

**B.I.
BLAST**

**O'Demin Güzis
Strawberry Moon
June 2016
Photo of Caiden by
Auntie Alyssa Paul**

Kwe Kwe! Happy Strawberry Moon, O'Demin Giizis.

Brace yourselves... it's revving up to be a busy summer! There are many exciting things coming up. Lots of info is inside this issue, and there will be more to come in the July Blast.

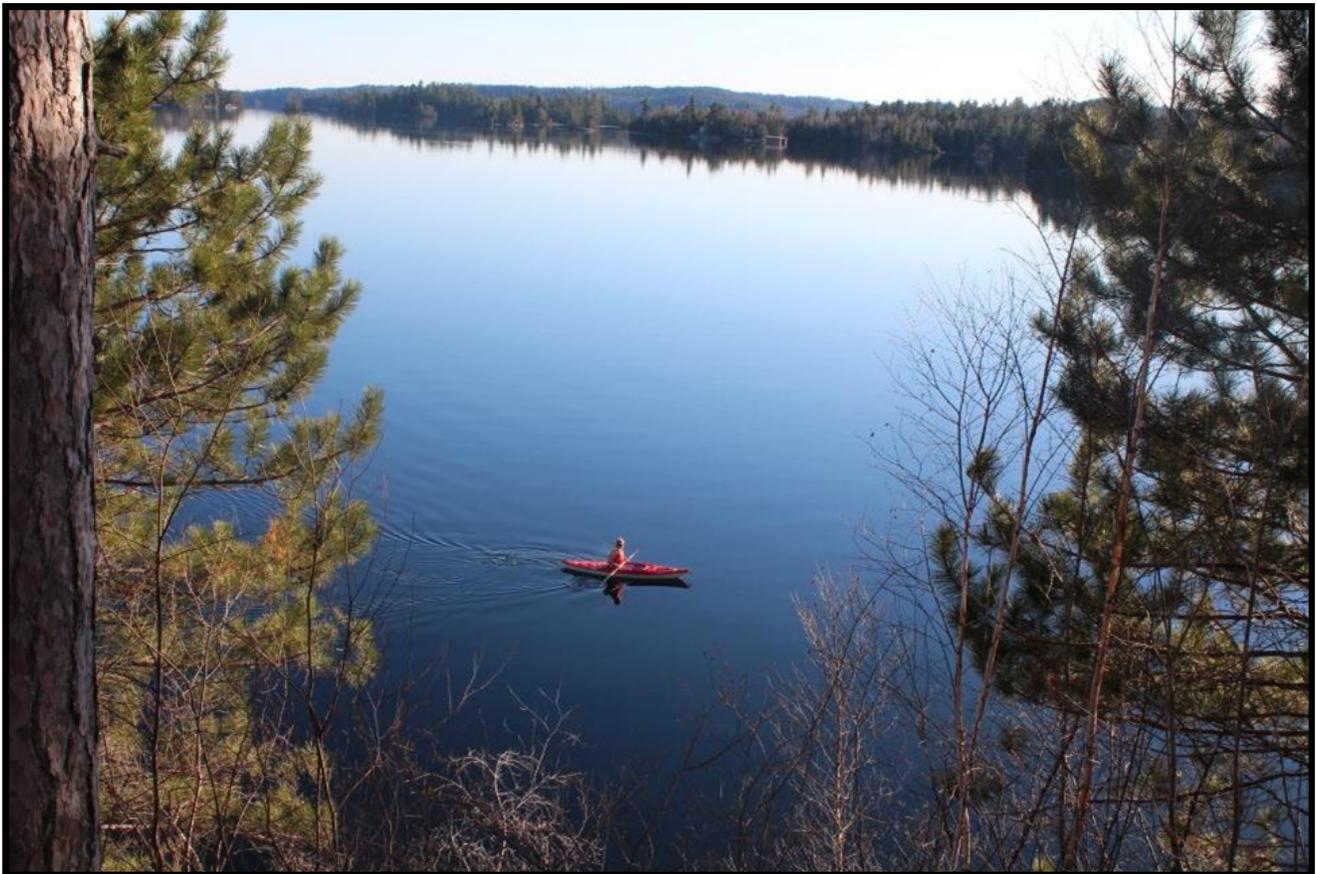
The Blast is happy to have 2 interviews with community members this issue- one with old friend Paula Potts who has come home, and new friend Shon (son of Carmen Paul) Cottrill, who lives in BC but holds his community membership close to his heart. This guy's accomplishments are incredible!

Duane Paul's language page will be back soon- he's just too busy to do it at the moment.

In the May issue, the Blast made a boo-boo and incorrectly stated that Leatrice Mongrain had 3 great grandchildren on Bear Island. She had 4. Right, Thomas? Sorry about that.

Congratulations to all the students who are nearing the end of the school year.

Special kudos to the Bear Island high school students who either board out or commute every day just to get their education. Miigwetch to the staff of LMLC who have worked so hard to make it a great year. The Blast will have more in the July issue about the young people who have achieved milestones in their education.



Audrey Guppy was out enjoying herself as soon as the ice was out. Beautiful!

Introducing...

Mihkel Curtis Bykkonen!

Mommy Melanie Bykkonen and Daddy Kevin Bykkonen, who are both teachers at LMLC, became parents for the first time on May 4th 2016. Mihkel was 9.9 lbs. at birth and is growing like a weed!



We are so happy and proud for you, Mr. and Mrs. B. !!!

LMLC Mini Pow Wow

Thursday, June 9

1-3pm

LMLC Gym

All Welcome!



TFN COMMUNITY MEETING
SUNDAY, JUNE 26TH
LAURA MCKENZIE LEARNING CENTRE
(SCHOOL GYM)
10:00 AM TO 4:00 PM

AGENDA: TO BE CONFIRMED

Potluck Lunch - Share Your Favourite Dish!
Donations Appreciated!

Lake Transportation Available– Book In Advance by Friday, June 24 / 16

Pick-Up at Mine Road 9:30 am

Pick-Up at Bear Island 3:45 pm

Contact Band Office at (705) 237-8943 or tfn@temagamifirstnation.ca

***Webex Available– Contact Daisy at (705) 237-8943 or
communication@temagamifirstnation.ca***

By Friday, June 24 / 16

Regular Council Meeting

Tuesday, June 14, 2016 7:00 pm

At Lands and Resources Office

For more info please call Virg, 705-237-8275

Art Camp



Is coming up!



For Ages 6-12.

Monday July 4 - Friday July 8, 10:00 am-3:00 pm

At Laura McKenzie Learning Centre

To Register, please go to the Temagami Community Foundation website: <http://temagamicommunityfoundation.com/art-camp/>

- * Participants need to bring lunch or go home for lunch. Snacks are provided, thanks to Alice and her helpers.
- * Other questions call Patsy, 237-8635.
- * A final note to those interested:
The camp is offered free to all participants, however the Temagami Community Foundation, which sponsors the event, accepts donations. Any donations received would help to offset the cost of holding the Art Camp each year.

A Message from TFN Executive Director Maureen O'Sullivan:

To all Bear Island residents only, there will be census takers here on the island going house to house, during the month of June 2016. The exact dates will be sent out next week to BI residents.

Thanks,

Maureen

Heads Up.... Important July and August

Dates to Remember:

Art Camp July 4-8

Stewardship Program runs July 4– August 12

TFN Pow Wow July 9 & 10—See the Flyer on the last page of this Blast.

\$1000 prize for the Hand Drum competition!

Dance Camp July 11-15

Deepwater Music Festival July 15-17, Town of Temagami

Community and Stewardship Program Birch Bark Canoe Build last 2 weeks of July

Food Handler's Course July 26-27, Tentative

CPR 1st Aid July 28-29, Tentative

Stewardship Program and Community Canoe Trip August 1-10

Culture Week August 11-15

More Info to Come in the July Blast

CELEBRATING OUR HERITAGE REVITALIZING THE BIRCH BARK CANOE IN N'DAKI-MENAN



Agenda

10am: Opening - Drum & Prayer

10:30 am: OTF Recognition

11am: Power of the Canoe

Documentary Screening

12:00pm : Lunch & Birch Bark

Canoes at waterfront

1:30 pm : Closing

TUESDAY JUNE 21, 2016

UNDER THE WHITE TENT @ THE PIER MARKET
LOCATED ON BEAR ISLAND, LAKE TEMAGAMI

For more information contact

Robin Potts @ 705-237-8262 E: robin.potts@temagmifirstnation.ca

Paula Potts @ 705-237-8900 E: paula.potts@temagamifirstnation.ca



N'Daki-Menan Stewardship

Project 2016

Recruitment for Youth Crew

Workers

*The Job Posting
is now on the
TFN website!*

**Join us for an information session
about the n'Daki-Menan
Stewardship Project 2016.**

Where: Sonny Moore Building

**When: Monday June 6, 2016
@ 6pm**

**For more information please contact: Robin Potts
W: 705-237-8262 E: robin.potts@temagamifirstnation.ca**

COMMUNITY BIRCH BARK CANOE BUILD



Natural Birch Bark Canoe Builder, Tom Byers will be in our community to share the knowledge and teach all aspects of birch bark canoe building, from harvesting local materials to assembling a 15 ft. birch bark canoe.



**Community members welcomed to join in:
Harvesting Birch Bark & Roots in June, 2016
Building the Canoe in July 2016.**

Check out our website for news and blog updates
www.ndakimenan-stewardship.com

Contact Robin Potts for more information. W: 705-237-8262

E: robin.potts@temagamifirstnation.ca

In Honour of Father's Day, Sunday June 19th, Linda Mattias has contributed this funny and heart-warming tribute to her husband Busty, written by their son John.

Chi Miigwetch for sharing, Linda! And John!

My Dad

He grew up on old B.I.

He works for a living, but doesn't wear a tie.

His hands are made of paper, sand that is,

He is one of many children of my Grandma Liz.

