

BI BLAST

Ka-ki-jii-shii

Giizis

Groundhog

Moon

February

2017

Chief

William

Peshabo

1940s

Kwe Kwe! Happy Ka-ki-jii-shii Giizis, Groundhog Moon, February.

It's been such a mild winter... seems like April some days! As we enter February, conditions for the ice road have still not come together. The up side of all this is lots of outdoor fun! Right, *Audrey Guppy?*



And about that amazing cover photo of Chief William Peshabo...

Chi Miigwetch to Terry McKenzie.

Terry does a lot of genealogical work just out of pure interest, and many people have benefited. Terry has also developed a network of like minded friends out there in cyber-land who volunteer to do work with old

photos and documents, repairing and colourizing. Terry calls them "Digital Angels". James Kerns Simmons of Illinois did the initial black and white upgrading of the photo, and Melanie Bevill Arrowood of North Carolina did further repair and colourization. Chi Miigwetch to James and Melanie, and of course to Chief Peshabo.

It's Bear Island Winter Carnival Time!!!

Saturday, February 11

Fun starts at breakfast
and lasts all day

See the schedule on the
following page-

And... See ya there!!!

Winter Carnival

LMLC Winter Carnival 2017 – Sat. Feb. 11

All activities are hosted at the school.

****Friday Night: 6:30 *Rink conditions permitting, we will hold two events: Skating Races and Hockey Puck Shoot-Out.* To Be Determined.**

Saturday Events:

**Minnow Races: On-going throughout the day. When you have time go race a minnow, they will score your time and winners will be announced and scored at the end of the day.* This event is to be determined-it depends on whether or not we can get the tracks for the minnows.*

- ◆ **8:00 Breakfast** (Family event - your family team will get points if your team all shows up for Breakfast before 9 am.) (Seniors can earn participation points for showing up as well.)
 - ◆ **9:00 Bubble Boiling: Family Event** (Same as Tea Boiling but using dish soap and the first team to have the bubbles boil over places 1st.)
 - ◆ **9:30 Spike Driving**
 - ◆ **10:00 Jello Eating**
 - ◆ **11:00 Arm Wrestling** (Due to the time it takes, ages 10 and up only.)
 - ◆ **12:00 Lunch**
 - ◆ **12:15 BINGO** (Bring your money and try and win some money.)
 - ◆ **1:00 Tug of War: Family Event**
 - ◆ **1:45 Musical Chairs/Seniors Event: Octopus Toss** (These events will be run simultaneously.)
 - ◆ **2:30 Ultimate Bear Island Bannock Bake Off** (Bake it at home and bring in your bannock, we will be having a panel of judges taste testing each submission. Participation points will be awarded as well as 1st, 2nd, 3rd. We need a minimum of 4 entrants to go ahead with this event.)
 - ◆ **3:10 Traditional Anishnaabeg Relay Race:** 1. Snow Shoeing
2. Zhooshman/Snow Snake 3. Pull a Senior in a Toboggan!
 - ◆ **4: 30 Spaghetti Supper and presentation of awards**
 - ◆ **5:30 Presentation:**
 - ⇒ Showing of Makwa Jiiman– Film about the 2016 canoe build, and discussion with Robin Potts, Derrick Lamere.
 - ⇒ History of Wendaban Stewardship Authority with Mary Laronde
 - ⇒ Music by Wayne Potts.
- Please save some energy and stick around for this great presentation!

Everyone welcome to our FIRST COMMUNITY SCREENING of

TEMAGAMI FIRST NATION PRESENTS

Ontario
Trillium Foundation



Fondation Trillium
de l'Ontario

An agency of the Government of Ontario
Un organisme du gouvernement de l'Ontario

MAKWA JIMAAN

DEEP WATER. DEEP ROOTS.

DIRECTED BY
DERRICK LAMERE

IN THE SUMMER OF 2016,
SIX TEME-AUGAMON ANISHNABAI YOUTH SET OUT TO BUILD A TRADITIONAL BIRCH BARK CANOE.
SCOUTING, HARVESTING, AND BUILDING ALL FROM THEIR TRADITIONAL HOMELAND N'DAKI-MENAN.
WATCH AS THESE YOUNG ADULTS EMBRACE THEIR CULTURE
AND ANSWER THE CALL TO FOLLOW IN THE FOOTSTEPS
OF THEIR ANCESTORS AND BUILD A CANOE BY TRADITIONAL MEANS.

Saturday, February 11, 2017

Showtime 5:30pm @ the LMLC School Gym

Join us for a 60 min. documentary with Q&A panel discussion with
Robin Potts & Derrick Lamere followed by storytelling, integrated with
music, with special guest, Wayne Potts.

For more info: robin.potts@temagamifirstnation.ca 705-237-8005

Greetings from TFN's Community Infrastructure Manager, Tom Mathias

First of all, I would like to thank Temagami First Nation for the opportunity to become the new Community Infrastructure Manager.

This position requires a lot of work and is of the utmost importance for the growth of our First Nation.

I have been in the position since January 9, 2017 and within these three weeks I have been provided great on the job training opportunities.

I continue to consult with my staff, who have been quite helpful in the transition period.

I am very excited about living back in the community full time and feel quite fortunate to live in the most beautiful area in the world. Last time I lived on Bear Island was about fifteen years ago and a lot has changed since then.

I have two daughters who attend Ottawa University and my youngest daughter will graduate this year from high school in North Bay.

My wife Sheri and I decided it was time to move home and settle back into life on the Island. I look forward to working for the First Nation, and I am always available to meet with all community members.



Thanks

Tom Mathias

cim@temagamifirstnation.ca 705-237-8943 / 1-888-737-9884

*Tom also reminds all riders on the TFN Skidoo Shuttle
that wearing a helmet is MANDATORY .
Please provide your own helmet. Safety first!*

TEMAGAMI FIRST NATION



BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1.888.737.9884 or 705.237.8943
FAX 705.237.8959
www.temagamifirstnation.ca



TFN Audit Committee CALL FOR COMMITTEE MEMBER

There is 1 vacancy on the Audit Committee commencing immediately. The committee meets twice per year (July and January) with additional meetings as needed. Also serving on the committee is an external member, Walter Ross and 2 members of Council.

