

B.I. BLAST

Waatebiiga Giizis ~ Leaves Changing Colour Month
September 2015



Callie Paul. Photo Great Lakes Cultural Camps.

Kwe Kwe! We've had a fantastic summer, haven't we?

Can you believe how action-packed it was?

We started off with another lively creative session of

Art Camp. Chi Miigwetch to Patsy for coordinating, and to all the volunteers.

The **Pow Wow** was fantastic, with great weather and a great turnout and beautiful drumming and dancing.

The **NDakimenan Stewardship Program** had a 3rd successful year. Along with paddling and cleaning up the land, Stewardship students also took part in the

Temagami Canoe Festival which was a great event happening alongside the awesome

Deepwater Music Festival. Several singers and musicians from the community entertained the crowd there.

Culture and Career Camp was also a huge success- the children enjoyed activities ranging from science to cooking to crafts, and swimming lessons. Tashina Paul was the Program Lead and she did a great job keeping it all together. Kaitlyn Mattias, Emily Mattias, Denise Lafontaine, Misty Paul, Tyler Paul, Nancy Shipman, Thomas Saville, Chris Landriault, Annette Paul, and Lydia McKenzie all had a part in developing and running it. Nicole and Yvonne from Frontier College, Moriah from Tin Roof Global, and BI's own John Turner all guested to help the youth learn new skills and new ideas.

Culture Camp at Obabika Inlet had some wet weather and some beautiful sunny days for the large group that attended. Kudos to DPHC and FHWC for putting on such a wonderful event.

The **Elders** enjoyed a **Pontoon Outing on the Lake.** The weather was perfect and everyone enjoyed themselves.

And the crazy fun **Regatta...** what a perfect day for the community to play together. Chi Miigwetch to Donna Mattias and all the hard-working volunteers who made everyone laugh and smile!

Dance and Sports / Judo Camp with Christine Friday and Evan O'Leary and Emily and Kaitlyn was really popular with the youth. Next year Christine plans to make it bigger and better than ever.

The Blast had some great photos, but the darn memory card files went kerblooey so... so sorry... no pics! :(

TMFC got a new yard, LMLC got a new roof, and it looks like the new Multipurpose Building / Band Office and Elder's Complex will be moving toward construction soon. That is good news!

Wow, so much action on the Rock!

*Dad Jake Burns, big bro Jason Burns, Mom Kaylee, Grandma Dana,
and Great-Grandma Marlene are proud to present:*

Celina Rose Burns!



*Above: Grandma Dana,
Mom Kaylee, and the
adorable Celina, born
May 29 2015.*

Left: With Dad.

Right, with Jason.



Irvine, Barbara Jane (Faubert)

With heavy hearts the family announces the death of Mrs Barbara Irvine at the age of 70 years. Mrs. Irvine passed away peacefully at the Temiskaming Hospital in New Liskeard on July 13th, 2015.

Mrs. Irvine was born May 19th, 1945 at Haileybury to the late Albert Faubert and to the late Margaret Potts. A lifelong resident of Temagami, Mrs. Irvine will be remembered as a woman with a kind heart and always wanting to put the needs of others before her own. She was a loving wife, mother, grandmother, sister, aunt and friend. She loved everyone and was loved by all those fortunate enough to have known her.



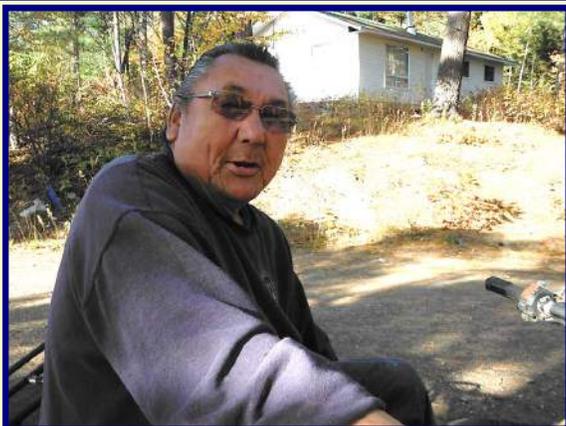
Predeceased by her parents and by her two brothers Butch and Larry Faubert, Mrs. Irvine is the loving wife of Wallace Irvine and the loving mother of Laura Irvine. Cherished grandmother of Jomy, Emma, Beau, Ben, Sam, Grace; loving sister of Carol Ann, Joan, Buck, Kevin, Roger, Lynn, Mickey, Karen, Debbie, Wendy, James and Steve. Fondly remembered by many nieces, nephews and extended family members.



A memorial gathering was held at the Owl's Nest in Temagami (9 Wildflower Avenue) on Friday July 17 and again on Saturday July 18.

Condolences, contributions and memorial candles may be left at www.buffamleveille.com.





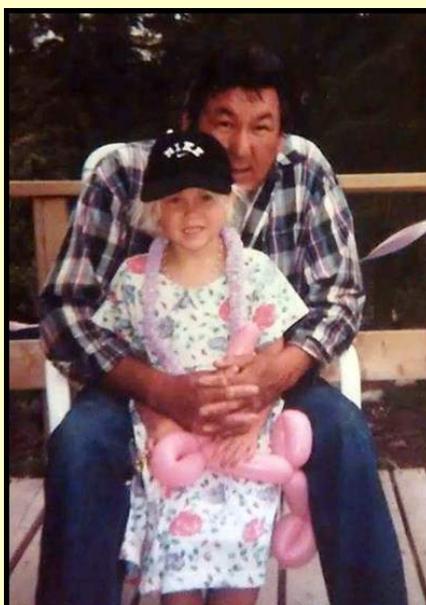
IN MEMORY OF
**WALTER
OREN
"WALJO"
BECKER JR**



Becker Jr., Walter Oren - The family announces with sorrow the death of Walter Becker Jr. on August 27, 2015, at the age of 68. Walter was born in Haileybury, Ontario to the late Nora (McKenzie) Becker and the late Walter Becker Sr.