He spent some time growing up in the bush

Where he would sled by dog and holler out "mush!"

Living by Turtle Lake, with money in the bank,

They had a tube radio that would play some ol' Hank.

They would play some hockey, him, Pesh, and Arden

If you say they were no good, I would say, "beg your pardon?"

For they were known as the "great kid line"

And they would force their team mates just to ride the pine.

He worked in the lumber camps of Gull Lake

It wasn't much, but he still made some cake

There he would work to get logs unjammed

Some people might say, "This was a job for the damned."

He has a daughter and two sons

But that is all just part of the fun

For he has a loving wife named Linda Joe,

And for nineteen years now she has kept him on the go...

He is known by: John, Joe, or “old Bust”,
But there is no other like him, I would trust!
He tried to teach me how to hunt moose
If you want a good laugh, ask him, if he can call a goose.

I’m sure I speak for everyone when I say I’m glad
To have a nice guy like Busty for a dad,
For when you run into him, you should not bother
To try to find a man who is a better Father.

John Mattias

April 7, 1997



Busty with Ashton, one of his Grandchildren. Photo courtesy of John and Tammi.

TFN Audit Committee

CALL FOR COMMITTEE MEMBERS

There are 2 vacancies on the Audit Committee for 3-year terms commencing July 2016. The committee meets twice per year (July and January) with additional meetings as needed. Also serving on the committee is an external member, Walter Ross and 2 Council members to be determined.

If you would like more information, the Terms of Reference for the committee can be found at www.temagamifirstnation.ca, or you may call Vicky Blake at (705) 237-8600.

Please respond in writing, with a brief explanation of why you wish to serve on this committee including any related financial experience. Experience in finance is beneficial, however not mandatory.

Applications can be mailed to Vicky Blake, Finance Manager, Temagami First Nation, Bear Island, ON P0H 1C0, faxed to (705)237-8959 or emailed to vicky.blake@temagamifirstnation.ca.

Please submit applications by June 17, 2016.





**TEME-AUGAMA ANISHNABAI /
TEMAGAMI FIRST NATION**

N'Daki Menan Lands and Resources Department

BEAR ISLAND, LAKE TEMAGAMI, ONTARIO P0H 1C0

TEL 705.237.8275 FAX 705.237.8959

www.temagamifirstnation.ca



NOTICE

Net Tagging System Reminder



Temagami First Nation citizens passed resolution #0515-001 at a community meeting May 31, 2015 (See attached full copy of the resolution)

Further to the resolution, the Lands & Resources Department has net tags available. Please come into the Temagami First Nation – Lands & Resources office to sign them out. Any questions contact Robin Koistinen 705-237-8600

Lands & Resources Department
June 2016

Resolution is on the following 2 pages.

Whereas the Temagami First Nation and Teme Augama Anishnabai (TFN/TAA) have a sacred and inalienable relationship with n'Daki Menan. TFN/TAA have a shared interest to protect the integrity of n'Daki Menan and ensuring sustainable development within n'Daki Menan.

Appendix A is a map of n'Daki Menan.

Whereas N'Daki Menan ("Our Land") is the traditional lands and waterways occupied, used and continuously for thousands of years by the Temagami First Nation/Teme-Augama Anishnabai ("TFN/TAA").

Whereas the Supreme Court of Canada recognized that n'Daki Menan was and is the traditional territory of TAA, and that the Crown has failed to comply with its fiduciary obligations to TFN/TAA (*Ontario v. Bear Island Foundation* [1991] 2 SCR 570). TFN/TAA has a strong case of inherent Aboriginal title and rights over n'Daki Menan, of which the Crown has knowledge. These matters currently are the subject of negotiations between the Crown and TFN/TAA.

Whereas in an Indenture of Accord dated September 7, 1978 the surrounding First Nations (Mattagami, Matachewan, Saugeen, and Nipissing) recognized n'Daki Menan to be the ancestral lands of the TAA.

Whereas *United Nations Declaration on the Rights of Indigenous Peoples* provides that indigenous peoples have the right to own, use, develop and control lands that they possess by reason of traditional ownership, or other traditional occupation or use, and the right to maintain and strengthen their distinctive spiritual relationship with, and to uphold their responsibilities to future generations in regard to, these lands (Articles 25 and 26).

Whereas TFN/TAA have constitutionally protected Aboriginal and Treaty rights and the Crown and any Anishnabeg and Metis must engage TFN/TAA when proposing any activities on n'Daki Menan to determine any adverse impact upon any of TFN/TAA's Aboriginal or Treaty rights, and to accommodate those rights through mutually acceptable negotiations;

Whereas Temagami First Nation citizens at the Community Meeting dated May 31, 2015 have adopted the Policy Statement of Teme Augama Anishnabai and Temagami first Nation Chiefs and Councils regarding Hunting, Fishing, and Gathering within n'Daki Menan;

Whereas the Temagami First Nation citizens have agreed that this Policy Statement must be enforced;

Therefore be it resolved that Temagami First Nations citizens have agreed that:

1. A Teme Augama Anishnabai and Temagami First Nation tag system will be developed to identify our citizens nets that will be issued by the Temagami First Nation Lands & Resources Department;
2. Teme Augama Anishnabai and Temagami First Nation citizens have agreed to limit the linear size of nets to 150 feet.
3. Teme Augama Anishnabai and Temagami First Nation citizens are authorized to pull nets that have not been tagged with Temagami First Nation issued "Net Tags."
4. Temagami First Nation will develop an enforcement and monitoring program on n'Daki Menan to respond to unauthorized hunting, fishing and gathering complaints;
5. Teme-Augama Anishnabai and Temagami First Nation will erect signs indicating that you are now entering n'Daki Menan, traditional territory of Teme Augama Anishnabai and Temagami First Nation; Inter-Tribal Harvesting by Anishnabeg and Metis must have permission of the Teme Augama Anishnabai and Temagami First Nation and respect the

customs and laws of the Teme Aügama Anishnabai and Temagami First Nation as before the arrival of the Colonials and before the Robinson Huron Treaty of 1850.

Moved by: Cathy Metcalfe

Seconded by: Michelle Barriault

FIRST VOTE RESULTS MAY 31ST/2015 - Resolution #0515-001

In Favour: 19

Against: 0

Abstain: 2

2ND & FINAL VOTE – JUNE 15TH/2015 RESULTS

In Favour: 37

Against: 8

Abstain: 0

COMMUNITY ENERGY PLAN INFORMATION SESSION

The Lands and Resources Department will be hosting an Information Session regarding the Community Energy Plan on JUNE 16 at 7 pm at the Laura McKenzie Learning Centre.

The Community Energy Plan is in the early stages of development, but its goal is to improve energy efficiency, reduce electricity consumption and assess opportunities for green energy solutions on the Island.

Many of you have completed an energy survey already, and your efforts and information are very much appreciated.

The project will be completed over the next 12 months.

The session will provide a chance to discuss concerns about energy use on the Island and some preliminary findings based on the survey results, the energy use in Band buildings and for other purposes on the Island (for example, the water shuttle).

Hope to see you at the meeting.

n'Daki Menan Mapping Project Update:

Greetings from the Lands & Resource Department! For those of you who don't know me, I'm the Geographic Information Systems Intern at Temagami First Nation. I possess a certificate in GIS – Cartographic Specialist from Fleming College.

I have thoroughly enjoyed my time on Bear Island making various maps and learning about TAA/TFN history, culture and land use activities. It has been quite the experience! It has been an honour and pleasure being able to work here and be a part of a project of this scope.

I have been very busy working on the final touches of the map layout (border, title, overall aesthetics, etc.) and think it is very close to completion. It will have a final edit and critique this week and then maps and participant packages will start being sent out shortly thereafter. I thank everyone for their patience and participation in this project.

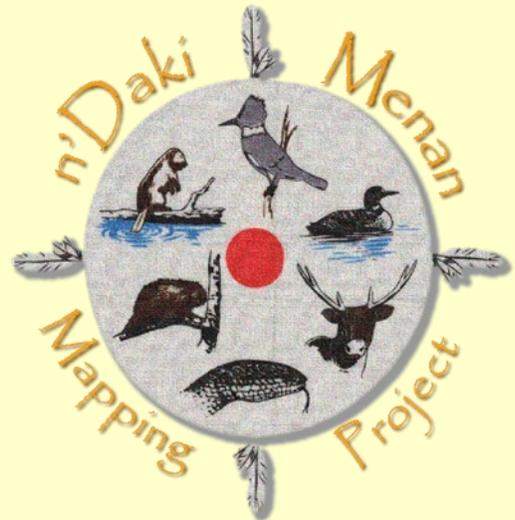
It is very important to document traditional and current land use for future generations.

If anyone has any questions please contact the Lands & Resources office.

I hope everyone likes their map!

Sincerely,

James Szykoluk
GIS Intern
(705)-237-8600



Barb MacInnis Photo

Land Code Update

With Land Code Coordinator David Laronde

What we've been doing

May proved to be a very busy month with thirteen consultations consisting of 7 house visits and 6 meeting venues. These were level one consultations mostly explaining the Land Code and answering questions to members that have had little exposure to the Land Code so far. We are discovering that not everyone has an understanding of the Land Code, especially in surrounding cities and towns. As the Land Code team it is of the utmost importance to us that Temagami First Nation has the best understanding of the Land Code initiative in order to make informed decisions. These questions will be compiled and presented to the membership at a later date in the form of a questionnaire to get your feedback. Feel free to call David Laronde at 705-237-8600 or email david.laronde@temagamifirstnation.ca with any questions you have.

Roundup of Land Code Consultation Activities

On the May 3rd there were two consultations done at two homes in Sturgeon Falls. On May 5th, and 6th there were consultations done at the Gezhtoojig office boardroom in Sudbury. We thank Gezhtoojig for offering a great meeting place. May 5th in the evening there were two house visits in Sudbury. We met with the youth group of Bear Island on May 7th and on May 9th we were at the Temagami Bunny Miller Theatre with a group of TFN members from the town. The total number of people at these consultations was 27.

