

BI BLAST

Kakogiish Giizis— Groundhog Month

February 2015



N'Daki Menan Winter Fun- No Internet!

L-R: Mary Vosdingh, Frances McKenzie, Agnes Longhi, Peter Albany,
Mary Katt, Janie Becker, Sylvia McKenzie Polson.

Kwe Kwe, Happy February!

We're having a fine winter with lots of snow and lots of cold. That's a great thing for sledding and ice fishing, but also a great thing for curling up under the blankets and hibernating as much as possible!

So many of our feathered neighbours are holidaying in the south at this time, that the Chickadee is a welcome and uplifting presence in the quietness of the bush. Nothing keeps them down. They are always active and talking to one another in their many complicated calls.



Patsy says that she learned from Little Mary that the word Chickadee is

-Chig-a-jig-kaa-ne-shens or *Chig-a-jig-kaa-ne-she*.

The sound is so close to the English word, it makes a person wonder if Anishnabemowin inspired it. Online dictionaries note that the word was first used around 1820 to 1830, so it's easy to imagine that settlers borrowed the word from Indigenous folks and English-ized it.



So , Chi Miigwetch for the winter smiles, *Chig-a-jig-kaa-ne-she / shens!*

**DPHC is Pleased to Announce that Audrey Guppy is our new
Community Support Services Co-ordinator.**

The Blast will be chatting with Audrey in March.

Welcome, Audrey!

The BI BLAST Belongs to the People.

Your voice is needed and welcome! Do you have a memory, story, concern, photo, or idea to share? All we ask is, "Be Nice, Keep Your Stick on the Ice!" Please send your contribution to communication@temagamifirstnation.ca

Or

BI Blast, C/O TFN Band Office, Bear Island, Lake Temagami ON POH 1C0

If you're close by, feel free to drop it off or call 705-237-8943 to arrange a pick-up.

LMLC Winter Carnival 2015 - Sat. Feb. 21

All activities are hosted at the school.

Age categories: 2 - 3 years, 4 - 6 years, 7 - 9 years, 10 - 13 years, 14 – adult

Family Team consists of 6 team members: 2 adults and then 1 child from each other category, if no 1 - 3 year old then double up on the 4 - 6 or 7 - 9 year olds.

Events:

8:00 Breakfast (Family event - your family team will get points if your team all shows up for Breakfast before 9 am.)

9:00 Bubble Boiling: Family Event (Same as Tea Boiling but using dish soap. The first team to have the bubbles boil over places 1st.

9:30 Spike Driving

10:00 Jello Eating

11:00 Arm Wrestling

12:00 Lunch

1:00 Egg Toss outside/ Bingo
inside the gym (about 30 minutes)
Bingo will be chip bingo, not dabber bingo.

1:30 Tug of War: Family Event

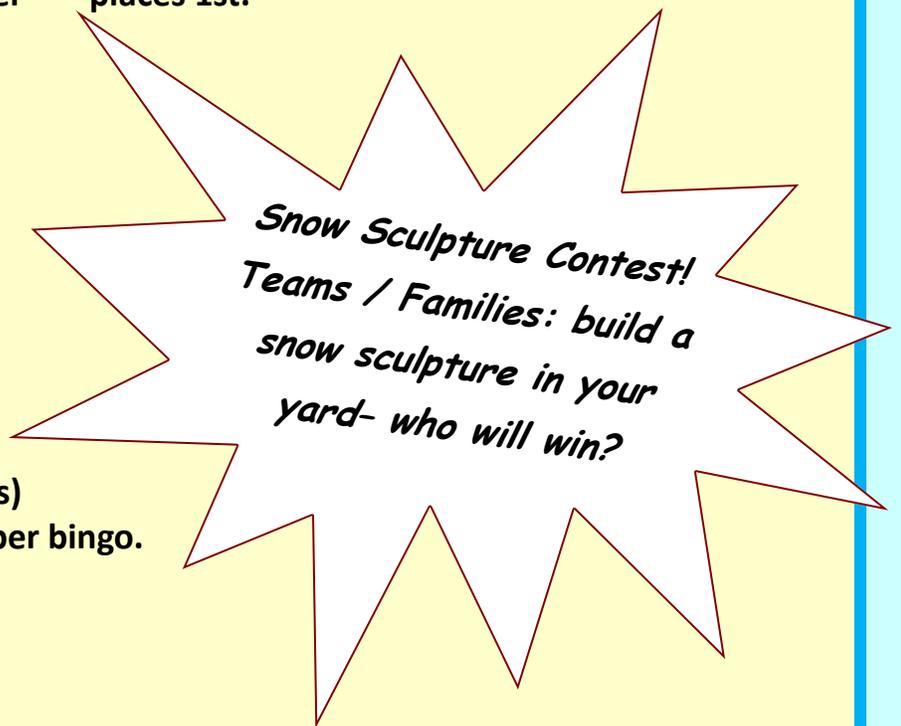
2:00 Musical Chairs

3:00 Family Team Relay (includes snowshoeing, running, sliding and pulling a team member on a tube.)

4:00 Spaghetti Supper and presentation of awards

The canteen will be open from 11:00 to 2:30:

Pop, chips, chocolate bars, hot dogs, chili and a bun, coffee, hot chocolate.



Teme-Augama Anishnabai Special Assembly

Sunday February 8, 2015

At Recreation Centre, Bear Island

From 10:00 am until 3:00 pm

Agenda

1) Aurico IBA:

- Membership Budget
- Payout for Non-Status (over 65's)
- Honourariums for TAA Council

2) Shiningwood Bay Site

Pot-Luck Lunch: bring your favourite dish to share
with our members.

Coffee, Tea, Water, will be provided.

Capital Projects Update

With Peter McKenzie

Tom Laronde (Project Manager) and Bret Cardinal (Project Architect) met with Chief and Council on January 23rd to provide an update as to the status of the Multi Use Building and Elders' Complex projects. Tom and Bret also attended the Community Meeting on January 25th to provide a projects update at that meeting. At both meetings, Tom gave a briefing with respect to the funding that has been secured to date for these projects, while Bret provided an updated presentation of the designs of the Multi Use Building and Elders' Complex.

The following is a representation of the feedback (comments, questions, and concerns) that was expressed at the Chief & Council meeting and at the Community Meeting:

- Concern was raised regarding the Rock Turtle located on the west side of the current Band Office (i.e. if the landmark could be relocated if necessary) in the general area where the Multi Use Building would be constructed
- Concern was raised regarding the use of solar panels for both projects potentially posing insurance liability in the event of a fire
- Comment was made that the amenities in the new kitchen need to be suitable as TFN often hosts Community events which are usually catered by community members
- Comment expressed that the Elders' Complex needed to have a central hallway/corridor; wheel chair accessibility; and two (2) bathrooms in each unit may not be cost efficient or necessary
- Question of what type of building the Elders' Complex would be (i.e. Long-Term Living, Independent Living, Assisted Living, or Nursing Home)? It was clarified that the Elders' Complex would be an Independent Living facility. So, if there were not enough tenants who were Elders, then some of the units could be used as other types of rentals
- Question if the designs were final ("set in stone")? It was explained that the current design of the projects are representative of feedback received at previous consultation meetings with the Community and there will continue to be consultations until a final design is determined