If you would like more information, the Terms of Reference for the committee can be found at www.temagamifirstnation.ca, or you may call Vicky Blake at (705) 237-8943.

Please respond in writing, with a brief explanation of why you wish to serve on this committee including any related financial experience. Experience in finance is beneficial however not mandatory.

Applications can be mailed to Vicky Blake, Finance Manager, Temagami First Nation, Bear Island, ON P0H 1C0, faxed to (705)237-8959 or emailed to vicky.blake@temagamifirstnation.ca.

Please submit by February 28, 2017.

TEMAGAMI FIRST NATION



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TFN Communications Committee CALL FOR COMMITTEE MEMBERS

Temagami First Nation is currently accepting applications for membership in a
Communications Committee.

This is a new committee, approved by TFN Council.

The Committee will consist of five (5) members; the Communications Officer, one TFN Councillor, and three (3) community members.

The objective of this Committee is to maximize communications efficiency within the TFN organization, culminating in a comprehensive Communications Strategy.

Please respond in writing, with a brief explanation of why you wish to serve on this committee including any related communications experience.

If you would like more information, the Terms of Reference for the committee can be found at www.temagamifirstnation.ca, or you may call Daisy Fannin at (705) 237-8943.

Applications can be mailed to Daisy Fannin, Communications Officer, Temagami First Nation, Bear Island, ON P0H 1C0, faxed to (705)237-8959 or emailed to communication@temagamifirstnation.ca.

Please submit by February 28, 2017.



***A Message from Tom Saville
First Nation Constable, # 800662
Temagami First Nation,
Bear Island
Phone 705-237--8963
Fax 705-237-8646***

(Temagami, ON) - One of the biggest areas of concern in the Municipality of Temagami is the amount of Break and Enters that occur. During the last month, the Bear Island Police and the Temagami Detachment of the Ontario Provincial Police (OPP) have been investigating eighteen occurrences of break and enters involving boat houses located on Lake Temagami.

The Police would like to remind the public that cottage break and enters; damage and theft are serious concerns impacting police, cottagers, cottagers' associations and insurance companies.

The Bear Island Police, Temiskaming and Temagami OPP Detachments, along with the Temagami Lakes Association have been and continue to work diligently with the Cottage Watch Program. A Cottage Watch Program is an initiative promoting cottage community safety and security.

These investigations are ongoing and police are requesting assistance from the public. All suspicious matters need to be reported and try to obtain as much information as a possible. This includes physical descriptions, clothing descriptions, vehicle descriptions (licence plate), island numbers and the area where they were last seen. Note the direction that the suspects are heading.

Thieves like to target the easy to carry items so that it doesn't hinder their movement.

One easy way to help discourage theft of these items is to etch them with an identifying number such as your vehicle licence plate number. This personal Operation Identification number allows police to easily locate these items at pawn shops and criminals consider them "damaged goods" as they are harder to get rid of. In association with this, it is always a good idea to copy down a list of the serial numbers of all electronic devices, tools, generators and to keep this list in a secure area as these numbers can assist in investigations.

Other ways to help deter thieves from targeting your property:

- 1) Install outside lighting to eliminate dark areas around doors or windows. Use motion lights with low intensity feature as an alternative to bright constant lighting. Set up security/trail cameras in/on your property especially during the off seasons or while away.
- 2) Deadbolts should be installed on all exterior doors and ensure that entry doors and strike plates are secured with at least 2 ½ inch long screws.
- 3) Take steps to reinforce any windows next to doors. This can be improved by adding a polycarbonate panel.
- 4) If you have a sliding door, place screws in the upper track to prevent them from being lifted out and ensure that you have a stick or security bar along the bottom track to prevent the door from sliding. The stick and security bar can also be used for sliding windows.
- 5) Do not leave any valuables in the cottage or boathouse when you are away. Lock these items away in a safety security box.
- 6) Boathouses are accessible on the lakeside. By simply adding metal fencing between the lake and the entry door, you may deter culprits from gaining access.
- 7) Make arrangements with local residents/cottage owners to watch over your property and possibly shovel the walkway/entrance to give the appearance that someone is around.

These are just a few of the many suggestions in helping preventing crime and keeping your property (seasonal or full time) safe. Remember to assure your safety at all times. Contact police immediately and do not tamper with the crime scene as valuable evidence can be lost.

Engraving tools are available for purchase at Canadian Tire, Home Hardware, Walmart, Home Depot, and others.



Temagami First Nation Land Code Update



OUR LANDS

OUR FUTURE

CONSULTATION ROUND-UP

*The Land Code Committee has just finished a round of consultations on the **Final Draft of the Land Code**. These discussions were specifically on the Land Code final draft content. It was apparent from these discussions that more work is required in consultations. We need to zone in on some important matters such as voting, land tenure, land management administration and environmental protection.*

Bear Island — Jan 19/17 Lands & Resources



North Bay — Jan 23/17
Indian Friendship Centre

Chief **Wayne Pamajewon** highlights what having a Land Code has enabled the **Shawanaga First Nation** to accomplish.

DON'T GET LEFT OUT!

Put your voice forward in this last consultation round.

Consultation Round-up — Page 2

The Land Code will be the Temagami First Nation land management law so the TFN may take control of land management on Reserve Land (only) and effectively do away with 32 sections of the Indian Act.

The Land Code affects the way reserve lands are managed so it's important for everyone to participate and express what you think.



New Liskeard — Jan 25/17 Keepers of the Circle

Stay tuned for more consultation sessions.

Contact David Laronde,
Land Code Coordinator
705-237-8600 or email
david.laronde@temagamifirstnation.ca

You can also contact members of the Land Code Committee:
Mike Paul, Marie Paul, Ardie Moore,
Woody Becker, Tom Mathias

Visit www.temagamilandcode.com
for more information.



