

BI BLAST

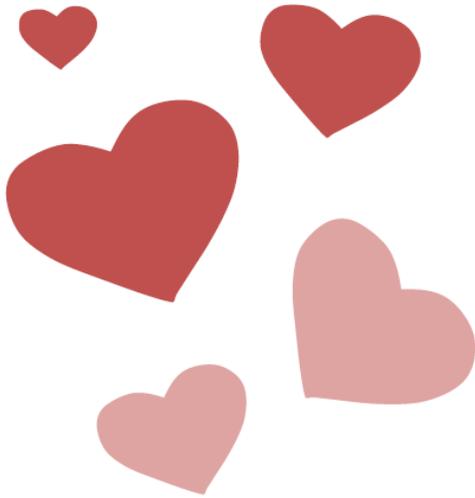
Ka-ki-jii-shii Giizis - Groundhog Moon

February 2018



Photo provided by,
mom,
Rebecca Metatawabin

Miss Delaney-Jane checking out the new ski-doo's purchased for TMFC programming



LMLC's 3rd Annual Candy Gram Fundraising Event

All Profit go towards year end trips

\$.50

Sales will begin on Thursday Feb. 1st at noon. They will be on sale every day at lunch for 10-15 minutes.

Candy Grams will be passed out on
February 14, 2018

Rounds to businesses will take place 2nd week in February

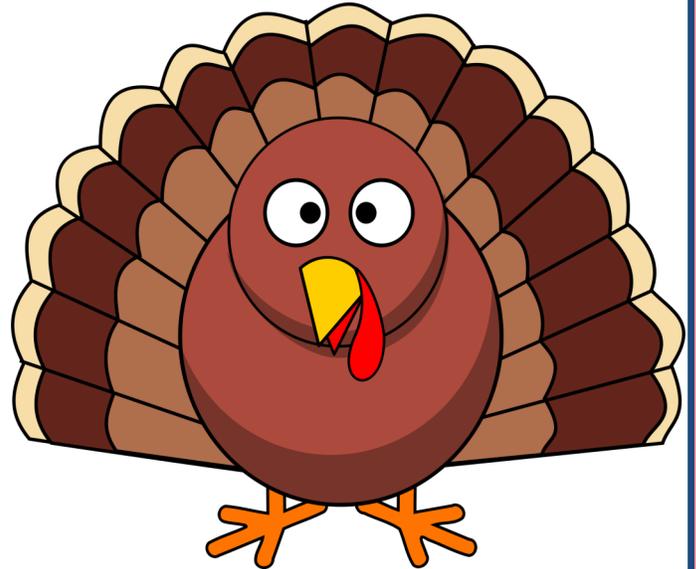


Hosted by the Grade 5/6 class

TFN Anishnaabemowin Commission will be hosting an Evening of Language Activities on Thursday February 1, at the school. From 6:30 - 8pm. Everyone is welcome. Please call Patsy or John Turner if you need a ride.



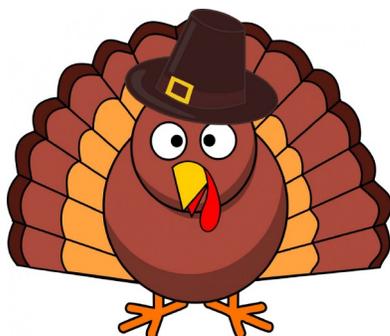
BINGO



A message from The Temeaugama Elders...

We extending a big thank-you to everyone that participated in our annual Turkey Bingo that was held in December 2017.

We especially would like to thank the those that contributed to the event .



Thanks to:

North Ontario Food Sales

Eagles Nest Gift shop

Bear Island Police

Grants Homecare Centre

John O Manpower

Temagami First Nation

Doreen Potts Health Centre

TFN Home & Community Services

LMLC's Annual Winter Carnival

See the attached schedule of events for a better idea as to what is going on during these two days, exact times, pricing, & events.

