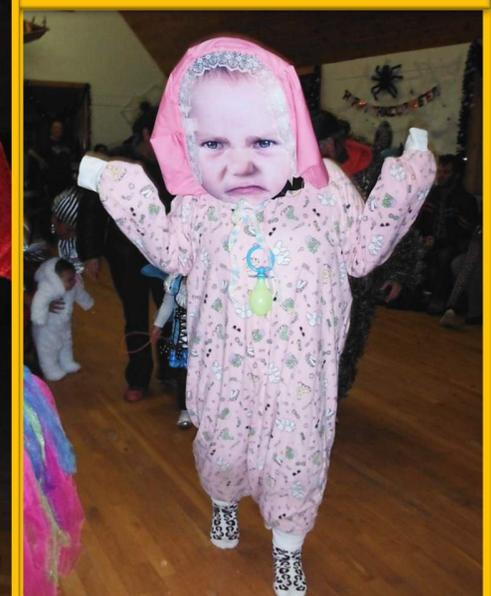
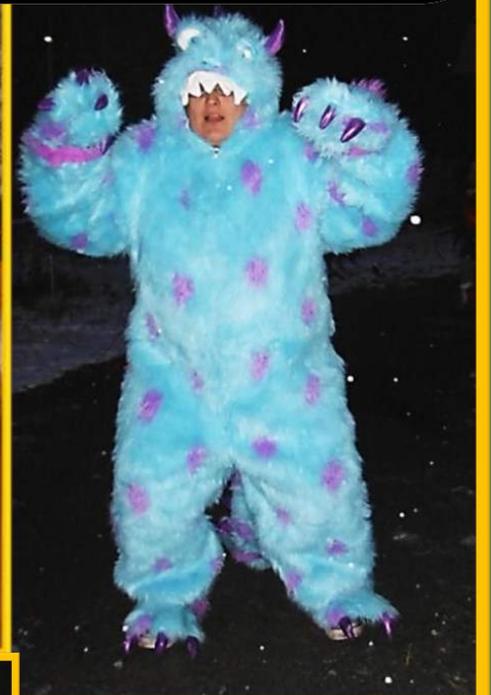


B.I. BLAST



Adikamek Giizis- Whitefish Moon

November 2014



Just Another Day on Bear Island... October 31st!

Kwe Kwe to Everyone out there in BI Blast Land!

We got our first sprinkling of snow, and it looks like winter is around the corner. If the amount of snow we're in for is the same as the rain we've gotten, we're in for a load.

Hallowe'en on Bear Island was a hoot, as always... cute, funny, and scary costumes, tons of candy for the trick or treaters, and a great dance at the Rec Centre. Chi Miigwetch to the Clinic crew and all the workers and youth who did a great job of organizing. The decorations were great and the snacks were awesome. And are the people of this island serious about Musical Chairs or what? There was some stiff competition which made for a lot of laughs and great memories.

Congratulations are in order for a couple of community gals... Tammy Cole, IT Specialist extraordinaire, showed that she's an awesome hunter as well when she shot her first moose.



Tammy



The Red Sky Crew

Sandra Laronde and her arts / performance company Red Sky are off to Shanghai, China for the International Arts Festival, where Red Sky will be the featured Canadian company there. Yeah, Sandra!!!

Remembrance Day comes up on the 11th... the Blast salutes our only surviving veteran Tom Saville for his amazing resilience and character and for the service he gave in his time during World War 2. We are grateful to all who gave of themselves during wartime, and that includes those who stayed behind-raising the children, keeping the home fires burning, and trying to keep life as normal as possible in a very difficult time. It is truly a blessing to live in a time and place where there is peace. Miigwetch.



Tom Saville, Sr.

Introducing...
Tyson McKenzie Clarmont!



Born October 8, 2014 weighing in at 9 lbs. 5 oz.

*Proud parents are Tanya (McKenzie) and Warren Clarmont
of Victoria BC*

Big sister Sadie loves him !!!

*See you at the Cenotaph on
November 11th for*

Remembrance Day

Zhimaaganish Giizhigad

Our World War 1 Veterans:

Joseph Friday

John Katt

Donald McKenzie MM

Charles Moore

Charles Potts

Thomas Potts

Henry Ryder

John Turner

Our World War 2 Veterans:

George Becker

Raymond Becker

Walter Becker

Benjamin Belaney

Hubert Brown

George Friday

Wilfred Friday

Maurice McKenzie

Steve Missabi

Margaret Moore Turner

Gordon Morrison

James Morrison

Robert Morrison

Joseph Page

Alfred Petrant

Robert Petrant

Donald Potts

Frederick Potts

Earnest Roy

Norman Saville

Gordon Turner

Robert Turner

Kathleen Turner Saville

Richard Twain

William Twain

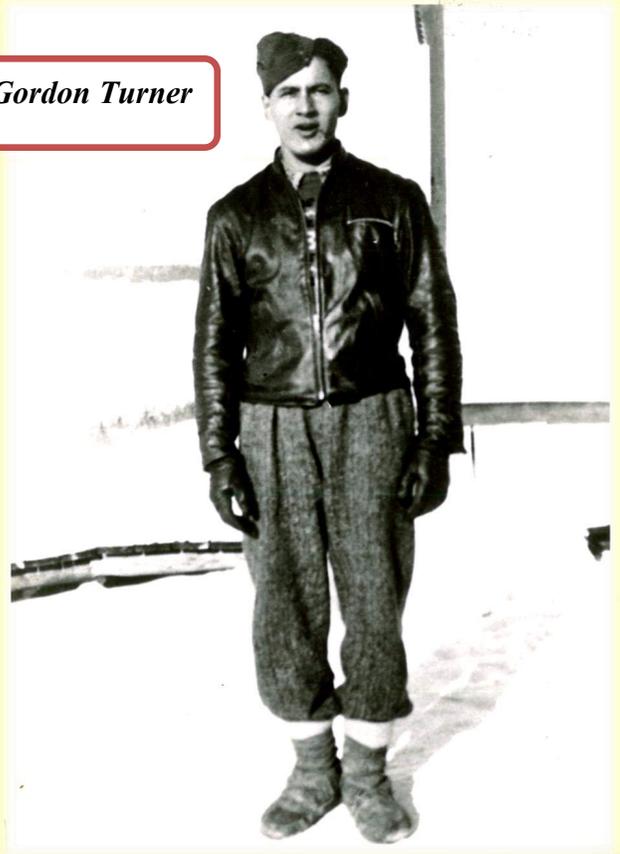
And 94 Years Young Tom Saville

Chi Miigwetch to All Veterans...Here Are a Few of Ours.

