

# BI BLAST

*~ Ba-Ji-Bwon Giizis ~*

*~ Breaking Through Crust Month ~*

*~ March 2017 ~*



***Kwe Kwe! Happy Ba-Ji-Bwon Giizis, Breaking Through Crust Month.***

The Infrastructure Department on Bear Island has had its share of challenges with the creation and maintenance of the Ice Road this year, but they have managed to make it great despite extreme weather. Mild temperatures and rain, sleet, deep freezes and snowstorms... they got 'er done and are still working hard to keep it clear.

The roads on Island have also been a lot of work, but they're staying on top of things.

Chi Miigwetch to **Tom Mathias, Shawn Saville, Boshk Augonia, Nathan Sawyer, Chief Arnold Paul, Reynold Turner and Steve Laronde** for their hard work and dedication. Awesome!



This beautiful photo by Barb MacInnis, taken March 7th, shows just one of the Lake conditions the guys have been dealing with. *Miigwetch, Barb!*

***A couple of reminders...***

**TFN employment postings can be found on the TFN website under "Employment:"**

[http://temagamifirstnation.ca/index.php?option=com\\_content&view=article&id=55&Itemid=18](http://temagamifirstnation.ca/index.php?option=com_content&view=article&id=55&Itemid=18)

AND... Please remember to let TFN know if you have a new mailing address, phone number, or email address.

Let's keep in touch! Send info to: [communication@temagamifirstnation.ca](mailto:communication@temagamifirstnation.ca) or 705-237-8943

# *In Loving Memory of Roger Wayne Faubert*

*December 28, 1952 ~ February 10, 2017 (age 64)*



FAUBERT, Roger Wayne Peacefully passed away at the North Bay Regional Health Centre on February 10, 2017 at the age of 64 years. Beloved father to Christopher Broughton (Kelly), Trevor Laronde and Joshua Faubert (Michelle). Roger was predeceased by his parents; Albert Faubert and Margaret (Nee Potts), his brothers Lawrence and Butch, and his sister Barbara. Proud grandfather of 7 grandchildren. Roger is survived by his brothers Buck (Heather), Kevin, Mickey (Linda), James (Andrea), Steve (Chrissy), and by his sisters Carol- Ann, Joan, Debbie (Bobby), Lynn, Karen, and Wendy (Little Buck).

Roger will be lovingly remembered by his long time friend Marilyn, and his many nieces, nephews and friends.

The family received visitors at the McGuinty Funeral Home (North Bay) on Friday February 17, 2017 from 1pm to 3pm, followed by a celebration of Roger's life at 3pm in the McGuinty Funeral Home Chapel.

If desired, memorial donations to the Heart and Stroke Association would be gratefully acknowledged by the family. The family wishes to express their heartfelt gratitude to all the doctors, nurses, and staff of C1 at the North Bay Regional Health Centre for their care and compassion towards Roger.

Online condolences may be made at <http://www.mcguintyfuneralhome.com/notices/Roger-Faubert>

*From top: Roger; with sister Karen; Roger "back in the day"; with sister Joan.*

*Love and condolences to all of Roger's family.*



# First Aid and CPR Course

Thursday, April 6

Friday, April 7

9am-4pm

Laura McKenzie Learning Centre Gym, Bear Island

**1 day course; participants may choose Thursday or Friday.**

*Course outline includes:*

- ♦ *Emergency scene management*
- ♦ *Wounds & bleeding*
- ♦ *Choking-adult, child, and infant*
- ♦ *AED-defibrillator*
- ♦ *Unconsciousness*
- ♦ *Head injuries*
- ♦ *Burns*
- ♦ *Poisons*
- ♦ *Medical conditions, asthma, diabetes, allergic reactions, epilepsy.*
- ♦ *Environmental emergencies*
- ♦ *Cardiovascular emergencies – anatomy, heart, angina, heart attacks, and stroke.*



**To register, please call Linda Paul at**

**705-237-8900**



# Are you getting money back? File your tax return to find out

Contributed by TFN  
Finance Manager  
Vicky Blake, and  
TFN Librarian  
Virginia McKenzie

**You and your family could get money back by claiming a number of Ontario tax credits and benefits.**



## Am I eligible?

File your tax return to find out. Even if you receive social assistance or didn't earn income, filing a tax return could help you get money back.



## How much will I get?

It depends on the tax credit or benefits you claim and your specific situation – how much money you make, how old you are and other factors.



## You could get money back

See how much you or your family may be eligible for by using Ontario's tax credit calculator at [ontario.ca/taxcredits](http://ontario.ca/taxcredits).

[ontario.ca/taxcredits](http://ontario.ca/taxcredits) • 1-866-ONT-TAXS (668-8297) • TTY 1-800-263-7776

*Miigwetch  
Vicky Blake  
and Virginia  
McKenzie!*



## **ELDERS BARBECUE**

Wednesday, March 29th

12:00pm at Elders

The usual good food with hamburgers, hot dogs, sausages on bun, salads, refreshments and dessert

The same good prices too!

Hope to see everyone there rain or shine.

***LOOK FOR OUR UPCOMING 50/50 DRAW NEXT MONTH***

## **ELDER'S HALL RENTAL FEE INCREASES**

**EFFECTIVE MARCH 1<sup>ST</sup> 2017**

MEMBERS RENTAL FOR ½ DAY	WAS \$25 NOW \$40
MEMBERS RENTAL FULL DAY	WAS \$50 NOW \$80
NON MEMBERS RENTAL ½ DAY	WAS \$50 NOW \$65
NON MEMBERS RENTAL FULL DAY	WAS \$100 NOW \$130
PROGRAMME RENTALS	\$150 PER EVENT

# ***TFN Governance Committee***

Temagami First Nation is happy to introduce you to its Governance Committee.

The Committee has been established as an advisory committee to assist TFN Chief and Council with governance related initiatives.

The Governance Committee currently consists of the following members:

- TFN Second Chief Joseph Katt (Ex-officio)
- TFN Councillor Leanna Farr (Ex-officio)
- Virginia Hope
- John Turner
- Wayne Potts

The Temagami First Nation Chief and Council has also extended Teme Augama Anishnabai Council to have two of its Council members sit as ex-officios on the committee.

The Governance Committee is seeking one (1) additional regular Committee member, and also a Youth Committee member (under age 30 yrs). Please see further details on the postings for these Committee positions and how to apply on the following page.

The Governance Committee held its first meeting in January at which time the members shared each's backgrounds with governance initiatives and governance ideas for the future.

The Committee had also reviewed its Terms of Reference for amendments, such as the addition of a Youth Committee Member.

The Committee met informally this week to brainstorm its vision, mission and short and long term goals.

As per the Committee's Terms of Reference, the Committee will share updates surrounding its work with the community on a regular basis through Community Info Sessions.

The Governance Committee looks forward to receiving applications for the vacant positions, and working for the greater good of the community's future.

FHWC held another  
successful Quill Box  
Workshop at the end  
of February.

Nice!

*Photo: Carolyn Laronde.*



# TEMAGAMI FIRST NATION



BEAR ISLAND  
LAKE TEMAGAMI, ONTARIO P0H 1C0  
TEL. 1.888.737.9884 or 705.237.8943  
FAX 705.237.8959  
[www.temagamifirstnation.ca](http://www.temagamifirstnation.ca)



## TFN GOVERNANCE COMMITTEE CALL FOR COMMITTEE MEMBERS

There are 2 vacancies on the Committee (1 Vacancy is for a YOUTH / 30 & under ) -Term ending July 2017. The committee meets one day per month for with additional meetings as needed, determined by the committee.

If you would like more information, or the Terms of Reference for the Committee, please call Virginia Paul at 705-237-8943.

Please respond in writing, with a brief explanation of why you wish to participate on the committee. Committee experience is not mandatory, however please outline any related background or experience that you may have.

Applications can be mailed to Temagami First Nation, Bear Island, ON P0H 1C0. SUBJECT: GOVERNANCE COMMITTEE APPLICANT. You may also fax or email your application to (705)237-8959, [tfn@temagamifirstnation.ca](mailto:tfn@temagamifirstnation.ca).