Temagami — Jan 12/17 Ronnoco House



Lands and Resources News

Forest Management Plan for Proposed Reserve Lands

-Robin Koistinen, Director, Lands and Resources

In the early 1990's, the Teme-Augama Anishnabai and the Province of Ontario were in negotiations for the resolution of a Land Claim. By 1993, the Province and the Teme-Augama Anishnabai had negotiated an Agreement-in-Principle that identified 112 square miles of land; however, the Agreement was not ratified.

In 1996, in the absence of a settlement, while approving the Temagami Land Use Plan, "the Government of Ontario set aside lands from other activities to provide economic development opportunities for the local aboriginal people and to facilitate the settlement of the land-claim by the Teme-Augama Anishnabai."

The Province referred to these lands as, "Lands Set Aside." These so-called "Lands Set Aside" contain:

February 11, 1885 G. B. Abrey - Austin Bay Tract,
1993 AIP Lands Selected as Sole Stewardship (112 sq. miles)

Without settlement, there is still an opportunity to use these lands for economic development opportunities for the benefit the TFN/TAA. This is subject to of the recommendations of the Temagami First Nation Chief and Council and Teme-Augama Anishnabai Executive Council in sectors such as forestry, mining or land disposition. Since the establishment of the so-called "Lands Set Aside", the area has been excluded from the available land base from which

the allowable harvest for forestry is calculated on the Temagami Management Unit.

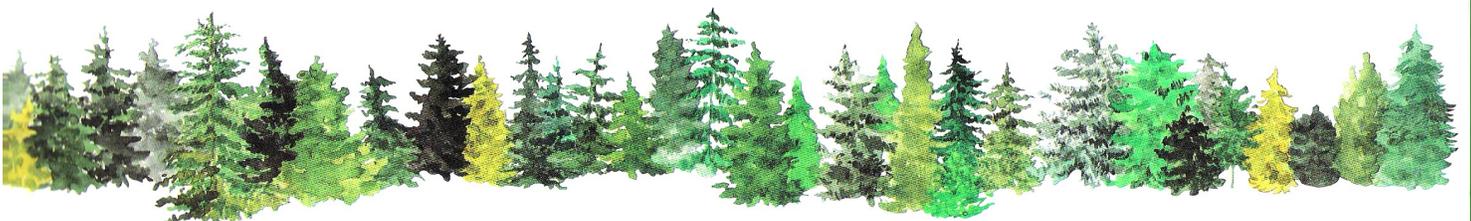
Temagami First Nation and Teme-Augama Anishnabai have agreed to completing a Forest Management Plan for this Land Set Aside area, as part of the Temagami 2019 Forest Management Plan. The Set Aside Lands will be a plan within a plan, and will be governed by applicable provincial laws and regulations. However, Temagami First Nation and Teme-Augama Anishnabai will set the Long Term Management Direction and Objectives for these lands, including determining a separate allowable harvest level. During the planning process, a more rigorous analysis of the opportunities will occur.

For the 2019 Forest Management Plan, as the result of government down-sizing, the Ministry has engaged First Resource Management Group or "FRMG" (managers of the Timiskaming Forest, to our North) to write the plan.

Michael Paul and I are members of the Temagami Forest Management Planning Team, and have been participating in planning meetings for a few months now.

As part of the planning process, a representative of FRMG (likely their planning forester – Etienne Green) will be coming to Bear Island for a meeting to discuss this area as well as our objectives (hopes, and desires) for these lands.

This is referred to as identifying the "**DESIRED FOREST AND BENEFITS**". FRMG will use this information to develop some options for us, and then they will be able to present them to us later in the spring.



Broadly, objectives that fall under Social, Economic and Environmental categories, for example:

Social: e.g. make available culturally significant tree species (birch) for canoe building, more berry picking opportunities without concerns about whether or not chemical spraying occurred.

Economic : e.g. provide for sustainable and continuous harvest levels, provide habitat for moose, which our household economies rely on.

Environmental: e.g. create and maintain a forest landscape that resembles natural forest conditions

Our objectives might include things like:

- more moose habitat
- more timber harvesting (firewood, logs, timbers, etc.)
- more berry picking opportunities
- protecting maple sugar stands from harvesting
- forest stand improvement
- other

The date has not been confirmed, but it will likely be toward the end of February.

This is a very important economic opportunity for our Community.

I hope that you will take the time to attend the session and bring your thoughts on the future outcomes of the forest you would like to see.

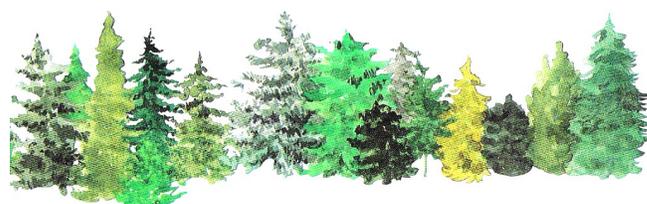
Thank you

Robin Koistinen

Lands & Resources Director

(705) 237-8600

Robin.koistinen@temagamifirstnation.ca



NOTICE: COMMUNITY MEETING

Thursday, February 9th, 7:00 pm, Laura McKenzie Learning Centre Gym

**Agenda will be solely focussed on proposed amendments to
TFN Post-Secondary Education Policies.**

Voting Will Occur.

Internet and Phone Attendance will be available, details to be announced.

Information on the proposed policy changes will be available via the following:

- 1) Paper copies available at the Band Office for pick up
- 2) Paper copies to be mailed out on request (call 705-237-8943 / 1-888-737-9884)
- 3) Emailed to all members who have provided an email address, to be sent with the online and phone attendance information
- 4) Posted on the Ndakimenan Forum

Random News, Accomplishments, and Good Stuff from the Community



Nixon (McKenzie) Ball is one smart kid. Nixon recently received recognition for his outstanding achievement in education with the Kumon Education system when he was awarded the **Kumon Ambassador Award**.

On the last Honour roll Nixon ranked in the top 0.23% of Kumon students his age. Not the top 1%, not the top ½ percent, but outranking over 18,000 students in Canada, the U.S., and Mexico, earning his place in the top 0.23%.