Bob Petrant

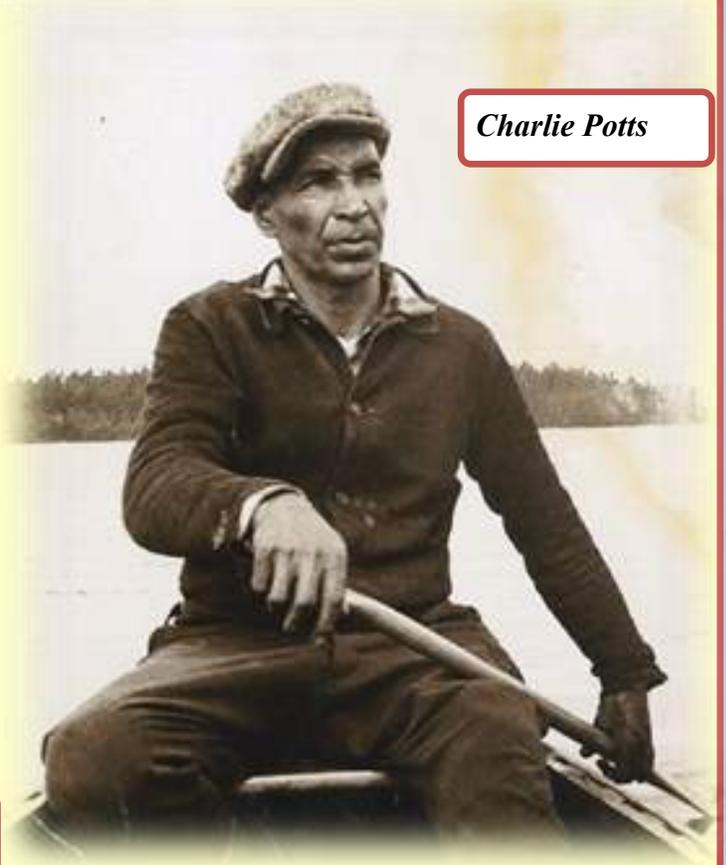


Gordon Turner



Donald McKenzie (left) with William Petrant

Charlie Potts



Cathy Metcalfe



Would like to say Chi Miigwetch to everyone who helped with the fundraiser for her new mobile chair: Her daughters for organizing it, her friends and family for donating, and all those who contributed.

Her best buddy Memphis says thank you too!

A big Welcome to Bear Island's new OPP Officer

Brad Kerr

Brad is from North Bay, and spent the last several years working far from home in Pikangikum and Attawapiskat.

He says both places were very busy, and the long commute was hard. Brad is enjoying the peace and beauty of Bear Island and being closer to his family. He is looking forward to doing positive prevention work with the Youth and getting to know everyone.

Miigwetch Brad, we know you and Tom will be a great team!



Elder's News

The Elders have some great events coming up this month...

Poker Night

Friday, November 7- doors open 7pm,
game starts 7:30pm



Elder's Bazaar

11am until ? Sunday, November 23



Elder's Turkey Bingo

Sunday Nov 30 doors open 12:30,
games start 1pm sharp



...And Craft Night

Every Tuesday evening at 7pm



***See You There!
Let's all support the
Elders and have
some fun!***

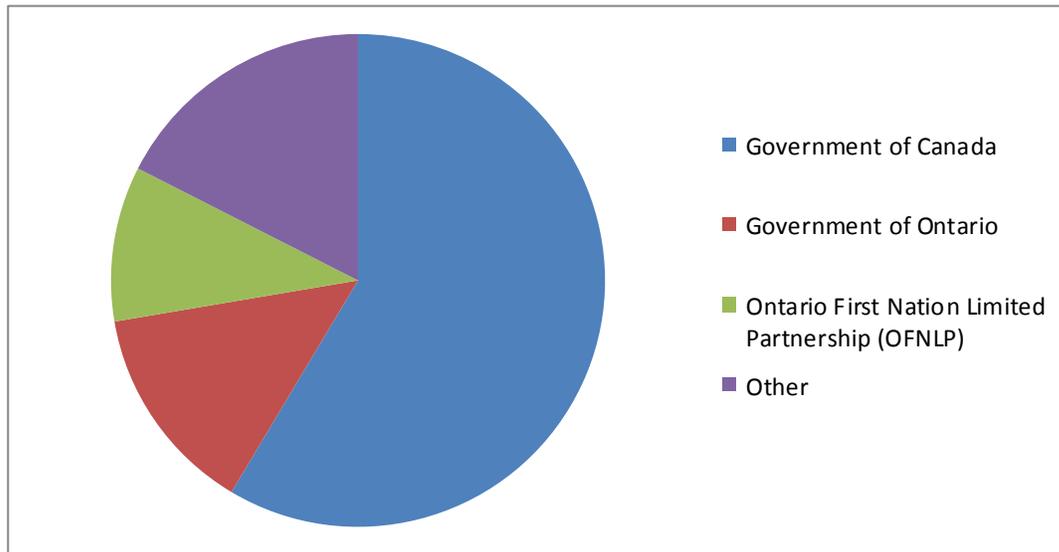
Here's Another Article From TFN Finance Manager

Vicky Blake. Miigwetch, Vicky!

GWAY-A-KO-CHI-GEWIN as explained in the October BI Blast means Strong Accountability. We are committed to financial transparency and have a responsibility to the community to explain the financial position of Temagami First Nation. Below is a piece of financial information that may be of interest. Please do not hesitate to ask any questions.

TFN REVENUES

In 13/14, our revenues totalled \$7,714,294. The sources of those revenues are noted in the pie chart.



We need to know what our revenues are before the spending can occur.