**Applications must be received at the band office by:  
March 21, 2017 by 4:00 pm.**

# TEMAGAMI FIRST NATION



BEAR ISLAND  
LAKE TEMAGAMI, ONTARIO P0H 1C0  
TEL 1.888.737.9884 or 705.237.8943  
FAX 705.237.8959  
www.temagamifirstnation.ca



February 6, 2017

(Revised)

## NOTICE

The ice road for vehicles (cars, trucks, and vans) is now open and Temagami First Nation will continue ploughing the road until it is unsafe to do so in accordance with the Temagami First Nation Ice Policy. Be advised that **Band vehicles (cars, trucks, vans)** are permitted to travel on the ice road – **at a safe speed of a maximum of 40 km/hr**. Reduce speed to **20 km/hr** when getting on/off the ice road at the Mine Landing, Manitou Landing & Bear Island Beach. *Public vehicles are requested to do the same.*

Another notice will be sent out to inform you when ploughing the ice road is no longer possible and when the band vehicles have to be returned to the mainland. Be advised those traveling off the ploughed road are doing so at their own risk – band vehicles are not permitted to travel off the ploughed ice road.

Safe travels to all this ice road season.

A handwritten signature in black ink, appearing to read 'Tom Mathias', written over a horizontal line.

Community Infrastructure Manager  
**Tom Mathias**  
cim@temagamifirstnation.ca  
Temagami First Nation

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# *Lands & Resources and Economic Development NEWS*

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## **MP Anthony Rota Makes FedNor Announcement to Support Middle-Class Jobs and a Strong Economy in Temagami First Nation**



Temagami First Nation, Ontario, February 28, 2017

Anthony Rota, Member of Parliament for Nipissing–Timiskaming, on behalf of the Honourable Navdeep Bains, Minister of Innovation, Science and Economic Development, and Minister responsible for FedNor, visited the Temagami First Nation on Tuesday, February 28, 2017 to announce a FedNor investment of \$294,300 enabling the community to hire an economic development officer for a three-year period.

Chief Arnold Paul was present to welcome MP Anthony Rota. Chief Paul also announced he was pleased to partner with FedNor and the Government of



Canada to identify and capitalize on economic opportunities, while respecting the environment and protecting our traditional lands. Jobs, growth and a strong economy are top priorities for our community and this investment will help us achieve these goals.

.... *Continue to Page 2*

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## *L&R and Ec Dev NEWS ... page 2*

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Robin Koistinen, Lands & Resources Director, advised that the economic development funding is being provided through FedNor's [Community Investment Initiative for Northern Ontario](#) (CIINO). Robin also announced some of the Projects that the new Economic Development Officer would be working on, such as:

- Establishing an economic development corporation.
- Developing Business Plans for the new initiatives within the new Multi-Purpose Building:
  - An Arts, Education, & Culture Training Centre
  - A Conference and Events Centre
  - A Gas Bar
  - A Store
  - A Laundromat
- Developing and launching a positive public relations and marketing campaign to promote the "Temagami" experience, incorporating Teme-Augama Anishnabai Cultural Tourism.
- Continuing to explore increased regional collaboration and partnerships with other local First Nations and communities, such as the
  - Municipality of Temagami,
  - Town of Latchford,
  - and Temiskaming and Matachewan First Nationsthat allow for community investment in economic ventures, such as the hydroelectric development at the Latchford Dam.



Temagami First Nation is very optimistic that this funding will increase the implementation of a number of community and regional economic development initiatives throughout n'Daki Menan, leading to increased capacity, business investment and job creation.

Chief Paul thanked MP Anthony Rota for his assistance on this file.

Chief Paul also thanked Denise Deschamps, FedNor Initiatives Officer. He further stated, "good things always happens when Denise comes to our community."

# LETTER OF INTENT

## TFN & TAA with GRANADA GOLD MINE

Temagami First Nation has had a positive working relationship with the principles of Gold Bullion for the last 2 years. The principles of Gold Bullion, now called **GRANADA GOLD MINE**, have been in the community and presented their plans at the Mining information Session on Bear Island last March 2016.

*Please be assured that when and if there are any substantial developments beyond discussion and relationship building the community will be informed.*



### PRESS RELEASE

#### **Granada Gold Mine Enters into LOI With Temagami First Nation and Teme-Augama Anishnabai**

ROUYN-NORANDA, QC, Feb. 7, 2017 /CNW/ - Granada Gold Mine Inc. (TSX-V: GGM) (OTCPINK: GBBFF) (Frankfurt B6D) (the "Company" or "Granada Gold Mine") today announced that it has signed a Letter of Intent ("LOI") with the Temagami First Nation ("TFN") and Teme-Augama Anishnabai ("TAA") that would provide Granada Gold Mine the opportunity to evaluate brownfield sites on TFN's/TAA's traditional territory for the potential of redevelopment.

The LOI will allow the company to assess the technical, operation and financial feasibility of installing a mill for processing precious metal bearing ores within an existing brownfield site in close proximity to Temagami First Nation and Teme-Augama Anishnabai.

"Granada Gold Mine wishes to respect TFN's/TAA's goal of taking care of and protecting their homelands known as n'Daki Menan. We understand that any contemplated milling project utilizing TFN's/TAA's traditional territory should be a positive development that minimizes the outstanding environmental condition of an existing brownfield site in addition to minimizing environmental effects that are associated with a new metal processing mill locating within the brownfield site," said Frank Basa, President and Chief Executive Officer.

#### **About Granada Gold Mine Inc.**

Granada Gold Mine Inc. is developing the Granada Gold Property near Rouyn-Noranda, Quebec. The property includes the former Granada gold mine which produced more than 51,476 ounces of gold in the 1930s with an average grade of 0.28 ounce per ton (9.6 grams per tonne) before a fire destroyed the surface buildings. The highly prolific Cadillac Trend cuts through the north part of the property. The Cadillac Trend has been the source of more than 50 million ounces of gold produced in the past century on a line running from Val-d'Or to Rouyn-Noranda.

The Company has obtained all necessary permits for the initial mining phase known as the "Rolling Start" for which stripping has already begun. In addition, the Company has resumed exploration at Granada with the goal of significantly expanding the size of the deposit's resource. Additional information is available at [www.granadagoldmine.com](http://www.granadagoldmine.com)

"Frank J. Basa"

Frank J. Basa P. Eng.

President and Chief Executive Officer

Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release. This news release may contain forward looking statements including but not limited to comments regarding the timing and content of upcoming work programs, geological interpretations, receipt of property titles, potential mineral recovery processes, etc. Forward looking statements address future events and conditions and therefore, involve inherent risks and uncertainties. Actual results may differ materially from those currently anticipated in such statements.

SOURCE Granada Gold Mine Inc.

To view this news release: <http://www.newswire.ca/en/releases/archive/February2017/07/c3209.html>

#### **For further information:**

Frank J. Basa, P. Eng., President and CEO at 1-819-797-4144

# Temagami First Nation Land Code Update



OUR LANDS

FEBRUARY 2017

OUR FUTURE

## YOUTH CONSULTATION

Six Temagami First Nation youth attended a delicious pizza luncheon and had an opportunity to discuss the Land Code and how it would affect their lives as we move forward. The participants were able to speak freely since it was a *youth only* information session hosted by Land Code committee member, Michael Paul and David Laronde. A wide range of topics were discussed that include the economics associated with having a Land Code and also environmental protection and associated lawmaking. Much of the discussion was aided by a *Land Code Development Survey* questionnaire that was designed to touch on each section of the actual Land Code document that is nearing the final draft. The question at hand was researched on the spot while referring directly to the pertinent section the land code document. Participants were invited to complete the survey and submit it when complete to have their name entered in a draw.



Questions? Contact:

David Laronde, *Land Code Coordinator*

705-237-8600

[david.laronde@temagamifirstnation.ca](mailto:david.laronde@temagamifirstnation.ca)

## LAND CODE VERSION 3.5 IS AVAILABLE **ONLINE**

Version 3.5 of the Land Code is available online at [www.temagamilandcode.com](http://www.temagamilandcode.com) or at the Lands Office. Please use this most recent version when completing the *Land Code Development Survey*. More on the survey below.