He is lovingly remembered by his siblings, Marlene Burns, Mildred Becker, Sherwood Becker, and Judy Becker, and he was Uncle to several nieces and nephews. He is fondly remembered by many friends, who referred to him as 'Waljo'. Walter worked on Lake Temagami for most of his life. He was a well known carpenter, dock builder, guide, trapper and fisherman. Walter was always there to lend a hand to the many Elders on Bear Island.

As per Walter's wishes cremation will take place. Honorary Pallbearers are Travis, Darcy, Jody, Sherwood Jr., Kevin and Ryan Becker, and Dan and Artie Burns. The family will be holding a celebration of life on October 10, 2015 at 11:00 a.m. with a lunch to follow at the Bear Island Recreation Center, all are welcome. Memorial contributions to the Laura McKenzie Learning Center Endowment Fund at the Temagami Community Foundation, will be gratefully accepted.. Condolences, contributions and memorial candles may be left at www.buffamleveille.com.



Temagami First Nation Land Code Development

Hello from the Land Code Development team! I hope you had a fantastic summer!

In this issue of the BI Blast we HAVE GREAT NEWS!

Your Land Code Website is going live!



The Temagami First Nation Land Code Process Flowchart; the Land Code Development Process Glossary of Terms; a Breakdown of Benefits under a Land Code vs the Indian Act; Understanding what is in a Land Code and CRP; Framework Agreement Executive Summary (2013); Full version of First Nation Land Management Act; Indian Act; INAPPLICABLE PROVISIONS OF THE INDIAN ACT; Frequently Asked Questions and so much more!

Most importantly you will find the first SIX sections of the 1st draft of the Land Code. The purpose of making it available prior to an information consultation session is to allow members' time to process the information (*because it is a lot to take in*) and formulate any questions/comments and suggested revisions prior to a consultation session. Until one is arranged (*and I will be sure there is a lot of notice*) please do not hesitate to email me, or call me, or drop by the Lands and Resources office and we can go over suggestions together!

I really WANT to hear from you!

Are you an out of town/province TFN member? Make sure you update your contact information with me.

Lori Anne Stanger – Land Code Development Coordinator

Lori.Stanger@temagamifirstnation.ca

PHONE: 705-237-8275

Are you being charged for the right hydro bill?

Chief Arnold Paul suggests that you read the “J Number” on your meter and check that it’s the one you’re billed for. Some people have received outrageously wrong charges from mix-ups, Arnold says. Hydro One can be reached at **1-888-664-9376**.



Annual Vet Clinic

Saturday, September 26, 10:00 am

With Dr. Silver of Englehart Animal Hospital



All dogs MUST have their inoculations (needles) as required by the Dog By-Law. All dogs must be registered and have a dog tag from the Dog Control Officer. Clinic location and cost of needles will be posted by mid-September.

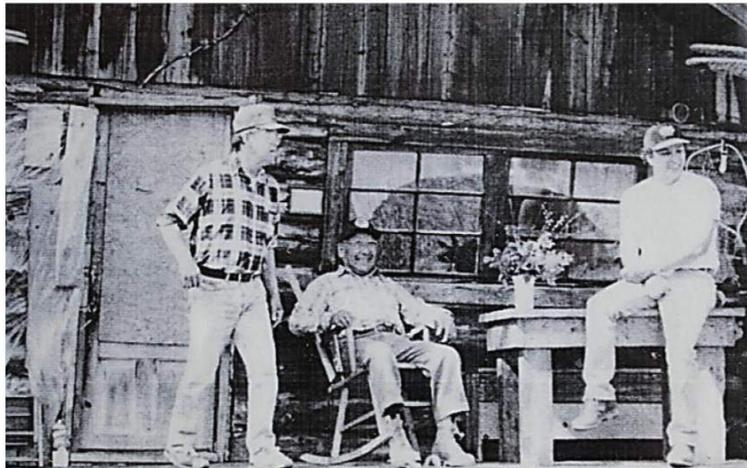
John McKenzie, Dog Control Officer, Bear Island

The Result of the August 24th Second and Final Vote

on the Resolution from the August 9 Community Meeting is available on the NDakimenan Forum. If you don't have a username and password and you would like to join the Forum, please contact Daisy at communication@temagamifirstnation.ca / 705-237-8943 / Toll Free 1-888-737-9884.

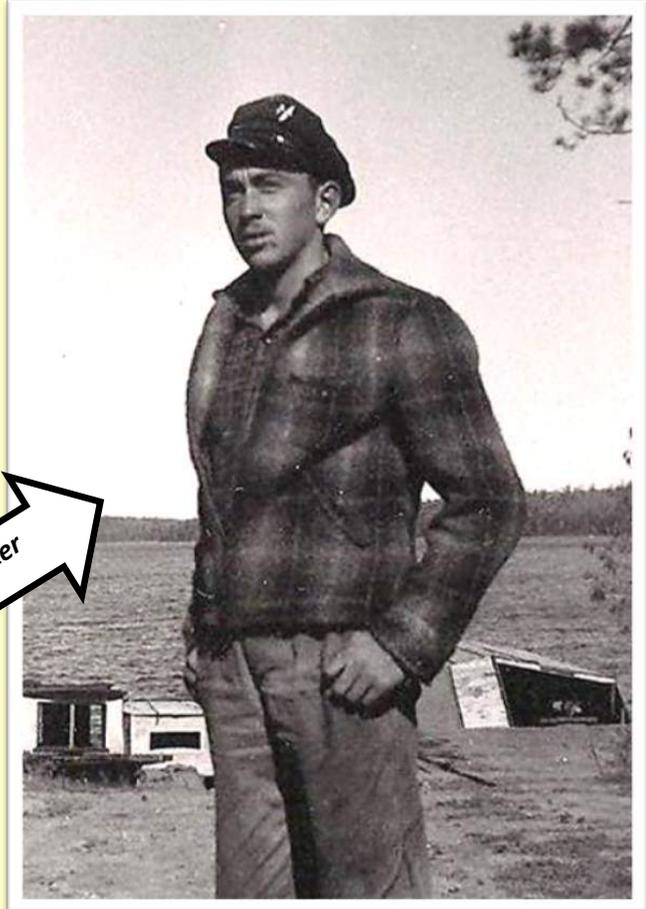
If you aren't a computer user, you can contact Daisy for the results too.