*"My chequebook isn't overdrawn,
it's underfunded!"*



Vicky.blake@temagamifirstnation.ca

(705) 237-8943 Toll Free (888) 737-9884 Fax (705) 237-8959

TFN Band Office, General Delivery, Bear Island, ON P0H 1C0

INTEGRATED DIABETES CARE TEAM

A Project with Nipissing, Dokis and Temagami First Nations



On October 15th, Temagami First Nation launched the inaugural Zisbaakdonaapnewin E-naagdawenjgejig Integrated Diabetes Care Team (Integrated Diabetes Care Team) Clinics .

On that day, a total of seventeen service providers came together to provide innovative and integrated diabetes services to First Nation citizens residing on Bear Island.

The Temagami First Nation Integrated Diabetes Care Team is responsible for ensuring that not only the minimal Diabetes Standard of Care Screening Tests occur annually but that optimal additional services for First Nations people living with diabetes are covered for each client they see. The role of the integrated inter-disciplinary team is to improve continuity of services that includes ongoing screening, diabetes management, education, medical supervision and referrals to specialized services. Collectively they work with the client to advocate, safeguard and case manage to optimize their experience and minimize the barriers listed above.

The Temagami First Nation Integrated Diabetes Care Team members saw approximately 16 clients in a World Café format held in the community centre. This allowed for an informal setting characterized by switching stations and engaging in relevant diabetes related discussions. Clients and service providers participated in an interactive lunch and learn. This provided members living with diabetes to meet with a wide variety of health service providers in a culturally-safe setting on the First Nation. Each station is designed in such a way that most if not all components of Diabetes Management Clinical Practice Guidelines (2013) are screened and followed up in one setting. At each station, visiting service providers were paired with community service providers. This promotes culturally safe diabetes care, enhances knowledge transfer, increases access to appropriate wholistic services and improves overall diabetes management. At the end of the day, the Integrated Diabetes Care Team members collectively participated in case reviews and ensure appropriate follow-up and referrals are made.

Members of the Temagami First Nation Integrated Diabetes Care Team include the following service providers:

Chiroprapist	Health Promotion Worker
Personal Support Worker	Respiratory Therapist
NNADAP Worker	Social Worker
Psychotherapist	AHWS Wellness Worker
Registered Nurse	Community Health Nurse
Pharmacist	Health Services Manager
RN Certified Diabetes Educator (CDE)	Registered Dietician
Community Health Representative (CHR)	

For more information, please contact Doreen Potts Health Centre, (705) 237-8900

Lands and Resources News

Temagami First Nation & Teme-Augama Anishnabai will be seeking intervener status at the NEB hearings. TAA Councillor

TransCanada Energy East Pipeline Update:

National Energy Board Staff Visits Bear Island

On October 17th, representatives of the National Energy Board (NEB) and Natural Resources Canada (NRC) attended a meeting with TFN Lands and Resources Staff, TFN Chief and Council, and TAA Chief and Council. The meeting was open to the community and several citizens attended. The subject was TransCanada's proposed Energy East Project to build new pipeline and convert existing natural gas pipeline into an oil pipeline. The purpose of the meeting was to explain and discuss the NEB's process of considering the TransCanada Pipeline proposal, and how the TFN/TAA can have meaningful input to have our views and concerns included in the NEB process. NEB has the power to give a yes or no to pipeline proposals, according to federal law. At the end of the NEB hearings, the Board makes a recommendation report to the Federal Cabinet; ultimately it is the Federal Cabinet who makes the decision yes or no to the proposed project.

Robin Koistinen commented on the amount of pipeline propaganda in the media paid for by the Federal Government and stated that it makes for "bad optics", indicating that the federal government is already committed to building pipelines and therefore the NEB Hearing process is likely meaningless.

As the proposed pipeline runs through over 80km of n'Daki Menan along the existing natural gas pipeline route, this community is automatically considered to be "Directly Affected". Therefore NEB is obliged to advise TFN / TAA that we qualify to apply to be part of the Hearing process as a "Participant". It is still up to us to apply for participant status and to apply for funding to participate.

Marie Paul commented about the process, stating that she felt the entire setup is backwards; she said, "YOU should be coming to US". She stated that funding to participate should be automatic, not dependent on "applying" for it. Marie says she finds it frustrating that government and industry offer "consultation" with First Nations, when in fact they should ask for the First Nation's permission before considering any development.

Lands and Resources Manager Robin Koistinen commented to Natural Resources Canada that "The Duty to Consult with First Nations rests directly with the Crown, not an agent of the crown such as the NEB. The consultation process is already laid out, with no input from us; it is predetermined consultation. We need a fair consultation process."

NEB and NRC provided PowerPoint presentation that is available on request from Leanna Farr, Lands Research & Policy Assistant at lands@temagamifirstnation.ca 705-237-8275.

There is additional detailed information available on the NEB website here:

<http://www.neb-one.gc.ca/prtcptn/nfrmtn/brgnlppl-eng.html>



Lands and Resources News– NEB Visit, Continued

When the meeting occurred on October 17th, TransCanada Energy East had not yet officially submitted its proposal to the NEB. The proposal was officially submitted on October 30th, which triggered the start of the NEB Hearing process. The news release regarding this official submission is available here:

<http://transcanada.mwnewsroom.com/Files/ce/ce8ad3ee-3bd2-4daa-9b39-5f0abc58e46d.pdf>

Non-computer users are welcome to contact Leanna above to receive the information from these links.

Aani!

I would like to introduce the newest member of the Lands and Resources Department. Her name is Marlene Bilous and she has just been hired as the Land Code Development Coordinator. As you are aware, the Temagami First Nation recently signed an agreement to develop a Land Code for Reserve lands.

Marlene has an MA in Political Economy with a thesis in Community Development and one year of law school.

She has considerable and varied experience working with First Nations, Inuit and Metis in Canada. Recently, she worked as the Mining Analyst for the Union of Ontario Indians. Prior to that, she worked with Tom Laronde and Four Winds to prepare a strategic plan and a communications strategy for housing for the Assembly of Manitoba Chiefs. She also worked with Tom at Neegan Burnside to prepare housing strategies, health inventories and certification plans for tribal councils in Manitoba.