On May 26th an open house, dinner and evening presentation on the Land Code occurred at the Elder's Building. 23 TFN members of all ages and lands staff attended an evening of engaging discussion on issues relating to the Land Code. We watched a few videos on other first nations that have had a land code since 2003. The videos showed some successful economic development projects from across Canada that have occurred because the Land Code has made those businesses possible. However we need to be mindful that, **as a number one priority**, the Land Code is about the law making which protects our lands to keep them healthy and life sustaining just as our ancestors have done. *More next page...*

Land Code Update, Continued

With our own custom laws we can ensure that the land will sustain our people for generations to come.



Land Code Open House and Presentation, May 26, Bear Island

Land Code Draft No. 2

The document containing the Land Code is in the draft no. 2 stage. There are three drafts to go through. This draft still requires some formatting and re-arranging at the committee level before we can bring it to the membership for further consultation.

Our Website –temagamilandcode.com

The website is due for a thorough updating and we plan to get at that next week. So stay tuned for a fresh look. This is a good resource for viewing Land Code and First Nation Land Management documents. Also labrc.com (Lands Advisory Board) has an abundance of resource information on existing Land Codes and history on how the Land Code started.

Indian Act and Land Code Comparison

Adopting a Land Code will **return Land Governance to Temagami First Nation from the Federal Government of Indigenous Affairs**. The TFN Land Code replaces 32 Land Management sections of the Indian Act. Of the 118 First Nations working toward a Land Code or have a ratified Land Code not one of these wants to return to Land Management under the Indian Act.

Indian act Vs. Land Code

ISSUES	INDIAN ACT	LAND CODE
Land Laws	Under the Indian Act only the Council may introduce land laws and there is no requirement that the membership have input or consent.	<p>Under a code, Council is limited to the kinds of laws it can pass on its own. Land laws such as land use plan or a law on the expropriation of a members interest has to have community approval.</p> <p>Under a land code, there is also a requirement that a proposed land law has to allow a time frame before it is passed to allow for community input.</p> <p>Under land code, any member of the Nation can put forth a proposed land law to Council for their consideration.</p>
Leases	Under the Indian Act, Council with the approval of the Minister) may negotiate leases up to 99 years in duration.	Under a land code, Council may only approve a lease in accordance with the amount of time determined by the membership in their land code. Any time beyond that requires the approval of the community.
Land Use	Under the Indian Act, Council may use the land for development of other uses without the consent of the membership.	Under a land code, Council must (with community input) draft a land use plan which must be voted on by membership. The land use plan will identify different land uses that the community approves for specific purposes.
Grant Land Interests	Under the Indian Act, Council may grant land interests or uses to family members, themselves or friends.	Under the land code, there are conflict of interest rules to prevent Council from granting themselves or family and friends use of the land.
Accountability	Under the Indian Act, Council is only accountable to the Department of Aboriginal Affairs.	Under a land code, Council is accountable to the membership for the revenue earned and spent from the land by way of audits and annual community meetings.
Dispute Resolution	Under the Indian Act, there is no provision for the membership to appeal a decision of the Council.	Under a land code, there is a dispute resolution body in place to handle appeals for decisions made by Council. Council decisions could be over-ruled in certain situations by the memberships dispute resolution body.

Re-Introducing...

Paula Potts! :)

It's a great thing when community members come home. They enrich the community with the skills and experiences they developed while away. And having an old friend and family member back is just something to celebrate and love, right? The Blast was glad to have the opportunity to chat with Paula Potts and catch up.

Blast: *Hi Paula! Welcome home! How long has it been since you lived on Bear Island?*

Paula: 16 years. I moved away when my son Sam was 5 years old; he is now going on 21. I have been Married by the Sacred Pipe since then, and my husband and I have a 15-year-old daughter, Selena.

Blast: *Did you grow up on Bear Island?*

Paula: Yes I grew up on the Lot where the beach is, close to the Grave Yard. My parents are Gary Potts Sr. and Doreen Potts, who passed away when I was 22.



Paula at age 4 months with Mom Doreen.

Blast: *You've taken the position of Community Health Representative, or CHR, at the Doreen Potts Health Centre. What does a CHR do?*

Paula: Well I have noticed that the job has changed quite a bit over the last 16 years. At the moment, my duties include health promotion and public education. I provide assistance to Health Canada Environmental Health Officer Ray Alatalo. I also participate in Community Health Planning, which includes setting up training geared toward ensuring that the residents and staff within the community is safe and of course healthy. I think there is a lot of team work that takes place in my position with the other services that are offered.

Blast: *Are you thinking about any special projects or programming or goals for this work?*

Paula: At the moment, I am in the process of setting up the training opportunities because I think it's important that everyone's CPR, WHMIS, and Safe Food Handlers certification is up to date.

Blast: *You worked in the prison system prior to coming home. Can you tell us about that work?*

Paula: I first began to work with women in conflict with the law in 2003. I worked at the Elizabeth Fry Society Transition House in Sudbury. It was a very intense and fast paced environment. The clients were homeless women, women who were serving a conditional sentence or on house arrest or women who were just getting out of provincial jail or federal prison.

As it turns out I liked the work and was very comfortable working with the women...I loved that job. All the staff and clients were women. It sure opened my eyes to a different world, as it turns out I realized how much we take for granted, and how ungrateful we can become over a perceived hardship. These women were strong, resilient and had very good survival skills.

My husband received a job offer to be the facilitator and Elder for the Turning Full Circle Program at the Thunder Bay Correctional Centre. My daughter, husband and I then moved to Thunder Bay. I started part time for the jail in Thunder Bay Facilitating Talking Circles with the women and then Young Offender unit. The supervisor of the young offender unit noticed that I was very comfortable with the youth and they with me. She asked me to work in her facility full time. She was able to procure some funding and in February 2006 I started to work full time in a secure custody setting as an Aboriginal Reintegration Coordinator. The main scope of my job was to design and facilitate programming for the youth based on Native Traditional and Cultural Teachings.

This was a very profound time in my life. When I left Bear Island I had started going to ceremonies and healing sessions on a regular basis. It was in 2005 that the Native Chaplain at the Thunder Bay District Jail



Paula at age 7 with Dad Gary Potts . The trophy is from a tournament the Bear Island Braves won. They always won!

passed his Sweat Lodge Ceremony to me. He had taken ill, and he wanted to ensure that those ceremonies, that were so important to him, continue for the inmates as well as the Correctional Officers. Needless to say that most of my bundle and ceremonies that I carry are a result of meeting people within the Correctional System.

When my contract in March of 2008 ended, I applied for a job at Headingley Correctional Centre in Headingley Manitoba. If you're ever driving on the TransCanada heading out west, you can see the jail from the highway and it is very old.

My title there was Aboriginal Spiritual Caregiver and they called me an Elder, which I found very amusing because I was 38 years old.

Chatting with Paula Potts, continued

I believe that the Creator sends us to where we were meant to be as I found myself with really great people and healers who were all committed to walking a spiritual path as well as using their gifts to help.

Finally, in 2010 found myself back in Ontario. We moved back to Sudbury and started to work for White Buffalo Road Healing Lodge Inc. It's a cultural based organization which holds contracts with various Ontario Government Ministries providing Native Traditional and Cultural Services to men, women and children in conflict with the law. The service delivery site that I worked at for 2 years was the Sudbury District Jail and then in 2012, we moved to Midland when White Buffalo Healing Lodge acquired the contract for the Central North Correctional Centre in Penetanguishene, Ontario. During this time, we also worked with high risk youth at the White Buffalo On Land Camp in Shawanaga First Nation. We would take the young people hunting, fishing, introduce them to ceremonies and to being "off the grid". It was in this position that I sure appreciated growing up on Bear Island, as I already knew how to drive the boat, quad, snow mobile, bait a hook, land a fish, keep a fire going and how to light a gas lantern. I also was never afraid in the woods and didn't get upset when they shot the moose or the deer.

Blast: *What did you learn in that career? Did it change you?*

Paula: I am glad that you asked that question, because it has been a huge learning curve and great for my personal development. I found that the career changed me in a way where I learned what is important to me in my life and what isn't. I learned how to stand up for myself, and the importance of setting boundaries. I began to understand how a person's behaviour is a reflection of what they are carrying

inside of themselves, and that old hurts that one carries around will lead a person to hurt people. Working for the Government and negotiating contracts with them has taught me that Government is just as dysfunctional as any First Nation.

That Native People have been manipulated into thinking that non-native organizations and institutions know more than us...they do not. However, they work really hard at creating an image that they are functional, alert and out for the best interest of the individual. Jails are an extremely de-humanizing environment. I found that I wanted and needed to work hard to hang on to my humanity. Sometimes the Native Workers in the smaller jails were the only ones who spoke a kind word to an inmate that day. Using words like please, thank you, or I apologize meant a lot to them. 90% of the people incarcerated are there because they have a problem with addiction to substances, or they have a mental disorder, so I needed to really learn that many inmates are not bad people, however their disease has really taken over their life and is controlling them. So the biggest thing that I learned from the addicted is that their mental illness is never about a sense of morality, but that being clean and sober is more about safety. Safety for the individual in all aspects of their life- mental, spiritual, physical and emotional health, and that the safety of their loved ones is enhanced when a person lives without drugs or alcohol.

***Without love...you feel as
though you have nothing and
unfortunately, people will feel
like they are nothing.
Happily, in the essence of pure
unconditional love, we have
Everything and are Everything!***

-Paula

Blast: What role does spirituality play in Paula Potts's life?

