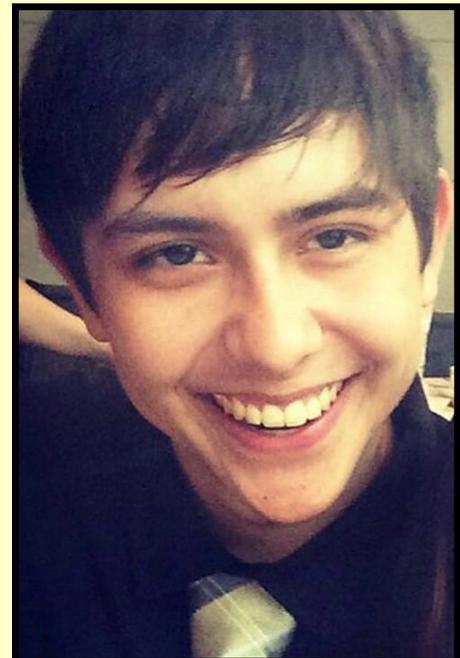


### **Steven Peshabo**

**Steven Peshabo** is now a Registered Apprentice Industrial / Commercial Electrician with the Ontario College of Trades. Steven worked hard not only in formal training, but also apprenticing on the job to get there. He has 3 more 3-month school segments, then he is eligible to write the test for Journeyman Status. He is working for a company in southern Ontario. **Way to go Steven! We're proud of you!**



ONTARIO COLLEGE OF TRADES  
ORDRE DES MÉTIERS DE L'ONTARIO



Name	Trade Qualification(s)	Membership Status	Membership Expiry Date
Steven Peshabo	Electrician - Construction and Maintenance (AP) (Active)	Active	Sep 13, 2018

## Stacy Chapman

**Stacy Chapman** is well known for her beautiful singing voice. Turns out that she is a talented artist too. Stacy recently did her first piece with oil paint, below. Fabulous, eh?



Love that smile.

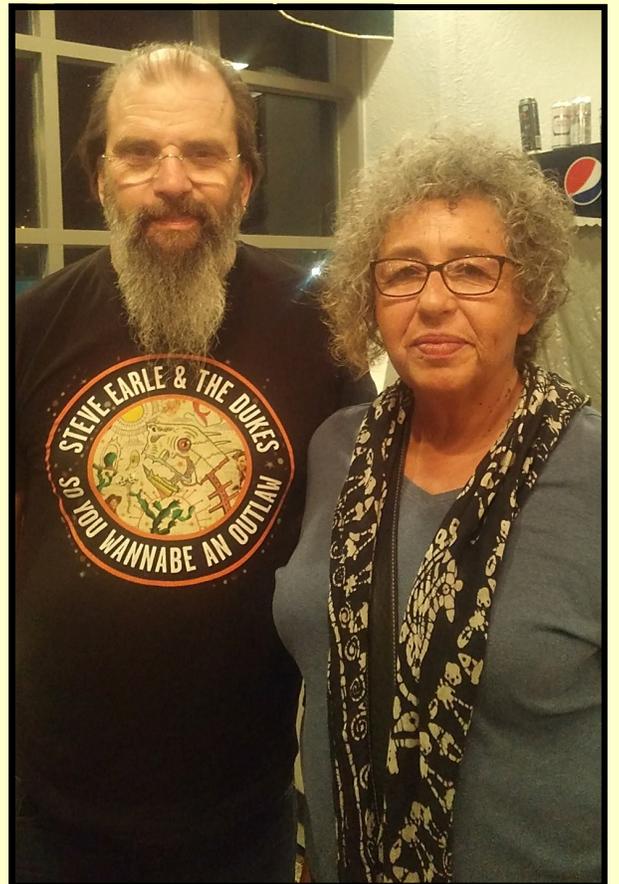
## Mary Laronde

Do you love this photo or what? Mary says, "My friend of 40 plus years, Mark Isaac, and I got to see Steve Earle and the Dukes on September 18 at a small but outstanding concert venue in Lindsay, Ontario. This was one of 54 shows in the "So You Wannabe an Outlaw" tour. He kicked off the night with the title track from his new double album. From there on down through his new tunes, fan favourites, a few cool covers, a standing ovation, and 3-song encore, Steve gave it. I was enthralled.

Live music is my go-to any day of the week but on this Monday, it was more than the best music by the one of the best songwriters ever.