**Congratulations, Nixon!
That is amazing!!!**



Here's what Nixon's Congratulations Letter said:

This award recognizes a long-term student who has exhibited outstanding dedication, effort, commitment, and consistency throughout his/her Kumon studies. This student exemplifies the determination and perseverance that others can look up to, and is a role model for students at our centre.

This year's recipient is a student who has been studying with Kumon for a few years now and has made incredible progress in his time with us. He works hard each day and those efforts have paid off significantly. On the last Honour roll this student ranked in the top 0.23% of Kumon students his age. Not the top 1%, not the top ½ percent, but outranking over 18,000 students in Canada, the U.S., and Mexico earning his place in the top 0.23%. Like any of you, he placed below grade level with his initial testing and Kumon isn't always the most enjoyable part of his day. But he works hard, and after every test he passes and every milestone he achieves, you can see a strong sense of pride beaming on his face.

His latest accomplishment is something that many Kumon Instructors have never seen among their students. In fact, when Kumon first announced to Instructors last year that they would be changing the milestone awards to their new state-C1, G4, J6-there was outrage from Instructors who thought these were outlandish goals. "Reaching level G before finishing grade 5 was hard enough for students, why make it even harder?" they said. Kumon wanted students and Instructors to aim even higher than before and instead get to level G by the end of grade 4, and after that to aim for level J before the end of grade 6. While other Instructors griped and protested, I knew it was possible because this student has shown me so. So for his hard work, incredible achievements, and for inspiring others to aim higher this year's Kumon Ambassador Award goes to Nixon Ball! Congratulations NIXON!

This is a pretty small community. So, what are the odds that TWO community members are such skilled athletes?

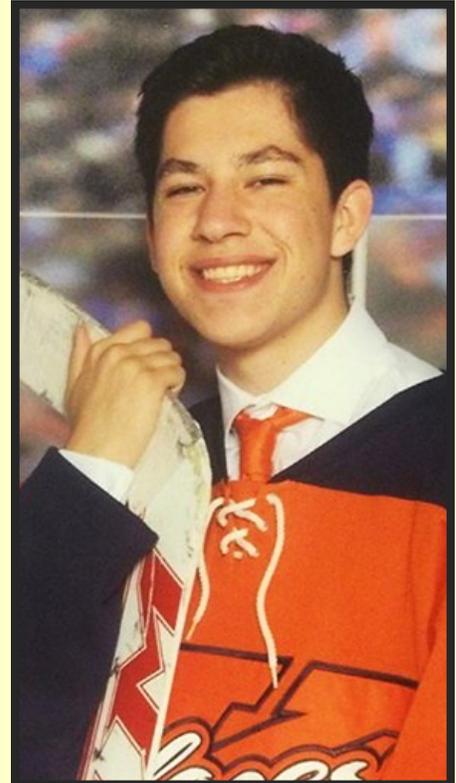
Alex Paul Jr. and **Miikah (Friday) Keeshig**

were both scouted and recruited to play for Aboriginal Team Ontario in the upcoming National Aboriginal Hockey Championship. It will be held in Cowichan, BC, May –1 to 6. Holey!
Way to go Alex, Way to go, Miikah!

Al's family will be doing some fundraising to help with expenses for airfare, team fees etc. - Watch for announcements in the future.



Left: Al with Mom Tracy and Dad Alex, holding the puck from his first goal with NOJHL; below, in action!



Right, Miikah looking good in portrait and below, in action!



Website: <http://aswco.ca/tournament-updates/2017-nahc/>

Twitter: [@2017nahc](https://twitter.com/2017nahc)

Random News, Accomplishments, and Good Stuff from the Community, Continued



Betty (Becker) Barwell is an outdoorsy gal who loves the winter. Betty keeps active with lots of different activities, like cross country skiing.



A dip in the hot tub on a chilly day is a great way to top it off!



Betty says: *"The Island has certainly come a long way since the time I was growing up there. My wish for the community is for more progress in the coming years!"*



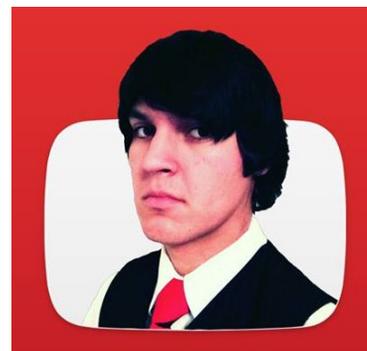
Daryle Katt has a beautiful singing voice, with huge range; he is also very accomplished on guitar and piano. Daryle has completed the first of a series of recordings on which he did all the playing and programming.

He says, *"This album is part of a four-part (maybe five) series called "Game Over", stylized as "G@m/3 ØvЯ", which is a collection of video game covers I do myself as my own rendition for pure entertainment. :)"*

You can check it out here:

[https://
soundcloud.com/
daryle_katt/sets/
game_over_vol_2](https://soundcloud.com/daryle_katt/sets/game_over_vol_2)

Pretty cool.



Randy Becker's company, **Nimkie Mining Services**, was featured in a full page article in the January edition of the Canadian Mining Journal. You can see that article, plus coverage in Northern Ontario Business and others, on the Nimkie Mining Services website:

<http://www.nimkiemining.net/album.html> -Below is an excerpt from the CMJ article.

Nice shout-out to **Tom Friday Sr.** !

First Nation mining services business incorporates traditional values with state of the art training

Aboriginal communities are increasingly moving forward with economic development in many different sectors. Mining companies have also become more proactive in regards to environmental protection and First Nation consultation. Nimkie Mining Services Corp. has become an effective part of the process in bridging the gaps between culture and industry.

Nimkie, based in Temagami, Ont., was incorporated in 2014, and is a 100% aboriginal owned company. The CEO of the company, Randall Becker, started working with heavy equipment as a summer student at the age of 14. The supervisor, Tom Friday, was a very talented and experienced mechanic, and vehicles and equipment were often repaired with ingenuity and limited resources, which was the case in most First Nation communities at the time.



Striving for Safety and Excellence!