Paula: First and Foremost, I would like to say that I have come to believe that Spirituality is a very personal relationship with whatever a person choses to believe in. I made a decision a while ago that I will chose to develop a relationship with the Great Spirit, God, Allah, the Source of life through the Teachings of the Anishnabai. Through going to ceremonies for healing, praying, learning and direction, I learned the importance of being balanced and Knowing Who I AM. I believe that the inner happiness I am experiencing now is a result of acknowledging and connecting with the Spirit in all relational aspects of my life. I feel great because do not to carry other people's responsibilities or their issues. I learned that this is arrogance, that everyone has a choice as to how they are going live, think, feel, pray or not etc. Finally, it sounds like a cliché I but I learned the importance and power of Love. How strong the emotion of love can be, without love...you feel as though you have nothing and unfortunately, people will feel like they are nothing. Happily, in the essence of pure unconditional love, we have Everything and are Everything!

Blast: What are your hopes and dreams for the Teme Augama Anishnabai?

Paula: My hopes and dreams for the Teme Augama Anishnabai is that we do our best to honour our ancestors, our children and ourselves by living a life that is balanced, healthy, honourable and full of Unconditional Love. In addition, It would be nice to see our recorded history being taught in the school, so that all of the children know their link to each other and Our Land.

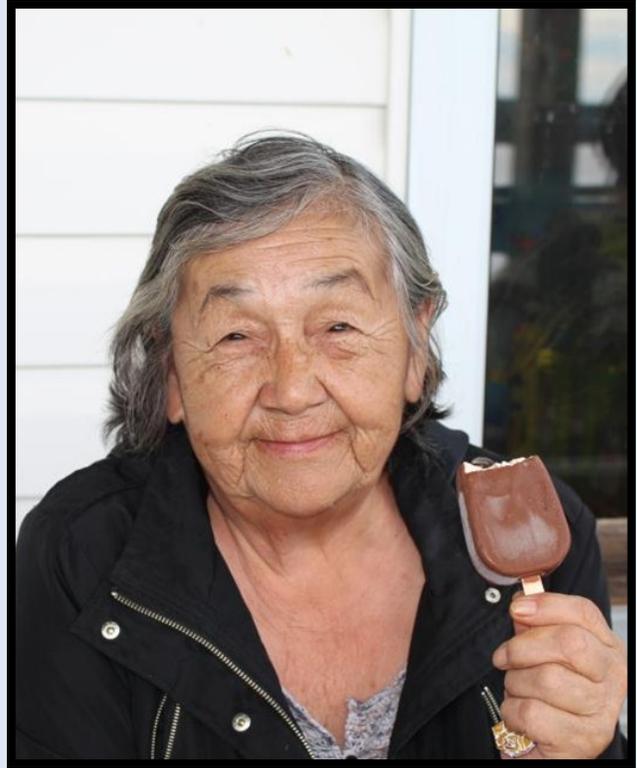
Blast: Can you tell us something about Paula Potts that nobody knows?

Paula: Hmmm... well, I can move my ears.

Lol! Miigwetch, Paula!



Niibin- Summer- Is Here! **Marlene Burns** beats the heat with a sweet treat...



Matthew Peshabo gets 'er done.



Update: Woody Becker and The Temagami Fish Hatchery

In 2014 the Blast followed **Woody Becker** around as he harvested pickerel to support the efforts of the Temagami Fish Hatchery. Woody continues to do this volunteer work each spring at spawning time. He had assistance this year from a donation of gas funds from TFN's Lands and Resources Department, and use of TFN's small barge. Woody also spent a good chunk of his own money and used his own boat and equipment for a lot of the work. Woody would like to thank **Lands and Resources** and **Temagami First Nation Council** for their support. Woody also thanks sons **Travis Becker**, **Darcy Becker**, and grandson **Brandon Metatawabin** for their help.



Above left, catching on to the net with a hook; above, this Lady is full of eggs. Left, Woody enjoys a traditional snack of Bear Paws, courtesy of his great grand kids!

On this day, the weather was great; Woody volunteers even if it's cold, rainy, or windy.

So, all together, Woody harvested about 800,000 pickerel eggs this year.

Studies show that adult survival rates of hatchery pickerel are approximately 15%.

If only 10% of Woody's harvest survive, that is at least 8,000 mature fish in Lake Temagami that Woody is responsible for this year alone.

In a 10 year period, with a low ball estimate of 5,000 fish per year, Woody would be responsible for an increase of 50,000 pickerel in N'Daki Menan, probably many more. Pretty darn impressive.

Woody has a goal of developing a fish hatchery on Bear Island, which will greatly increase the number of pickerel fry he can manage for restocking.

This summer he is also planning to work with the Stewardship Program Youth and non-profit organization "Tin Roof Global" to rehabilitate a former pickerel spawning bed.

Woody isn't the kind of guy who is looking for a thank you or recognition; he does this work because he says he likes to "give back". But, too bad Mister—you're getting a

BIG THANK YOU...

**CHI MIIGWETCH,
WOODY!!!**





Random News, Accomplishments, and Good Stuff from the Community



Mackenzie Roy has worked hard, and it has paid off.

Mackenzie has been offered a position with the OPP, to be based in Orillia.

Mackenzie, who is Eddie and Marjorie Roy's granddaughter and the daughter of Darcy Roy and his wife Caroline, grew up in Barrie, Ontario.

She graduated High School in 2011, then from 2011 to 2015 she attended Georgian College.

Mackenzie took the 2 year Police Foundations Program (Diploma) and in her first year was on Dean's List. She also received Varsity Female Rookie Athlete of the year in her first year, for Volleyball.



She then did the 2 ½ year bridge over into Bachelor Human Services (Degree)– Polices Studies, and received the Alan Kuzmich Memorial Scholarship for people who are successful both academically and with school activity involvement.

After graduating, she worked as a licensed Private Investigator from 2015 to 2016. In March of this year, she was offered the permanent position with the OPP.

Mackenzie is currently attending the Ontario Police College and will graduate on July 28. From there, she will attend the Provincial Police Academy in Orillia from August to September.

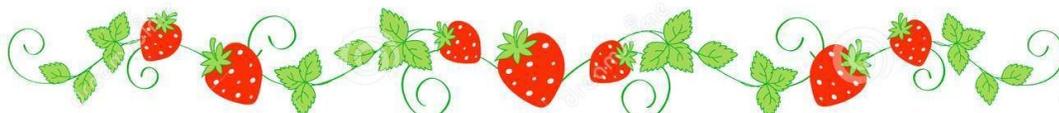
Mackenzie will graduate on September 27, 2016, and be ready to begin her career in law enforcement.

Way to go, Mackenzie! The Blast expects a Grad photo from the Police Academy! :)

In honour of June, the Strawberry Moon, O'Demin Giizis;

“The strawberry teaches forgiveness and peace. The strawberry is shaped like a heart, and strawberries are known to our people as heart berries.”

—Elder Lillian Pitawanakwat



Pretty nice, eh?

Branden Baker-Lalonde

had a good day on the Lake in May.



Fred Petrant

continues to work his artistic talent. In addition to carving sculptures, Fred makes paddles, small scale birch bark canoes, and original items such as wood frame sunglasses!



This gorgeous piece has already been finished and sold... what's coming next?

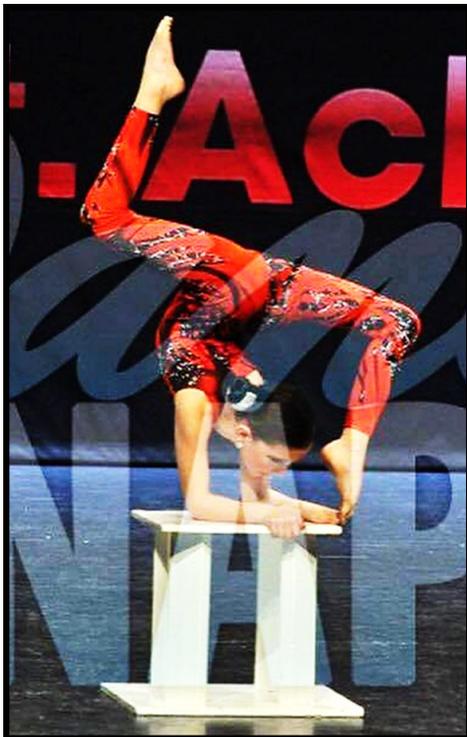


Cylas Paul has a way with shooting hoops. The Blast watched him hit the basket over and over.

Last Month, the Blast talked about **Haylie Paul's** success in competitive dance. She had 2 big competitions coming up. Well, guess what? She ruled. Check out this testimonial from her teacher:

My name is Cassidy MacDonald, and I am a competitive and recreational dance teacher at Extreme Dance Studio. Every now and then, you meet a dancer who has something special about them- who you can really tell loves to dance. One of my students who possesses such qualities is Haylie Paul. I have had the pleasure of teaching Haylie for a little over a year now. She is a kind, sweet hearted girl. She pays attention in class, is very polite, always works hard, and gets along well with her peers. For being just 8 years old, Haylie has exceptional talent. This year, I taught Haylie for her very first Acro solo. From our first rehearsal to our last, Haylie has shown immense improvement in her flexibility, technique, and strength. Haylie has competed with her solo at regional competitions, where she received one of the highest marks I have ever seen an 8 year old receive. I am very proud to say that I teach Haylie, and I know that she has many wonderful things coming her way.

Haylie's charisma, drive, determination and talent are sure to build her into the dancer she wishes to someday be. I believe that Haylie will have great success in her dance career.



The first event Haylie attended in May was the Shine Dance Competition in London ON. She was awarded a Diamond and First Place Junior Novice for her acrobatic solo "Outside" and was given a special award from the judges: "Pint Sized Perfection"!

She also received the overall top Novice score for the whole competition. Haylie also received a Diamond score for her acrobatic trio which was awarded 5 place overall novice. Haylie received many other high scores for her large groups.

On May 26-29th Haylie also competed in the Kick It Up Dance competition in Collingwood ON. She received an "Ultimate Platinum" Award for her Acro Solo, "Outside". She also received the "Rosco Sweetheart Award".