TEMAGAMI FIRST NATION  
Land Code

Draft #3.5

ABSTRACT  
Temagami First  
Nation Land Code  
is pursuant to  
Framework  
Agreement & the  
First Nation Land  
Management Act

Last Updated:  
February 16, 2017

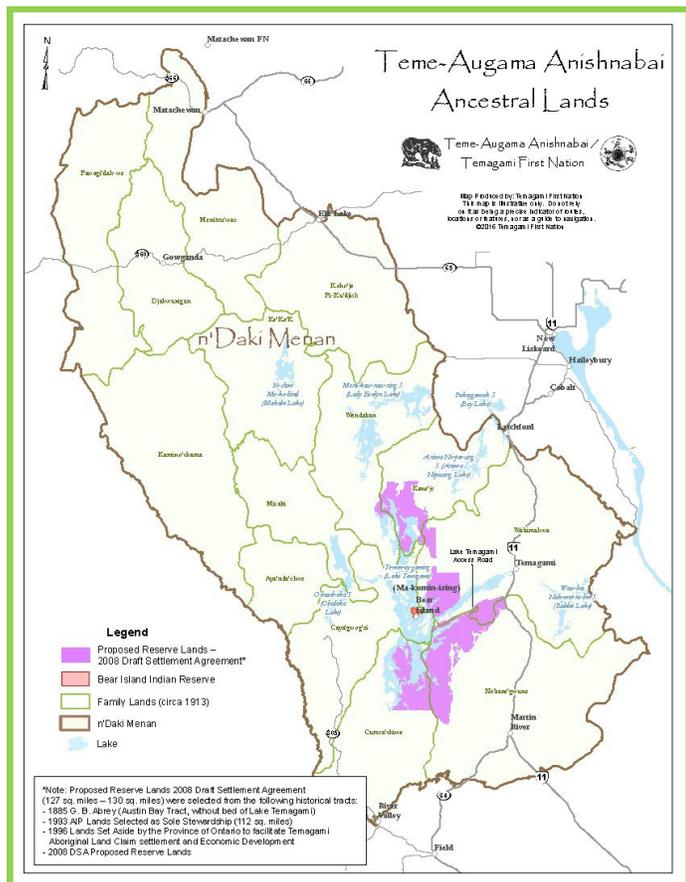
## LAND CODE DEVELOPMENT SURVEY IS NOW AVAILABLE **ONLINE**

The survey is available to all TFN members ::: at <https://www.surveymonkey.com/r/TXM3WCN> and at [www.temagamilandcode.com](http://www.temagamilandcode.com) or paper copies available at the Lands Office on Bear Island.

Be sure to fill out a survey for your chance at the \$100 cash prize (drawn when everyone has had an opportunity to complete the survey). The results will be tabulated and made available when we get the surveys in. We want to know what you think about what's in the Land Code; please participate so your voice is heard.

# Highlights from the FORESTRY INFO SESSION (held on February 28)

by Jeff Barton



On February 28, the Lands & Resources Department was pleased to host an information session about the **Management Plan for the Temagami Forest and for the Proposed Reserve Lands**. The session attracted an audience of interested community members.

Jeff Barton (Consulting Forester working with the Lands & Resources Department) and Robin Koistinen (Lands & Resources Dept. Director) provided some background information related to the forestry initiatives that have been going on quietly over the past 15 years or so and how they point to some important steps for our community

in the next couple of years. These include:

- the efforts towards a community based forest tenure system for the Temagami Forest (in collaboration with neighbouring municipalities and forest industry)
- the implementation of the Forestry Development Strategy for TFN

This session was quite different from previous information sessions in that we were fortunate to have Etienne Green (the management forester working with First Resource Management Group) provide us with valuable insight on the planning process. More specifically, Etienne was here to initiate the development of the Plan for the Proposed Reserve area which will help us assess the options and opportunities with these important lands within n'Daki Menan.

Michael Paul, as one of our representatives on the Planning Team was also very helpful in providing firsthand knowledge of the area, the role of fire and fire management has played on n'Daki Menan.

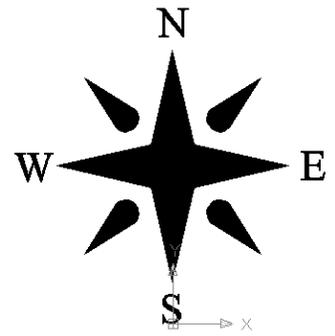
This was the first of two meetings about the Proposed Reserve Lands. The second meeting is scheduled for **March 21**, where a dinner will be served at 5 pm.

**A cord of wood will be given away as a door prize.**



# Summary of the **MAPPING INFO SESSION**

February 26, 2017, at the Laura McKenzie Learning Centre, Bear Island



The Lands and Resources Staff would like to thank all the community members who attended the Dinner and Mapping Session and made it a success. Thank you Ann for cooking the dinner; everyone enjoyed the lasagna and cake.

There were about 30 people there and the interest in the *Traditional Land Use* maps, which were posted on the wall for people to look at, attracted a lot of interest. The maps focused on the traditional uses along the proposed Energy East Pipeline Project, which generated a lot of concern. Robin Koistinen explained that this was only the beginning of the process and that the project would continue on into the future to eventually cover all of n'Daki Menan.

There were also maps that were developed as a result of the mining focus group meetings that occurred over this past fall. Doug explained that the purpose of this mapping exercise was to identify and map land uses to be used when responding to Mining Exploration Plans and Permit Applications.

We are hoping to identify areas of special significance to Teme-Augama Anishnabai so that we can make application under the Ontario Mining Act to have them removed from

staking, thus protecting them from impacts of Mining Explorations. If anyone knows of an area that should be protected, please let us know.

**Please watch for notices of future mapping sessions and come and share your knowledge of the land.**



# DAKI MENAN LANDS & RESOURCES CORP. FUELWOOD BUSINESS UP & RUNNING

by Jeff Barton



You may have seen some new signs around the community advertising Firewood Sales.

Yes...the Band (*through Daki Menan Lands and Resources Corporation or DMLRC*) has started to produce firewood at the former Temagami Forest Products site just north of Temagami.

As part of the efforts to implement or "operationalize" the Forestry Development Strategy that was prepared in 2001, DMLRC was able to purchase a firewood processor and small skid-steer to produce cut/split firewood. The first loads of logs were purchased from Timiskaming Timber however we expect to be able to purchase logs from other contractors in the area (and from our own operations) in the future.

To date, the operation has employed 4 community members on an intermittent basis and we have delivered wood to a number of customers on the Island.

As we move forward, we are hoping to develop a bigger customer base and also provide

bagged firewood to some of the Provincial Parks and retail outlets.

Orders for wood can be taken at the Lands and Resources office or by phone. Deliveries to the Island are available as long as the ice road holds up.

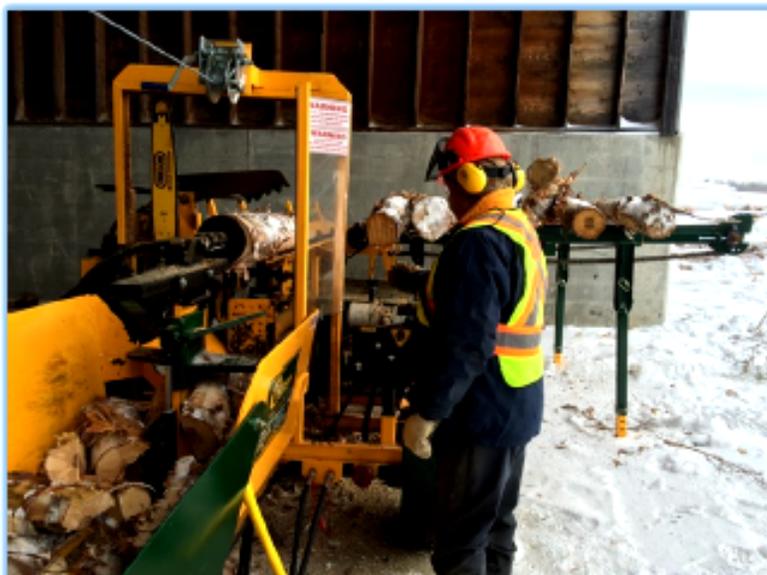
We also purchased a 3/4 ton truck and a dump trailer. The trailer holds 3 cords of wood and all orders are to be a minimum of 3 cords. Should you wish more you have to order in multiples of 3 cords.