It was Steve Earle's humanity and authenticity that had me in line to meet him post show. I wanted to thank him for a truly profound musical experience and for his words to us:

**"I've been called a lot of things in my life. At one point I was called a hopeless case. But I am here to tell you that there are no hopeless cases and no lost causes. Don't believe what people tell you. There are very few things I believe. I believe in beauty, love, and God."**



Steve Earle is now 62 years old and on a 54-show tour. He was visibly exhausted from giving so much on stage, yet he made time for his fans. As Mark said, 'That was truly gracious.' -Miigwetch Steve." -Miigwetch, Mary!

## Alyssa Paul

Congratulations to **Alyssa Paul**, who has received her Diploma in Practical Nursing from Canadore College.

Alyssa is now furthering her education and career options by pursuing a Diploma in Paramedics.

Way to go, Alyssa. . . You're making a bright future for yourself.



*What a great role model... What a proud family! :)*

## Shaiyena Cote

Shaiyena Cote is in year 2 of the Sport Management Degree Program at Brock University. She is furthering her connections in the hockey world, and, after 17 years of passion and commitment to hockey, intends to make it her career.

Shaiyena recently had the opportunity to attend the Toronto Maple Leafs Training Camp on September 15 to 17. She also attended a Leafs alumni game on the 16th.

This dedicated young woman ensured that she maximized the opportunity to network with some of hockey's biggest names. She also made sure to soak in all the knowledge she could, making note of coach Mike Babcock's drills. She also got to meet Auston Matthews, above; Curtis (CuJo) Joseph, above right; Tiger Williams, right; and (not pictured) Mitch Marner, William Nylander, Kasperi Kapenen, and Shayne Corson. Shaiyena says: *"I wasn't a hardcore Leafs fan, but after interacting with these guys, all I can say is "Go Leafs Go!"*

More news from Shaiyena on the next page.



**Shaiyena Cote**

**Alex Paul Jr.**

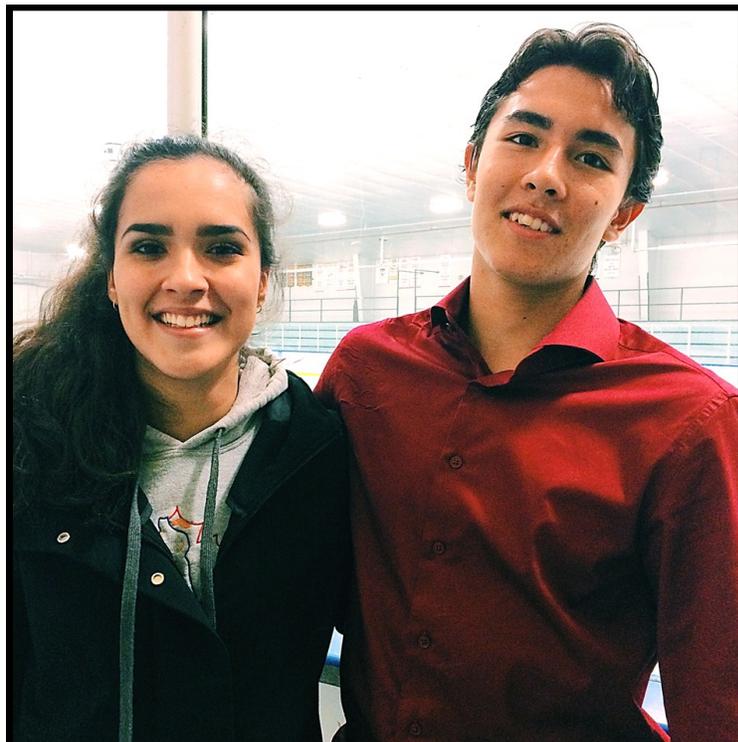
**Carson Laronde**

**Shaiyena says:**

*For the past five summers I've been a paid professional hockey skills and development coach, and a Hockey Canada official (referee). I've been a Hockey Canada certified hockey coach, official and trainer for over five years and I'm a certified Level 3 official with both Hockey Canada and USA Hockey. Currently I'm the most certified youth (male or female) in hockey in Canada. I'm still playing Junior hockey in St. Catharines, will be officiating this coming hockey season in both the North Bay and St. Catharines areas, and I have several paid coaching jobs coming up, including as a private skills coach for a North Bay team.*