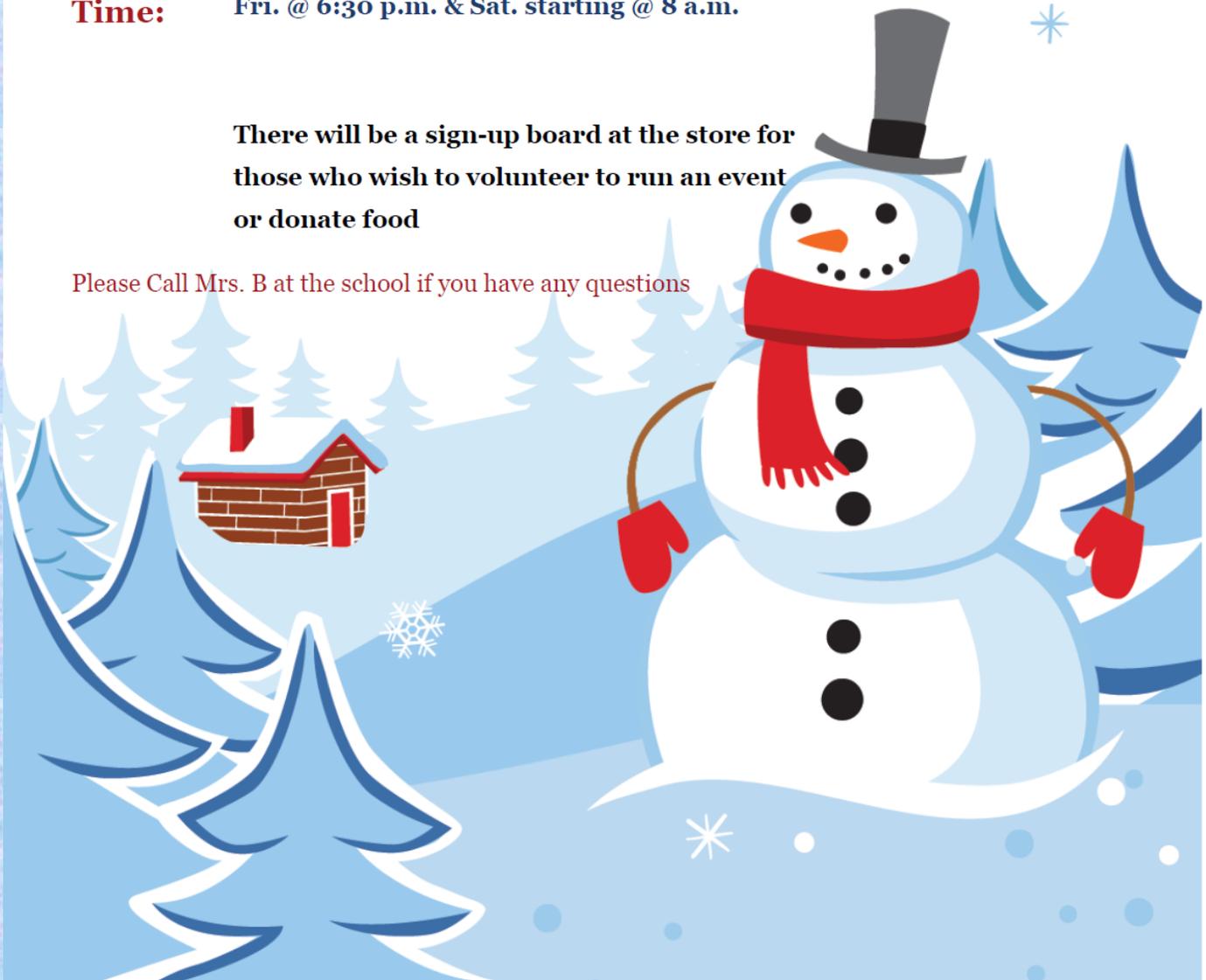
Where: Community Rink, School ground and gym

When: Fri. Feb. 9th & Sat. Feb. 10th

Time: Fri. @ 6:30 p.m. & Sat. starting @ 8 a.m.

There will be a sign-up board at the store for those who wish to volunteer to run an event or donate food

Please Call Mrs. B at the school if you have any questions



Winter Carnival Prices

Breakfast

(Price is not included in with the events price.)

\$5 Small Breakfast - 2 pancakes/2 meat (bacon or sausage)

\$6 BIG Breakfast - 4 pancakes/3meat

Canteen

Chili and a bun \$5

Hotdog \$2

Chip \$2.00

Pop \$1

Juice \$0.50

Chocolate Bar \$1.50

Hot Chocolate/Coffee/Tea \$0.50

Popcorn \$0.75

Cupcakes \$0.50

Events and Spaghetti Supper

(This covers you and/or your family for all the events and includes your spaghetti supper.)