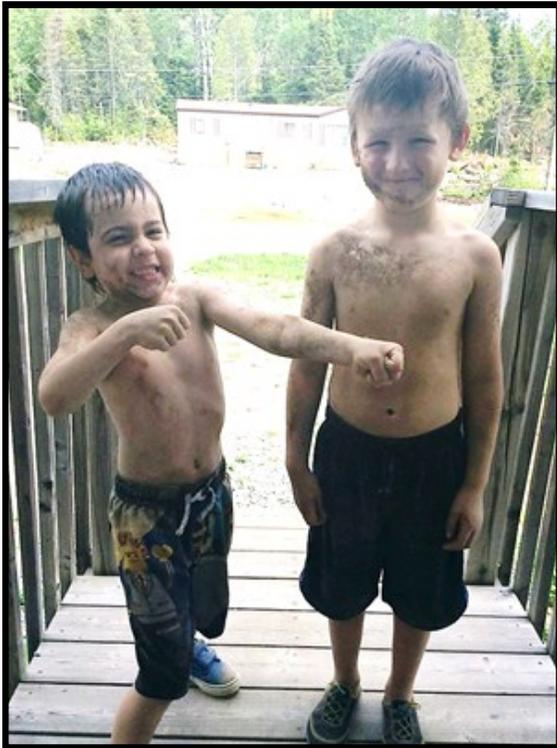
Holy moly, girl. We're proud of you, Haylie!



Hot sunny days are made for running in the sprinkler, right?

Cousins **Gage Trodd** and **Adonis Roszel**

had a great time doing just that.



Katie Laronde has completed the Massage Therapy Program at Georgian College with Honours.

Passed her licensing exams, and is now an RMT—Registered Massage Therapist. She was on the Dean's List each semester, with an average above 80%. She even received acknowledgement from the Dean.

She is now treating clients in both the Town of Temagami and on Bear Island. Katie plans to attend Nipissing University this fall, taking Physical Health and Education.

Check out the flyer for Katie's business on the next page.

You go, Katie!





Katie Laronde, RMT

For Appointments:

Call Katie (705) 492 2134

Call Sue at DPHC (705) 237 8900

Email temagamimassagetherapy@gmail.com

Book Online at temagamimassagetherapy.com

30 minutes.....	\$40
45 minutes.....	\$60
1 hour.....	\$75
1 ½ hour.....	\$110

Mondays

9:00 am – 4:00 pm

Doreen Potts Health Centre

Bear Island, ON

***See website to view availability or call to ask**

***Temagami Massage Therapy does not charge taxes**

***Cash, credit, and cheques accepted**

***Feel free to contact me if you have any questions**

**TEMAGAMI FIRST NATION
SECONDARY AND POST-
SECONDARY POLICIES
DISCUSSION**

WHEN

**June 18th, 2016
12:00pm to 3:30pm**

WHERE

**Laura McKenzie Learning Centre
Temagami First Nation**

**We will be discussing potential
changes to TFN secondary and
post-secondary policies**

RSVP

**CONFIRM ATTENDANCE WITH KELLY
CRAWFORD VIA
KELLY.CRAWFORD@BELL.NET OR
705-919-0883**

**ALL
COMMUNITY
MEMBERS
WELCOME**

**LUNCH &
SNACKS
PROVIDED**

**LET YOUR
VOICE BE
HEARD!**

**SHARE YOUR
EXPERIENCE**

**CONTRIBUTE
TO YOUR
COMMUNITY
-BASED
POLICY**



Patsy recently wrote an article about taking the Anishnaabemowin Immersion Program for Kenjigwin Teg Educational Institute's Monthly Newsletter, Maamwi Naadaamadaa News. (That means "Let's Work Together News"). She kindly wrote it out with the English translation for us to enjoy. Miigwetch, Patsy!

Page 4 ZIIGWAN/SPRING 2016

MAAMWI NAADAMADAA NEWS

Our Language Journey from Mko Minising

KTEI, AIP STUDENT SUBMISSION, by Patsy Turner

Ndiniim miinwaa niin bi-zhaadmi Mchi-geeng nda kinoomaagzimi Anishnaabemowin. Rhonda Hopkins ndoo kinoomaagana Anishnaabemiiyang, Anishnaabemowin Immersion Course, Kenjigewin Teg Educational Institute.

Mko Mnising ndoonjibaa. Kinoomaage-kwe ndo zhi-miikamoo. Laura McKenzie Learning Centre zhinkaade. Ngii kinoomaag mdaachin shij niizhwaachin si-boon.

Noong gwa ensa boongizjik binoojiiyang gii bi-kinoomwak.

Mko Mnising gaachin. Ngo dibaa-baan kwamgat. Goji-gwa niizhwaak Anishnaabeg maampii dawag. Mko Mnising temgat Teme-augaming zaahiganingkaan. Maampii Mko Mnising binoojiinhyag

nda-chiikewag gojing, jiimaan ndoo nakaznaanin wii tkamiyang odenang wii zhaa'aang. Ensa giizhgak, bimaadigewag binoojiiyang Niibing.

Pii chi biboong dash, goonii daabaanag doo nakaaznaanik ensa giizhigag.

Aapji go bungii e'nishnaabemjig yaawag Mko Minising.

Naanoomiiaa gii maajtaa Anishnaabemowin kinoomaageyaanh, bekish dash.

Gayii gwa gchi kendziin Anishnaabemowin, bijiinak gwanaa genii nda ni-kinoomaagwas.

Miigwetch Rhonda ndikid Anishnaabemtoozhin.

Miinwatch, miigwetch nweji kinoomag-azik.

Miinwatch geyik maampii nikay yaa cyaajik e'wiidookwishwat.



Patsy and John Turner Mko Mnising ezhi giigidoowat newat.

KTEI, AIP: Student Submission:

Learning the Language Away From Home

Ndiniim miinwaa niin bi-zhaadmi Mchi-geeng nda kinoomaagzimi Anishnaabemowin.

(My husband and I came to Mchi-geeng to learn Anishnaabemowin.)

Rhonda Hopkins ndoo kinoomaagana Anishnaabemiiyang, Anishnaabemowin Immersion Course, Kenjigewin Teg Educational Institute.

(Rhonda Hopkins was our teacher of the language, for our course.)

Mko Mnising ndoonjibaa.

(I am from Mko Mnising / Bear Island.)

Kinoomaage-kwe ndo zhi-miikamoo.

Laura McKenzie Learning Centre zhinkaade. Ngii kinoomaag mdaachin shij niizhwaachin si-boon.

(I work as a teacher at the LMLC. I have taught here 17 years.)

Noong gwa ensa boongizjik binoojiiyang gii bi-kinoomwak.

(I have taught all ages of the kids.)

Mko Mnising gaachin.

(Mko Mnising is small.)

Ngo dibaa-baan kwamgat.

(One square mile.)

Goji-gwa niizhwaak Anishnaabeg maampii dawag.

(There is about 200 people here.)

Mko Mnising temgat Teme-augaming zaahiganingkaan.

(Mko Mnising is on Lake Temagami.)

Maampii Mko Mnising binoojiinhyag nda-chiikewag gojing, jiimaan ndoo nakaznaanin wii tkamiyang odenang wii zhaa'aang.

(Here on Mko Mnising the children play outside, boats are used to go to town.)

***Anishnaabemowin Update
With Patsy Turner, continued.***

Ensa giizhgak, bimaadigewag binoojiiyag Niibing.
(Everyday the kids swim during the summer.)

Pii chi biboong dash, goonii daabaanag doo
nakaaznaanik ensa giizhigag.

**(When it is winter snow machines are used
everyday.)**

Aapji go bungii e'nishnaabemjig yaawag Mko
Minising.

**(There is very little Anishnaabe language spoken
on Mko Minising.)**

Naanoomiiaa gii maajtaa Anishnaabemowin
kinoomaageyaanh, bekish dash.

(But, I also just recently started learning.)

Gayii gwa gchi kendziin Anishnaabemowin, bijiinak
gwanaa ge niin nda ni-kinoomaagwas.

**(I don't know much language, but as for me right
now I'm just learning.)**

Miigwetch Rhonda ndikid Anishnaabemtoozhin.

**(I'd say thank you to Ronda for teaching
Anishnaabemowin.)**

Miinwatch, miigwetch nweji kinoomagaziik.

(And thank you to my friends for teaching me.)

Miinwatch geyik maampii nikay yaa eyaajik
(e'wiidookwishwat).

**(And all you guys over
there (Bear Island and
Nipissing), for helping
me.)**



Nonookaaseh



Maang



Kwiish Kwe

Anishnaabemowin Update

With Patsy Turner– LMLC News

Kwe Kwe: This month the students participated in a number of community events. It's always nice to get the students engaged in the community and to extend language while they are doing that.

At the beginning of the month the students started practicing their vocabulary for the month.

Then they worked on cards and a baked gift for mom for Choochoom Giizhigad (Mother's Day).

The students have been in the community offering tobacco to flag carriers and staff carriers for our school Pow Wow. They went to see Chief Arnold, Chief John, Virginia McKenzie, and Alex.

Our school Pow Wow is June 9th at 1pm – 3pm. All are welcome and we encourage both students and guests to wear their regalia.

Our plans are coming together for the Pow Wow. Next week we will continue practicing their drum songs and practicing their dancing. Tyler and Misty may be coming in to help practice.

Our Aki Giizhigad community clean up was held on May 11. The students cleaned up more than 20 garbage bags and other odds and ends around the community. They worked hard that day and it was a job well done.