*One of my favourite people currently playing hockey is **Alex Paul Jr.** I'm really proud of him playing for his second year with the French River Rapids of the Northern Ontario Junior Hockey League (NOJHL). I'm even more proud and honoured to say that **Alex is now Captain** -a huge achievement. I'm telling people that "my cousin is captain of French River"! I've had the privilege of coaching Al in the past in North Bay and I hope that I'm a good role model for him in that hard work, commitment and passion will earn you respect and results. (I think wearing the "C" proves that). French River has already won more games this season than they did all of last season. Al works hard on the ice and is so far really firing it up when he plays. Plus, French River's new uniforms rock!*

*For the past two summers I have also coached TFN/TAA member **Carson Laronde** and to a lesser degree, Carson's younger brother Ty. Carson is a joy to coach- he has passion and natural skill that is rare to see. He's very coachable and it's always a pleasure to have him on the ice. I've talked with his dad Charlie about Carson's future intentions and I fully intend to continue to coach and mentor him. When I asked Carson if we could take a picture together to send to The Blast, he told me that he actually had his TAA hockey jersey with him and went and changed jerseys.*



*We really enjoy being cousins, but as the picture shows: "You can't pick your family! -With **French River Rapids Captain Alex Paul Jr.** -Yeah, Al! Congratulations!*



*With **Carson Laronde.** Love that jersey!*

# ASSEMBLY OF FIRST NATIONS



## NATIONAL CHIEF BULLETIN

Sept. 20, 2017

### Update on National Day of Action

*The Assembly of First Nations issues regular updates on work underway at the national office.  
More information can be found at [www.afn.ca](http://www.afn.ca)*

A National Day of Action on Parliament Hill is scheduled to take place Nov 2, 2017 from 10 am to noon to rally supporters, students and the general public to call on the Prime Minister and the Government of Canada to immediately and fully implement the [Canadian Human Rights Tribunal](#) orders on First Nations Child Welfare and to drop Canada's appeals.

This event will draw together youth, students, First Nation leadership, politicians and members of the public to gather on traditional unceded Algonquin territory on Parliament Hill. Students, advocates and First Nations leaders, Elders and citizens will be invited to raise their voices together to speak out against the continued injustice facing First Nations children and youth.

In January 2016, the CHRT ruled that Canada's provision of child and family services for First Nations children was discriminatory, and that it had failed to properly implement Jordan's Principle. Since then, three compliance orders have been issued to pressure the federal government to act on the decision. The latest orders ([2017 CHRT 14](#)) were issued in May 2017 and called for Canada to fully and properly implement [Jordan's Principle](#). On June 23, 2017, Canada applied for a judicial review on some areas of 2017 CHRT 14, effectively slowing the process intended to provide services to First Nations children without delay.

Canada's ongoing failure to comply with the initial ruling and subsequent orders is costing children and families greatly, and the federal government has been largely uncooperative throughout the CHRT process. Hosting a National Day of Action will help to draw public attention to this pressing issue and pressure Canada to act on the orders issued by the CHRT.

This is about justice and fairness, hope and opportunity for First Nations children.

*Please stay tuned for more information on the Day of Action, outreach materials, the social media campaign and how everyone can get involved.*

*For more information please contact:*

*Hillary Tenute at [HTenute@afn.ca](mailto:HTenute@afn.ca) 613-241-6789 (ext: 212) or Jessica Quinn at [JQuinn@afn.ca](mailto:JQuinn@afn.ca) 613-241-6789 (ext: 110)*

# LMLC Anishnaabemowin

## Update -With John Turner

We have been fortunate with the weather this early Fall (Tagwaaging) and so we were able once again to get out on the lake canoeing.

It is always a welcomed activity to bring the students out of the classroom and experience the enjoyment of canoeing on Daki Menan, and we certainly always appreciate some parents and grandparents coming along for the ride. This enabled each class to get a turn out on the lake.



Some of the words the students are working on this past month are:

- ⇒ Tagwaagik/Tagwaaging – Autumn.
- ⇒ Eshkaan – Antler/horn
- ⇒ Zhiishiigwan –Rattle/shaker
- ⇒ Wedaase – hero
- ⇒ Noondam minawaach waabi kidwinan  
- hearing and seeing terms.