In the July Blast article on Tom Saville: The BI Blast was TOLD. Yes, TOLD. By several people. The photo below shows **Bill Twain** sitting in the rocking chair, with Tom and Dave Laronde, **NOT Georgie Becker!** The Blast apologizes for the error.



Bill Twain

Georgie Becker



The Federal Election is coming up soon... Monday, October 19

Did You Know: NDakimenan's federal riding, Nipissing– Timiskaming, was won by conservative (Harper government) candidate Jay Aspin by **only 18 votes**. So, if you think your vote doesn't count, please think again!

If you aren't sure if you are registered to vote, you can check here:

<http://www.elections.ca/home.aspx>

Or call 1-800-463-6868

If you would like assistance with making sure you're registered to vote, feel free to contact Daisy at the Band Office.

705-237-8943 / 1-888- 737-9884 .

Also...check out wearethevote.ca



<https://www.youtube.com/watch?v=J9Tn2FedfwQ>

CAPITAL PROJECTS: ANNOUNCEMENT AND UPDATE

TEMAGAMI FIRST NATION MULTI-USE & BUSINESS CENTER



Temagami First Nation Multi-use Facility and Business Centre

Temagami First Nation and the project team are pleased to announce that over 90% of the funding for the multi-use facility and business centre has been secured. A recent approval was received from the Ministry of Aboriginal Affairs in the amount of \$750,000.

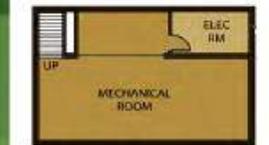
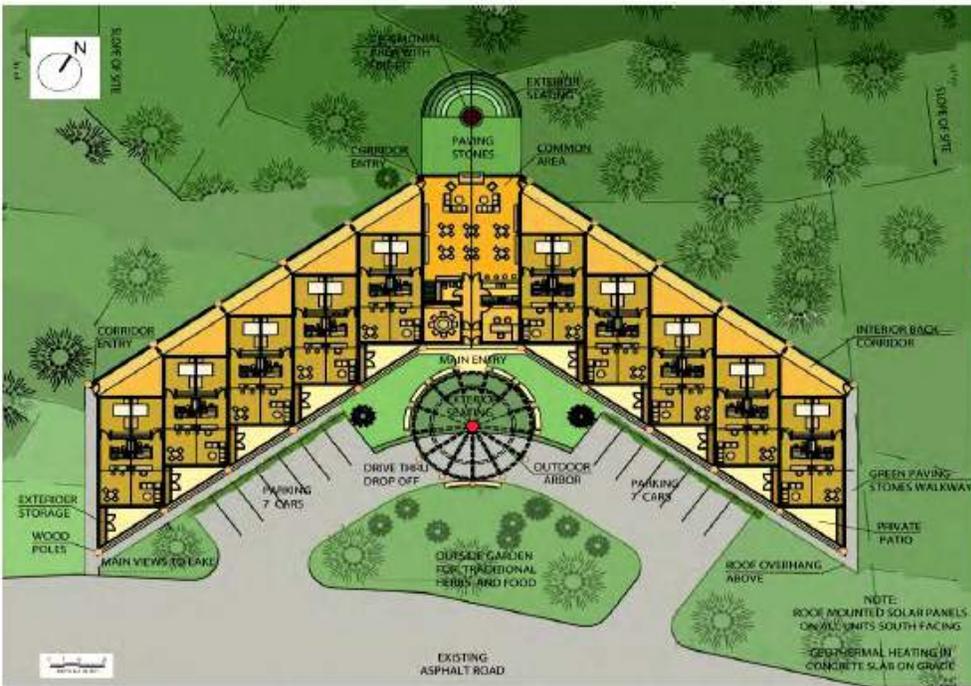
The design team are approximately 50% complete the detailed design drawings and will be ready to tender the work early in the new year. The scope of work includes decommissioning of the band office and the community centre since both buildings are situated where the new facility will be constructed.

At this time we are anticipating the construction start date to be June of 2016. Congratulations to the project team and the First Nation for diligently working on getting this important project underway.

Elders' Complex and Community Living Centre



Overall Concept Design



BASEMENT PLAN



MEZZANINE PLAN



TEMAGAMI ELDER'S RESIDENCE
FLOOR PLANS



Temagami First Nation Elders Complex and Community Living Centre, Cont'd

Temagami First Nation has been contemplating the construction of an Elder's Complex for over 15 years and the time has arrived when this dream will become a reality.

It is with great pleasure that we announce the funding from CMHC for a 10 unit elders complex. The First Nation has set aside dollars to construct the common area that will link the two five (5) unit sections together. The common areas will have offices for community services and be a place to gather together on a daily basis.

The ten (10) unit project is estimated to cost approximately 2.2 million dollars which has been secured. The anticipated start date for construction is late summer next year.

The First Nation will host additional community sessions early next year to keep the members updated on the progress.

Congratulations to our project team and First Nation administration for ensuring this project will be completed and provide decent affordable housing for our Elders.

Chief Arnold Paul

Temagami First Nation Now Has a Youtube Channel!

Check out videos from the Deepwater Music Festival, on there now.

More good stuff will be added in the future.

<https://www.youtube.com/channel/UC31xF5DJs9c5lFByeXuIjxg>

Back to School...

Laura McKenzie Learning Centre Student's First Day of 2015-2016
is Tuesday, September 8th.

Please remember to submit your child's registration to Lynn!





News, Accomplishments, and Random Good Stuff from the Community



Raymond Katt and his Lady

Joan had some good times on a road trip this summer. Here he is (left) near the French River in Ontario. Raymond says the snakes went the other way after he "marked his territory"! Lol!