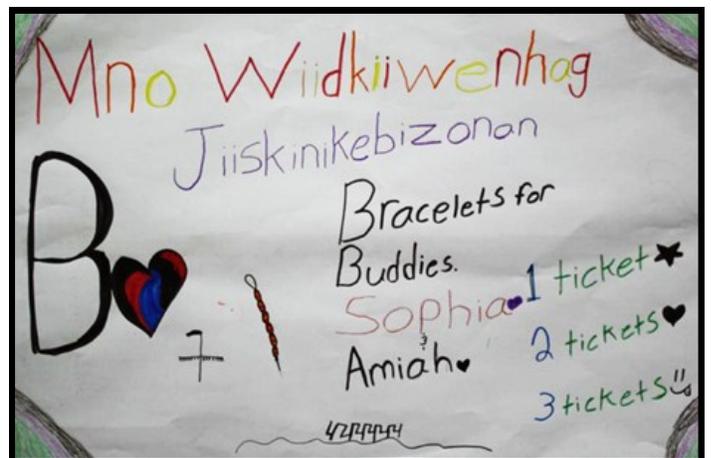
One of the more exciting events this month was June Twain and Lillian Hare coming in to do bread making with the kids. The ladies worked all day with students.



The students had the opportunity to get their hands in the dough, from mixing it, to rolling it out, punching it down, then eating it.

It was a good day- June and Lil shared some stories as well.

In preparation for the Spring Fling fundraiser Denise had the students prepare their work stations, baked goods, lemonade stand, snacks and lunch, friendship bracelets and pottery. To include Anishnaabemowin, we worked together to create names for each work station in the language and phrases they could use to greet and share with the customers. It worked well; several of the students used their language in their sales.



I also wanted to thank Travis for donating pickerel a few months back when we had our lunch at the school. We appreciated it and everyone enjoyed their giigoonh.

Miigwetch, Patsy

What Would We Do Without You?

Dear Community Members,

Every year, LMLC relies heavily on volunteers and donations to help with our fundraising efforts for the year-end school trip. This year, like many others, many of you have demonstrated continued support in our efforts. We do not take your kindness lightly. For this, we thank you.

We also depend largely on our community members to purchase tickets, buy pizzas and attend our many functions. Again, we do not take your generosity for granted. For this, we thank you.

Somehow, a simple thank you does not seem quite enough for the monumental support you have given us over the years, but please know that it is presented to you with insurmountable gratefulness. Special thanks to John, Lucille, Terry, and Lydia McKenzie who, this year as always, do a fantastic job of running the Penny Sale. Chi Miigwetch!

This year, Between the "Dinner for Six" raffles, the Elder-School Bingo, Pizza Sales, Winter Carnival, Christmas Bazaar and Spring Fling, we raised **\$ 6000.00**. This will all go towards the year-end trip. For a community our size, that is incredible! What would we do without you?

Sincerely,

Staff and Students

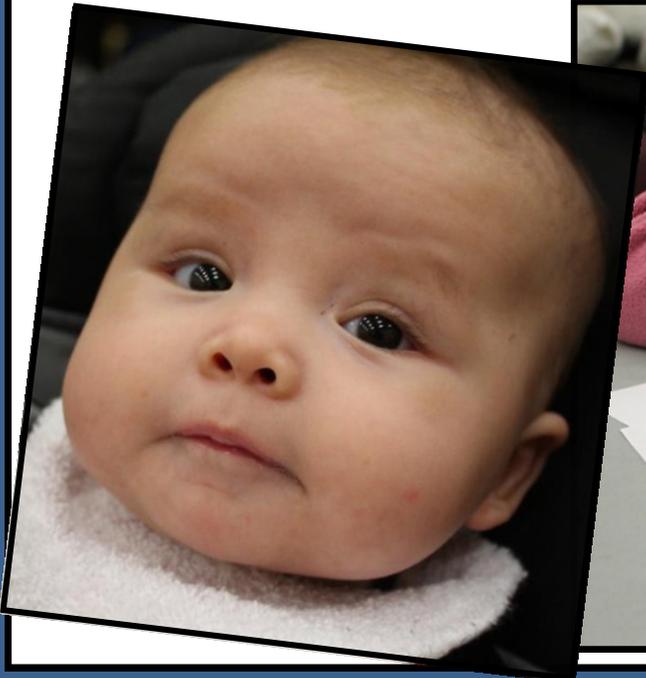
LMLC

Written with love by Denise Lafontaine.



More great pics of the Spring Fling on the next pages!







LMLC Hosted Education Meeting – May 20



On Friday, May 20, the LMLC hosted an Education meeting to discuss Truth and Reconciliation Calls to Action and some upcoming changes for First Nations Education.

We opened our meeting with a prayer, a smudge and some words of welcome in the language.

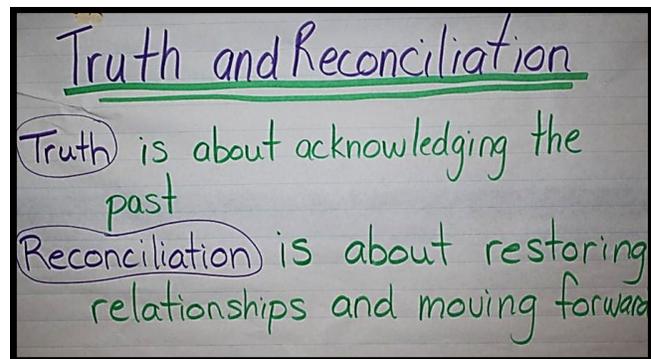
We then moved onto our first activity called the “Blanket Exercise”. It was an opportunity to look back at a broad recounting of Indigenous History. It was a relevant place to start the day as it reminds us of where we are coming from as we look forward. It was more about acknowledging the past, not dwelling on it, and then working together to move forward.

Following this our special guests from Kenjigewin Teg Educational Institute shared some valuable information on upcoming First Nation School Structural Readiness changes. It was an eye opening session for some of us. We learned how our community school needs to be ready for these changes that are being implemented soon. This related to the expected INAC reform that will replace the outdated funding formula that reserve schools currently receive. This change is expected in 2017. Debbie Debassige explained that a choice needs to be made by each community that has a First Nation school. First Nations can operate independently as we currently operate, join an aggregate of First Nation schools, or join a public school board. As our meeting wrapped up we decided to see if the school board would pull together a few people to create a Working Group that could move this along. Currently this is in process of being set up.

In the afternoon we discussed the Truth and Reconciliation and shared ideas on how it relates to our community school? What we need to do? And, what do our political leaders and education leaders need to be advocating for?

Some other important ideas shared were the need for our leadership to be proactive with information about education that is coming down the pipe from the government. Some stressed the need for above par education and funding for our students and building capacity with our students. If we have students coming back to the reserve, this builds our community workforce capacity.

The group shared ideas about recognizing the importance of incorporating our history, needing a plan



Structural Readiness, Assessing/Developing/ implementing/Evaluating our needs and vision.

Some other important ideas shared were the need for our leadership to be proactive with information about education that is coming down the pipe from the government. Some stressed the need for above par education and funding for our students and building capacity with our students. If we have students coming back to the reserve, this builds our community workforce capacity.

Furthermore, we went on to discuss the impact of residential schools and Christianity on our community, the need for a culturally sensitive curriculum, language, and building connections with the land. To do this some ideas suggested were to give clear direction to the Chief and Council to advocate for our education. Also, there is a need to ensure we have our vision for education, including a plan to move our system towards the vision. Then we will be prepared to allocate the funding dollars that are available to our community school.

Some participants spoke about the need for a more culturally appropriate school building and even to build a local private high school for our kids and others.



Final Reflection and Wrap Up Comments

The Band and the BIEA need to work together to come up with an Educational direction. Consultations need to be held with the stakeholders so people understand the change

There is an awareness of a need for a solid plan to be in place

We need to educate/share information with the necessary stakeholders

How long will it take for the government legislation/information to come down the pipe? We need to know this from the government

Vision – we need to state our vision – we then need to stay true to our vision

Our voice needs to be heard, we need a strong message

It takes everybody to participate, need more meetings like this

Keep in mind the need to relate all the work we are doing to the day to day learning of the kids; it comes down to the students. The work we do should essentially enrich their learning on a day to day basis

To do this the teachers are then the most valuable resource. They are the ones that facilitate the learning, whether it is land based, culture related, Anishnaabemowin related, or Ministry of Ed. related

Anthony Rota as our member of parliament is a resource we can utilize. He is a liaison between government and communities in this area, including us

People returning to the community is part of a goal. Ideally, the community would benefit from their expertise when they finish school, but we don't have the land base to accommodate all these people. How can they come back?

People need to put the effort out to show education is important not just say it

We need to put the kids' opinions out there too; hands on learning

We need a plan, we need to know our vision first

We need a small group to lead this/what do we do next/keep this ball rolling

Overall, it was a valuable session and we will keep the community posted as work continues to be done on these upcoming changes. *-Patsy Turner*

LMLC Students Start Music Education – Ukelele!



Thanks to a \$5,000 grant from the Musiccounts Band Aid program, which is a division of CARAS (Canadian Academy of Arts and Recording Sciences), students at LMLC are getting started on learning to play music. They're starting with ukulele, which is easy on small fingers and easy to learn. Students will graduate to guitar after they have mastered the uke. A \$700 grant was also received from the National Native Foundation to cover teacher David Laronde's costs. Chi Miigwetch to both Musiccounts and the National Native Foundation! Music makes kids smarter, and it's fun.





Dave stated: "From only two lessons so far It is very apparent that there is an abundance of natural undeveloped musical talent at the Laura McKenzie Learning Centre.

Music really does make the world a better place."



Getting to Know... Shon Cottrill



One of the things the Blast loves is to share the stories of TFN TAA's diverse and amazing people.

For such a small community, the amount of talent and achievement is truly remarkable. Shon Cottrill's talent, character, spirit, and resilience are something we all can celebrate.

The Blast recently had a chat with Shonn.

Blast: Hi Shawn, thanks for taking the time to talk. Can you tell us a bit about yourself? How old are you? Where do you live? Where did you grow up? And, who is your Teme Augama Anishnabai family?