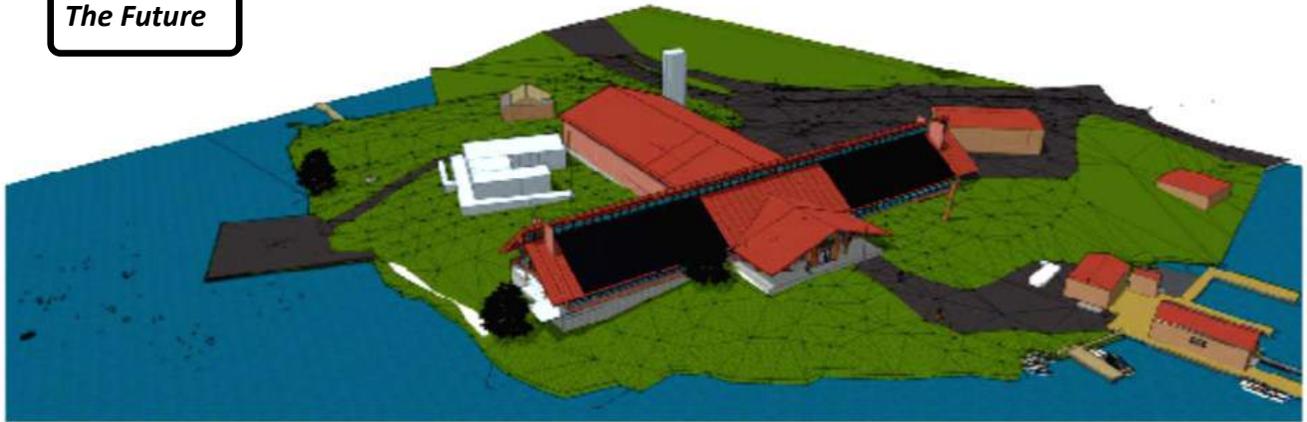


Capital Projects Update, Continued

With Peter McKenzie

- Comments were expressed regarding the features available at the Massey Drive seniors' complex in North Bay.
- Question of how the estimated rent amounts were determined? It was explained that the proposed rent amounts were based on CMHC's Affordable Housing Program
- Question if there are funding models other than CHMC to access to source the construction of the Elders' Complex? It was explained that because the facility is being built "on-reserve", the funding available is somewhat limited. However, another funding source may be the First Nation Finance Authority (FNFA) which provides fixed rate – long term borrowing for First Nations.
- Question if the number of tenants has been determined? The exact number of potential tenants has not been determined, but direction provided by the Community, in the year 2000, where \$500,000 was allocated from Casino Rama revenues to assist in funding the Elders' Complex and estimates projected from the Housing Needs survey indicated there are approximately 40 people who expressed interest in living in an Elders' Complex (Further follow-up will need to occur to determine a more defined number of tenants)
- Comment that the amount that is being paid for a two-person rental at the North Bay Seniors Complex (Massey Drive) is \$327/month
- Question of what type of material is used for the main walls in the Multi Use Building and if the rooms within the building would provide for noise retention? It was explained that main walls would be constructed of Structural Insulated Panels (SIP system) that are pre-fabricated and these walls would be effective in reducing noise

The Future



- Question was asked if the community Emergency First Response (EFR) services would be housed in the Multi Use Building? Initially, there was discussions about EFR services being part of the new building, but it was explained that with the amount of equipment and vehicles the EFR utilize, there would not be enough room to adequately house EFR
- Question if a local broadcast room is being contemplated for the Multi Use Building? The present design does not anticipate a local broadcast room, but it is still a possibility if there is enough interest in having one.

Capital Projects Update, Continued

With Peter McKenzie

- Question was asked of when construction is supposed to begin? The current plan for the Multi Use Building estimates that construction will commence in the spring of 2016 with construction being completed in November 2017
- Comment that the TFN needs a dedicated area for our youth in the Multi Use Building? It was pointed out that there is a Youth Room located adjacent to the classrooms in the design
- Question of what type of natural lighting, if any, is being anticipated for the Multi Use Building? The quality of the Multi Use Building will be equivalent to LEEDS Gold Standard which means there would be plenty of natural bay lighting
- Question was asked if there would be an elevator in the Multi Use Building? It was explained that, at the time funding applications were submitted, an elevator was not anticipated (i.e. an elevator would be outside of the scope of the funding we have already received and would drive up the costs of the project)
- The last question asked if there would be a Smart Board in the Multi Use Building? Yes, there will be a Smart Board located in the classroom.



The feedback provided at the January 23rd and 25th meetings is helpful in determining the priorities, design, funding and effort that will be required to move these projects forward. The Capital Projects team/staff look forward to continued dialogue with the TFN membership in the near future.

Thank you,

Peter McKenzie
Capital Projects Coordinator
peter.mckenzie@temagamifirstnation.ca / 705-237-8943

Lands and Resources News– Mining MOU

Temagami First Nation and the Teme Augama Anishnabai signed a Memorandum of Understanding with Pacific Northwest Capital Corp. regarding PFN's interest in exploring the potential of a platinum deposit in the southwest area of N'Daki Menan, near River Valley. The exploration work is for sample drilling. There is no plan for or guarantee of a mine developing from the exploration at this time.

The MOU was signed on Dec 3, 2014 by Chief Arnold Paul and Chief John McKenzie with support of respective Councils. Pacific Northwest has held interest in the claim area for a long time, according to TFN's L&R mining consultant Doug McKenzie.



News Release

Temagami First Nation and Pacific North West Capital Corp. Sign Memorandum Of Understanding For River Valley PGM Project, Sudbury

January 26, 2015 Vancouver, BC; Pacific North West Capital Corp. ("PFN" and the "Company") (TSX.V: PFN; Frankfurt: P7J.F; OTC Pink: PAWEF) is pleased to announce that the Company and the Temagami First Nation have entered into a Memorandum of Understanding (MOU) dated December 5, 2014 in relation to PFN's River Valley platinum metal project, located 100 road-km east of Sudbury, Ontario.

The MOU is designed to promote communication and foster a mutually respectful relationship, whereby Temagami First Nation are adequately informed and can provide input on PFN's plans for exploration and development activities to be carried out on River Valley. The MOU provides a framework for how the two parties will work together to address potential impacts on Temagami First Nation rights and interests and confirms Temagami First Nation support for the Project.

Chief Arnold Paul of Temagami First Nation commented by stating, "Mining in n' Daki Menan has entered a new phase. The MOU recognizes that Temagami First Nation must be involved in a meaningful way in resource development projects. We look forward to a mutually beneficial relationship with Pacific North West Capital Corp."

Harry Barr, Chairman and CEO of Pacific North West Capital Corp. expressed the Company's appreciation for the support and cooperation demonstrated by everyone involved. "We look forward to working with Temagami First Nation to ensure that the River Valley Project is advanced in the spirit of continued partnership, mutual respect and good faith."

Lands and Resources News– MOU, PNW News Release, Continued

About Temagami First Nation

Temagami First Nation are the descendants of the original people who occupied the area known to them as n'Daki Menan, approximately 4000 sq. miles of land in the Temagami area. The Temagami people, who refer to themselves as Teme-Augama Anishnabai, have occupied and sustained themselves from the resources in n'Daki Menan for at least eight thousand years. Over the millenniums they have evolved and adapted to the many changes including the impacts of colonialism. Today in a world of electronics and finance they keep their perspective by continuing to respect their relationship with n'Daki Menan.

About Pacific North West Capital

PFN is a mineral exploration company whose philosophy is to be a project generator, explorer and project operator in order to option/joint venture its projects to partners for funding through to production. PFN is focused on the discovery, exploration and development of PGM and nickel-copper sulphide deposits in geologically prospective regions in North America, particularly Canada. The Company's key asset is its 100% owned River Valley PGM Project in the Sudbury region of northern Ontario. River Valley is one of the largest undeveloped primary PGM projects in Canada. The Company continues to evaluate PGM and nickel-copper properties and projects in North America for potential acquisition opportunities.