The students also had the opportunity to learn a little bit about the Tikanaagan.

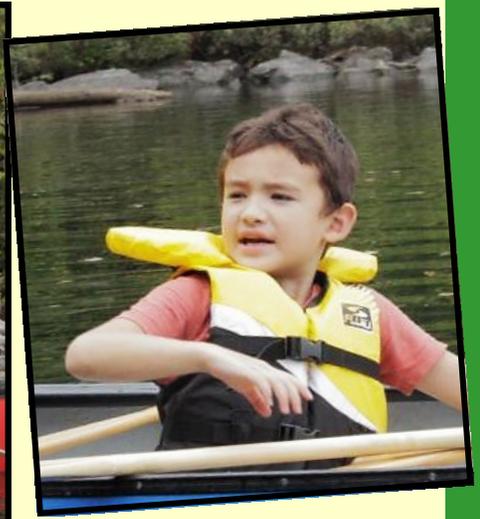
I brought in a Tikanaagan that Marty Pridham and I made about 9 years ago for my daughter Sophia. I made the wood frame and Marty made the bag for it. Each student had an opportunity to wear it see what it feels like. The students were very interested in this activity.



We are also organizing the first ever LMLC Sweat. Last year the grade 1-3 class offered tobacco to Boshk Augonia to do a sweat, but the weather wasn't cooperating.

We have picked October 13 of this school year to hold the sweat, near the ballpark. Students and staff who are interested are welcome to go into the sweat. If students or parents prefer they don't go in the sweat they can learn by participating around the sweat as it is taking place. It is exciting and we are all looking forward to this event.

Miigwetch.





# LMLC Terry Fox Run

The students raised a total of **\$961.50** for the Terry Fox Run. Pretty astonishing for such a small community!

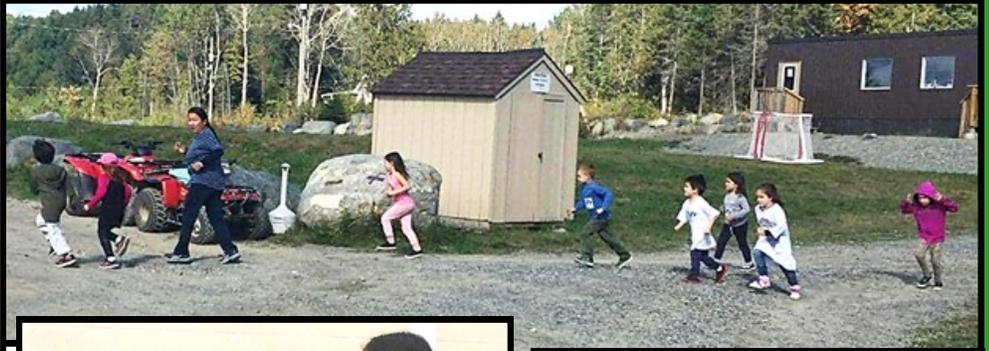
Winners for each class were :

- Brianna Friday Grade 4-5 class, raised the most money in the whole school
- Tristan Lalonde Grade 7-8 Class
- Sophia Turner Grade 2-3
- Alysha Donnelly Grade 4-5
- Madison White Grade JK-1

Top fundraisers got the chance to pie each of their teachers –and the principal- in the face.

Miigwetch, staff– you're good sports!

*Photos by Michelle Lalonde*



# LMLC Calendar

# October Happenings



## LMLC Monthly Virtue: Respect

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 George Couchie "Walking the Path" September Awards Assembly 2:45	3 Culture Camp	4 Culture Camp	5 Culture Camp Staff Meeting Dismissal @ 2:30	6 Professional Development Day (No School)	7
8 Fire Prevention Week	9 Thanksgiving (No School)	10	11 Confident Learners Launch @ 12:00 (Gym)	12	13 Cultural Event LMLC Sweat With Boshk	14
15	16 George Couchie "Walking the Path"	17	18	19	20 George Couchie "Walking the Path"	21
22	23 Student Picture Day George Couchie "Walking the Path"	24 Student Picture Day (Retakes)	25	26	27 Hot Dog Lunch Fundraiser	28
29	30 George Couchie "Walking the Path"	31 Halloween Activity Day				