Mae Katt and her innovative work treating addiction is featured in Al Jazeera's documentary "Rings of Fire", which premiered on July 29th. You can view the documentary on Youtube or Al Jazeera's website. The Al Jazeera version has better quality video. Love you, Mae!!!

<https://www.youtube.com/watch?v=lgFJm45ZVJQ>

<http://video.aljazeera.com/channels/eng/videos/rings-of-fire/4386329809001;jsessionid=66F9D30A591791C33A0F4B2E423DAD22>



Mae chatting with a patient in a still from "Rings of Fire"

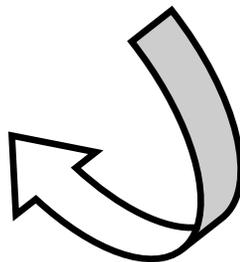


Haylie Paul dances with Extreme Dance Studio in Coniston. She won "Best Overall Competitive Dancer", Mini Division, June 2015. She has competed in Peterborough, Niagara Falls, North Bay, and Sudbury. She dances Hip Hop, Jazz, Tap, and Ballet. She is Desmond and Tacie Paul's daughter, and Granddaughter of Duane and Marie. Way to go, Young Lady!



Joy Cooper and her cutie-pie grand-daughter **Mara** enjoyed quality time together on B.I. in July.

So sweet!



Well look who turned the big 3-0? Looking good, Casey!



News, Accomplishments, and Random Good Stuff from the Community...Continued



In the July issue of the Blast, we got up to date with **Deanne Hupfield** and her awesome design company, Nate. The website is up and running now, and here's the link:

<http://www.wearemate.com/>

Deanne and Hubby John also recently performed with A Tribe Called Red at a massive outdoor

show at Toronto City Hall, Nathan Phillips Square. Deanne danced fancy shawl and John grass danced. You can see a clip here:

https://www.youtube.com/watch?v=kRqM-IO_Qc

Deanne starts around 13:40 minutes in. Wowzers!



Deanne with her husband John and their adorable little girl Niimin.

And more Morrison girls news:

Deanne's sister

Cylene Marie Morrison

was featured in Powwows.com with this great photo, left:

The far right pic is just, well, gorgeous. Riiight?

As Marty would say: "Fieeeeerce!"

Mom **Margaret Morrison**

must be very proud of her girls.

Aanii, Kwe Kwe, Margaret! :)



<http://photos.powwows.com/pow-wow-summer-solstice-2015-ottawa-ontario-3/>



The Annual Wabun Ball Game

was held on June 27th. Bear Island lost for a change! It was close. Above, the team; left, Joanne, Diane, Tammy, and Deb hang out. *Photos by Desi Senf*



Doug Turner was back on BI in July, hanging out and enjoying the sun. Love ya, Doug!

Hey TFN and TAA Family Members!
The Blast wants to hear your news.
Send the goods to
communication@temagamifirstnation.ca
Or fax it to 705-237-8959
Or use the mail...
BI Blast
C/O TFN Band Office
General Delivery
Bear Island, Lake Temagami ON
POH 1C0
MIiiiiigwetch !

News, Accomplishments, and Random Good Stuff from the Community, Continued

On July 18th,

***Brad and Ethan
Paul, their little bro
Tulu and Mom
Christine Cameron***

were VIP guests at the Pan Am
Aboriginal Pavilion's MainStage
concert at Fort York in Toronto—
they got see

A Tribe Called Red

They got front row placing, and
got to meet the band backstage
and get autographs!

Brad, Tulu, and Christine were also extras in A Tribe Called Red's music video "Suplex" which filmed in Etobicoke in April. How cool is all this? Wow!!!

<https://www.youtube.com/watch?v=Vq1RcKhiQLU>



Above Photo: L-R: Joshua DePerry (DJ Classic Roots), Ian Campeau (Zoolman) of A Tribe Called Red, Brad, Bear Witness Thomas of A Tribe Called Red. Middle: Chris, Ethan. Front: Tulu, family friend Keira. Below Photo: Rocking out at the show!



Emily and Kaitlyn Mattias Have Achieved Life Guard Certification... and We Are So Lucky That They Did!

This summer, twin B.I. Beauties Emily (left) and Kaitlyn (right) Mattias provided skilful, fun swimming training to the children of the community at Culture Career Camp and at Dance / Sports / Judo Camp. The kids loved them and the lessons. Here's Mom Donna's account of the hard work they put into their own training.

Bronze Medallion – Thursday nights 4 hours each class approximately nine classes in North Bay...They would get off the school bus in Temagami and Dad Travis would rush them to their class in North Bay for 6:00 am – 10:00 pm and get home at midnight. These were long days for the girls as they would leave for school at 6:30 am.

Bronze Cross – Friday night, Saturday and Sunday in New Liskeard. Approximately 22 hours. (They stayed up there Friday and Saturday night)

NL (National Life Guard) – Saturdays 8 hours in Sudbury, approximately 8 classes...They would leave Bear Island at 6:00 am, travel to Sudbury attend class from 9:00 am – 5:00 pm, and get home around 8:30 pm.

Swim Instructors – Thursday nights 4 hours each class, approximately 9 classes in North Bay.

So in total they probably have 150 ish hours of class time and 120 ish hours of travel in crazy weather, snow storms etc. as they were not allowed to miss a class. They needed full attendance.

They were able to meet some awesome instructors from North Bay YMCA, Sudbury YMCA as well as New Liskeard Pool Fitness Centre. They also got a chance to network with other youth that had similar interests.

Their classes were physical, endurance as well as in class sessions. They acquired an abundance of knowledge during this time. Some of the things they experienced were water rescue, drowning rescue,



water first aid & CPR, teaching children swim lessons at the YMCA as well as acquiring the skills to be Aqua Fitness instructors.