About River Valley PGM Project

River Valley is one of the largest primary PGM Projects in Canada. NI43-101 compliant **near-surface resources are: 26 Mt grading 1.5 g/t PdEq for 1.2 Moz contained PdEq in the measured category; 66 Mt grading 1.4 g/t PdEq for 2.8 Moz contained PdEq in the indicated category; and 36 Mt grading 1.1 g/t PdEq for 1.2 Moz contained PdEq in the inferred category** ([see PFN's website for details](#)).

The Project is located within 100 road-km of Sudbury and is readily accessible via paved and gravel roads with settlements, power and rail all nearby. The River Valley PGM deposit is overlain by mining leases owned 100% by PFN. Exploration upside is enormous, particularly at depth.

Qualified Person

The technical content of this new release has been prepared, reviewed and approved by Dr. William Stone, P.Geo., principal consulting geologist to Pacific North West Capital Corp. and a Qualified Person under the provisions of National Instrument 43-101.

On behalf of the Board of Directors

Harry Barr
Chairman and CEO

Lands and Resources News– Update on Trans-Canada’s proposed Energy East Pipeline Project

Background:

TransCanada (TCPL) is proposing to construct and operate a 4,600 km pipeline to transport 1.1 million barrels of crude oil per day from Alberta and Saskatchewan across several provinces to refineries in Eastern Canada. The Ontario Energy Board (OEB) is not the final approval for the TCPL Energy East Pipeline Project. Because the TCPL Energy East Project is a project that spans several provinces across Canada, the federal National Energy Board (NEB) will be reviewing the application and making a final recommendation to the federal Cabinet. Ultimately, the federal Cabinet has to make a final decision on the project.

OEBs Roles and Responsibilities:

Part of the proposed Energy East Project is located in Ontario and will impact the people of Ontario. As a result, Ontario’s Minister of Energy has asked the Ontario Energy Board (OEB) to examine TCPL’s project and consult with Ontarians (including First Nations and Metis people of Ontario) on how the project will impact the people of this province. The OEB held initial consultations with Ontarians in the spring of 2014. In late October 2014 TCPL submitted its project application to the NEB. OEB has hired technical consultants to review TCPLs project documents. The OEB also organized further sessions with Ontarians to present its consultants findings surrounding the project and to receive feedback from Ontarians on the project and these findings. The OEB organized separate meetings for First Nation and Metis organizations. These specific sessions were attended by the TFN Lands and Resources staff in the spring 2014, and, more recently, the second session held on January 21, 2015.

Updates from the TFN Lands and Resources Department on TCPL Energy East Pipeline Project:

The TFN Lands and Resources Department attended the OEB session on January 21, 2015. Based on the info reported from the OEB, it is TFN’s interpretation that TransCanada’s project application for the proposed Energy East Pipeline Project is incomplete. Key information pertaining to pipeline safety impacts, natural environment impacts and climate change impacts were missing from TransCanada’s project application and remain outstanding. The TFN Lands and Resources Department would like to provide updates to our community members about the proposed Energy East Pipeline Project, including info from the OEB meetings. TFN Lands and Resources will be holding a Community Information Session surrounding the project as outlined on the following page:

TFN LANDS AND RESOURCES DEPARTMENT
COMMUNITY INFORMATION SESSION

Updates about...

TransCanada – Energy East Pipeline Project

Date: Wednesday, February 4, 2014

Time: 7 – 9 pm

Where: Rec Centre

AGENDA

- 1) Community Engagement**
 - A. Community Engagement Fund Agreement (CEFA)**
 - B. Traditional Knowledge (TK) work plan**
- 2) Ontario Energy Board (OEB) Session Update**
- 3) National Energy Board (NEB) Process**

Lands and Resources News– Mapping Project

Greetings from the mapping project team! I would like to introduce the newest members of the n'Daki Menan Mapping Project: Michael Paul, David Laronde and Jamie Friday. Please see their introductions below.

To update everyone on the project, we had interview training on January 20-22 with Trailmark Systems. Trailmark is a company we are working with to collect and store our information securely online. They have a team of ecologists, social scientists and software developers that have developed an online program that securely stores and organizes Traditional Knowledge. If you would like more information on Trailmark please call us or visit their website www.trailmarksys.com



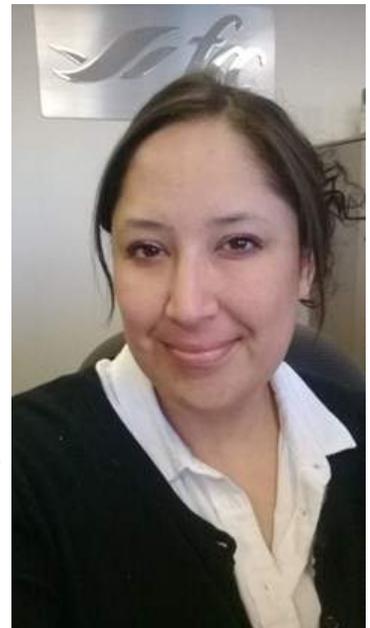
Our training covered many topics including Traditional Knowledge Studies, research practices, project design, questionnaires, best practices for interviewing, and training on the Trailmark software. Our team feels confident and we are close to beginning interviews. We will be sending out a communication package with more details about the project in the near future. Please let us know if you feel you have Traditional Knowledge to share and would like to be interviewed. If you have any questions about the project please contact us; our office is located at the Doreen Potts Health Center 237-8900.

We held an information session on January 21 at the Rec Center to update the community on the project. We will be presenting at the information session on February 4 as well, hope to see everyone out there!

Miigwetch, Casey Becker- N'Daki Menan Mapping Project Coordinator

Jamie Margaret Friday- n'Daki Menan Mapping Project Researcher

After moving back to Bear Island, I decided to accept a short term contract as the “Researcher” with the n'Daki Menan Mapping project team. I am very excited to work with a wonderful group of people who have the same vision of documenting and preserving our traditional land use knowledge for future generations. I came into the project with an undergraduate degree in Law and Justice from Laurentian University, a solid research background combined with sound ethical standards that I follow diligently, and an excellent writing, and technological understanding. I have previously worked with the Shingwauk Archives at Algoma University as an assistant researcher preserving and digitizing Residential school documents and photos. Being back on the land has strengthened my connection to being home, and I look forward to working with the n'Daki Menan Project team and community members.



Lands and Resources News– Mapping Project

David Laronde- n'Daki Menan Mapping Project Interviewer



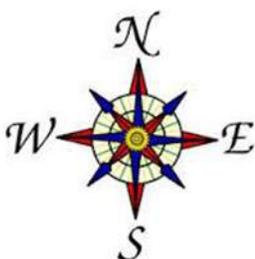
I am very happy to be a part of the Interview team to collect and record the traditional knowledge information from our people. The position assigned to me is note taker and technical operator for the video and audio gear to record and archive interviews. The goal of the project is to present this knowledge by map with links to the details or stories behind them. Another goal of the project is to make the information gathering a “living” activity to continue for years to come. Participants can access their file and add to the information as it comes available.

I find the more knowledge I gain of the land and the people, the deeper the connection grows.

Being a life time resident I have set foot on much of n'Daki Menan over many years of working in mining exploration and forestry and while hunting and fishing.