## **LMLC - Walking the Path**

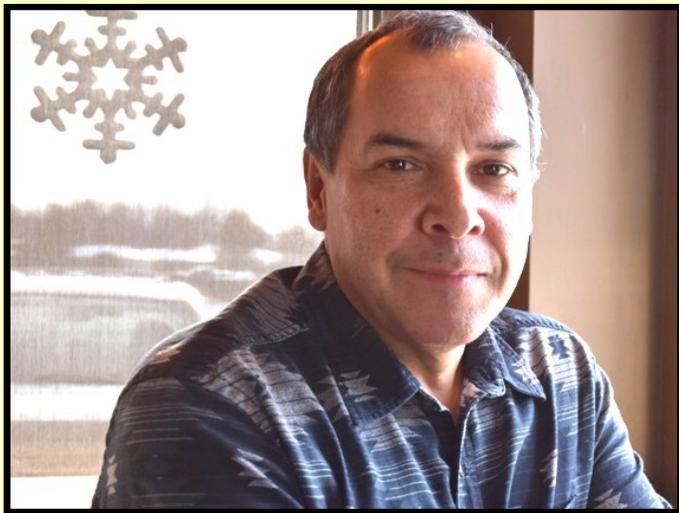
The school is very fortunate to have retired OPP Sargeant George Couchie visiting the school with his Walking the Path program.

Walking the Path is a youth-focused culture program that George created. Its goal is to develop youth self-esteem.

Students are provided insight into the history, beliefs, and traditions of Aboriginal people using Anishnaabe cultural teachings.

Walking the Path addresses the belief that young people who have the self-respect and self-confidence to respect others are better prepared to cope with negative influences.

A positive self-image is essential for a child's development, and this spills into the family and community.



In some mainstream schools in North Bay, the teachings of this program are integrated into the teachings in the classroom. The program has been revised to meet the Ontario curriculum standards and is now a course of study at all catholic schools in Ontario.

The program is approximately an hour and is held most Mondays for the next 10 weeks at LMLC.

If any parents are interested in sitting in, you are welcome to join us.

<http://www.nativeawarenesstraining.ca/youth-programs/>

## *Prayer to an animal slain by a hunter— as recorded by Basil Johnston in “Ojibway Heritage”*

I had need.

I have dispossessed you of beauty, grace, and life.

I have sundered your spirit from its worldly frame.

No more will you run in freedom because of my need.

I had need.

You have in life served your kind in goodness

By your life, I will serve my brothers

Without you I hunger and grow weak

Without you I am helpless, nothing.

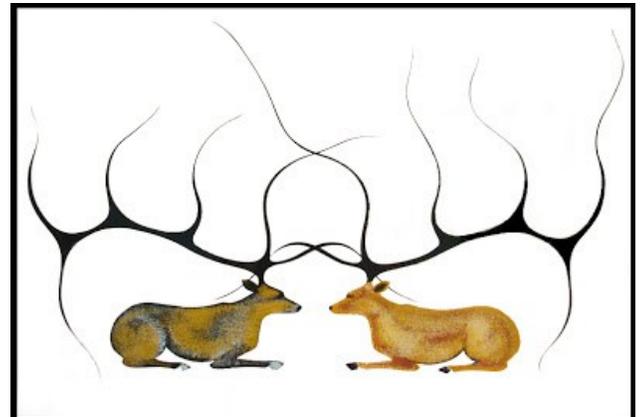
I had need.

Give me your flesh for strength

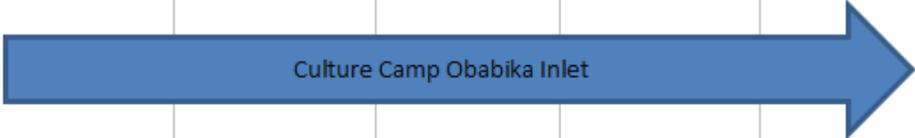
Give me your casement for protection

Give me your bones for my labours

And I shall not want.



# October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
						
8	9	10	11	12	13	14
	Thanksgiving	Gym Night 14+ 6:30-8		Mixed Sweat @ Ball field 5:30pm  Gym Night Ages 7-14 6:30-8:00pm		
15	16	17	18	19	20	21
22	23	24	25	26	27	28
	Perry McLeod Dinner & circle DPHC 5:30pm	Gym Night 14+ 6:30-8	Craft Night Age 7-14 6:30-8:00pm	Gym Night Ages 7-14 6:30-8:00pm	Haunted House & Halloween Dance Elder's Building	
29	30	31	1	2	3	
		Halloween Pizza		Women's Dinner 5:30pm		

## Family Healing and Wellness Highlights 705-237-8900



**Client** shopping trips **for men** please call Raymond @ DPHC (7052378900) by Thursday October 26<sup>th</sup>, 2017. For trip Nov.1<sup>st</sup>, 2017.