To place an order call:  
Carolyn at 705-237-8600 or  
Jeff at 705-648-0708

Temagami First Nation and DMLRC are very grateful for the funding support from Waubetek Business Development Corp.  
[www.waubetek.com](http://www.waubetek.com)



**WAUBETEK**  
BUSINESS DEVELOPMENT CORPORATION  
A Community Futures Development Corporation



# ATTENTION BEAR ISLAND RESIDENTS

GET YOUR FIREWOOD DELIVERED WHILE YOU CAN



**FOR  
SALE**

**WHITE BIRCH — CUT & SPLIT — 16"**

DELIVERED to \*BEAR ISLAND: \*\* \$110/cord

Minimum order - 3 cords ::: Additional cords in multiples of 3 cords

\*\* This applies to deliveries via the ICE ROAD ONLY and accessible by a truck and tandem trailer.

Prices in effect until March 31, 2017.



## DAKI MENAN LANDS & RESOURCES CORPORATION

To place orders call:

Temagami First Nation  
Lands & Resources Office  
705-237-8600

**MUST BE PREPAID ::: CASH/DEBIT OR CHEQUE**

**MARCH 14, 2017**

# **COMMUNITY MINING INFO SESSION & DINNER**

Location: Elders Building, BEAR ISLAND

Time: **1:30 — 8:30pm**

Dinner: 5 pm **\*\* RSVP 705-237-8600**

Come out and see presentations by Mining Proponents about the type of Mining Explorations occurring on n'Daki Menan.



**TEMAGAMI FIRST NATION**

**Lands & Resources Dept.  
Bear Island**

**Tel: 705-237-8600**

**lands@temagamifirstnation.ca**

# MARCH 16, 2017

**Environment Canada**

**COMMUNITY CONSULTATION**

**regarding ALAMOS Mining**

**FISH COMPENSATION PROJECT**

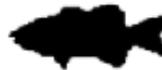
**Re: New Tailings Area**

**Location: Elders Building, BEAR ISLAND**

**Time: 12:00 LUNCH (Soup/Sandwich)**

## Presentations:

- Environment & Climate Change CANADA
- Fisheries & Oceans
- Q&A Period



- Discussion topics include:
- Fish Habitat
- Fish Compensation Development

### Proposed Regulatory Amendment for the Young-Davidson Project

Environment and Climate Change Canada invites members of Temagami First Nation to participate in a session on the possible use of Davidson Lake for the disposal of mine waste from the proposed Young-Davidson Project by Alamos Gold Inc. (Alamos). There would be loss of fish habitat in the lake.

Davidson Lake can only be used for the disposal of mine waste if it is added to Schedule 2 of the federal *Metal Mining Effluent Regulations*.

The possible changes to the *Regulations* are based on two reports prepared by Alamos:

- a report describing options considered for the disposal of mine waste; and
- a proposed plan to compensate for the loss of fish habitat.

A copy of these reports are available at:

- Lands & Resources Office



**TEMAGAMI FIRST NATION**

**Lands & Resources Dept.  
Bear Island**

**Tel: 705-237-8600**

**lands@temagamifirstnation.ca**

# FORESTRY GATHERING SESSION & DINNER

Tuesday, MARCH 21—5-9 pm @ LMLC

Hosted by Lands & Resources Dept.

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**DINNER—5 PM—RSVP 705-237-8600**

Email: [lands@temagamifirstnation.ca](mailto:lands@temagamifirstnation.ca)

## FORESTRY GATHERING SESSION AND DINNER

You are invited to discuss future forestry opportunities for the proposed settlement lands (also referred to as the "Lands Set Aside, (LSA)"). The Lands and Resources Department staff, along with invited professional forester's Etienne Green and Paul Fantin (and others), will be in attendance to help lead the discussion. This session is a follow up to the Forestry Information Session held on Feb 28, 2017 at LMLC, Bear Island.

Background information including new maps and aerial photography will be available. Participants will be asked to provide their knowledge and insight into this area and to assist the Lands and Resources Department in developing long-term community objectives for forestry for these proposed settlement lands. Items expected to be discussed include, but are not limited to:

- Potential for community forestry economic benefits (eg harvesting and renewal)
- Carbon planning
- Road access planning
- Future employment opportunities
- Habitat for moose, fur-bearers and other wildlife
- Forest composition in the future
- Trapping

Any other community input related to Forestry will be welcomed and valued.

During the March 21<sup>st</sup> session we will start to develop the long term management objectives for the Proposed Settlement Lands. Participation by all is encouraged.

**SAVE THE DATE!!**

**Hope to see you there!!**



## 60s Scoop Ruling—

### Chi Miigwetch, Marcia Brown Martel (Mathias)

Survivors of the legacy of the “60s Scoop” have scored a major victory in their lawsuit against the federal and provincial governments.

From: <http://www.cbc.ca/news/canada/60s-scoop-ruling-aboriginal->

*After an eight-year court battle, an Ontario Superior Court judge has found that the federal government failed to prevent on-reserve children from losing their Indigenous identity after they were forcibly taken from their homes as part of what's known as the Sixties Scoop.*

*Thousands of First Nations children were placed in non-Indigenous care between 1965 and 1984, which resulted in psychological harm that has dogged survivors into adulthood, Justice Edward Belobaba wrote in his ruling Tuesday, siding with the plaintiffs.*

*Belobaba said Canada breached its "duty of care" to the children, and ignored the damaging effects of the Ontario-led program. There are lawsuits in other jurisdictions over similar programs that placed children in foster care or with adoptive parents.*

*"The uncontroverted evidence of the plaintiff's experts is that the loss of their Aboriginal identity left the children fundamentally disoriented, with a reduced ability to lead healthy and fulfilling lives. The loss of Aboriginal identity resulted in psychiatric disorders, substance abuse, unemployment, violence and numerous suicides," he said, siding with the plaintiffs.*

*The ruling in the bitterly fought class action paves the way for an assessment of damages the government will now have to pay.*

*Indigenous Affairs Minister Carolyn Bennett said Tuesday the government would "absolutely not" appeal the ruling, but would push to settle on monetary compensation out of court.*

***Marcia Brown Martel, 53, the lead plaintiff in the Ontario action, is a member of the Temagami First Nation.***



*She was adopted by a non-Indigenous couple in 1972 at age nine and later discovered the Canadian government had declared her original identity dead.*

*"I feel like a great weight has been lifted from my heart," Brown Martel said. "Our voices were finally heard and listened to. Our pain was acknowledged. I hope no one sees this as a loss for our government. It is a gain for all of us — a step forward and a step closer to reconciliation."*



# The Loop Push

We would like to invite all community members to join us at Laura McKenzie Learning Centre to welcome The Push for Change. An OPP Youth Engagement Initiative to bring awareness to youth homelessness, mental health and addictions. We will accompany Joe Roberts as he pushes around The Loop on Bear Island.

## THURSDAY, MARCH 30

**11:00 am - Walk The Loop**

**12:00 pm - Lunch followed by Joe's story**

*(Lunch supplied by: Bear Island Police  
and Temagami FN Police Services Board/Restorative Justice Committee)*

Joe Roberts will share his personal story as a former street youth and how his pivotal encounter with an OPP officer brought about change. Joe is dedicated to sharing the "possibility" mindset with others who may be going through their own challenge.

**For more information contact:**

Bear Island Police at 705-237-8963 or Laura McKenzie Learning Centre at 705-237-8982

For more information on The Push for Change go to: <http://www.thepushforchange.com>

**PARTNERS FOR CHANGE**  
Help End Youth Homelessness



# Canoe News

February featured a month of Makwa Jiimaan Deep Water, Deep Roots Screening Events in our community of Bear Island, Temagami, North Bay, Peterborough and Toronto. Sharing our story of the canoe build is sharing our story of survival, tenacity and ingenuity. The birch bark canoe as a vessel is a tangible object, a symbol and a rich metaphor for carrying Teme-Augama Anishnabai peoples into the future on our own terms.