Michael Paul- n'Daki Menan Mapping Project Interviewer

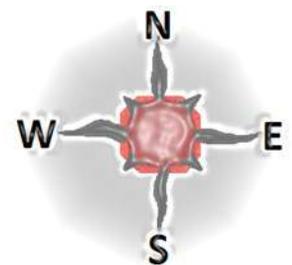
Hello my name is Michael Paul; I have recently been hired by the TFN to work on the n'Daki Menan Mapping Project as an interviewer. Come see me; I'll fill you in about the project. I have lived on n'Daki Menan almost all my life. I have extensive knowledge and traveled a lot on our Traditional Lands, which I hope will assist us with this project. I am enjoying working David Laronde, Casey Becker and Jamie Friday. I am looking forward to meeting you.



Deadline Extended!

N'Daki Menan Mapping Project

Compass Design Contest



Submit your original compass design to the L&R Office

by **February 13, 2015** for a chance to win a **\$50 cash prize**

Entries will be judged by design, clarity and local First Nation culture.

For questions contact Casey Becker 237-8900

Lands and Resources News– FNLMA

Land Code Update with Marlene Bilous

The Manager of the Lands and Resources Department made a presentation to the Temagami First Nation Community Meeting on January 25, 2015 on the TFN Land Code Development Project and the First Nations Land Management Act.

This presentation emphasized the strong requirement for our community involvement in the Land Code development process through community consultation, community determination and community ratification.

Our community is currently managed under the Indian Act, the TFN Tribal constitution and the TFN Housing policy. We do not use the Indian Act process and/or the Indian Land Registry system to manage our reserve lands.

Land Code development features a Nation to Nation process with the development of a government to government agreement. The Land Code process was initiated by fourteen chiefs (14) in 1991 who wanted to opt out of certain sections of the Indian Act and manage their own lands. These Chiefs signed a Framework Agreement with the federal government in 1996 and in 1999, Canada passed the First Nations Land Management Act (FNLMA) to provide First Nations that have ratified Land Codes the authority & jurisdiction to manage and control their lands and resources.

The Framework Agreement process provides two years of funding to develop and or/ratify a Land Code. Through the community ratification process, TFN has the choice of opting out of the Indian Act into the Framework Agreement or remaining under the Indian Act regime.

By signing the Framework Agreement in 2013, the legal status of our First Nation lands remains the same. Under the FNLMA, title to FN lands does not change and continues to be lands reserved for Indians within the meaning of Section 91(24) of the Constitution Act, 1867.

Section 91(24) lands are under federal jurisdiction and this provides protection against provincial laws relating to use and possession of lands.

Maintaining reserve lands is mandatory: they cannot be surrendered or sold; they must be protected for future generations.

Our Community invited two guest speakers who had significant experience in the land code development process. Phil Goulais, the former chief of Nipissing First Nation was one of the original 14 chiefs who decided to opt out of the 34 sections of the Indian Act, and strive to manage and control Nipissing's lands and resources. He spoke about the challenges in negotiations with the federal government to develop the Framework Agreement.

He emphasized that "the Framework Agreement was the major document in the Land Code development process and that Canada recognized the inherent right of First Nations to govern their own lands and resources in the Framework Agreement and that Canada cannot change the Framework Agreement or the FNLMA without the Chiefs' consent."

Lands and Resources News– FNLMA

Land Code Update with Marlene Bilous

He concluded his presentation by saying that before Nipissing First Nation ratified its Land Code, the band was its major employer while now after Land Code ratification, over fifty businesses have established in Nipissing and now businesses are the major employers of Nipissing citizens.

Gerry Duquette is a Dokis First Nation Councillor and was the Land Code Development coordinator for the recent ratification of the Dokis Land Code. Gerry has also been certified as an Independent Verifier by the First Nations Land Advisory Board Resource Centre.



L-R: Past Nipissing FN Chief Phil Goulais, TAA 2nd Chief Ursula Sawyer, TFN Chief Arnold Paul, Dokis Councillor Gerry Duquette

Gerry spoke about the differences a First Nation experiences in pursuing economic development with and without a Land Code. He stated that Dokis spent \$8 million and considerable time in trying to get approvals from governments in order to develop its hydro project. After the Dokis Land Code ratification, the First Nation was given a seat at the table and was able to speed up development. The turnkey date is March or April of 2015. This hydro development is on federal land but the transmission line has to go through Dokis.

He concluded “Dokis now owns 40% of the project and has a 40 year FIT contract that ties into the Quebec hydro grid and we hope to own 100% over time. We obtained the first right of refusal and after the debt is paid down, we plan to set aside our dollars in trust in order to buy shares and acquire full ownership of this development.”

The next BI Blast will feature further information on TFN Land Code development.

Governance Project Update– with Evan O’Leary

The TFN Good Governance project is building on previous research and work of our key governance documents.

Our nation's governance documents have been reviewed and analyzed. The gaps have been identified and further development is being conducted on our current documents and draft documents. The projects focus is on the Constitution, Leadership / Elections Code, Redress Mechanism, Financial Code, and Membership Code.

A community advisory group has been assembled consisting of community members. The community members were selected as per the advice of Chief and Council. The advisory group will assist the project in interpreting the research collected by the project.

A critical aspect of the project is community consultation. A community survey has been developed for the project and is available at <http://tfngovernance.blogspot.ca/>

Be a Part of your Future! Complete the survey and enter for your chance to win one of the following gifts:

There will be an early bird draw on February 15 for a Walmart Gift Card worth \$50. Your name will go back in for the next three draws.

The 1st draw will happen once survey responses reach 50 people. The draw will be for a Tim Horton’s Gift Card worth \$15 and a Walmart Gift Card worth \$50

The 2nd draw will happen once survey responses reach 75 people. The draw will be for a Walmart Gift Card worth \$55 and a Tim Horton’s Gift Card worth \$25.

The 3rd draw will happen once the survey responses reach 100 people and over. The draw will be for a Tim Horton’s Gift Card worth \$30 and a Walmart Gift card worth \$75.

The final date to complete and submit the surveys will be March 6th, 2015.



NOTE: Duplicate surveys will not be allowed. You only need to complete the survey once for your name to be entered. Responses must be from members 16 years and older and must have valid contact information. Winners will be contacted confidentially and their names published only with consent in the BI Blast newsletter.

A lunch will be provided on Sunday February 22nd at the BI Rec Centre from 12pm to 2pm. People can drop in at that time to fill in their survey and provide input into the governance project.

Contaminants Study Second Visit

Kwe Kwe,

Hard to believe it's February!! The research Biologist Murray Richardson (Carlton Univ.) and John Millar (Tin Roof Global) will be in the community next week. They will be working at the school with a lot of fun science based activities. The activities are structured to be hands on and proved very effective with the students of all ages.

There are seven planned visits to the community; this will be the second.

You can say "Hello" to John and Murray at the school next Thursday February 5th and Friday February 6th.

Thanks, Dan



PUNCHLINES



Caption: "They won't learn the language, they're not assimilating, they don't look like us. I say- put 'em back on the Mayflower!" Lol! -Contributed by Cathy Metcalfe

Community Meeting, January 24th and 25th

On the 24th and 25th of January, the Rec Centre hosted a good crowd for the Community Meeting. Saturday was spent in discussion and resolution-making, and Sunday was a day of presentations from various departments.

If you want to attend Community Meetings but can't get to Bear Island, internet or phone attendance is available.

Contact communication@temagamifirstnation.ca or (705) 237-8943 for more info.