Shon: I'm 40 years old and I currently reside in Vancouver BC. I've been living out west since 2003. I moved out here to pursue mountain sports and sustain my career as a photographer. I grew up hunting and fishing in the woods of northern Ontario, Kirkland Lake area to be exact.

I later moved to the Ottawa valley where I worked in the whitewater rafting industry and fell in love with kayaking and photography.

I am a TFN member and Teme Augama Anishnabai through my mother **Carmen Paul**, who is also a Misabi.

Blast: You are extremely athletic and adventurous. What is your experience with sports and competition?

Shon: I grew up playing lacrosse throughout high school where I also wrestled and boxed. I started whitewater kayaking while I was still a teenager. Kayaking initially was something that I did for fun; it got me on the wild rivers of Ontario and out of trouble. I loved it so much that I decided to work out of my kayak in the rafting industry where I was to become a safety kayaker, river guide and inevitably a photo kayaker. I competed in whitewater freestyle and extreme races and was a member of the

Canadian team in 2004. I later started the Fernie Fight Club in 2007. It was a way I could help up and coming fighters in MMA. I trained younger fighters and fought myself. I ended up with a pro record of 6-2.



Blast: How did you get into kayaking?

Shon: A friend of mine introduced me to kayaking. We put in above a dam and ran the sluice. It was exciting and challenging. Needless to say I flipped over and swam but kept trying until I ran it upright. After that day I was hooked.



Blast: Do you have a memory of kayaking in NDakiMenan to share?

Shon: I flew in to the deep backcountry of NDakiMenan by float plane with another kayaker and was supported by 2 canoeists in June of 2002. We were on a week long spiritual journey to paddle the wild rivers of the area and bring about awareness to the threat of logging. We visited Spirit Rock and paddled first descents of the South and North branches of the Lady Evelyn. It was a fantastic trip.

Blast: 2 years ago you had a serious accident where you broke your back and became paralyzed from the waist down. How did that affect your life?

Shon: I burst fractured my T12 vertebra when my kayak and I slid over a cliff. I was airlifted to the hospital, spent 8 hours in surgery where they placed a titanium jack in my vertebrae and I spent the next 4 months there. I was told I'd never walk again and I was looking at life in a wheelchair. Those were the darkest of days. While I was in rehab my physical therapist suggested I get into flat water sprint kayak racing. I moved to Vancouver a year after being released from the hospital to train full time for the upcoming games in Rio. The training and the fact that I'm outside working towards a goal has improved my mind, body and spirit. I'm now able to walk with canes and the doctors are amazed with my progress. I'm the current Canadian Paralympic Sprint Kayak Champion and I'm trying to earn a spot at this year's Paralympics in Rio de Janeiro, Brazil.

Blast: You're also a professional photographer?!

Shon: I've been taking photos for money for 16 years now. It started with shooting rafters and selling pics at the end of trips. I also shoot video. Later I shot weddings, skiing, real estate and advertising work. I now shoot aerial photo and video with the use of a drone.

Shon Cottrill, continued

Blast: *Is it true that you are also a motivational speaker?*

Shon: I recently started to do speaking engagements in classrooms. I believe I can help inspire and motivate with my story. It's a story of overcoming struggle, believing in your dreams and never giving up.

Blast: *Do you have any words of advice for people who are facing challenges, or want to find a way to achieve their goals?*

Shon: I believe we all have great inner strength. It takes a lot to summon it and then working your butt off to achieve your goals. Hard work and never giving up would be my message.

Blast: *What are your plans for 2016?*

Shon: I plan to keep paddling whether I make it to Rio or not. I will keep training my butt off. The training has helped my legs and mind get stronger. I'm looking to do more speaking engagements. Sharing my story with others helps me and hopefully others.

Blast: *Any greetings or shout-outs to your TFN TAA people?*

Shon: I would like to say how proud I am of being Nish and coming from the rich and beautiful heritage of the Teme Augama. I hope to see the community heal and overcome any struggles it is facing. I have nothing but love for my people. You are all strong and beautiful people. Miigwetch for letting me tell my story.



You can see more amazing photos and videos of Shon's work on his facebook page- Shon Douglas Cottrill.

1 855 554 HEAL
Talk4Healing

A Help Line for Aboriginal Women

We provide:

- Culturally sensitive crisis counselling, advice and support
- Personalized information and referrals
- Acceptance of Aboriginal women's issues in a non-judgmental way
- Help to find the path to personal healing
- Scheduled telephone counselling sessions



Talk4Healing is available to all Aboriginal women living in urban, rural and remote communities, both on and off reserve, throughout Northern Ontario.

For more information please visit:

www.talk4healing.com



1 855 554 HEAL
Talk4Healing

A Help Line for Aboriginal Women



Helping Aboriginal Women to Find Healing

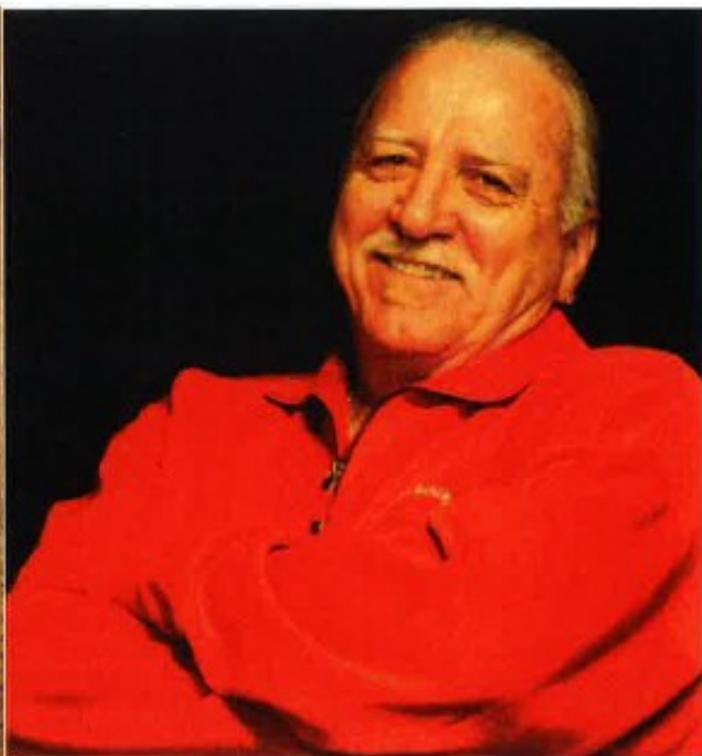
Talk4Healing is a free and culturally safe telephone help line for Aboriginal Women living in Northern Ontario.

- Free & Confidential
- 24 hours a day
- 7 days a week
- Services in English, Ojibway, Oji-Cree and Cree

Your journey to healing starts here. Simply call in and find a caring person to talk to in confidence.

1 855 554 HEAL

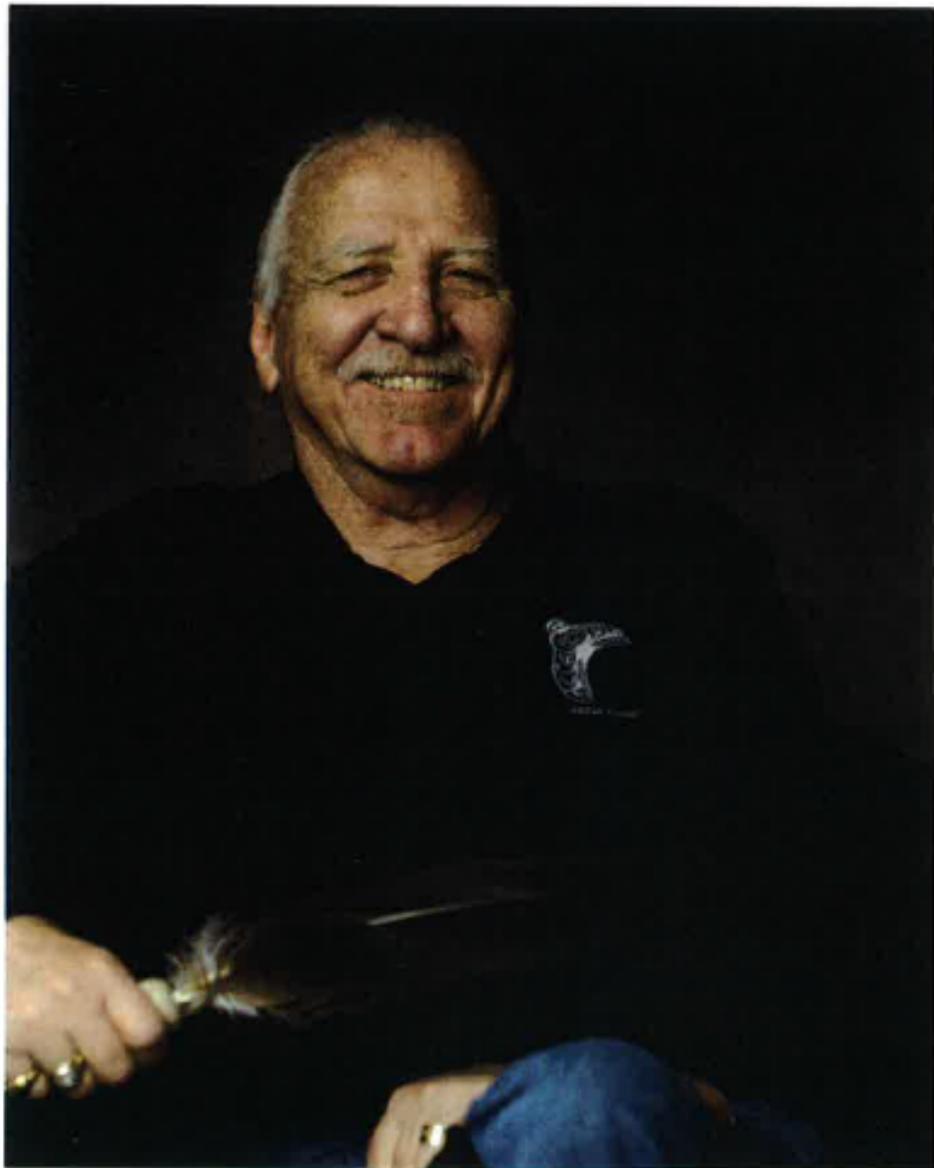
PEER COUNSELOR Training Program July 18th through 22nd



This training program facilitated by Lee Mason, will help you develop the skills to respond to your peers in a positive way. This training is available to youth ages 14 and up and any adults interested in learning how to help others in need.