Perry McLeod – Dinner & Circle Oct 23rd @ DPHC 5:30 PM please call to confirm if you are coming.

Mixed Sweat will be held at the Ball field area starting @ 5:30 PM.

### Youth Programs

Youth Opportunities Program Starting Up: Contact Tyler, Tracy, Deva, or Casey to Sign Up

Halloween Dance Oct 27 @ LMLC Gym

Gym Night: Oct. 10<sup>th</sup> and 24<sup>th</sup> 14+ 6:30-8

### Children Programming

Craft Night Ages 7-14: Clinic, Oct 25<sup>th</sup> @ 6:30-8

Gym Night Ages 7-14: Oct 12<sup>th</sup> and 26<sup>th</sup> @ 6:30-8

Haunted House Oct.27 set up: Volunteers Needed

Halloween Dance Oct. 27 @LMLC Gym

Games/Crafts will occur during Culture Camp

## October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3 <b>Culture Camp</b>	4 <b>Culture Camp</b>	5 <b>Culture Camp</b>	6 <i>LMLC PD Day</i>	7	
8 <b>Fire Prevention Week</b>  Plan 2 ways out!	9 <i>Thanksgiving-Stat Holiday</i>  	10	11 Restorative Justice Community Info Session and Dinner 5:30 pm LMLC <b>REGULAR COUNCIL MEETING</b> 7pm L&R  7:00 Fire Practice, Ball Field	12	13	14 <b>TAA ASSEMBLY</b>    10am-4pm <b>LMLC Gym</b>	
15	16	17	18	19 Finance Info Session 7pm LMLC	20	21	
22	23 <b>TENTATIVE Joint Council Meeting</b> Time TBD  <i>LMLC Picture Day</i>	24 Gezhtoojig Outreach 9:30-12:45 L&R  <b>LOGO CONTEST DEADLINE</b>  <i>LMLC Picture Day Retakes</i>	25 Call in for Elder's Trip Starts 10am  7:00pm Fire Practice, Ball Field	26	27 <b>Halloween Dance</b>  	28	
29	30	31  	<b>Please Note: The Joint Council meeting tentatively scheduled for Monday October 23 will be confirmed ASAP. To be announced.</b>				

TEMAGAMI FIRST NATION  
**SHUTTLE BOAT SCHEDULE - October 2017**

SCHEDULE A MONDAY TO FRIDAY		October 2017							
Depart <b>Bear Island</b> WEEK DAY (MON-FRI)	Depart <b>Minercoad</b> WEEK DAY (MON-FRI)	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
*8:00 a *8:30 a *9:00 a	*8:15 a *8:45 a *9:15 a	1	2 237-8955	3 237-8955	4 237-8955	5 237-8201	6 237-8201	7	NOTE: All trips required call to book
*1:15 p *4:00 p *4:30 p *5:00 p	*1:30 p *4:15 p - 4:45 p *5:15 p -Student Travel	15	16 237-8955	17 237-8955	18 237-8955	19 237-8201	20 237-8201	21	
		22	23 237-8201	24 237-8201	25 237-8201	26 237-8955	27 237-8955	28	WEEKDAY ON-CALL TRIPS AVAILABLE -must be booked in advance  No Service: Weekends or Holidays
		29	30 237-8955	31 237-8955	1 237-8955	2 237-8201	3 237-8201	4	

**NOTE: ON-CALL TRIPS MAY REQUIRE ONE (1) HOUR NOTICE - PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS**

**THIS SCHEDULE MAY CHANGE WITHOUT NOTICE ~ WEATHER PERMITTING**

**FOR MORE INFO CALL (705) 237-8943 ~ All trips must be confirmed by calling the Driver or Band Office**

- Two Regular size Bin Limit; \$10 per passenger (regular scheduled trips); \$50.00 per On-Call Trip
- Driver: Dean Potts (705) 237-8955 \* Dan Mongrain (705) 237-8201