They had a great time working with the children this summer and were able to group them according to their skill level. They have skill set sheets that are used for marking the children's progress to determine what level they are at. That's pretty cool! It's a great organizational tool. They worked with the Daycare children and ages 6 - 12. They provided 4 classes a day. Skill levels were Bobbers, Floaters, Gliders, Divers, Otters, Seal, Dolphin and Swimmer

They are very fortunate to have had the help / assistance from the Enrichment dollars to offset the costs of acquiring their skills they now have. Emily will be looking to re cert again this spring as this is a requirement to maintain her qualifications as a life guard. So it is always ongoing training for them. They also will be looking to further their skills at the next level and have been searching for a course that is hopefully close by.



News, Accomplishments, and Random Good Stuff from the Community...Continued

Ruby looks proud of the 3 Sisters plot (Corn, beans, squash) in the Community Garden at the Clinic. Dad Marc Sams did a lot of work in both the Clinic and Elder's gardens. He says it was a group effort, with Hilary LeFrancois, Lydia McKenzie, Virginia McKenzie, Donna Mattias, and Audrey Guppy all working together to make it happen. Nice! Ruby helped to plant seeds, too.



TFN Member **Darren Bonk** has been re-connecting with Temagami First Nation, while recovering from a broken leg. Darren's Lady is from the town of Temagami, but they met in southern Ontario without knowing they were from the same area. Neat, eh? They plan to come to NDakimenan in the next few months.



Darth Darren Vader Bonk.

Sonnyboy Mathias really enjoyed driving his old boat with his new motor this summer. Hanging out with **Eddie** on the porch and celebrating his 81st birthday were pretty good too!

Photos by Karen Kippola.





TMEC NEWS

Kwe Kwe,

It is hard to believe that summer is almost over. It did pass by very quickly. The Tillie Missabie Family Centre had full enrollment for the preschool program this summer. Some of the children were here for just a short time but we were glad to have them here.

We would like to wish the children leaving the program good luck. Cheyanne, Kazia, Morgan, Wabz and Zachary are moving to Grade one and will not be returning to the daycare. It is always bittersweet when the children move on to Grade one. We will miss you all.

Lisa Paul and Tyler Paul will also be leaving us again for the upcoming school year. Thank you both again for working at the daycare and being part of the team. I am very excited to say Lisa will be pursuing a career in Early Childhood Education and look forward to her returning for her placements and other employment opportunities.

We had an amazing turn out for the annual Strawberry Patch trip this year, with over 30 parents and children in attendance. Thank you to our staff and parents who attended and made this a great trip. Thank you to Dean and Jamie for driving us all over and picking everyone up.



Lisa and Tyler's little chums are going to miss them!



TMEC NEWS, continued



The playground make-over has been completed. Thank you to Gilbert Katt and his crew for doing such a great job.

It is my hope that the critters who were entering the Tillie Missabie Family Centre playgrounds will no longer be able to get in, that there will be no further injuries from the metal and wire fencing and that the wood fencing will act as a wind block in the winter.

The children do not always go outside in the winter (which is always a concern) because of the wind chill and we get the coldest wind because of our location.

I am aware that concerns had been raised regarding the use of pressure treated lumber. I did confirm with Ray Alatalo, the Environmental Health Officer about this and he assured me that this was fine. He further communicated that the use of arsenic in pressure treated lumber was discontinued in 2003.

I also want to say thank you to Emily and Kaitlyn Mattias for providing swimming lessons for all the children in the community. It gives me great comfort that you provided this much needed service to the children and that they all learned something important over the summer months.

Thank you to Christine Friday and her brother Evan O'Leary for working with the kids in dance and judo. As always, the children showed so much enthusiasm in attending the camp. We look forward to having you back again next year.

The daycare staff will continue with their professional development training in the fall. Currently, Cindy and I are figuring out how to develop more cultural programming and Anishnabemowin into the daily program. If parents or community members have any further ideas on how to do this or would like to help, please feel free to offer your suggestions. I would welcome extended family members to come in and share your experiences with us, whether it be arts and craft, the language or storytelling. The children love to have visitors and we always feed our guests (just an added incentive).

In closing, I want to remind parents the importance of communicating with your children's teachers about their progress and about any concerns you may have.

Chi Miigwetch,

Tammy Presseault

RECE Program Supervisor

Tillie Missabie Family Centre



Little Ham! :)

TMFC Got a New Playground, LMLC Got a New Roof... Thanks to Skilled Workers of TFN .

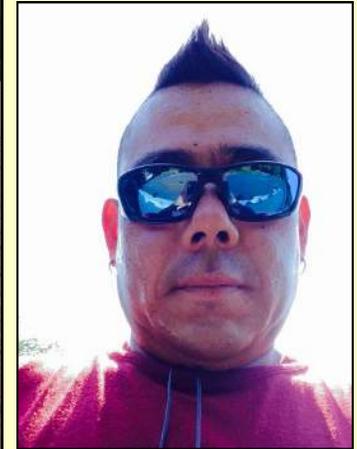
Gibby Katt and his sons *Justin* and *Derek*, and chum *Darnell* worked hard to get the new playground looking fantastic. Gibby is camera shy, lol!



Above: Work in progress.

Right: Ready for little people to go wild and stay safe.

Real Diamond Roofing Got it Done
for LMLC... Jody says: See ya in 25 years!



**Marvin Hare, Roger Assiniwe,
Matthew Pilon, and Doug McKenzie**
attended the

Waubetek Charity Golf Tournament on
Manitoulin Island in August. Temagami
First Nation supported the
tournament, which raises funds for
post-secondary bursaries. Doug says it was
a big success and the event provided a
great opportunity for networking.