Marlene worked for the Nunavut Housing Corporation for three years as the Manager of Policy and Planning.

Prior to this, she worked as a Senior Policy Analyst in Federal Provincial Relations in Finance in Manitoba, where she was a key player on the development of the Urban Aboriginal Strategy for Winnipeg which held public consultations that over 1000 people attended.

Marlene also served as Assistant Secretary to the Native Affairs Committee of Cabinet which dealt with the complex issues dealing with First Nations in Manitoba.

I am pleased to welcome Marlene to our Department. When you have the opportunity, please extend your greetings to Marlene.

Meegwetch!

Robin Koistinen
Temagami First Nation
Lands & Resources Manager
(705) 237-8275



Marlene Bilous, TFN's Land Code Developer.

**On October 2nd and 3rd, 2014, The People of
Temagami First Nation / Teme Augama Anishnabai
had a peaceful showdown with the MNR.**



**TEME-AUGAMA ANISHNABAI / TEMAGAMI
FIRST NATION**

**N'Daki Menan Lands and Resources Department
BEAR ISLAND LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 705.237.8275 FAX 705.237.8959
www.temagamifirstnation.ca**



October 2, 2014

News Release

The Temagami First Nation and Teme-Augama Anishnabai held an emergency Joint Council Meeting and are advising that the Crown, as represented by the Ministry of Natural Resources has until noon, Friday, October 3, 2014, to give us a Red Squirrel Road key for the Barmac Gate, failing which, we will cut the MNR lock and man the gate.

Background, Temagami First Nation and Teme-Augama Anishnabai over the years have repeatedly attempted to obtain a key for the Red Squirrel Road Barmac Gate. Since November of 2013, we have written and held several meetings with the Ministry of Natural Resources representatives over the Key.

On October 1, 2014, MNR representatives attended a meeting at Bear Island. At this meeting, through a mutually agreed upon respectful process between the Crown and Temagami First Nation/ Teme-Augama Anishnabai (TFN/TAA), we were to receive keys to the Red Squirrel Road Barmac Gate to facilitate TFN/TAA exercise of aboriginal rights. As part of this process, the Red Squirrel Road Barmac Gate would be respected, while TFN/TAA members exercised their aboriginal rights.

At this meeting and without warning, MNR has opted at this time to disrespect our rights and will not give our Nation the key, citing that they need to do further legal review on the conditions of the Red Squirrel Road Individual Environmental Assessment.

The MNR-C-2 Compliance Order Made Under the Environmental Assessment Act, signed by Minister of Environment, Jim Bradley on August 8, 1990, states: "The establishment of a Stewardship Council in Temagami will allow the Teme-Augama Anishnabai to participate directly in the management, final completion and potential future operation of the Red Squirrel Road Extension."

Further conditions of the same order:

Section 1, Except as determined from time to time by the Stewardship Council for matters relating to the RSR Extension: including matters relating to the area to be access by the RSR Extension, and except as modified by these terms and conditions, the provision of the Approval apply.

Section 3, Once the Stewardship Council is formally constituted, MNR shall arrange for the Stewardship Council to carry out, at its discretion, monitoring of the effectiveness of the environmental mitigation measures used in connection with the Red Squirrel Road Extension.

Section 4, If the Red Squirrel Road Extension is to be used for timber management purposes, the MNR Environmental Guidelines for Access Roads and Water Crossings shall be followed, except as otherwise determined by the Stewardship Council.

To our collective knowledge no amendments were ever made to the MOE Order. Therefore, the question that remains: “are the actions and/or activities that the Ministry of Natural Resources are permitting lawful behind the Red Squirrel Road Bar Mac Gate, given this Order implies the authority would lie with the Wendaban Stewardship Authority.”

On several occasions both in writing and verbally, we have reminded the Crown that the Bar Mac Gate is located within the Lands Set Aside in 1996, which are to provide new economic development opportunities and to facilitate the land-claim by the Teme-Augama Anishnabai/Temagami First Nation. Exercising our aboriginal rights of harvest significantly contributes to our peoples’ economic well-being.

We have advised the forest industry operating behind the gate of the necessary steps that we need to undertake to exercise our aboriginal rights and that we will not be impeding their access.

Chief Arnold Paul, Temagami First Nation, stated that, “we have the inherent right of self-government that came from the Creator and that we have occupied n’Daki Menan since time immemorial. We will not tolerate our Nation to have to seek permission to exercise our aboriginal rights on n’Daki Menan. This is another provincial government attempt to oppress our people from exercising our aboriginal rights within our Tribal Territory. The provincial government’s actions are unlawful and contrary to Section 35 of the Constitution, which recognizes and affirms our aboriginal rights. Further, our Inherent Rights to our Tribal Territory is also recognized by the United Nations Declaration on the Rights of Indigenous Peoples, Article 26, which has been endorsed and supported by the Government of Canada”

Chief John McKenzie, Teme-Augama Anishnabai, stated that, “we have never surrendered n’Daki Menan and our rights to occupy n’Daki Menan. We are peaceful people who have attempted to negotiate a Treaty of Co-Existence between our Nation and the Crown. These attempts by the Provincial government to limit our authority and exercise of our rights to our lands and resources cannot be tolerated by our Nation. Despite several promises from the Crown to provide the key, the honour of the Crown is not being upheld in these actions.”

For further information contact:

Robin Koistinen

Lands & Resources Manager

Temagami First Nation

(705) 237-8275



Gathering Together and Waiting at Red Squirrel Road...