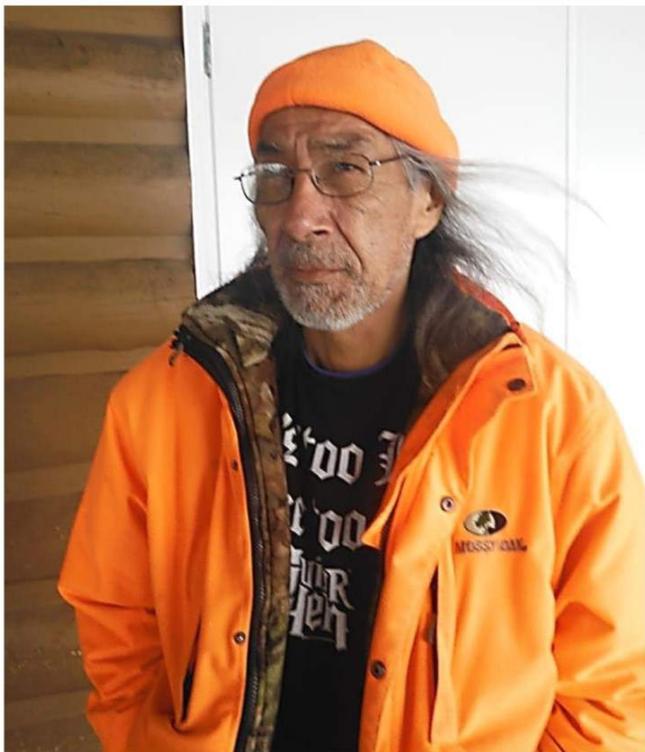
Saturday's Agenda Topics:

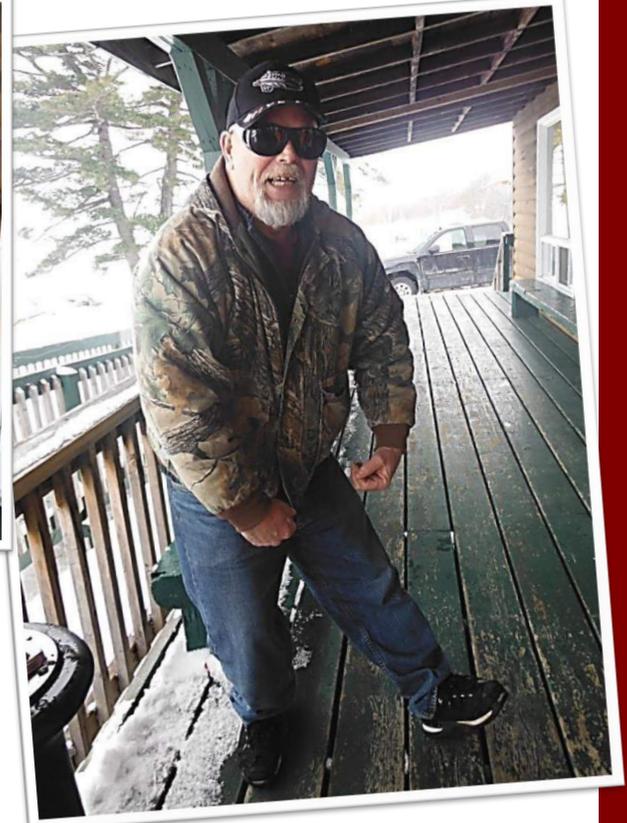
- *Pow Wow Grounds proposal*
- *IBA /Membership etc.*
- *BIEA Policy – proposed amendments*
- *Other Business :*
Chief and Council honourarium raise

Sunday's Agenda Presentations:

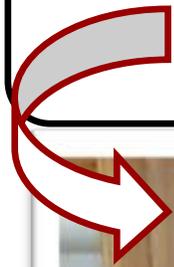
- **FIRST NATIONS LAND MANAGEMENT ACT – Presentation & Information:**
Guests include Phil Goulais & Gerry Duquette
- **TFN CAPITAL PROJECTS - Presentation & Information:** *Guests include Tom Laronde & Bret Cardinal*
- **ECONOMIC DEVELOPMENT**
– Marvin Hare/Kim Cowan
- **GOVERNANCE PROJECT UPDATE**
- **REPORT BY V. FRIDAY**







*Chi Miigwetch to Annette and the Youth
for feeding everyone so well on
both meeting days!
It was delicious!*



TEMAGAMI FIRST NATION



BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1 888.737.9884 or 705.237.8943
FAX 705.237.8959
www.temagamifirstnation.ca



NOTICE

**2ND & FINAL VOTE
BY SECRET BALLOT
SUNDAY, FEBRUARY 8TH/2015
BEAR ISLAND BAND OFFICE MEETING ROOM
10:00 A.M. TO 2:00 P.M.**

Resulting from the community meeting held January 24/25th/2015 – a 2nd & final vote will take place on the following resolutions:

Resolution #001

Resolution #002

Resolution #003

Resolution #005

Resolutions and results from the 1st vote are available on the n'Daki Menan Forum, or contact

communication@temagamifirstnation.ca / (705) 237-8943

LMLC NEWS



We also had a great supper at Boston Pizza!

On January 22 and 23, the students went on their annual Health Career Promotion / Ski Trip.

The students journeyed to Garden Village community centre, where Julie Coote and her team, Giyak Moseng: The Right Path Counselling and Prevention Services, prepared a day of activities. It started off with a panel discussion of a variety of Health Careers that are associated with the Program. Psychologist, counsellors, dietician, nutritionist and physical education/fitness trainer. It was very informative. They found out that it takes 10 years to go to school to become a psychologist and it pays well once you're done. Then they played a variety of games, had a sharing circle and a smudge, and an interesting presentation on the amount of sugar that is in various drinks that we consume.

The visit was well planned and organized and we appreciate the work that the Giyak Moseng team did to host our school.

This was followed by an afternoon of downhill skiing and snowboarding at the Laurentian Ski hill in North Bay. It is always great to see the students improve while we are there. Each student takes part in a 2 hour lesson before they work on their own to get down the hill. Thanks again to all the parents and volunteers that helped chaperone the ski trip. Good memories.



Congratulations to Huxley and his family, who won the "Dinner for Six" LMLC school fundraiser.

They enjoyed a lasagna dinner with garlic bread, salad, and pumpkin pie- all ready and prepared.

the Little Caesar's Pizza Sale will be starting the first week of February. This is a delicious school fundraiser! If you want to order some pizza and haven't been asked, call the school to place an order. **Final ordering date is February 23.**

Everyone is welcome to attend the Winter Carnival on Saturday, February 21st! Come down and have some fun!

LMLC Anishnaabemowin

Update -with Patsy Turner



Something special and different this month

that we have been able to do is invite a variety of guest speakers to come and share a story or teaching with the students. I called it our Winter Storytelling Sessions. First we had John Turner come and share about the clans. He went through the different clans, which local families are associated with which clans and then he shared some interesting information about how the Rattlesnake clan came to be in our area. Another day Boshk Aguonia came in and shared an interesting teaching on the laws of creation. This was very interesting and done in a very nice way so the students could understand.



Perry McLeod-Shabogesic, from Nipissing First Nation, also came in and shared with the students. He is a storyteller and told a scary story about the Nipissing and the Manitou Islands on Lake Nipissing. The kids loved it.

These Sessions will culminate with our

Grandparents Panel on Wednesday, February 4th. All grandparents have been invited to have lunch with the students and then sit and share some stories of life when they were younger. This will begin at noon at the school.

One of the intentions behind this was to bring guests into the school and get them talking and sharing with the kids.

Other things we have been working on in Anishnaabemowin is learning some new drum songs, discussing Biboon (Winter), Wenesh ezhawebak goging (What is the weather outside?) and Pichi Konooyan (Clothing). This has been going well. We've done small art projects and played games to practice this vocabulary. Next month if the weather is a little milder we will get outside and put into action some anishnaabemowin words for snowshoeing, skiing and sliding.