Nimkie Mining Services takes pride in its record with client satisfaction and student success.

Kasabonika First Nation's program graduates were all hired in full time positions.

The Kasabonika Coordinator's testimonial reads, in part: *"Randy made sure each participant understood the material and practices of operating machinery. He's very diligent in his work; kept me up to date on the progress of each participant. Overall, he was very pleasant to work with and he created a good positive workplace. Very observant and orderly. He was very committed and dedicated in getting the participants to succeed in becoming heavy equipment operators, which they did."*

Way to go, Randy!

Duane Paul isn't doing his Language page this month, but he does have something interesting to share. One of his songs has been selected to feature in a film entitled "Two Drums, Many Dreamers", which tells of the visit by Brantford based "White Pine Dancers" to Uganda to take part in a cultural exchange with a group of students from Uganda's Cambridge School. Valerie Hill, Executive Director and Founder of the Dream for Uganda organization, saw Duane perform the song at **Alex Mathias's** Fall Gathering on Obabika Lake this past September, and approached him to inquire about including the song in the film. Cool eh? Duane is considering doing a version in Ojibway.

It's entitled "Island of Sand".

Here are the lyrics:

The turtle came to me in a dream

I saw the signs but what did they mean

We rode the waves to an island of sand

And the island in my dream, it was our motherland

The turtle was a creature, from some legendary clan

The eagle was a spirit, making a final stand

The lone and sole survivor, on the island of sand

Mother Earth was in a vengeful phase

A cruel reminder of a troubled age

With nowhere to hide from the rising seas

Like something from the pages of the prophecies

And the eagle became a shaman, a spiritual advisor

Sang a sacred song, of healing and revival

The turtle returned to the sea, a place that he knew well

Waited out the storm and retreated into his shell

In time the turtle will re-emerge

With words of wisdom from a peaceful world

The eagles will fly to a mountain higher

On the island of sand will burn the seventh fire



*A couple of pics from the Fall Gathering-
Duane singing, top, and with Alex doing a
Smudge Ceremony.*

The lyrics to "Island of Sand" are based on a dream Duane had. He describes it on the following page.

Here is Duane's account of the dream he had that was the inspiration for "Island of Sand":

A turtle appeared in my dream, hanging by its mouth from a string or a wire. I could not see what it was suspended from. The turtle was rotating back and forth; sometimes the back was facing and sometimes the belly, which was a cream colour.

There were symbols, which I took to be clan symbols, circling around the turtle in a clockwise motion. There was a bird, a fish, a deer, and a couple of others- about 6 in total. Some I could not distinguish clearly.

The turtle then took me across a large lake. I was riding on the turtle's back over the waves; we came to an island. The island was barren- just sand. There were the remains of a fire, charred wood, near the shore.

There were no signs of life- no people, no trees- just an eagle circling overhead. The turtle then disappeared into the depths of the lake and a medicine man appeared dressed in buckskin and holding a staff adorned with feathers.

It seemed that the eagle had transformed into the medicine man. I looked toward the mainland from where we came and saw a city, a skyline. There was a storm approaching; the skies became dark. When I turned back toward the island the medicine man had relit the fire and was singing a kind of chant. He then transformed back into the eagle and flew off toward the north, it seemed- away from the city.

And that is how my dream ended.

Maria Sams sent the wise words below to the Blast- she says they are by Marcel Bandaranaike.

- 1) Don't educate your children to be rich. Educate them to be Happy, so that when they grow up they will know the value of things, not the price.
- 2) Eat your food as your medicine, otherwise you will have to eat your medicine as food.
- 3) The one who loves you will never leave you, because even if there are 100 reasons to give up you will find one good reason to hang on.
- 4) There is a lot of difference between human being and being human.
- 5) You are loved when you are born, you are loved when you die. -In between you will have to manage.
- 6) If you want to walk fast, walk alone. But if you want to walk far, walk together.

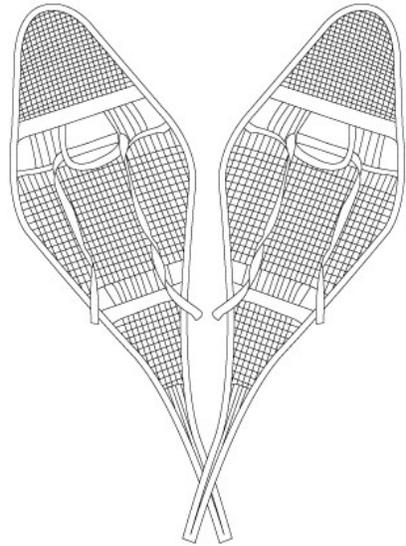


YOUTH OPPORTUNITIES PROGRAM & OLD SNOWSHOES

Temagami First Nation received funding from Gezhtoojig to have a Youth Opportunities Program this winter.

The Youth Opportunities Program is doing a variety of activities with the Youth this winter, including high school credits, employee skills, bush skills, workshops, cultural activities, outdoor rink maintenance and other activities.

The program is for Bear Island youth ages 18-30 that are un/under employed or out of school. The program is being run out of the Sonny Moore Building.



One activity this winter is the Youth will be learning to repair and knit snowshoes. We are looking for old wooden snowshoes that need repairs or the babiche redone.

If you have any old snowshoes for the program, please drop off at the Clinic or Sonny Moore Building or call the clinic for pick-up. We'll try to send them back repaired!

Any questions about the Youth Opportunities Program can be directed to Tyler Paul (Community Youth Worker) or Tracy Paul at the Clinic, 705-237-8900.

Everyone is welcome to drop by the Sonny Moore Building and visit with the Youth!

In kindness,

Tracy Paul

Family Day Activities

Friday, February 20th

Sliding and Skating 1-5

Hot Dog Cookout and Snacks 5:30

@ Sonny Moore Building



For more information, please contact Deva
705-237-8900 cysw@temagamifirstnation.ca

Youth Craft Nights

Wednesdays At DPHC

February 1st- 6:30-8:00 Ages 10-15

February 14th- 6:30-8:00 Ages 6-9

February 22nd-6:30-8:00 Ages 10-15



For more info, contact Deva 705-237-8900

cysw@temagamifirstnation.ca

LMLC Notices and Important Dates

- Winter Carnival Saturday February 11
(See the flyers on the next 2 pages)
 - PD Day Friday, February 17
- Candy Grams On Sale Until Monday, February 13
 - Skiing and Career Promotion Trip
Tuesday February 7 & Wednesday February 8

PLEASE!