A special miigwetch goes out to the many who support this grassroots cultural revival initiative. Mary Laronde, presented on the Wendaban Stewardship Authority. Wayne Potts shared stories of the land integrated with songs. Jessica Frappier, Selena Bob and Brian Burns attended screening events and participated in Q&A discussions. Director of the film, Derrick Lamere introduced the film at each event. Chi-Miigwetch to Chief and Council and all TFN/TAA members who attended and supported one or more of the screening events and who donated towards future canoe projects. Your support means a lot!



# TFN Summer Camp Fund 2017

*Thanks to the support of TFN and local Camps fun and great things are possible!*

**Good News!!** Temagami First Nation and Local Camps have partnered once again to offer the TFN Summer Camp Fund 2017.

The partnering camps are:

- Camp Wabun
- Camp Wanapitei
- Camp North Waters/Langskip
- Camp Temagami
- Camp Keewaydin
- Camp Wabikon
- Canadian Adventure Camp

TFN Summer Camp Fund covers CAMP TUITION FEES.

All other fees such as; Tuckshop Fees, Camp Gear and Travel is the responsibility of the parent (s)/ guardian (s).



**TFN SUMMER CAMP FUND 2017**

**Application Deadline Friday  
March 31, 2017 @ 4pm**

## For More Information

Robin Potts

TFN Summer Camp Fund Coordinator

Temagami First Nation

Bear Island, Lake Temagami

Ontario P0H 1C0

Phone: 705-237-8943

Fax: 705-237-8959

Email:

[robin.potts@temgamifirstnaton.ca](mailto:robin.potts@temgamifirstnaton.ca)



*You can download the application from the TFN website under "Community News"*

Dear chief and council:  
Thank you very much for the opportunity to attend camp wabun. I, + travelled to many different lakes and I'm happy to learn more about n'daki menan. I also made new friends and caught a lot of fish miigwetch, Axel

I ♥ TFN!  
I ♥ WABUN!



*Axel attended Camp Wabun for 3 week session!!*

# Help Lines

*-Contributed by FHWC Manager Annette Paul*

## Drug and Alcohol Helpline

Website: [www.drugandalcoholhelpline.ca](http://www.drugandalcoholhelpline.ca)

Phone: 1 800 565 8603

## Mental Health Helpline

Website: [www.mentalhealthhelpline.ca](http://www.mentalhealthhelpline.ca)

Phone: 1 866 531 2600

## Ontario Problem Gambling Helpline

Website: [www.opgh.on.ca](http://www.opgh.on.ca)

Phone: 1 888 230 3505

## Smoker's Helpline

Website: [www.smokershelpline.ca](http://www.smokershelpline.ca)

Phone: 1 877 513 5333

## Kids Help Phone

Website: [www.kidshelpphone.ca](http://www.kidshelpphone.ca)

Phone: 1 800 668 6868

For children and youth between 5-20 years of age

Provides professional counselling and information,  
and referrals for mental health, addictions and  
well-being.

Phone and online via web post or live chat

Open 24hrs a day, 7 days a week

Free, anonymous and confidential

## Good2Talk

**1-866-925-5454**

For people between the ages of 17-25

For post-secondary students in Ontario

Provides professional counselling information  
and referrals for mental health,  
addictions ,and well-being

Free, confidential and anonymous helpline

Open 24 hours a day, 7 days a week

Just so you know,

*you're worth it.*

# **MOTORIZED SNOW VEHICLE OPERATOR'S COURSE**

Operating a snowmobile has opened new opportunities for family recreation during the winter months. The increased popularity of the activity emphasizes the need for the safe operation of these motorized snow vehicles.

The Motorized Snow Vehicle Operator's Course covers safe operating procedures, legal requirements, first aid and much more, so that students can develop good habits and skills to be safe and courteous snowmobile operators.

**A driver training course will be held at the LMLC on  
Saturday March 25th. 9:30am – 4:00pm  
Lunch will be provided**

**Students must be at least 12 years of age in order to receive a Motorized Snow Vehicle Operator's License. If you are interested in signing up, please call one of us as soon as possible to let us know by March 24<sup>th</sup>.**

The student must also verify their date of birth by way of a birth certificate, passport, status card, or similar document.



**If you have any questions or need more information, please call  
Hilary LeFrancois at 705-237-8982  
or Tracy Paul at 705-237-8905**

**NATIVE WIND CONSULTING**

***WILL BE HERE IN THE COMMUNITY ON MARCH 14, 2017 AT  
THE D.P.H.C. AT 9:00AM-3:00PM***

***COMMUNITY WORKERS ARE ENCOURAGED TO  
ATTEND THIS WORKSHOP.***

***Proposed Subject***

The Lateral Violence Program is designed for anyone in the workplace who might be experiencing gossiping, rumours, fear of harassment, or even violence.

Lateral Violence creates an unhealthy workplace that creates absenteeism, which becomes a destructive force when not addressed through lines of authority.

The impact can include lack of trust, safety issues, and high turnover, which can affect quality of services.

To sign up Please Contact:  
Fred or Jayne @ 705-237-8900  
Lunch Provided

## ***Introducing... new LMLC Staff: Grades 4 and 5 Teacher Jennifer Pereira, and her assistant and partner Mita Gibson***

*LMLC's Newest Staff Members have settled into life on Bear Island and are doing great.*

*The Blast checked in with them for a little chat.*

**Blast:** *Hi Mita, Hi Jennifer! Thanks for chatting. We're glad you're here! Where are you from? Where did you grow up, get your education?*

**Jennifer-** I grew up in Toronto and Ajax with a cottage in Burk's Falls. I went to Queen's University for Fine Arts and attended Teacher's College at Ottawa University.

**Blast:** *Before you came to work here, had you been on Bear Island or Ndakimenan?*

**J & M:** We came to Bear Island from Lac Seul, specifically Frenchman's Head which is the largest of the three settlements that encompass Lac Seul, the other two being Kejick Bay and Whitefish Bay. Jennifer taught the grade one and two class and Mita volunteered full time in the class. Until starting employment at LMLC neither of us had been on Bear Island, though Temagami was a familiar place for camping for our family.

**Blast:** *Have you ever worked at such a small school?*

**J & M:** Jennifer taught the grade one and two class at Obishikokaang Elementary School in Lac Seul. The school in Lac Seul had approximately 110 students and our class had 18 students. Prior to that, Mita taught several apprentices in the automotive field. Jennifer has taught all ages from preschool to adults, predominantly in the field of visual arts through multiple agencies as well as through her own small business.

**Blast:** *You are a pretty outdoorsy couple. What are your favourite activities when you're out on the land?*



***From left: Thane, Jennifer, Mita, Leodon***

**J & M:** We really do try to be outdoors as much as possible and to really take in as much as we can during all the seasons. Since coming to Bear Island we've had some amazing fishing opportunities, having already caught some very large lake trout. Mita is an avid snowmobiler, having a history of snowmobile racing. We enjoy snowshoeing, winter hiking too. During the warmer seasons we try to spend as much time on the lake as we can kayaking, swimming and snorkelling; we can also be found cycling. Mita LOVES snorkelling, often pushing the limits of her underwater breath holding ability having dove to depths round the 50ft mark. Mita is also an avid photographer.

**Blast:** *Where have you been on Ndakimenan? Where would you like to go?*

**J & M:** Prior to moving to Bear island, our lil family used to spend weekends at Finlayson Provincial Park, usually during the Canada Day anniversary weekend. Eventually we would like to discover as many of the special, secret, beautiful spots in the area as we can.

**Blast:** *Mita, are you still planning to teach ukulele lessons at LMLC this year?*

**Mita:** Oh, the ukulele. I really hope that it is something that I can at the very least introduce to the students who would like to learn to play it. I am more connected with the guitar over the ukulele though when time allows I would love to get a solid music group together at some point in the future.

**Blast:** *What other skills do you have that you would like to share with the community?*

**Jennifer** - I enjoy the arts in all their forms, particularly visual arts and drama. I believe participation in the arts is a profound way of developing a sense of self. It builds character and community and the product of your labours is a thing of beauty to be shared. I wish to find myself sharing my knowledge and passion with the community whether it be in school or outside of school.