G'waabmin!!



LMLC NEWS- Grades 2, 3, and 4 Go Medieval!

The students in Mrs. B's class have just completed their studies on the medieval era in Europe. To celebrate and share what they learned, they decorated the gym to look like a castle, dressed up in medieval costumes, enjoyed some activities of the era, and ate a yummy medieval-style meal. Family members came to share in the celebration.

Great job, staff and students!!!



Welcome Home
to BI, Alicia!



Catching Up With TFN Hockey Superstar



Shaiyena Cote!

On January 24th, 2015 Shaiyena's team clinched their regular season first place division title by winning their last three games by beating Cold Creek 6 – 1 on January 20th in Whitby, then beating Etobicoke 5 – 1 on January 23rd in Etobicoke and culminating their regular season by beating Clearview 4 – 0 in Barrie on January 24th. This means a banner and medals for the team.

Shaiyena is the youngest player on her team, whose ages go up to age 21. She finished her regular season as top point leader with 48 points in 39 games: 20 goals and 28 assists and only 4 penalty minutes.

They also played in four tournaments: Oshawa, Rochester, NY, Peterborough and Scarborough. They finished as finalists, losing by one goal in the championship game in each of the first three tournaments and unfortunately losing out in the semi-final in Scarborough. We are currently waiting for our play-off schedule so that we can begin our play-off run in February. We are also waiting for our play down schedule in order to advance to Provincials in March.

Shaiyena has other hockey news outside of her team which includes: a training camp invite to Lake Placid, New York in February, which is an invite only camp that coaches and scouts from top NY schools have been invited to. In May, Shaiyena has been invited to a show case tournament at Notre Dame University in Grand Bend, Indiana.



Shaiyena in her Lucky 13 Jersey

This is also an invite only and is a showcase put together by Shaiyena's US agent/coach who is also the coach of Shaiyena's California AAA girls' team. He has been asked by Notre Dame to develop their first ever female hockey team. This is a Tier 1, Division 1 school and scholarships are being discussed.

Also coming up sometime between these two events Shaiyena has been invited to train and play with the Lamoureux sisters of Team USA in North Dakota. We are also in the process of pursuing an opportunity for Shaiyena to play for Team New Zealand. Yes, New Zealand has a women's national hockey team!

Shaiyena Cote, Continued

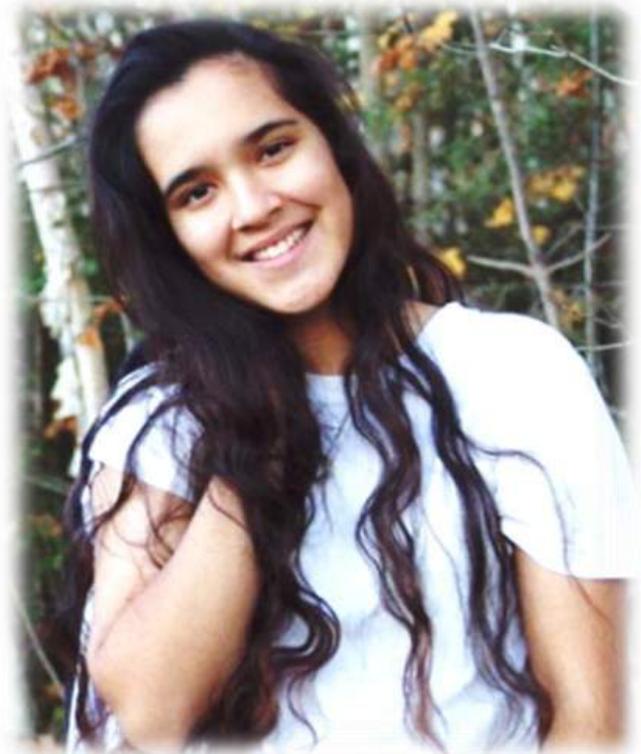
Sunday, March 15th through Thursday, March 19th will mark Shaiyena's last trip to the Little NHL (Native Hockey League) tournament which she has played in since she was 5 years old. This will probably be the most intense and important tournament of her life. It marks the 8th year in a row that she will be playing for Moose Cree First Nation (Moose Factory).

She is the only Algonquin who has ever played on this team, and she is one of the five original girls who have played together on this team for the past seven years. They have played the final 'A' division championship game each of those seven years in four different divisions, being champions five times and finalists twice, both times losing the championship game to Whitefish. This year will be an emotional tournament as Shaiyena will be saying good bye to team mates, friends and fans. (She is a fan favourite who is well known at this tournament which is the largest and oldest Aboriginal tournament in Canada, having been played for over 40 years. This year will be the 44th year of the tournament with over 100 teams participating in each of the recent years of the Little NHL).

This year is the third and final of a three year agreement to hold the tournament in Mississauga, hosted by Aundeck Omni Kaning and Whitefish River First Nations. Shaiyena is hoping to return to the Little NHL in the future as a coach and/or referee as she is certified as both.

We will do our best to keep the Blast up to date with Shaiyena's hockey news as she is also waiting to hear from six universities (5 in Ontario and 1 in Quebec) regarding school and hockey, all the universities that she has applied to have a NCAA varsity women's hockey team which would require tryouts in order to make any of their teams.

Shaiyena is also playing hockey for École Secondaire Catholique Algonquin on their girls' hockey team; they have played two tournaments to date finishing as finalists in both. They have two tournaments in February, including a two day event at York University.



Shaiyena's success so far this hockey season is proving to be her best year playing rep hockey to date proving that the financial support is paying off (pun intended).

We thank Temagami First Nation for endorsing, encouraging, and supporting Shaiyena in pursuing her hockey goals (pun intended) and post--secondary dreams.

-Abby Cote

The Article Below Appeared in Macleans Magazine Online on January 27, 2015. Peter McKenzie Contributed it to the Blast.

“You Can Build a Better Canada, or You Can Get Out of the Way... Don’t See the Problem? Maybe You are Part of It.” -Writes Scott Gilmore

This week, Maclean’s published a powerful piece of journalism. Nancy Macdonald wrote about her hometown, Winnipeg, and the terrible conditions under which some of its Aboriginal citizens live. The stories she told were shocking and hard to read.

There was a visceral reaction across the country and internationally. Soon after it began to circulate, a friend at the BBC contacted me. They were sending a team to Winnipeg to report that in a country considered one of the most inclusive in the world, there still exists a minority facing horrible intolerance.

For the BBC, this is a stunning revelation.

Sadly, for most Canadians we have learned to accept it, to rationalize it, to forget about it.

Which is why Macdonald’s writing felt like a slap across the face. To many, it woke us up. It painfully reminded us of what we have been so adept at avoiding: Canada has a race problem.

By **every indicator**, be it economics, health, or justice, the numbers are bad. The unemployment rate for Aboriginal Canadians is twice the national average. They are 10 times more likely to be jailed. They are twice as likely to die as an infant, and live 10 years less than the rest of us. By every single measure, an Aboriginal life is grimmer, shorter, less just, and more difficult.

The Winnipeggers who stood with Mayor Brian Bowman in his **remarkable press conference** responding to the article know these numbers. They acknowledged that something must change. And their conviction was shared by countless Canadians who read Macdonald’s story and said to themselves “We need to fix this.”

But the reaction amongst others was different. For them, the slap was a personal insult. These people reacted like small minds always do, with ad hominem attacks, misdirection and false equivalencies.

As always, there were those like **Don Marks**, who dismissed Macdonald’s article because he falsely assumed she is Toronto-based. Not only was he wrong. the idea of debating racism while using the defence “but you’re from somewhere else” is so ironic it borders on the satirical.