Child \$ 8

Adult \$ 10

**Family of 4-6 (up to 2 adults and 4 kids) \$ 32 – all events
and Spaghetti supper**

Just Spaghetti Supper

\$ 3 Child

\$ 5 Adult

Just Events

\$5

\$5

LMLC Winter Carnival 2018 – Fri. Feb. 9th and Sat. Feb. 10th

All activities are hosted at the school on Saturday

Register & pay for your team in advance at the school or Sat. Morning

Age categories:

1 - 3 years, 4 - 6 years, 7 - 9 years, 10 - 13 years, 14 – adult

Family Team consists of 6 team members: 2 adults and then 1 child from each other category, if no 1 - 3 year old then double up on the 4 - 6 or 7 - 9 year olds.

Events:

Friday

6:30 – Skating Races & Hockey Puck Shootout

(Rink Conditions permitting)

Points will be awarded to everyone who comes out Friday night

Saturday

Minnow Races – Ongoing throughout the day

8:00 - Breakfast (Family event - your family team will get points if your team all shows up for Breakfast before 8:30 am.)

9:00 -Bubble Boiling: Family Event (The first team to have their bubbles boil over wins)

9:45 - Spike Driving (timed event)

10:30 - Jello Eating

11:00 - Musical Chairs / Seniors Event

11:30 – Tug of War - Lunch Break

12:00 - Lunch

12:15 - Bingo (12:15 approx. start time) No participation points awarded for bingo

1:30 - Family Team Event /Event TBD → Relay Race (includes snowshoeing, running, sliding and pulling a team member on a tube) OR Big Ski Event

2:30 - Arm Wrestling (Ages 10 and up ONLY)

3:30 - Seniors Event (TBD)

4:30 - Spaghetti Supper and presentation of awards

Bingo

****This will be a chip bingo not dabber bingo)**

The games will be:

- **3 games of 1 line - \$15**
- **2 games of 2 lines - \$20**
- **Full card \$100**
- **You keep buying your cards at the start of each new game**
- **The price is 3 cards for \$1 or 1 card for .50**
- **Jackpot- Full Card Bingo 3 cards for \$5 or 1 card for \$2**

Canteen

Open between 11 - 3:00

Donations

****We still need a number of people to sign up to donate chili, desserts, spaghetti sauce and salad. If donating chili please have it at the school for 11 am, and the other foods by around 3pm. ****

All donations are greatly appreciated 😊

Summary of the FORESTRY INFORMATION SESSION

TFN Lands & Resources

January 24, 2018 at the Lands & Resources Building, Bear Island

by Robin Koistinen, TFN Lands & Resources Director

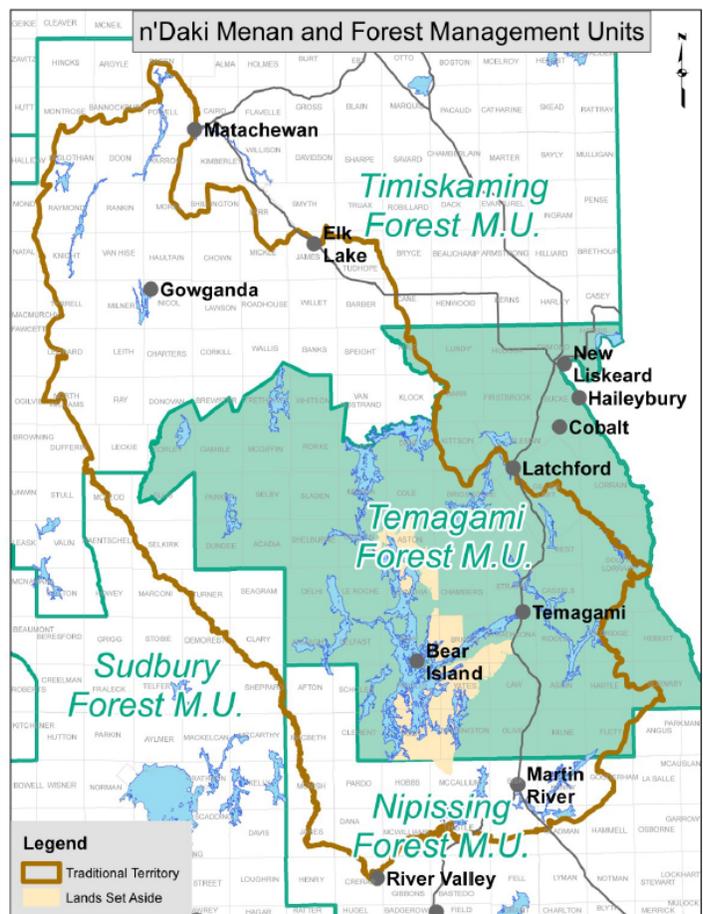
A **Forestry Information Session** was held on Wednesday January 24th at the Lands & Resources Office on Bear Island. On hand with information on their **Annual Work Schedules (AWS)** were representatives from the Temagami, Nipissing, Timiskaming and Sudbury Management Units.