**DO NOT DRIVE THROUGH THE SCHOOL
YARD DURING SCHOOL HOURS!!!!**

This is for everyone's safety!!! Miigwetch.

Send a Valentine's Day Candy Gram!

Have someone you want to say "Happy Valentine's Day" to?
If so, what better way than to send them a personalized candy
Gram on Valentine's Day!

Each candy gram will be delivered on Tuesday February 14th
to your valentine.

.50 ¢ each

You can purchase candy grams at the school any time starting Monday
January 30th through Monday February 13th.

During the winter carnival, there will be table set up for you to purchase
candy grams.

Candy grams will be delivered on February 14th.



Anishnaabemowin Update

Shij / With Patsy Turner



Kwe Kwe. It has been a few months since I have contributed to the Blast. There have been a few changes in teaching language at the school.

In November my position changed to full time Special Education teacher, and John Turner was hired on a short term contract to continue the Anishnaabemowin program. Since then he has been working at the school. The position has been posted and HR is in the midst of the hiring process to determine a language teacher.

Since last fall the students have been involved in a number of different activities for language.

John has been reading chapters of **Friday Memories**, June MacInnis' book.

The students have an opportunity to discuss their lives compared to June's life growing up. Mid-November we had a Drum Social; miigwetch to Jamie and Tyler for coming up to drum. It was a nice afternoon with spot dances and dancing. Last summer Joanne Vachon met with me and shared a prayer that Bill Twain taught her, a Thanksgiving Prayer.

In November, John started teaching this prayer to the students. By Christmas many of the kids had learned it. At the Christmas concert the students shared the prayer and sang Bzaani Dibikad/Silent Night. It was impressive how quickly they learned the Thanksgiving Prayer.

Miigwetch to Joanne for sharing this. Also for Christmas, the students once again sent out a number of greeting cards with a candy cane and Christmas message in the language, to members of the community.

This January, John has been teaching food words in relation to the Five Senses. I see..., I hear..., I touch..., I taste..., I smell...! John has mentioned how well the kids are learning these words. Ideally this is vocabulary that could extend to the Breakfast program and to meals at home.



In addition to this John shared a traditional Anishnaabe game called “Zhooshman” - Snow Snake. The students are given a stick and toss it and it slides across the snow. The one with the stick that goes the farthest is the winner. The kids had fun playing this outside. They also went skating- “Zhooshkwaade”. That was a nice afternoon at the rink practicing Anishnaabemowin in action.



With the Winter Carnival coming up, we will be incorporating some of these activities into the day's events.

Miigwetch, Patsy



Ngamwag - they are singing

Gchi ngamwag - they are really singing!



NATIVE CONNECTIONS

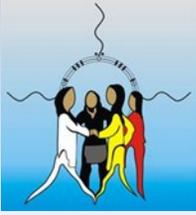
Emmy Mitchell is known as a knowledgeable Mohawk medicine woman. She was born with a gift of healing, not specifically of the physical body but healing of the hearts and minds of those she comes in contact with.

Emmy preserves and perpetuates the culture of her people. She is fluent in the Mohawk language, versed in Herbology, and educates on traditional ceremonies and alternative healing modalities.

Emmy obtained her nursing license, holds a Master's Degree in Theology majoring in Ministry and Divinity, and a Master's Degree in Education. She obtained a certified Mediumship course from Certified Medium Belle Salisbury, became a Certified Angel Therapist through Doreen Virtue, and learned Soul Retrieval from world renowned Shaman Sandra Ingerman.

Emmy has also obtained various alternative healing modalities and combines them for the benefit of all people she works with. Emmy works with many spiritual healers within her own community, and in numerous Native Tribes. Emmy has conducted workshops regionally and at a national level. Her words and skills have provided healing, comfort and guidance to thousands of people.

Emmy spear-headed the Ten Month Pilot Project for the Home Detox Center in her community which was recognized and reputable. It was considered an enormous success by all, not just for clientele but for families and the whole community at large.



NATIVE CONNECTIONS

247 School Road, Akwesasne, QUE H0M 1A1

Tel: 613 575-2862 315-705-5273

EMMY MITCHELL

Doreen Potts Health Centre

February 20-24, 2017

LUNCHES ARE PROVIDED

CALL ALICE TO RSVP 237-8900

Stepping Stones Outline

Feb 20 - 24, 2017

Re-awaken the mind body and spirit

Dying, Death and Grieving from cultural/spiritual aspects

Grounding, Running energy and protection

Meditation

The importance of journaling

Birthing and welcoming

Intuitions

Past lives and soul retrievals

Readings

Spirit helpers and guides

Receiving messages

Dreams and interpretations

Meditations/Readings

Service Canada and Canada Revenue Agency Information Sessions

February 13th @ Doreen Potts Health Centre

Pension Clinic (9:30-10:30 am) -

Come learn about all the tax benefits you can access as a Senior

Canada Child Tax Benefit (10:45-12:00pm)-

Tax-free monthly payment made to families raising children under the age of 18

Social Insurance Number Sign-Up(1:00-3:00pm) -

Bring your birth certificate and get a number

Community Volunteer Income Tax Prep

(1:00-3:00 pm)

Volunteer to learn how to help your community members with filing Income Taxes

***To Sign Up, Call Deva @ 705-237-8900 or email cysw@temagamifirstnation.ca**



TEMAGAMI FIRST NATION

Bear Island, Lake Temagami, Ontario P0H 1C0
Tel: (705) 237-8900 Fax: (705) 237-8912
Toll Free: 1-866-262-2862

Jan.30 2017

DEAR COMMUNITY MEMBER'S

I am currently working as your CHR as you know is currently vacant at this time. I do look forward to working with you and do what I can to help with daily tasks And concern's. here at the clinic. On a lighter and brighter note to you I will be returning to my position as community Wellness worker in the near future.