But the most telling example was **an interview** Macdonald did with a Winnipeg radio host named Dave Wheeler (who works for Rogers, which also owns *Maclean’s*). There, she patiently listened as the host claimed Winnipeg couldn’t have a racism problem because some minorities are doing fine there. And, because Aboriginal-on-Aboriginal crime exists, there can’t be a racism problem. Or, how could there be racism if the mayor is Metis — a variation on the “some of my best friends” gambit. At one especially absurd point he even questioned whether Macdonald could “really” love her hometown.

Wheeler’s views are not unique. We’ve all thought the same things. We flinch when confronted with the painful truth about our Aboriginal community. We become defensive. We look for excuses. We try to rationalize it away.

In some ways, Macdonald’s article is about two kinds of Canadians. Mayor Bowman exemplifies the first type. When he looks around, he sees poverty, injustice and pain, but he also sees hope and a potential for great things. He resolves to work harder, to achieve more, and to build a better city. Macdonald’s story is filled with people like him who acknowledge there are problems and work hard to fix them. These are the people who built Canada.

The other kind, by contrast, are people like Wheeler. When they see a problem, they first deny it exists. Then they make an excuse. They explain it’s not their responsibility. They blame someone else. They attack those who would suggest things could be better, and question those people’s loyalty and patriotism. A Third World population in the midst of a wealthy country like Canada doesn’t just happen. It requires people like this. It requires denial, indifference, ignorance, and wilful blindness.

To those people we all need to patiently and slowly say this: Canada does have a race problem. It persists because of people like you. We don’t expect you to help fix it. But as better men like Bowman try, the least you can do is get out of the way.

Blast From the Past!

Miigwetch to Desi Senf and Terry McKenzie for the great pic!



L to R: Elsie Chapman, Charlotte Peshabo holding Brian Potts, Johnny Katt, Mary Katt

Seated, L to R: Butch Turner, Tina Peshabo (hiding), Raymond Becker.

Other 2 Boys Unidentified. Do you know who they are? If you do, or if you have a photo you'd like to share,, please send it to the Blast!

communication@temagamifirsnation.ca / (705) 237-8943

BI Blast C/O TFN Band Office, GD, Bear Island, Lake Temagami ON P0H 1C0



NATIVE CONNECTIONS

247 School Road, Akwesasne, QUE H0M 1A1
Tel: 613 575-2862
315-705-5273

EMMY MITCHELL

**FAMILY HEALING AND WELLNESS
CNTR
LUNCHES ARE PROVIDED**

CALL TO RSVP 237-8600 ALICE

Stepping Stones Outline

February 10th

Day One

10am

Re-awaken the mind body and spirit

Dying, Death and Grieving from cultural/spiritual aspects

Grounding, Running energy and protection

Meditation

The importance of journaling

7pm Evening Release Ceremony

February 11th

Day Two

10am

Birthing and welcoming

Intuitions

Past lives and soul retrievals

Readings

7pm Evening Session

February 12th

Day Three

Spirit helpers and guides

Receiving messages

Dreams and interpretations

Meditations/Readings



NATIVE CONNECTIONS

Emmy Mitchell is known as a knowledgeable Mohawk medicine woman. She was born with a gift of healing, not specifically of the physical body but healing of the hearts and minds of those she comes in contact with.

Emmy preserves and perpetuates the culture of her people. She is fluent in the Mohawk language; versed in Herbology, educates on traditional ceremonies and alternative healing modalities.

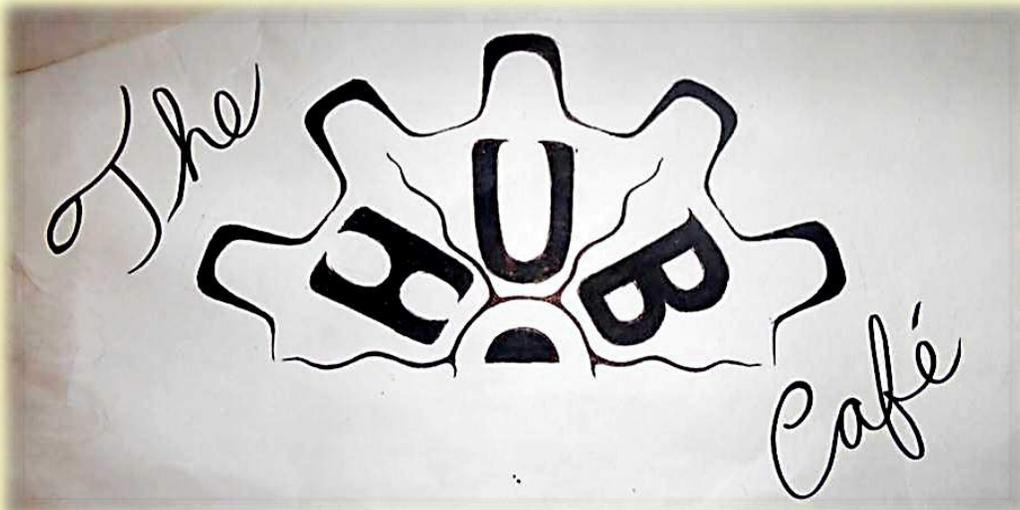
Emmy obtained her nursing license, holds a bachelors and master's degree in Theology, majoring in Ministry and Divinity and a Master's Degree in Education. Obtained a certified Mediumship course from Certified Medium Belle Salisbury, certified Angel therapist through Doreen Virtue and learned soul retrieval from world renowned Shaman, Sandra Ingerman.

Emmy has also obtained various alternative healing modalities and combines it for the benefit of all people she works with. Emmy works with many spiritual healers within her own community, and in numerous Native Tribes. Emmy has conducted workshops regionally and at a national level. Her words and skills have provided healing, comfort and guidance to thousands of people.

Emmy spear-headed the Ten Month Pilot Project for the Home Detox Center in her community which was recognized and reputable. Enormous success by all, not just for clientele but for families and the whole community at large.

Dr. Goddard
will be in the community
February 5th 2015

Please call the Doreen Potts Health Centre to book an appointment
Priority will be given to Elders and Children.



The Hub Café Will Be Open Soon!

Watch for Announcements!



KO eHealth
12 Dexter Road, P.O. Box 340
Balmertown, ON P0V 1C0
Phone: (807) 735 1381
Toll Free: (800) 387 3740
Fax: (807) 735 1123

Stroke Rehabilitation

KO e-Health and the Northwestern Ontario Regional Stroke Network are pleased to invite you to participate in the following event:

Event: Upper Limb and Shoulder

Presenter: Erica Ogilvie, Occupational Therapist, Sioux Lookout
Nicole Wooden, Physiotherapist, Sioux Lookout

Date: Thursday, February 26, 2015

Time: 12:30 to 1:30 pm CT, 1:30 to 2:30 pm ET

Overview:

- Management of shoulder pain following stroke
- Review best practice recommendations – Stroke Rehabilitation

Target Audience: Physicians, nurses, and health care providers with an interest in stroke care in the community; First Nation Communities in particular, are invited to attend.

Register now!



Registration: To register for this event contact your local community telemedicine coordinator or call Barbara Kakepetum, KOTM Scheduler at 1 800 387 3740 Ext 1344 or by email at barbkakepetum@knet.ca.

Anishnawbek Words and Expressions We Seldom if Ever Hear Anymore - With Duane Paul

1. O'gee chi-gah-bit-nay-bun owh shkin-ah-way.

- A) His nose was bleeding badly.
- B) His nose was broken and bleeding.
- C) That young man used to have severe nose bleeds.
- D) That young man donated blood at the Red Cross.