If you would like to take part in this five-day specialized training program to be held in Temagami First Nation on July 18th through 23rd please sign up here and you will be registered by Annette . You can also register at 237-8900

**You are invited to a series of evening workshops
from 7:00pm to 9:30pm July 18th through 21st**



**Lee Mason will be in our community facilitating a
Peer Counselor Development Program during the days on
Monday, July 18th through Friday, July 22nd**

Lee will be providing additional evening sessions for all community members and will be covering a number of topics of interest. Posters advertising the sessions will be available in July. If you have any topics you would like to see addressed please let Annette know and she can pass the information on to Lee so he can include them in his evening presentations. Lee is an addictions recovery specialist, you will find him easy to relate to as you hear his own stories of the struggles he overcame in his addictions, gang life and prison days and how he worked to become the man he is today, he also has a great sense of humor and some very funny stories so be prepared for some laughter too.



33rd
Annual
PEACE HILLS TRUST
ABORIGINAL
ART CONTEST

DEADLINE:
SEPT. 8, 2015

Adult | 1st Place - \$5,000
2nd Place - \$3,000
3rd Place - \$2,000

Youth | 1st Place - \$500
2nd Place - \$350
3rd Place - \$200

PHT
PEACE HILLS TRUST

35th ANNIVERSARY
EST. 1980

more details @
peacehills.com



Miigwetch *Vanessa Turner* for this...she took Mariah to it last year and said Mariah really enjoyed it.

EXCELLENT for Beginners, Juniors and Intermediate Dancers
Summer Dance Camp @ PaulaDaveyDance

August 8-11, 2016
\$130.00 HST included 8:30-3:00pm
3 Age Groups Available



Pre Juniors Age 4-7 yrs Juniors Age 8-10 yrs Intermediates Age 11-15 yrs

COME FOR A DAY (\$32.50 hst incl) OR ALL 4 DAYS!



Competition auditions during the week for 2016/17 dance team!

Daily Classes In

- BALLET – TAP – JAZZ - HIP HOP – ACRO – MUSICAL THEATRE
 - HAIR STYLING & MAKE UP APPLICATION CLASS
 - GAMES – ARTS & CRAFTS - MOVIES

Disco Diva



MON - THEMED DRESS UP & ACTIVITE DAY

Spa Day



TUE - THEMED DRESS UP & ACTIVITY DAY

Princess Tea Party



WED-THEMED DRESS UP & ACTIVITY

Teddy Bear Picnic



THUR -THEMED DRESS UP AND ACTIVITY

EMAIL TO REGISTER AT - jaz@ntl.sympatico.ca

Space is Limited – Register Early

PERFECT for New and Returning students to join in the Dance Fun – Ages 4-15





The Youth

WALK *of* HOPE

COCHRANE TO NIAGARA FALLS

[#WalkofHope](#)

5 young people are set to start walking on June 7, 2016 from Cochrane, ON to Niagara Falls, ON. Their names are Anthony Iahtail, Calvin Wheesk, James Kioke, Remi Nakogee, and Todd Spence. They are walking to raise awareness of the suicide epidemic in their communities, and to create love and hope in place of despair.

The Youth Walk of Hope will be passing through N'Daki Menan to North Bay between June 19th and 25th.

TFN Constable Tom Saville has contacted them and has offered his assistance with highway safety. Miigwetch, Tom!

Everyone is encouraged to spread the word about this courageous group of young people and support them in any way possible.

More information can be found on the Walk of Hope facebook page and Twitter feed, and on the Mushkegowuk Council website at <http://www.mushkegowuk.com/?p=4615>

They are also fundraising here: <http://www.mushkegowuk.com/?p=4615>

Miigwetch Rebecca Metatawabin for letting us know about this!

June

2016

Breakfast Program Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Cereal, Strawberries/ <u>Honey</u> melon, & Orange Juice	Banana/ Peanut butter wrap	TDSS Pow Wow – No Breakfast Program	
5	6	7	8	9	10	11
	Yogurt, Granola, and Berries/ Mango/ Kiwi, Orange Juice	Ham & Egg Breakfast Sandwich with Lettuce & Tomato	Smoothie & Toast	Pancakes & Berries/Oranges	PD Day – No Breakfast Program	
12	13	14	15	16	17	18
	Eggs, Toast & Melon, Orange Juice	Banana, Peanut Butter & Honey Sandwich	Hardboiled Eggs, Melba Toast & Strawberries/ Watermelon	Peaches & Yogurt with Bannock	French Toast & Berries/ Peaches	
19	20	21	22	23	24	25
	School Trip – No Breakfast Program			Bagel & Ham Melt, Pears/ Watermelon	Oatmeal, Toast and Peaches	
26	27	28	29	30		
	Ham- Cheese Omelets with Fruit Salad	Banana Muffin, Mangos & Melons	Cereal, Peaches & Strawberries, Orange Juice	Waffles & Fruit		

*All meals will be served with a glass of milk, or water will be available
* Substitutions can be made for food allergies / intolerances if notified in advance; please contact Misty @ the DPHC if you have any questions ☺
Hope to see everyone there!

June 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Breakfast Program	Breakfast Program Men's Dinner 5:30 pm	Breakfast Program TDSS Pow wow	
5	6	7	8	9	10	11
	Breakfast Program	Breakfast Program Women's Circle 7pm	Breakfast Program	Breakfast Program Nutrition workshop 6:30	Kids Activities 10am-3pm	
12	13	14	15	16	17	18
	Breakfast Program	Breakfast Program Women's Sweat 7pm	Breakfast Program	Breakfast Program Father's Day craft 5pm	Breakfast Program	
19	20	21	22	23	24	25
		Aboriginal Solidarity Day Holiday	Potluck/Drum social 5:30pm	Breakfast Program Women's Circle 7pm	Breakfast Program	
26	27	28	29	30	1	2
Father's Day BBQ 5pm	Breakfast Program 	Breakfast Program	Breakfast Program	Breakfast Program Tentative date Youth building grand opening 5pm		

Family Healing and Wellness Highlights

705-237-8900



Client shopping trips **for men** please call Fred @ DPHC (7052378900) by June 27 trip scheduled for July 1/16.

***Daily Breakfast program offered to the students at LMLC 8:15-8:40am**

Youth Programs

- Pow Wow trip to New Liskeard youth ages 14-25 TDSS Pow Wow

Children Programming

- Activities grades 1-4 @10am-12pm, grades 5-8 @1pm-3pm on **June 10, 2016**
- OPP for Kids workshops for student at LMLC grades 5-8yrs (To be determined)
- Father's Day Craft @ DPHC @**June 16, 2016**

* Richard Assinewai will be in the community June 27-28, 2016. Richard will be here for healing ceremony and sweat on these days. Anyone interested in seeing Richard and taking part in ceremony or sweat contact Linda or Annette @ 7052378900

* Perry McLeod will be back in the community for a circle again this month however a date is yet to be determined and Perry will also be working with the youth date to be determined. Perry also has been going to visit with the children at TMFC on his visits to the community.

June 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Please check out the FHWC calendar for their great events!		Birch Bark Canoe building materials harvest will be happening this month. Contact Robin Potts for more info.	1	2	3	4
5	6 <i>Stewardship Program Meeting 6pm Sonny Moore Building</i>	7 Elder's Drop-In 1-3pm	8	9 LMLC Pow Wow 1-3 pm	10	11
12	13	14 Regular Council Meeting 7pm L&R Building Elder's Drop-In 1-3pm	15	16 Community Energy Plan Info Session L&R Building 7pm	17 Deadline to Apply for Stewardship Program	18 Secondary & Post-Secondary Education Policies Discussion LMLC 12pm-3pm
19	20 LMLC School Trip Starts, June 20-22	21 Happy Aboriginal Day! Celebration 10:30am-1:30pm @ Tent, Pier Market Elder's Drop-In 1-3pm	22	23	24	25
26 Community Meeting 10am-4pm LMLC Father's Day	27 Wabun-Bear Island Ball Game Camp Wabun 7pm	28 Elder's Drop-In 1-3pm	29 LMLC Graduation 5pm-8pm	30	Notes: The Youth on the Walk of Hope will be passing through NDaki Menan between June 19 and 25. Please watch for updates on facebook and help them if you can.	

Temagami First Nation

POW WOW

July 9 & 10 , 2016



In the Honour of our Language

Grand Entry 11:30 AM

Drummers:

White Stone Singers

Cree Goose Singers

Eight Thunderbird Drum

Head Dancers:

Misty Paul

Tyler Paul

Feast

Saturday 5:00 pm

Closing Ceremony

Sunday 4:00

Head Elder / Richard Assinewai

Head Veteran / Tom Saville

MC / Roger Assiniwe

Shuttle Service from end of Temagami Access Rd. \$5.00

Children under 12 free

For more information call Pow Wow Coordinator,

Virginia McKenzie. (705) 237-8005

Email. Virginia.mckenzie@temagamifirstnation.ca

Vendors Contact: Virginia Paul @ (705) 237-8943

Everyone Welcome

Hand Drum Competition

Single Drum

\$1000 Prize



"No Dogs Allowed at the Pow Wow"

Miigwetch