**Mita** - Prior to being involved in the classroom with teaching and being the classroom EA,, my career consisted of working in the automotive trade as well as small engines. Hockey and speedskating were and early passion of mine as well and find it very therapeutic and liberating to be on the ice. I have been involved with snowmobiling and boating my entire life and have always been very close with nature. Beyond simply snowmobiling I've always been a tinkerer, getting the maximum performance out of my off-road vehicles. Free diving/snorkeling in the summer are passions of mine and the opportunity of having this unbelievable resource (Lake Temagami) is going to be such an awesome time!

**Blast:** *How does your class start the day?*

**J & M:** Our class starts with DPA (Daily Physical Activity). I believe this to be one of the foundational supports necessary for students success on par with a good sleep and a healthy diet. To look at the whole child helps you as a teacher deliver the curriculum effectively. Another part of our routine is our daily hand drumming and singing. This meets another fundamental need of our children in taking pride in their culture. Establishing a sense of self as well as the physicality of singing and drumming helps students balance their spiritual needs. By leaving these things out of my daily routine I run the risk of them becoming what can be called in teacher jargon "the null curriculum". To assume school teaches us what is important would also be to assume what we don't learn in school is of little importance.



**Blast:** What do you think are the important aspects of a child's education?

J & M: think developing a sense of self, understanding how to be happy and healthy are the "big ideas" of education. Under that umbrella, children must become proficient at communicating whether that be math literacy, language literacy or physical literacy.

**Blast:** How are you adjusting to island life?

J & M: We are BLOWN AWAY by the hospitality this community has shown towards us. We feel quite comfortable living here and looking forward to building our future here.



*On the Lake with the Grade 4/5 Class.*

**Blast:** Any thoughts, ideas, observations, or other things to share?

J & M: Technical training for the youth of this community in the small engine and automotive fields would be an awesome addition to the youth programming and educational opportunities on the island.

**Blast:** Everyone has a secret talent. What are yours?

J & M: Jennifer is double jointed in her hands and feet :) Mita has a prosthetic eye that she can pop in and out :)

**Blast:** Miigwetch!

## *Contributed with Love from Maria Sams*

Excerpts from a Lecture in London  
by Marcel Bandaranaike

Don't educate your children to be rich.  
Educate them to be Happy, so that when they grow up they will know the value of things, not the price.

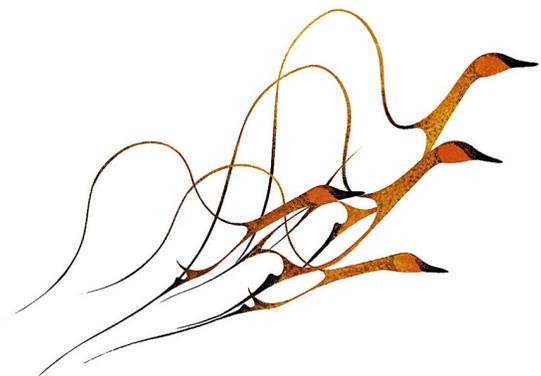
Eat your food as your medicine, otherwise you will have to eat your medicine as food.

The one who loves you will never leave you, because even if there are 100 reasons to give up you will find one good reason to hang on.

There is a lot of difference between human being and being human.

You are loved when you are born,  
you are loved when you die.  
—In between you will have to manage.

If you want to walk fast, walk alone.  
But if you want to walk far, walk together.



"SPRING FLIGHT"

BENJAMIN CHEE CHEE

## ***Random News, Accomplishments, and Other Good Stuff from the Community***

She Did It!

### ***Mackenzie Roy***

is now an OPP officer and working on the beat in the Orillia Detachment.



Mackenzie had a slight delay in graduating in June because she broke her ankle ( at a wedding dancing in heels 😊!).

After her recovery of the ankle she went back for the final 4 weeks she missed and was sworn in on February 3, 2017.

***Way to go, Mackenzie!!!***

### ***Collin Faubert***

Was recently featured on the Aboriginal Financial Officer's Association website for their "Recognizing Excellence" Column, citing the high quality of his work as a federal negotiator at INAC.

Excellent, indeed! You can see the feature and interview here:

<http://www.aboriginalprofessionals.org/blog/recognizing-excellence-collin-faubert/>



Gee whiz. Brains, character, good looks. Ouch!

## ***Deanne Hupfield***

Is a dedicated Fancy Shawl Dancer. Her talent and skill have most recently been displayed in a video from A Tribe Called Red's new album, "We Are the Halluci Nation". The video is for the song "Indian City".

You can view the video here:

<https://www.youtube.com/watch?v=t-4XlYv-gbs>

Deanne also teaches Indigenous Education.

Here's her website:

<https://www.deannehupfield.com/>



She offers Pow Wow dance lessons on Youtube too!

<https://www.youtube.com/sharedci=hCG73NnYvn0>



## ***Chasity Anne Morrison***

(Deanne Hupfield's niece,  
Marie Morrison's daughter, and  
Margaret Morrison's grand-daughter)

is only 13 years old, but she has already had her art displayed at the Art Gallery of Ontario. For real!

She is part of a group exhibit, on now, that features work from an Indigenous Youth internship program.



# Youth Workshop

*with*

*Perry McCleod*

**Thursday March 16, 2017**

DPHC

Lunch Provided

All Youth invited

RVSP or for more info contact Deva 237-8900 or

[cysw@temagamifirstnation.ca](mailto:cysw@temagamifirstnation.ca)

## Community Feast

and

## Restorative Justice Update

*Tuesday, March 28*

*5:30 pm*

*LMLC*

For More Info, Please Contact Virginia McKenzie at 705-237-8005 or

[Virginia.mckenzie@temagamifirstnation.ca](mailto:Virginia.mckenzie@temagamifirstnation.ca)

# NNADAP Worker Update

Kwe Kwe,

February has flown by. It was a very busy month with program planning, many community events and lots of training for me.

The women's circles were started. However, due to poor attendance, I have decided to try to start them in the spring when the weather is much nicer.

I attended the Relapse Prevention Training by Dr. Jim Cullen and the Community Wellness Development Team, in Wasauksing First Nation. There have been many changes to the program, so I am very glad that I attended this training. The other training I attended was Trauma Recovery Utilizing the Land; this training took place in Walpole Island. This was a great event to attend; I learned many things and made great connections with skilled people. I am hoping to access their services in the future.

During the month of March there will be a **Community Dinner and a Movie to celebrate International Women's Day, March 8, 2017 at 5:30 pm.** Also, the nurse practitioner Colleen will be in the community on March 15 & 16 to see the Suboxone clients and anyone who wishes to start the Suboxone program. Please call Paula at the Clinic if you would like an appointment. We also have 2 trainings taking place, Anger Solutions and Lateral Violence; finally, during the week of March 20 -24<sup>th</sup>, we are going to attend staff training off the reserve.

My hope for the rest of the year is to utilize all of this training to develop a cultural wellness approach to assisting people with their addictions, prevention of addiction and providing an overall awareness regarding substance abuse and other addictions. Our Community is small yet mighty. I have a great sense of hope that as a community we can recover and heal from past hurts. I believe that our motivation is that our young ones do not need to suffer the ails of alcoholism and drug addiction to the point of incapacitation. Addiction is not a moral issue, it is one of safety. In order for us to be mentally, emotionally, spiritually and physically safe or safer, it is a good idea for us to not have substances be a part of our life. I know that this seems far reaching...however I have Hope.

Miigwetch,

Paula (TFN NNADAP)

[Paula.potts@temagamifirstnation.ca](mailto:Paula.potts@temagamifirstnation.ca)

(705) 237-8900

Toll Free: 1-866-262-2862

*Sobriety is Like Pizza.....*

*When it's good,*

*It's really really good.*

*But when it's bad.....*

*It's still pretty darn good.*

# Addiction

*Substance Abuse article in Psychology Today— Contributed by Paula*

## What Is Addiction?

Addiction is a condition that results when a person ingests a substance (e.g., alcohol, cocaine, nicotine) or engages in an activity (e.g., gambling, sex, shopping) that can be pleasurable but the continuation of which becomes compulsive and interferes with ordinary responsibilities and concerns, such as work, relationships, or health. People who have developed an addiction may not be aware that their behavior is out of control and causing problems for themselves and others.