Chief Arnold Goes to Meet the MNR Staff, Who Show Up 20 Minutes Before the Noon Deadline



MNR Rep Randy McLaren Opens the Gate



Handing Over the Key

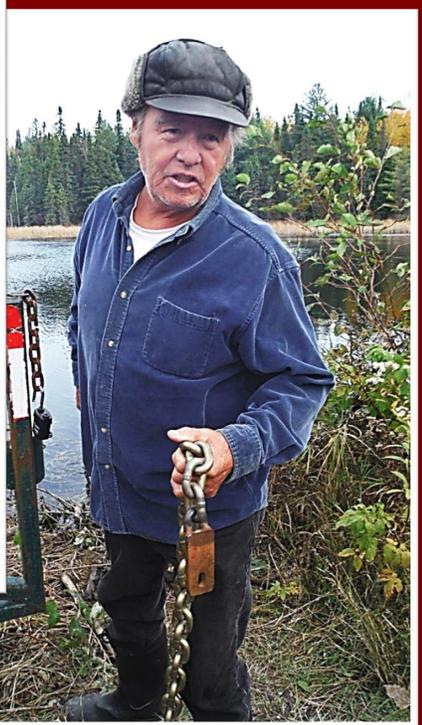


Handshake



Official Apology









TEME-AUGAMA ANISHNABAI / TEMAGAMI FIRST NATION
N'Daki Menan Lands and Resources Department
BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
705.237.8275
FAX 705.237.8959



October 3, 2014

NEWS RELEASE

Ministry of Natural Resources (MNR) recognizes that Temagami First Nation and Teme-Augama Anishnabai have the rights to access and be involved in the management of their Traditional Territory, n'Daki Menan.

MNR received conditional approval of the Red Squirrel Road Extension on basis that Teme-Augama Anishnabai would participate directly in the management and potential future operation of the Red Squirrel Road Extension.

Chief Arnold Paul, on behalf of Temagami First Nation/Teme-Augama Anishnabai received keys and an apology from the Ministry of Natural Resources and Ontario, from their designated representative Randy McLaren, Supervisor, Resources Operation Team, MNR North Bay.

Chief Arnold Paul states, "The issue was not solely about the key but our rights to utilize and access our homeland, n'Daki Menan, including our rights to harvest traditional foods. Unfettered access relieves the hardship of transferring goods to and from our hunting and trapping camps."

Councillor Sherwood Becker, Sr, Temagami First Nation, stated, "that he expects that MNR and Province will apologize in writing."

Chief Arnold Paul states, "that this is a step in moving forward towards reconciliation with the Crown, however, we must recognize that there is a lot more work to be done."

Chief John McKenzie stated that "receiving the key is a recognition of the work that started in 1990 that the Temagami First Nation and Teme-Augama Anishnabai have to be involved in the land stewardship of n'Daki Menan."

At the gate Chief Arnold Paul also requested a moment of silence in recognition of the Vigil being held for the Missing and Murdered Aboriginal Women in Canada.

For Further Information, please contact:

Robin Koistinen
Lands & Resources Manager
Temagami First Nation
(705) 237-8275

Please check out the group shot of everyone at the Road that day...on the last page / back cover.

Halloween 2014





LMLC NEWS



This year at LMLC, the students have divided randomly into 4 teams. The team that earns the most points over the month wins the monthly prize. They earn points daily from: showing up on time for school, not being late, doing their homework, getting their agendas signed, doing acts of kindness, and participating in fundraising efforts such as selling tickets or working at the bingo.

They get to pick their prize, ie. Ice cream party, movie and treats, free gym time, free outside time, etc.

At the monthly assembly each teacher also recognizes individual students as well for Virtue of the month, academics and positive social behaviour.



Ania receives her award from Theresa



Angel receives her award from Mr. B

Many thanks to the Elders for holding a successful bingo night with LMLC last month! It was a lot of fun. The Dinner for 6 fundraiser tickets are on sale now- see the flyer on the next page. We'll be holding more events throughout the year.

LMLC Fundraiser

Dinner for Six is Back!

Draw Date: Wednesday, November 5

Dinner Includes:

- *Cabbage Rolls*
- *Perogies with toppings*
- *Garden Salad*
- *Fresh mixed Vegetables*
- *Dinner Rolls*
- *Pumpkin Pie with whipped cream*

Dinner sponsored by:

<p>Paul Murchison Refrigeration & Air Conditioning RESIDENTIAL & COMMERCIAL Fully Licenced & Insured 705-491-5566 <i>Service with Integrity</i></p>	<p>Don's Butcher Shop 220 King St. Sturgeon Falls, ON 705-753-9500</p>	<p>Chez Jean-Marc Bakery 48 Front St. Sturgeon Falls, ON 705-753-2792 Gluten Free: 705-580-3029</p>
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Tickets: \$ 1.00 each or 6 tickets for \$ 5.00

Feel free to call us at 237-8982 if you have any questions or wish to purchase tickets. Chi-Mügwetch! Proceeds go towards the year-end trip.



*A special thank you to all that came out to support the
Big Prize Bingo.*



LMLC NEWS



Kinoomaage Gamig Anishnaabemowin - Ojibway Language at the School

This month we have reviewed Fall and Thanksgiving words. The students learned vocabulary for Thanksgiving dinner and then made turkey dinner plates using play-doh.



Once their dinner plates were ready they had to use them to act out scenarios of having a visitor come over, and offering them something to eat. We followed up this activity with a tag game called "Mizise Roadkill" (Turkey Roadkill). The students thought this was great and had fun using the language during the game.

The students also got to eat apple and pumpkin pie as part of the food lesson.



In addition to this the students are continuing to learn the words for the Eight Thunderbird drum song and starting to practice using the drum. We only have 5 drums at the school so students are welcome to bring their drum from home.

We've been spending some time on a chapter story called "Walking with Miskwaadesi", a story about Nokomis Annie and her journey helping the Earth and in particular mishiikenhag (the turtles). Annie goes through 13 challenges, like the 13 parts of mishiikenh's shell.

Kinoomaage Gamig Anishnaabemowin - Ojibway Language at the School

It has been interesting, now that we are two months into the school year, to see the students becoming more confident with using the words and songs. Some students more than others but overall the comfort level is improving.

Over the next month we will be using the CAN8 language learning computer program to practice the language. This program is easy to use. It can be a valuable and motivating learning tool. The students will hear the word and practice their pronunciation using a microphone and the computer records their voice. Also next month we will be working on the poem, Flander's Gtiganing for Zhimaaganish Giizhigad (Remembrance Day). Miigwetch, gwaabmin. ~Patsy Turner



LMLC Bingo Night at the Elder's Building



Photos by Desi Senf

Introducing... LMLC's New Teachers, Kevin and Melanie Bykkonen



Kevin and Melanie are LMLC's newest staff members, so the Blast thought it would be nice to give everyone a chance to get to know them.