Miigwetch Linda Paul (Interim CHR)

Have any questions please contact DPHC 705-237-8900

On January 25th, the Restorative Justice Committee and Policing Committee, in co-operation with the Bear Island Police, held a community dinner and information session on Bear Island.

They also presented a documentary entitled, "Ending the Cycle of Family Violence", which explained the roots of colonial trauma and its effects. It explained the concept of Restorative Justice. It also told the story of people, particularly youth, who had created a way forward to leave the trauma behind and live a new reality of strength and healing. Here's the link; it's a great watch.



<https://www.youtube.com/watch?v=lmstyXc6FnI&t=36s>

The Restorative Justice Committee and the Policing Committee will be holding more information sessions in the future. For more information, please contact Virginia McKenzie at 705-237-8005 or

Virginia.mckenzie@temagamifirstnation.ca

NNADAP update

Kwe Kwe,

My name Paula Potts; I am your new and old NNADAP worker. I started this position in Mid-December of 2016. Ironically, it was exactly 20 years ago in December of 1996 that I started the same job. I was the NNADAP worker until 2001. It felt a little strange that I would come back home to do the same job that I had 20 years ago. However, my Dad mentioned that instead of viewing it like I was going back to where I started, that I should look at this dynamic like “book ends”, where I had gathered great experiences to add to my life’s path and knowledge base... I thought that this was a great analogy and a neat way to look at things.

I can genuinely say that I am pleased to serve the Temagami First Nation in this capacity, as I have learned much over the last 16 years about people, addictions and the process of recovery.

I am hoping to be able to design and implement programming that is based on the “Honouring Our Strength” Community Wellness Framework. I attended training regarding this framework in Toronto, along with “The Addicted Brain”. The training was hosted by the Community Wellness Development Team, who works out of the Native Horizons Treatment Centre. We are making plans for the team to visit Bear Island in the future. We are hoping to have a community presentation regarding the disease of addiction. I find that the more awareness we have, the easier it may be for us to support and cope with loved ones who may be afflicted with this illness.

Elder Jim Dumont was a researcher and developer of the framework; he had gone to visit Elders across the country and was able to put into words what they consider to be Wellness.

“WELLNESS FROM AN INDIGENOUS PERSPECTIVE IS A WHOLE AND HEALTHY PERSON EXPRESSED THROUGH A SENSE OF BALANCE OF SPIRIT, EMOTION, MIND AND BODY. CENTRAL TO WELLNESS IS BELIEF IN ONE’S CONNECTIONS TO LANGUAGE, LAND, BEINGS OF CREATION, ANCESTRY... SUPPORTED BY A CARING FAMILY AND ENVIRONMENT”

My intention as your NNADAP worker is to utilize the framework to help move our community forward so that we can all have a sense of wellbeing while living out our lives, here in our Northern Ontario Paradise, the home of our Ancestors.

For the next couple of months I will be attending training and setting up some information sessions regarding gambling addiction, Fetal Alcohol Spectrum Disorder, and I will be facilitating the women’s circles on Monday nights. If you have any ideas or just want to chat, please feel free to drop by the Doreen Potts Health Centre or call 705 237 8900, email nnadap@temagamifirstnation.ca

Keep Safe, Paula



Women's Circle



There will be weekly **Women's Sharing Circles** at the Doreen Potts Health Centre every Monday evening at 7:00 PM.

The first Circle was held on Monday, January 30.

NNADAP Worker Paula Potts will be the facilitator. She has many years of experience in facilitating various types of circles.

Come on out to say your prayers, support your sisters, and feed our Souls. Let us keep our Circle strong, healthy and Safe.

Everyone is most welcome.

Please contact Paula at 705-237-8900 if you have any questions.

ONTARIO HELPLINES

Drug and Alcohol Helpline

Website: www.drugandalcoholhelpline.ca

Phone: 1 800 565 8603

Mental Health Helpline

Website: www.mentalhealthhelpline.ca

Phone: 1 866 531 2600

Ontario Problem Gambling Helpline

Website: www.opgh.on.ca

Phone: 1 888 230 3505

Smoker's Helpline

Website: www.smokershelpline.ca

Phone: 1 877 513 5333

Kids Help Phone

Website: www.kidshelpphone.ca

Phone: 1 800 668 6868

ONTARIO HELPLINES

Kids Help Phone

Website: www.kidshelpphone.ca

Phone: 1 800 668 6868

For children and youth between 5-20 years of age

Provides professional counselling and information, and referrals for mental health, addictions and well-being.

Phone and online via web post or live chat

Open 24hrs a day, 7 days a week

Free, anonymous and confidential

Good2Talk

1-866-925-5454

For people between the ages of 17-25

For post-secondary students in Ontario

Provides professional counselling, information and referrals

For mental health, addictions and well-being

Free, confidential and anonymous helpline

Open 24hrs a day, 7 days a week

Miigwetch Annette Paul at FHWC for these 2 pages.



Temagami Artistic Collective
Presents 7th Annual

Featuring:
Bobbie & Friends
The Almond Girls
Mary & Mandy
Esther
Lindsay
The Callander Girls

GIRLS NIGHT OUT

Friday
FEB. 10th 2017

7:30 pm
Temagami Welcome
Centre
Bunny Miller Theatre

Tickets \$15
Call or email
705-569-2749
vickyb008@ontera.net



NOTICE: PLANNED POWER OUTAGE, BEAR ISLAND AND RESIDENCES ON LAKE TEMAGAMI

Hydro One is scheduling a planned power outage from 1:00 pm to 4:00 pm on Wednesday, February 8th.

If the weather doesn't co-operate, it will happen on the 9th instead.

Have your kindling and firewood ready!



THE BI BLAST BELONGS TO THE PEOPLE.

Do you have something you would like to share in the Blast?

A photo, a story, an opinion, idea, cartoon, history lesson, limerick, manifesto? Bring it on!