2. Tah-jah-ke-dim-mah-gah-naug-wus-zay owh nin-ah-wuk.

- A) Those men are going to the casino this weekend.
- B) Those men are very poor looking.
- C) Those are the guys that won the lottery.
- D) They spent all their money on lottery tickets.



3. Kaum-shay ah-b'tuh ah-jit-tah-jis-se-min.

- A) We are not yet halfway there (to our destination).
- B) I only have half a dollar left to my name.
- C) I spent half of my money foolishly.
- D) I'll meet you halfway at twelve noon.



4. N'gous ah-wig-waum-ig n'gee wha-zhee-kay-min.

- A) We stayed at my son's house.
- B) We erected a tepee at the pow-wow grounds.
- C) They built a bingo hall where we used to live.
- D) Our house is next door to the bingo hall.



Anishnawbek Words and Expressions We Seldom if Ever Hear Anymore, continued... - With Duane Paul

5. Ah-gwah duh-gah-nup-say ah peche poo-say chee maun-ish.

- A) That old canoe is tippy and in need of repair.
- B) Be careful when you board that canoe.
- C) That canoe is old and leaking badly.
- D) Watch out that you don't tip over when you get in the canoe.



This Young TFN Man Knows How to Rock a Canoe... Right, Jordan?

Note: In 3 and 4, the syllable "min" when used as a suffix (attached to the end of a word) can mean that two or more people are being referred to. It can also mean "each other" or "one another", such as:

"ke-zah-gid-day-min" - They love each other.

Answers on next page....

Answers to "Anishnawbek Words and Expressions
We Seldom if Ever Hear Anymore" with Duane

1.C) ~ 2.B) ~ 3.A) ~ 4.A) ~ 5.D)

Congratulations to

Aleria McKay,

daughter of Melissa Turner and
Niece of John and Patsy Turner!

Aleria just recently qualified for the
National Competition for Miss Teenage Canada.
She went against 42 other girls and 15 of them
qualified for the National competition.

Way to go, Aleria!

Good Luck! Represent!



Regular Council Meeting

Tuesday, February 10 ~ Tuesday, February 24

Council Chambers

Walking the Wellness Path Youth Retreat

- Dokis
- Henvey Inlet
- Magnetawan
- Moose Deer Point
- Nipissing
- Shawanaga
- Temagami
- Wasauksing
- Wahta Mohawk

February 13, 14, 15, 2015
Spirit Point, Trout Creek, ON
For Youth aged: 13-18 years old

Friday Arrival Time: 6:00pm
Sunday Departure Time: 1:00pm



- **Registration & Travel Costs will be covered**
- **Please submit registration form by Feb 5, 2015**
- **Agenda will follow**

**Presentations, workshops, cultural teachings,
ceremonies, fun activities, socials and much more!**



FOR MORE INFORMATION PLEASE CONTACT:
Zan McLeod, Walking the Wellness Path Coordinator
705-753-3312 x. 1273 zanm@nfn.ca

Youth interested are asked to contact Annette @ Family Healing and Wellness Centre to register.

Registration papers are available.

Information and registration papers were sent out to parents Friday, January 30, 2015

All registrations need to be handed in by February 4, 2015

If you have any questions please call FHWC @ 705 237 8600

February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Men's shopping Truth about Drugs 6:30pm	3 Youth Dinner/dinde w Perry 5:30pm	4 Youth Beading 6:30pm	5 I am a Kind Man	6	7 Girl's night out/ Temogami depart. 4:30pm Youth Expression group workshops @ 1pm
8 Youth Expression group workshops 9-1pm	9 Men's Dinner/presentation 5:30pm	10 Stepping Stone Workshop Day 1	11 Stepping Stone Workshop Day 2 I am a Kind Man	12 Stepping Stone Workshop Day 3	13 Youth Retreat Trout Creek	14
15 Youth Retreat	16 FAMILY DAY HOLIDAY	17	18	19 I am a Kind Man	20	21
22	23 Kids 6-12yrs game night 6:30pm	24 Youth Beading 6:30pm	25 Truth about Drugs Dinner/presentation 5:30pm	26 I am a Kind Man	27	28

Family Healing and Wellness Highlights

705-237-8600



Client shopping trips for men please call leave a message for Annetta @ FHWC (7052378600) by Feb 26, 2015 next trip will be March 2, 2015.

Men's Dinner/ Video Presentation Monday, Feb 9, 2015 @5:30 pm call by Feb 6th to be put on list.

Stepping Stone Workshops on Feb 10-12/15 lunches provided each day interested call FHWC.

Upcoming Youth Programs

- ❖ Truth about Drugs Feb 2 @ 6:30pm and Feb 25 @ 5:30pm
- ❖ Youth Dinner w/Perry on Feb 3/15 @ 5:30pm
- ❖ Youth Beading nights Feb 4 & 24/15 @ 6:30pm
- ❖ Youth Expression workshops Sat Feb 7 /15 1pm-9pm dinner provided, Sun Feb 8/15 9am-1pm lunch provided
- ❖ Youth Retreat Trout Creek Friday February 13-15, 2015

Any questions about our calendar please call FAMILY HEALING AND WELLNESS CENTRE @ 237-8600
Migwetch!!!

~ February 2015 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Truth About Drugs</i> FHWC 6:30pm	3 <i>Youth Dinner & Sharing Circle</i> FHWC 5:30pm	4 LMLC Virtue Awards 11:30 Lunch & Grandparents' Panel 12pm-2pm <i>Youth Beading</i> FHWC 6:30pm <i>L & R TCPL Info Session</i> 7-9pm	5 <i>I Am a Kind Man</i> FHWC AA Meeting Elder's Building 7:30pm	6	7 <i>Girls' Night Out Concert</i> <i>Temagami Welcome Centre</i> 7:30pm <i>Youth Expression Group Workshop</i> FHWC 1pm
8 <i>Youth Expression Group Workshop</i> FHWC 1pm	9 <i>Men's Dinner & Presentation</i> FHWC 5:30pm	10 Regular Council Meeting 7-9 PM, BO <i>Stepping Stone Workshop</i> FHWC Day 1	11 Early Dismissal 2:30pm LMLC <i>Stepping Stone Workshop</i> FHWC Day 2	12 <i>Stepping Stone Workshop</i> FHWC Day 3 AA Meeting Elder's Building 7:30pm	13 <i>Youth Retreat, Trout Creek</i> (FHWC)	14 <i>Youth Retreat, Trout Creek</i> (FHWC)
15 <i>Youth Retreat, Trout Creek</i> (FHWC)	16 Family Day Holidays 	17	18	19 <i>I Am a Kind Man</i> FHWC AA Meeting Elder's Building 7:30pm	20 LMLC PD DAY	 Starts 8am LMLC
22	23 <i>Kids' ages 6-12 Game Night</i> FHWC 6:30pm	24 Regular Council Meeting 7-9 PM, BO <i>Youth Beading</i> FHWC 6:30pm	25 <i>Truth About Drugs</i> FHWC 6:30pm	26 <i>I Am a Kind Man</i> FHWC AA Meeting Elder's Building 7:30pm	27	28

Come on Down!

BEAR ISLAND WINTER CARNIVAL

Saturday, February 21

Bubble Boiling ~ Spike Driving ~ Tug of War ~ Egg Toss ~
Jello Eating Contest ~ Musical Chairs ~ Arm Wrestling

~ Relay Race ~ Bingo ~ Snow Sculpture Contest ~

And Lots of Great Food! ~ Breakfast is at 8am



See page 3 inside this issue for a full schedule!