Blast: Where are you from?

Kevin- The Upper Peninsula of Michigan.

Melanie – Sault Ste. Marie, ON

Blast: When and how did the 2 of you meet?

Kevin and Melanie: We met while we were attending Lake Superior State University in Michigan. We were both working at a small on campus restaurant at the university.

Blast: How did each of you decide to become a teacher? Where did you take your education?

Kevin- If I look back to when I was in school, I doubt I would be where I am now if I didn't have some great teachers along the way. I would like to make that sort of difference for the students I have. I got my Masters in Education at Medialle College in Buffalo NY.

Melanie- Similar to Kevin's response - My Grade 4 teacher was a real inspiration to me and was one of the major reasons I pursued a teaching career. Her ability to guide students, her fairness, and her sense of justice made me aspire to bring these things to my own classroom.

Blast: Kevin, we hear that you were in the US Marines. How long were you a Marine? What was it like? Where did you go?

Kevin: I was in the Marine Corps for a total of four years. I joined the day after 9/11. While I was in I did two tours in Iraq and one in Djibouti Africa. It was a life changing experience for me. I was able to see parts of the world I will probably never see again. I would do it all over again if I had the chance.

Blast: As a couple, you both worked at Fort Hope First Nation. Where is that? How long were you there? Was that your first experience with First Nation culture, or did you have other experiences in the past?

Kevin and Melanie: Melanie grew up in S.S.M and attended an Ojibway high school. Prior to moving to the island we were living and working in Eabametoong First Nation. It was a fly in only reserve north of Thunder Bay, about an hour flight. It is an Ojibway community with a population of 1000. We taught there for 4 years. Melanie worked as a Literacy Enhanced Achievement Program (LEAP) teacher for her first 2 years, then as the Grade 1 teacher and schools Literacy and Numeracy Lead teacher, followed by heading the

Special Education Department in our last year there. Kevin started off as a Grade 9/Computer teacher for our first year, then the Grade 4 teacher our 2nd year, followed by being the Grade 3/4 teacher before being promoted to Vice Principal in our last year there.

The community members we met, the students we taught, and the friends we made along the way all contributed to the wonderful memories we made while living in Fort Hope.



We had both been strong advocates of and participants in the Fort Hope community. We always actively engaged in community challenges, functions and activities and had even each created and ran a Women's and Men's Workout for people over the age of 18 to support healthy active living.

Our classes there had consisted of a diverse group of students, including those with English as a second language and various learning abilities.

Blast: *You are running the after school program as a team on Tuesdays and Thursdays. Can you talk about what kinds of activities you're doing?*

Kevin and Melanie: Tuesdays and Thursdays from 3:30-4:30 We have taken on the After School Program at the school for Grades 1-8. Our focus on Tuesdays is arts and crafts, many of which are based around the First Nation culture whereas on Thursdays our focus is on healthy active living. On each one of those days there are 2 centers. Kevin runs the gym portion both days and Melanie runs the arts and crafts on Tuesdays and baking on Thursday's portion of the program. Students spend 30 minutes at each center before rotating and are provided a snack



Blast: *We are all very happy and excited to have you here. We hope you will stay and become of the part of the LMLC and Bear Island family! –Comment?*

Kevin and Melanie: This is exactly what we are looking for. We love the community and its members – everyone has been so friendly, helpful and has made us feel at home. We are hoping to be here for many more years to come. Thanks to everyone we have met along the way thus far and making our transition here run smoothly. We look forward to making new friends, watching our students grow, and making lasting memories!



We Had Some Pretty Foggy Days Last Month...

On the morning of the TMFC and LMLC pumpkin patch trip, Bear Island was shrouded in thick fog.



It meant waiting until Mother Nature said it was safe to travel. Everyone finally got across the lake and had a great day, as the next page shows.



LMLC and TMFC Pumpkin Patch Trip



Photos by Desi Senf

TMFC NEWS



Kwe Kwe Mkoo Minissing,
October was a very busy month and
November is looking to be just as busy!

We are sad to see Michelle Twain leave her position at the TMFC. Michelle joined the TMFC staff in August 2012 and her last day at the daycare was on October 17th, 2014. Michelle will be missed by her co-workers and the children.

I will be attending the "It's Child's Play" Conference November 7th, 8th, 2014 with two of my staff. I will also be attending a training session with the Ministry of Education on "How Learning Happens?" and the Full day Kindergarten program, on November 20th, 2014. I am very fortunate to be able to participate in this training and look forward to sharing the information I receive with parents, the TMFC staff and the LMLC/BIEA.

The TMFC has a lot of events coming up in November and December:

- ◆ **November 5th** - Trip to North Bay to see Toopy and Binoo
- ◆ **November 7th** - Full Day Program at TMFC (No school)
- ◆ **November 11th** - TMFC Closed for Stat. holiday
- ◆ **November 15th** - Workshop with June Twain, preparing a turkey (Mino Wiisin program). This workshop is open to parents of the children in AHS/ Daycare programs. Keep your eyes open for the flyer!
- ◆ **November 21st** - Full Day Program at TMFC (No school)
- ◆ **November 28th to 30th** - Staff training with Dave Jones. The TMFC will be open on the 28th for its regular program and the rest of the training will be held on the weekend.

The TMFC will be hosting the annual TMFC Family Christmas Dinner on December 4th, 2014. More information to follow as we get closer to this date.

I would also like to remind the parents the importance of notifying us of any schedule changes. Please remember to send appropriate clothing for the weather for your children.

Until next month,
Tammy Presseault

RECE Program Supervisor



Aboriginal Alcohol & Drug Youth Workshop (All Day) AGES: 12-29

November 15, 2014: North Bay Indian Friendship Centre.

Agenda:

10:00: Welcoming- Nancy Potvin, Executive Director

Opening Prayer- Blair Beaucage

Icebreaker/energizer

10:30 am- Blair Beaucage- Grief, addiction, traditional healing

11:15- Substances (Raymond Yell) North Bay Police.