The only condition is, "Be Nice, Keep Your Stick on the Ice"!

Please send to:

BI Blast , C/O Temagami First Nation

General Delivery, Bear Island, Lake Temagami, ON POH 1C0

Fax 705-237-8959

Email communication@temagamifirstnation.ca

If you've moved or changed your email address or phone number, please use that same fax / post / email to let TFN know! Miigwetch.

Bear Island Emergency Numbers

Ambulance / BI First Response: 705-569-3434

Fire 705-569-3232

Police 1-888-310-1122

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Men's Shopping Leave 9:00am Crafts ages 10-14yrs 6:30pm	Kizbaw Anishinabe Duo. 6:30 pm	Youth Hockey Trip	Round Dance North Bay
5	6	7	8	9	10	11
	Women's Circle 7pm Weightlifting 7pm Perry McLeod 5:30		Men's Movie Night 7:00pm	Game Night 7+ 6:30pm-8pm		LMLC Carnival
12	13	14	15	16	17	18
	Revenue Canada Workshops Weightlifting 7pm Women's Circle 7pm	Crafts ages 6-9yrs 6:30pm	I am A kind Man 6:30pm Women's Dinner 6pm	Men's Dinner 5:30pm		Traditional Parenting 10am
19	20	21	22	23	24	25
Emmy Mitchell	Family Day Skating Sliding 1-5pm Weightlifting 7pm	Gym Night 14+ 6:30pm	Youth Dinner 5:30pm LMLC	I am A Kind Man 6:30pm L.M.L.C.	Fire Arms course tentative dates	
26	27	28	1	2	3	4
Quill Boxing Making				Family Trip		
	Weightlifting 7pm Women's Circle 7pm	Game Night 7-13yrs 6:30pm-8pm	I am a Kind Man 6:30pm L.M.L.C.	Weightlifting 7pm		

Family Healing and Wellness Highlights

705-237-8900



Client shopping trips **for men** please call Fred @ DPHC (7052378900) by February 27, 2017.

Youth Programs

- Driver's Education Training (Feb 4-5 and Feb 11-12)
- Hockey Game and Round Dance Trip (Feb 3, & 4)
- Canadore College Pow Wow (Feb 11th)
- Gym Night (Feb 21st)
- Family Day Skating/Sliding and Hot Dog Cookout (Feb 20th) Sonny Moore youth building
- Weightlifting 7pm (Feb 6, 13, 20, 27, March 2)

Children Programming

- Craft Nights (Feb 1, 14,)
- Gym Night (Feb 28st)
- LMLC Carnival (Feb 11th)
- Family Day Skating/Sliding and Hot Dog Cookout (Feb 20th)

***Note** Quill Box making date Feb. 26-March 1, 2017 attending please call Fred or Jayne at the DPHC.

Revenue Canada information Workshops Feb 13/17 @ 1:00pm
Fire Arms Course tentatively set for Feb 24-25 please call Fred for details.
Question call DPHC 7052378900

February 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 7pm Education Policies Consultation LMLC	2 7pm AA Meeting Elder's Building	3	4
5	6	7 Elder's Drop In 1pm Elder's Building	8	9 7pm Community Meeting Vote re Education Policies amendments LMLC 7pm AA Meeting Elder's Building	10	11 Bear Island Winter Carnival Film screening & discussion 5:30pm
12	13	14 Elder's Drop In 1pm Elder's Building	15	16 7pm AA Meeting Elder's Building	17	18
19	20 <i>Family Day</i> Let's go Skating and sliding!	21 Elder's Drop In 1pm Elder's Building	22	23 7pm AA Meeting Elder's Building	24	25
26	27	28 Elder's Drop In 1pm Elder's Building	Notes: Departure for Family Weekend Trip: Thursday, March 1, time TBA Please see the FHWC Calendar for their events			

SNOWMOBILE SHUTTLE SCHEDULE – February 2017

← SCHEDULE A MONDAY TO FRIDAY		February 2017							
Depart Bear Island WEEK DAY (MON-FRI)	Depart Mincrood WEEK DAY (MON-FRI)	Sun	Mon	Tue	Wed	Thu	Fri	Sat	NOTE: All trips required to call to book
*8:00 a *8:30 a *9:00 a ON CALL	*8:15 a *8:45 a *9:15 a ON CALL	5 237-8955 ←Sched A	6 237-8955 ←Sched A	7 237-8955 ←Sched A	8 237-8955 ←Sched A	9 237-8955 ←Sched A	10 237-8955 ←Sched A	11 237-8955 ←Sched A	WEEKDAY ON-CALL TRIPS AVAILABLE (must book in advance 9:30a & 4:00p only)
*1:15 p *4:00 p *4:30 p *5:00 p	*1:30 p *4:15 p *4:45 p *5:15 p	12 237-8955 ←Sched A	13 237-8955 ←Sched A	14 237-8955 ←Sched A	15 237-8955 ←Sched A	16 237-8955 ←Sched A	17 237-8955 ←Sched A	18	No Service: Designated Holidays, beyond the Hours of Operation: Monday to Friday 8:00am to 5:15 only
		19 Family Day (Stat) 237-8955 ←Sched A	20 237-8955 ←Sched A	21 237-8955 ←Sched A	22 237-8955 ←Sched A	23 237-8955 ←Sched A	24 237-8955 ←Sched A	25	
		26 237-8955 ←Sched A		28 237-8955 ←Sched A					

NOTE: ON-CALL TRIPS MAY REQUIRE ONE (1) HOUR NOTICE – PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS

NOTE: THIS SCHEDULE MAY CHANGE WITHOUT NOTICE – WEATHER/ICE CONDITIONS PERMITTING

FOR MORE INFO CALL (705) 237-8943 – All trips must be confirmed by calling the Driver or Band Office

- Two Regular size Bin Limit; \$10 per passenger (regular scheduled trips); \$50.00 per On-Call Trip (between M-F 9:30 & 4:00 only)
Mandatory: Helmets must be worn by all passengers

- Driver: Dean Potts (705) 237-8955 * Band Office: 705-237-8943