The word *addiction* is used in several different ways. One definition describes physical addiction. This is a biological state in which the body adapts to the presence of a drug so that drug no longer has the same effect, otherwise known as a tolerance. Another form of physical addiction is the phenomenon of overreaction by the brain to drugs (or to cues associated with the drugs). An alcoholic walking into a bar, for instance, will feel an extra pull to have a drink because of these cues.

However, most addictive behavior is not related to either physical tolerance or exposure to cues. People commonly use drugs, gamble, or shop compulsively in reaction to being stressed, whether or not they have a physical addiction. Since these psychologically based addictions are not based on drug or brain effects, they can account for why people frequently switch addictive actions from one drug to a completely different kind of drug, or even to a non-drug behavior. The focus of the addiction isn't what matters; it's the need to take action under certain kinds of stress. Treating this kind of addiction requires an understanding of how it works psychologically.

When referring to any kind of addiction, it is important to recognize that its cause is not simply a search for pleasure and that addiction has nothing to do with one's morality or strength of character. Experts debate whether addiction is a "disease" or a true mental illness, whether drug dependence and addiction mean the same thing, and many other aspects of addiction. Such debates are not likely to be resolved soon. But the lack of resolution does not preclude effective treatment.

## Symptoms of Addiction

- The cardinal symptom of addiction is the inability to limit use of a substance or activity beyond need leading to clinically significant impairment.
- There is a craving or compulsion to use the substance or activity.
- Recurrent use of the drug or activity escalates to achieve the desired effect, indicating tolerance.
- Attempts to stop usage produce symptoms of withdrawal—irritability, anxiety, shakes, nausea.
- Recurrent use of the substance or activity impairs work, social, and family responsibilities, creates psychological impairments and interpersonal problems, has negative effects on health, mood, self-respect, exacerbated by the effects of the specific substance itself.

*More next page...*

There are many symptoms created by the specific substance/activity that is used.

All addictions have the capacity to induce feelings of shame and guilt, a sense of hopelessness, and feelings of failure. In addition, anxiety and depression are common conditions among those with substance and behavioral addictions.

## **Causes of Addiction**

There are no specific causes of any addiction aside from use of a substance or activity, and there is no way to predict who will become dependent on use.

Any substance or activity that has the capacity to be pleasurable can provide the conditions for addiction.

All addictions impact various neural circuits of the brain, including those related to reward, motivation, and memory.

## **Treatment of Addiction**

Addiction is a treatable condition. The first phase of treatment from is withdrawal from the problem substance/activity. There are both physical and psychological effects that occur when substance-taking stops, including such physical signs as nausea and vomiting, chills and sweats, muscle cramps and aches, sleeplessness, shifts in heart rate, even fever. Emotional effects include depression, anxiety, irritability, and mood swings. Withdrawal symptoms typically last three to five days. While they are rarely life-threatening, medical supervision is usually provided in residential treatment programs, and medications may be given to ameliorate the acute discomfort of withdrawal.

Behavioral therapy and counseling are important elements of treatment. Cognitive behavioral therapy is often used to help patients identify, avoid, and cope with situations in which they are most likely to abuse drugs or activities. The technique of motivational interviewing is often employed to remind people of their values, as a way of avoiding use. Family therapy may be provided to help the patient maintain a supportive environment and improve family functioning.

Rehabilitation programs are often needed to help patients regain necessary job and other skills.

## **Relapse of Addiction**

Relapse is now seen as the rule rather than the exception in addiction recovery. And it is no longer viewed as a catastrophe but as an opportunity for learning more and better strategies for overcoming urges and for identifying the moods and situations that are likely to be difficult.

What is inappropriate is black-and-white thinking about success that turns a slip-up into a disaster and sees it as a sure sign of defeat. The fact is that it takes time to change all the mental apparatus that supports any particular habit-the memories, the situations that trigger craving, and more. Addiction changes brains, and it takes time to change brains back.

## Compulsive and Addictive Behaviors

Addiction is not limited to biochemical substances such as cocaine, alcohol, inhalants, or nicotine. It is increasingly possible for people to experience so-called behavioral addictions. Activities such as gambling, eating, pornography viewing, and playing video games are particularly conducive to addiction because they provide the opportunity for immediate reward. The fast feedback that occurs in a gambling setting can quickly turn a pastime into a compulsive pursuit of reward, where one can't voluntarily disengage from the activity and harmful consequences occur-from losing large amounts of money to disruption of relationships.

Similarly, the frequent cell phone texting that many young people do, in which they send and receive hundreds of messages a day, contains the conditions for addiction. Many observers contend that it is especially problematic because it can interfere with one of the major tasks of development-developing effective mechanisms of impulse control.

### **Conclusion:**

*After reading this article, I had decided to share the common theme that exists among the 12 step recovery groups. Addiction is a progressive, incurable and chronic disease, in which a person(s) did not cause it, they can't cure it or control it. The significant others in the addicted person's life are also affected and can become quite unbalanced due to this disease in their attempt to control, cure or help the addicted one. Therefore it is seen a family disease. Though all of this may seem hopeless, many people recover. The disease can be arrested (stopped) where in which many people accept their disease, learn management skills, and go on to lead full, productive, even happy lives. My teachers have always told me that as long as the heart still beats, then there is hope.*

*There is no shame in asking for help; also, we are blessed with many supportive community members who hope for the best for everyone.*

*Miigwetch,*

*Paula, your NNADAP Worker.*

[Paula.potts@temagamifirstnation.ca](mailto:Paula.potts@temagamifirstnation.ca)

(705) 237-8900

Toll Free: 1-866-262-2862



# TMFC Update

*With Tammy Presseault*



Kwe Kwe,

I have not made a Blast submission in quite some time and have a lot of things to share.

First of all, I want to say Welcome Back to Amy Paul, who was on maternity leave. Lisa Paul who filled in for her is still with us, and Angel Paul has also joined our team as part of the Youth Opportunities Project. They will be with us until the end of March.

Jennifer Sinclair officially joined the TMFC team in September 2016. Jennifer's skill as a chef is unique. Jennifer has experience with AHS and is planning menus, using indigenous foods like fish, venison and other vegetables and fruits. She is also planning for cooking experiences for the children. Michelle Polson is also back, filling in as a relief worker and assisting me with some of the administration duties. Michelle has been invaluable, sharing her creativity and organizational skills in the daycare.

I would also like to say Miigwetch to Wayne Potts, Health Services Manager who has also been very helpful to me. He is very kind and has made very positive suggestions to help our programs.

One important notice that is going out next week is there will be a call out for Aboriginal Head Start Parent Committee members. We have posted for an AHS/RECE worker and the goal is to offer more parent and family programming and to assist parents with things they need. A survey will be sent to all our parents asking for your input on what sorts of services and supports we can offer through Aboriginal Head Start to give our children and families the best head start.

The daycare was licensed on November 18<sup>th</sup>, 2017. This process has changed from previous years. The new licensing requirements have changed and the policies have to be amended and new ones developed. I am looking forward to hearing from parents and will provide the opportunity for you to have your recommendations heard.

I would also like to invite the Ministry of Education representatives back to the community to provide information on "How Does Learning Happen?". Lily Boucher, our Program Supervisor is willing to come to provide information and give parents the opportunity to discuss this curriculum approach. I do think there are many misconceptions about play and inquiry based learning.

The daycare employees had the opportunity to participate in a session with Janet Fox and some also participated in the Traditional Parenting Program too. I would like to invite Janet back to continue with what she started with when she was here. She seemed to have a lot of knowledge that was impossible to share in one day. When she worked with the staff, she touched on lateral violence and how this affects our children. She also talked about the importance of the daycare, school and parents working together. This is a very important message to share.



## TMFC Update, Continued

I want to say Miigwetch to Patsy Turner for coming to the TMFC and drumming with the children. The children love having visitors and they do participate. It really is a beautiful thing to see. I hope we can continue with this activity. I would also like to invite other community members to come share your talents and gifts with the children. We'll even feed you lunch or give you a good, nutritious snack! It is important for the children to know the people in their community.

In closing, I would like to ask community members to please use the utmost caution when driving up the clinic hill. I understand that parents are picking up their children from school at 12:00 and 3:30 p.m. but the younger children do travel to school from the daycare and vice versa, at these times. When the hill is icy and vehicles have to go fast, this could be very dangerous.