12:00- Lunch

1:00- Youth smoking workshop (Meeguina Alisappi)

1:45- Sexual health (harm reduction)

2:30- Healthy relationships

3:15- Break

3:30- Living the Red road.

5:00- Dinner

6:00-8:00pm- Social (bring hand drum or drum group)

-Sweetgrass teaching: Lorraine Whiteduck-Liberty.

8:00-12:00- Dry dance (DJ)



If you are interested in attending please contact Carrie or Annette at the FHWC, 705-237-8600 on or by November 6th. Late registrations cannot be accepted.

We will be departing on Saturday November 15th and returning on Sunday November 16th.

Candy Cane Shuffle

A Message from Donna:

The Candy Cane Shuffle is an exercise / weight loss challenge that runs from October 14th – December 17th 2014.

I have activity calendars to hand out for the months of October, November, and December.

Weekly weigh ins are on Tuesdays and Wednesdays. Each week that you weigh in your name gets put into a draw for that week for a prize.

The ages are 18 + for this activity.

The Candy Cane Shuffle runs the same as the Turkey Trot in case people are wondering what the program is all about.

Donna.mattias@temagamifirstnation.ca (705) 237-8900 :)



Women's Workout Night At LMLC

Every Sunday and Tuesday Evening from 7 to 8pm

Come on down and exercise in a fun and supportive atmosphere!

Why be a couch potato? And... you can count the exercise time for the Candy Cane Shuffle!



Anishnawbek Words and Expressions We Seldom if Ever Hear Anymore - With Duane Paul

1. *Bay-g'day*

- A) Loosen
- B) Alive
- C) Burp
- D) Tighten

2. *Ah-dik-oh-meg*

- A) Whitefish
- B) Neglected
- C) Parasite
- D) Parachute

3. *M'no- naug -win*

- A) Hopeful
- B) B) Laugh
- C) It smells good
- D) Good Afternoon

4. *M'nid-jeuce*

- A) Insect
- B) Taboo
- C) Lizard
- D) Tattoo

5. *Shig-un*

- A) Pike
- B) Bass
- C) Minnow
- D) Driftwood

6. *Soo-ah-daum*

- A) Together
- B) Twice
- C) Join
- D) Cough

7. *Ah-zha-min-oh-wouch*

- A) Again
- B) Against
- C) Colourful
- D) Horizon

8. *Nah-gwudge-ing*

- A) Struggle
- B) By the shore
- C) Outside
- D) Hillside

9. *Oh'gouss-un*

- A) Surface
- B) Sunset
- C) His / her son
- D) level

10. *Zay-g'zay*

- A) Climb down
- B) Climb up
- C) Circle
- D) Reason

*Answers on
next page*

Baa Maa Piich!



Hilary LeFrancois

Is pleased to announce that she is now a "Pampered Chef" Consultant. She will be

holding her launch party Wednesday, November 12th from 5:00pm to 8:00pm at the Elder's Building. *Everyone is welcome!*

Hilary also has a piece of information to share: Recently she bought a meat package deal from a butcher in New Liskeard. She found out afterward that the same deal for the same price is available locally in Temagami at "Our Daily Bread" supermarket. Hilary says that if she had known about this, she would have saved the time and gas money and supported a local business. She wants everyone to know that a great deal on meat is available right in town. You can reach them at (705) 569-3600 or temagamidailybread@gmail.com

Thanks for the tip, Hilary! Good luck on your new enterprise! :)



Duane's Language Page Answers... No peeking!

1-C * 2-A * 3-C * 4-A * 5-B * 6-D * 7-A * 8-C * 9-C * 10-B

Answer to Last Month's Phrase, "Ah-b'tah nah -bik-kud shkwah"

"After Midnight".

Literally translated, it means "After halfway through the night".



Working
SMOKE ALARMS
SAVE LIVES

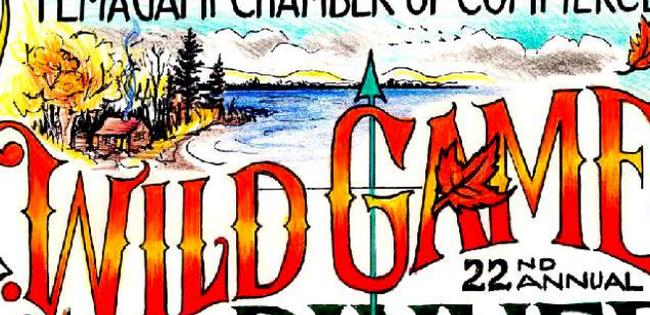
Change Your Clock, Change Your Battery

"Dedicated To Life Safety"

*Please Don't Forget...
It's Time to Change Your
Smoke Alarm Battery!*

*Smoke alarms really do
save lives.*

TEMAGAMI CHAMBER OF COMMERCE



WILD GAME
22ND ANNUAL
DINNER

★ NOVEMBER ★ **15**th, 2014 ★
Doors Open 5 Dinner 6pm
Live Entertainment · Dancing 9-1 ·
Marten River Fire Hall ★ Auction
Tickets \$35.00 in advance \$40.00 at door
· TEMAGAMI CHAMBER OF COMMERCE · 705-569-3344 ·
OR: ROCK PINE MOTEL · 705-892-2211

Christmas Bins 2014



Friday, November 14th 2014

Last Day for Christmas Bins Registration...

Please have your completed form into the clinic no later than

4:00 pm - November 14th, 2014

Please be advised late registration forms will not be accepted

Miigwetch.

If you misplaced your form, call Donna or Sue at the Clinic.

Youth Gym Night

Every Wednesday

6:30 pm – 8:00 pm

at LMLC



*Please remember to bring
"scuff free" indoor runners.*

Grade 7 + students

TEMAGAMI FIRST NATION



BEAR ISLAND
LAKE TEMAGAMI, ONTARIO P0H 1C0
TEL 1.888.737.9884 or 705.237.8943
FAX 705.237.8959
www.temagamifirstnation.ca



REGULAR COUNCIL MEETING

Tuesday, November 4th /2014

BAND OFFICE BOARDROOM

7:00 P.M.