Art Camp 2015

July 6-10

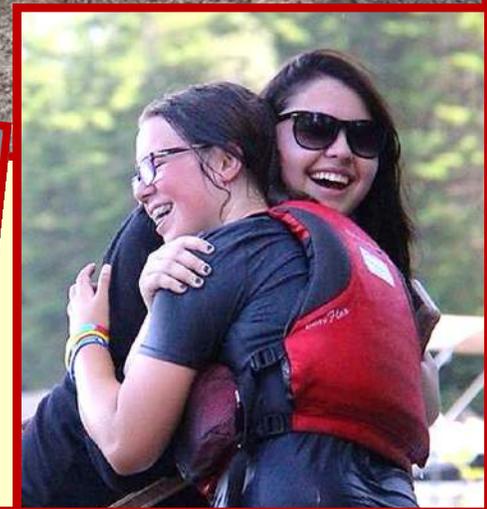


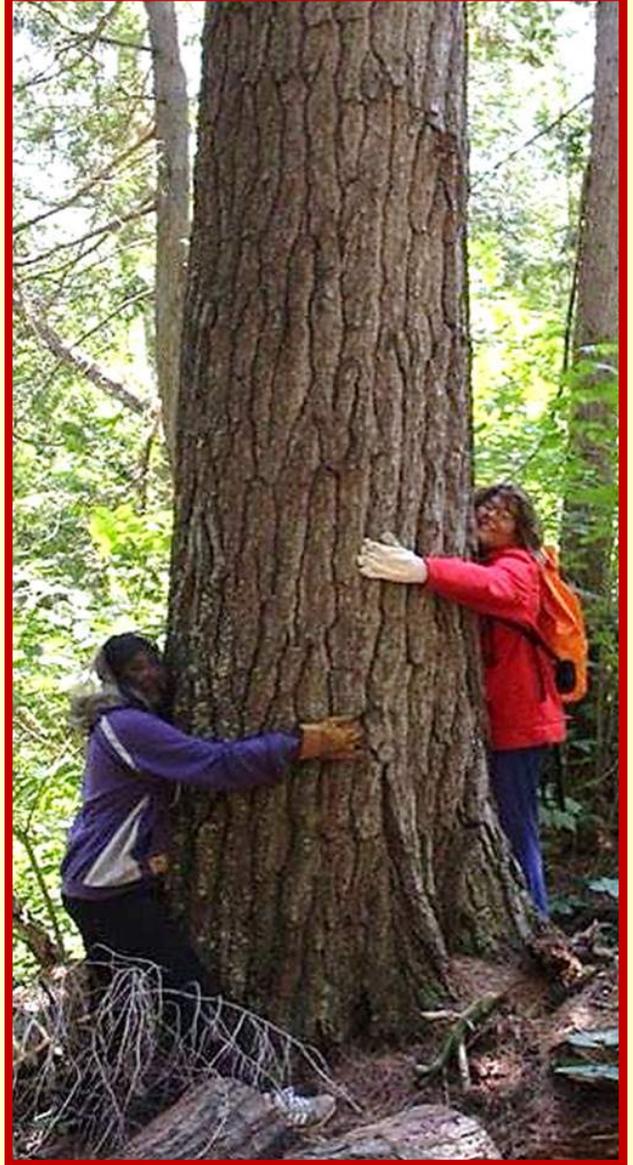
Culture & Career Camp-July and August



Stewardship 2015 *Photos by Great Lakes Cultural Camps*

See more here: <https://www.youtube.com/watch?v=v6dsPX6gOfU>

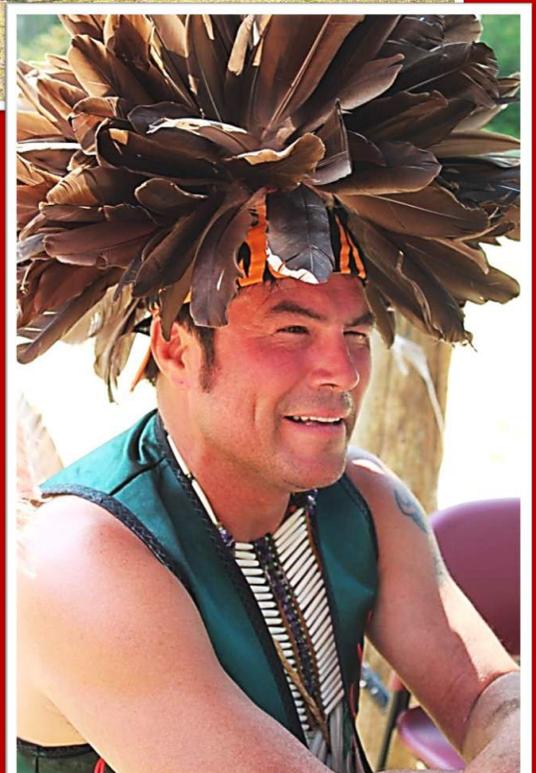




Pow Wow 2015

Chi Miigwetch to Coordinator

Marty Pridham, the Pow Wow Committee, Lead Dancers, Lead Elders, Drummers, Workers, Volunteers, and to the Creator for the great weather!













TEMAGAMI DEEP WATER MUSIC FESTIVAL

JULY 17-18-19 / 2015

TEMAGAMI
WATERFRONT
Folk/Roots



Who is crazy enough to organize 2 brand-new festivals at once and make them both a huge success? Carolyn Laronde, that's who. The Festivals were held together and a big crowd attended throughout. TFN / TAA Musicians David Laronde, Randy Becker, Duane Paul, Wayne Potts, Julian Cote, The Lemon Sisters (Caroline, Marion, Barb, and Verla, with musical director Mary Laronde) performed. Shelley Moore-Frappier's hubby Lee Frappier did too. The NDakimenan Stewardship Program students ran a booth and exhibited TFN's birch bark canoes, giving rides to festival-goers. Craig MacDonald gave a talk. Elsie Chapman gave out the awards for the White Bear Challenge Canoe Race. Alex Paul Jr. and Miishi Shawanda came in 2nd in the 14km 6 portage race, missing 1st place by only 8 minutes. 8 Thunderbirds performed, Jamie Saville taught the crowd about the power behind the drum, and Alyssa Paul and the Shawanda boys led the crowd in a rippin' round dance. (Bottom photo.)

The crowd loved it.

Absolutely great weekend.

You can see performances by Duane, The Lemon Sisters and 8 Thunderbirds on TFN's Youtube Channel, here:



Carolyn Laronde with Canoe Festival Special Guest Ray Mears.



Above, Elsie with the WBC winners; below, teaching the crowd some Whitebear history.