Chi-Miigwetch,  
Tammy Presseault  
RECE Program Supervisor  
Tillie Missabie Family Centre



TEMAGAMI FIRST NATION  
Bear Island, Lake Temagami, Ontario P0H 1C0  
Tel: (705) 237-8900 Fax: (705) 237-8912  
Toll Free: 1-866-262-2862

### *A message from Health Services Manager Wayne Potts:*

On behalf of the Families in the Community I want to give a shout out to

***Donna Mattias*** who took the lead in organizing the Family Weekend at the Great Wolf Lodge ... also to

***Alice Becker*** for her support, help and guidance in the process of getting everything in place ... MEEGWETCH ! ... to all others helping as well.

A special thank-you to all the Families of Makwa-minising for your active participation ... fundamental to Healthy Families is having fun together and from what I observed at the Great Wolf Lodge ... that's exactly what families were doing ... WTG people ... stay strong ... stay positive ... always remember ... we have much to be thankful to Creator for ... God Bless! :)

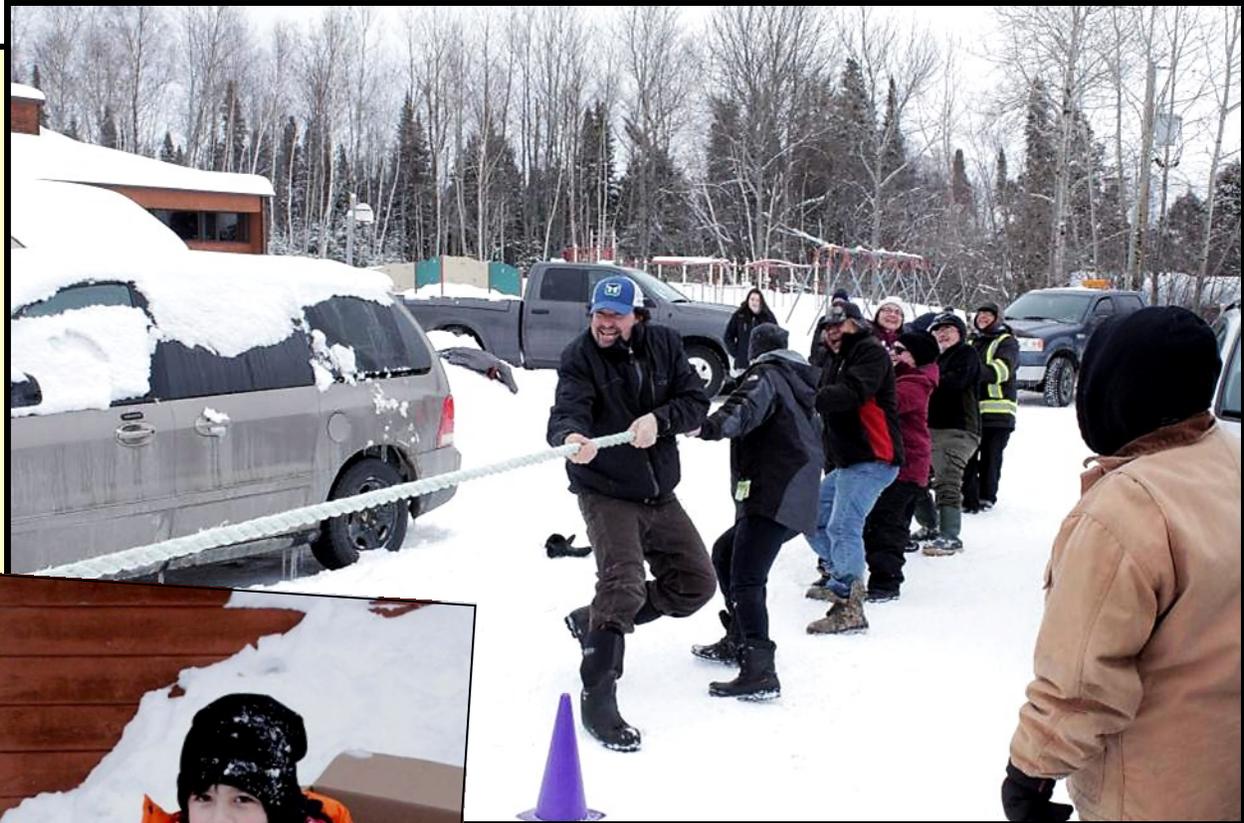
***Check out the back page of the Blast for some pics from the trip!***

# BEAR ISLAND WINTER CARNIVAL

February 11, 2017











*Playing zhoosmaan.. A traditional Anishinaabe game.*





*Chi Miigwetch to Patsy and all the LMLC staff, volunteers, and everyone who participated in the 2017 Winter Carnival!*



*Carnival Prize Winners,  
from top left to right:  
Brianna Friday, Leodon  
Pereira-Gibson; Kloe  
Placken; Tyson Peshabo;  
Tom Mathias; Liam King;  
Alex Paul; Jamie Friday.  
Left, Carnival King Jamie  
Saville, Carnival Queen  
Kandace Donnelly,  
Carnival Prince Denton  
Saville, Carnival Princess  
Alysha Donnelly.*

# MARCH 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
			Youth Dinner @ 5:30pm	Gym Night 7-13yrs @ 6:30pm		
12	13	14	15	16	17	18
	Lateral Violence Workshop 9-4pm Craft Night 6:30-8pm	Lateral Violence Workshop 9-4pm Craft Night 6:30- 8pm	Cultural Camp Shining wood Bay	Perry McLeod Youth 16+ 10am Perry McLeod dinner/circle 5:30pm		Last Day Cultural Camp
19	20	21	22	23	24	25
Firearms 9-4pm Lunch/movie North Bay for ages 7-11yrs				Gym Night Ages 7-13yrs 6:30pm		Skidoo Course Time TBD
26	27	28	29	30	31	
Youth 12-18yrs Lunch/movie North Bay ages	Women's Dinner 5:30pm	Craft Night ages 7-13yrs 6:30-8pm Gym Night Ages 14+ @ 7pm	Language Conference Youth Sault Ste. Marie			

## Family Healing and Wellness Highlights

705-237-8900



**Client shopping trips for men** please call Fred @ DPHC (7052378900) by March 27, 2017.

### Youth Programs

- Gym Nights 14+ on March 28 @ 7pm @ LMLC
- Youth Lunch/Movie 12-18yrs on March 26, 2017, please call Deva if interested in attending
- Perry McLeod March 16, 2017 @ DPHC 10am (lunch provided)

### Children Programming

- Gym Night 7-13yrs on March 23 @ 6:30pm @ LMLC
- Craft Nights March 13, 14 and 28<sup>th</sup> at 6:30pm @ DPHC
- Lunch/Movie North Bay on March 19, 2017 please call Deva to sign up if attending.

\*Perry McLeod dinner Circle on March 16, 2017 @ 5:30pm & Women's Dinner on March 27, 2017 @ 5:30pm @ DPHC please call Jayne or Fred if attending.

Questions please call the DPHC  
@ 7052378900

March 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14 Mining Information Session @ Lands & Resources 1:30-8:30 Dinner 5pm RSVP 8600	15 <b>Elder's Lunch and Bingo</b>	16 Lunch and Fish Compensa- tion Info Session With Alamos / Environment Canada @ Lands & Resources 12 pm	17	18
19	20 <b>Regular Council Meeting 7 pm @ Lands and Resources</b>	21 Lands & Resources Forestry Info Session and Dinner 5-9 pm @ LMLC	22	23	24	25 <b>Skidoo Course LMLC</b>
26	27	28 <b>Restoration of Justice Community Info Session and Feast @ LMLC 5:30 pm</b>	29 <b>Elder's Barbecue 12pm</b>	30 Loop Push and Lunch 11:00 am Info: BI Police 705-237-8963 or LMLC 898	31 <i>Deadline to Apply for Summer Camp Program</i>	<b>Notes:</b>

*AA Meeting every Thursday 7pm @Elder's*

*First Aid Course April 6, April 7—Contact Linda 705-237-8600 to Register*



*TFN Families had a fantastic time at  
Great Wolf Lodge!*

*Chi Miigwetch to Donna Mattias, Alice Becker, and all the Staff  
who made this great trip happen!*