TEMAGAMI FIRST NATION
SHUTTLE BOAT SCHEDULE NOVEMBER 2014

← SCHEDULE A		NOVEMBER 2014							→ SCHEDULE B	
Depart Band Office WEEK DAY (MON-FRI)	Depart Mineroad WEEK DAY (MON-FRI)	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Depart Band Office SUNDAY	Depart Mineroad SUNDAY
8:00 a	8:15 a	2 237-8284	3 237-8955	4 237-8284	5 237-8943	6 237-8943	7 237-8955	1/8	12:00 p	12:15 p
8:30 a	8:45 a	9 237-8955	10 No school 237-8955	11 Horn Day 237-8284	12 237-8284	13 237-8943	14 237-8943	15	2:00 p	2:15 p
9:00 a	9:15 a								4:30 p	4:45 p
ON CALL *1:15 p*	ON CALL *1:30 p*	16 237-8284	17 237-8284	18 237-8955	19 237-8955	20 237-8284	21 237-8284	22	*as required – call DRIVER to confirm trip	
4:00 p	4:15 p	23 237-8955	24 237-8955	25 237-8284	26 237-8284	27 237-8955	28 237-8955	29		
4:30 p	5:15 p									
5:00 p		30 237-8284						6		
Mail run→	Tue & Fri									

NOTE: ON-CALL TRIPS MAY REQUIRE ONE (1) HOUR NOTICE – PLEASE LEAVE MESSAGE FOR BOOKING & CANCELLED TRIPS

THIS SCHEDULE MAY CHANGE WITHOUT NOTICE – FOR MORE INFO CALL (705) 237-8943
(heavy fog; high winds; ice conditions; etc will impact departure times and/or may result in trip cancellations)

Regular Scheduled trips must be confirmed by calling the Band Office or Driver

- Two Recycling Bag or Regular size Bin Limit
- \$10 per passenger (regular scheduled trips) (cash only or prepay by debit at Band Office)
- PFED must be worn by all passengers & \$80.00 per On-Call Trip one way

- Drivers: Dean Potts (705) 237-8955 OR Lynn White (705) 237-8284

NOVEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Men's shopping	4 <i>I Am A Kind Man</i> 7pm	5	6	7	8
9	10	11  Remembrance Day	12 Youth Dinner with Julie 5:30pm	13 Women 16yrs+ exercise night 6:30pm	14	15 Youth 12-29 Workshop North bay
16	17 <i>I Am A Kind Man</i> 7pm	18 Dinner/Sharing Circle w/Perry 5:30pm	19 Crisis Team meeting 1:30pm Gr.7-12Gym Nicht 6:30pm	20 HBHC Shopping trip	21 LMLC Gr. 5-8 1:30pm	22
23	24	25 <i>I Am A Kind Man</i> 7pm	26 Honouring a Child 7pm	27 Women's Dinner presentation 5:30pm	28	29

Family Healing and Wellness Highlights

705-887-8800



Client shopping trips for men & women please call Annette @ FHWC before November 26, 2014 for shopping trip on December 1, 2014.

Youth Dinner and Presentation with Julie Wed. November 12, 2014 @ 5:30pm

Dinner/Sharing Circle w/Perry Tuesday, November 18, 2014 @ 5:30pm (please call to let us know if you are attending by November 14, 2014.)

Women's Dinner/Grief and Loss presentation Thursday, November 27/14 @5:30pm (please call to let us know if you are attending by November 24, 2014.)

I am a Kind Man Program Tuesday evenings at 7pm except Nov 17th.

*** Youth (12-29) all day Workshops at North Bay Indian Friendship anyone interested please call to sign up with Carrie or Annette.**

***Sewing with LMLC students will be on Monday afternoons starting this month date to be determined.**

***Women 16 + Exercise program to be run Thursday evening starting Nov 20th/14**

Any questions about our calendar please call FAMILY HEALING AND WELLNESS CENTRE @ 257-8800

Mlgwetch!!!

~ November 2014 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Women's Workout LMLC 7-8pm	3 Massage Therapist DPHC Joint Council Meeting 9:30am Rec Centre	4 Elder's Craft Night 7pm TFN Regular Council Meeting 7pm I Am a Kind Man FHCW 7pm	5	6 Gym Night 18+ 8:30pm Donna AA Meeting 7:30pm Elder's Building	7 Elder's Poker Night 7pm LMLC PD Day - No School	8
9 Women's Workout LMLC 7-8pm	10	11 Remembrance Day Elder's Craft Night 7pm Women's Workout LMLC 7-8pm I Am a Kind Man FHCW 7pm	12 Hilary's Pampered Chef Launch Party 6-8pm Elder's Building Youth Dinner with Julie FHCW 5:30pm	13 Women's Exercise Night ages 16+ 6:03pm FHCW AA Meeting 7:30pm Elder's Building	14 Last day for Xmas bins registration Donna 8900	15 Youth Workshop North Bay Contact FHCW
16 Women's Workout LMLC 7-8pm	17 Victoria Wilde DPHC I Am a Kind Man FHCW 7pm	18 Victoria Wilde DPHC Elder's Craft Night 7pm TFN Regular Council Meeting 7pm Dinner & Sharing Circle with Perry FHCW 5:30pm Women's Workout LMLC 7-8pm	19 Victoria Wilde DPHC Crisis Team Meeting 1:30pm FHCW BIEA Meeting 6:30pm Band Office	20 Youth Gym Night 12-18 yrs LMLC HBHC Shopping North Bay AA Meeting 7:30pm Elder's Building	21 LMLC Curriculum Day - No School Grades 5-8 Cooking 1:30pm FHCW	22
23 Elder's Bazaar 11am Women's Workout LMLC 7-8pm	24	25 Elder's Craft Night 7pm I Am a Kind Man FHCW 7pm Women's Workout LMLC 7-8pm	26 Honouring a Child FHCW 7pm	27 Women's Dinner & presentation 5pm FHCW AA Meeting 7:30pm Elder's Building	28	29
30 Elder's Turkey Bingo 12:30pm Women's Workout LMLC 7-8pm	Notes:					

Red Squirrel Road, October 2, 2014