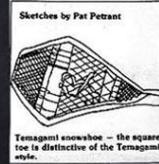
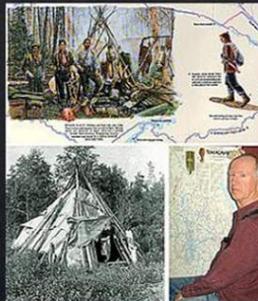


Historical Talk with Craig Macdonald

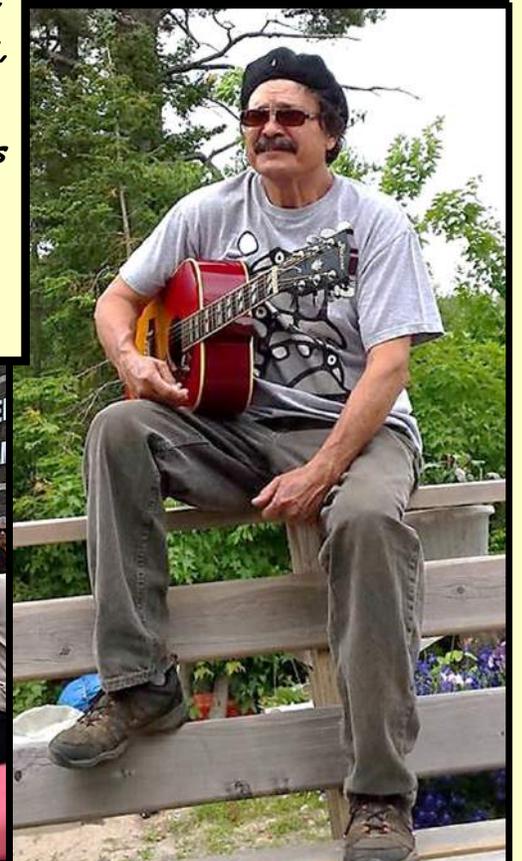
Craig Macdonald spent nearly 30 years researching and documenting the nastawgan, Temagami's traditional network of summer and winter travel routes. He has studied the history, language and culture of the Anishinawbeg or Ojibway people who lived there for many generations and he has used his experience to create an important window on the land's history.

Sunday July 19th @ 12:30 pm - Welcome Centre's Bunny Miller Theatre

FREE



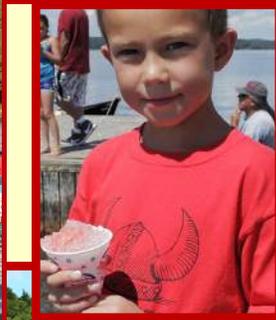
*Miigwetch to Heather Reid,
Great Lakes Cultural Camps,
and Deepwater Music /
Temagami Canoe Festivals
for most of the photos.
Check out their facebook
pages to see more!*





Regatta 2015





Regatta 2015





Culture Camp- Obabika Inlet, August 13-17



Photos by John McKenzie

TEMAGAMI ARTISTIC COLLECTIVE PRESENTS

THE POWER OF THE CANOE

— 40 MINUTE DVD DOCUMENTARY —



BIRCH BARK CANOES AND NATIVE YOUTH



← ← ←
**TEMAGAMI WELCOME CENTRE
BUNNY MILLER THEATRE**

**SEPTEMBER 15, 2015
6:30PM** → → →

→ **FREE & FOR ALL AGES** ←

*A documentary about reintroducing the Art and Tradition of the
Birch Bark Canoe to the Youth of the Temagami First Nation*



Temagami Artistic Collective Presents

LEE x HARVEY x ΔSMOND

Folk/Rock
Group

LIVE
in concert



Opening Act by Julian Cote

Temagami Welcome Centre
Bunny Miller Theatre

SEPTEMBER 19TH x 7:30 PM

Tickets \$20 by calling 705-569-2904

WWW.LEEHARVEYOSMOND.COM



ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO
an Ontario government agency
un organisme du gouvernement de l'Ontario



TEMAGAMI CULTURE!



FREE EVENTS HAPPENING IN TEMAGAMI!!
OPEN MIC for MUSICIANS

Saturday, September 26, 2015
2 pm to 5 pm

Temagami Welcome Centre Bunny Miller Theatre
Hosted by: Temagami Artistic Collective

Join in an open-mic day and share your music and compositions with new and seasoned musicians. Bring your guitar or any instrument you love to play. Everyone is welcome.

7,500+ free activities
900 cities & towns
one weekend

culturedays
September 25, 26, 27, 2015

Create ▶ Participate ▶ Share ▶ **CultureDays.ca**     



Municipal Partners



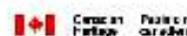
Mutual Funds
100% Canadian

Don & M. McCowan
Peter Patterson
Lynne & Gordon
Lynne & Gordon

Ontario Bookstore System

Ontario Bookstore System

Book of the Month Program



Anishnawbek Words and Expressions We Seldom if Ever Hear Anymore - With Duane Paul

1. Tah-jah wee-auch n'gee skoo-zin zhay-bah

- A) He / She was still very tired this morning.
- B) I woke up before sunrise this morning.
- C) Did I ever wake up early this morning!
- D) He / She went to pick blueberries this morning.



2. Tah-jah g'noish o'gim-ah o'gee-g'doh.

- A) The Chief spoke for a very long time.
- B) The Chief did not have very much to say.
- C) The old Chief spoke very briefly.
- D) I received a text message from the Chief.



3. Doot-tum n'dik-id!

- A) Be quiet, you were told!
- B) Listen, I said!
- C) Listen, I hear something!
- D) Listen to your mother!



4. Moo-zhuk zah-gus-ah daah-way-gum-ig kwee-zhah-min.

- A) They always want to go to the smoke shop.
- B) The referee was calling everything.
- C) They always go shopping on the weekend.
- D) The umpire called the game fairly.



Anishnawbek Words and Expressions We Seldom if Ever Hear Anymore - With Duane Paul

5. Tah-jah m'noo-muk-ah-zhew-way-wuk ah-bin-o'jee-zhuk

- A) The children were tired after the race.
- B) The children paddled all the way to town.
- C) Those children are learning how to paddle a canoe.
- D) The children were paddling very well.



Contributed with love from Health Promotion Worker Donna Mattias.

AUGUST 2015

10 SECRETS TO STRENGTH TRAINING

The more muscle you have, **1** the more calories you burn and **2** the easier it is to maintain your weight. At the same time you build muscle, **3** you can reduce body fat.

Regular, moderate weight workouts, just **2** to **3** times a week, can keep muscles strong so you **4** stay mobile and active as you age, not stiff and slow.

More muscle helps **5** protect bone mass as you age, **6** reduce the risk of falls and **7** prevent injuries.

Strength training can help **8** ease depression, **9** improve sleep and **10** reduce pain from arthritis as effectively as medication.

PERSONAL BEST® COPYRIGHT ©2015 EBIX INC.



Language Answers: (No Peeking!) 1.-C 2.-A 3.-B 4.-A 5.-D

September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Men's Shopping	3	4	5
6	7 <i>Civic Holiday</i>	8	9	10	11	12
13	14	15 Men's Dinner 5:30pm	16	17	18	19
20	21 Truth about Drugs 11-18 5:30 pm	22	23 Women's Dinner 5:30pm	24	25	26
27	28 <i>Circle of Hope</i> 7-10 5:30pm FHWC	29 Kids Game Night 6:30-8pm	30			

Family Healing and Wellness Highlights 705-237-8600



Client shopping trips for men & women please call Annette @ FHWC before September 28, 2015 shopping trip scheduled for October 1, 2015.

Women's and Men's Dinner with presentation to follow dinner please call to let us know if you will be attending.

NOTE: Upcoming Fall Fast date to be determined looking at Oct. 2-6, 2015 anyone wishing to Fast can call Annette or Linda at the FHWC 705 237 8600

Youth art Therapy workshop will be coming up in September have to confirm a date from Emily Couchie notices will be sent to each youth when date confirmed.

**Any questions about our calendar please call FAMILY HEALING AND WELLNESS CENTRE @ 237-8600
Miiigwetch!!!**

~ September 2015 ~

~ September 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Labour Day	8 <i>Back to School LMLC</i> Regular TFN Council Meeting 7pm	9	10	11	12 Fall Gathering Obabika Lake
13	14	15 Men's Dinner FHC 5:30pm	16	17	18	19
20	21 Truth About Drugs FHC 5:30pm 11-18 Yrs	22 Regular TFN Council Meeting 7pm	23 Women's Dinner FHC 5:30pm Matrimonial Real Property Community Info Session 7 Rec Centre (Tentative)	24	25	26
27	28 Circle of Hope FHC 5:30pm Ages 7-10	29 Kids' Game Night FHC 6:30-8:00pm	30	Notes: <i>Confirmation of the MRP Community Information Session will be coming asap.</i>		

Check out this 1912 article from The Mansfield News, Cleveland, Ohio, Saturday June 29, 1912—

Found by Bear Island's intrepid genealogist and history buff **Terry McKenzie**.

LEARNING TO DODGE

Automobiles are a Couple of Indians Who Never Saw Such Things Before.

John and Presque Petrant, Indian brothers from Bear Island, Ontario, Can., are spending a few days in Shelby.

This is the island on which Bob Newcombie, the Cleveland attorney, has his summer home and resort and the Petrant brothers are his guides in hunting and fishing. They were guides for Mr. and Mrs. R.C. Skiles when they visited the island two years ago, and will be their guests for several days, having been brought to Shelby by Mr. Newcombie in his automobile from Cleveland.

The Indians had never seen a street car or an automobile or many of the wonders of civilization until they came to the states on this trip. They were greatly interested in everything of modern mechanical ingenuity and take much pleasure as a child in having the workings explained to them. They call airships "flying boats".

The brothers are truly natives of the woods. However, and, although their home is 1,200 miles from Hudson's bay, and with no other path than little streams and rivulets, and no other means of transportation save canoes, they have made that trip.

It is hoped that before they return home they may be brought to Mansfield to see the union depot, in order that the pleasure of their trip may be complete.

NEW POSTOFFICE OPEN TO PUBLIC
TEMPORARY NEW LOCATION

LOOKING BACKWARD AT MEN

SHELBY ATTORNEY UNDER SUSPICION

LOST APPETITE AND HOPE
Neglected Cold Caused Complications, Promptly Restored by Parina.

FLOOR COVERINGS
THE H.C. LANTZ CO.

A HERRICK Refrigerator
Strater & Goetz

R-U-A-MOOSE?

FRED A. VIVIS
DEPUTY SUPREME ORGANIZER

What is it you want in a Motor Car?
Maxwell holds world's speed record for cars in its class.
Maxwell is the world's "Torque Champion" in the name of the Gibson Tour.
Official State registration statistics show Maxwell cars last longer than any other cars in the world.
Over 51 State driving licenses are in active service today.
Maxwell proved in public tests conducted by the A. S. A. that it can beat the standard of the world.
Maxwell costs less than any other high-grade motor car in the world—high in the aristocratic of modern price ranges. The above statistics prove it.
Maxwell's "Torque Champion" reputation is not only a fact, but a fact that is being proved every day.
Maxwell's "Torque Champion" reputation is not only a fact, but a fact that is being proved every day.
Maxwell's "Torque Champion" reputation is not only a fact, but a fact that is being proved every day.

Instant Postum
a food-drink
Gives Satisfaction, Saves Money, Time and Trouble
Stir a teaspoonful in a cup of hot water, add cream and sugar to taste and you have a drink that tastes better than most coffee and costs about half as much.
A 100-cup fill of Instant Postum costs 50 cts. at grocery (1.2 c. per cup). 50c per tin of 100 cts.
Regular Postum, 1 lb. tin, 25c. (100 cups) 1.25 c. per tin of 100 cts.
You'll like Instant Postum "There's a Reason"

PEOPLE'S FORUM

E. P. SPENCER

Miigwetch, Terry!
Far out!