The purpose of the meeting was to discuss the operations with Temagami First Nation and provide the community the opportunity to identify and update values that are of importance in our community and that may be affected by the forest operations, including the application of herbicides (e.g., ground application, aerial application).

The **Annual Work Schedules** describes forest operations that are scheduled to commence in the 12-month period between April 1, 2018 and March 31, 2019. These operations include activities such as road construction, maintenance and decommissioning, forest aggregate pits, harvest, site preparation, tree planting and tending, and are all consistent with the approved 2014 Temagami Management Unit (Phase 2) Forest Management Plan.

Submitting a draft AWS for review 3-months ahead of approval is not a new process however there has been a recent change provincially with the 2017 Forest Management Planning Manual (FMPM), which we would like to inform you about. It is now mandated that the draft AWS documentation is to be made available to Temagami First Nation for review at the same time it is submitted to MNR (which is a new process).

Stop by the Lands & Resources office on Bear Island to see the Annual Work Schedule maps.



Temagami First Nation

Economic Development Report

Gezhtoojig Board of Directors Meeting



GEZHTOOJIG
EMPLOYMENT & TRAINING

I recently attended my first meeting of the board of directors for Gezhtoojig. *Gezhtoojig Employment and Training* is a circle of Anishnabek people with a vision of self-determination intended to foster and direct Aboriginal employment, training and business development initiatives. They develop public and private partnerships with all employment and business sectors to promote the employability and economic success of Anishnabek people.

Gezhtoojig started as the "Sudbury Area Management Board" and was established in 1991 via Federal transfer of Employment and Training funds from Human Resource Development Canada (Service Canada). In 1992, the organization officially changed its name to "Gezhtoojig Employment and Training".

They are a vital partner with the Temagami First Nation and I will do my best to foster a solid working relationship with the organization.

Your direct contact with Gezhtoojig is Reg Canard, however, community members may contact myself or Reg for information. www.gezhtoojig.ca

Reg Canard, Skills Development Coordinator

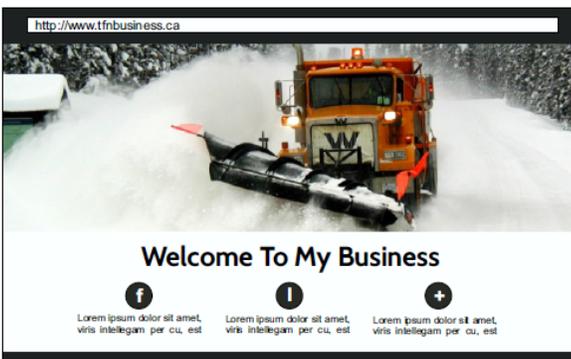
rcanard@gezhtoojig.ca

Telephone: 705-524-6772

Fax: 705-524-5152

Toll-Free: 1-800-361-9256

Free websites available to band members' businesses



TFN Economic Development, through the Lands and Resources department, is offering free webpages to Temagami First Nation members' businesses. A professional webpage will be designed for all interested members to promote their businesses and a link will be provided from the new Temagami First Nation Website, as soon as it is up and running. There is no charge for this service.

Please email John Shymko, Economic Development Officer, at ecdev@temagamifirstnation.ca, or call Lands and Resources, 705-237-8600 to book an appointment with John to discuss what photos and information is needed.

Items a business website should have.

- 1) A phone number.
- 2) An email address.
- 3) Business Hours.
- 4) Business Location
- 5) A photo of your Business, or an image related to your business.
- 6) A photo of the Business owner(s).
- 7) A description of what you do.
- 8) A logo, if you have one.
- 9) A link to a facebook page, if you have one.

John Shymko, Economic Development Officer, Temagami First Nation,
705 237 8600 ecdev@temagamifirstnation.ca

CLIMATE CHANGE and OUR COMMUNITY

TFN Lands & Resources

by Anthony Boucher, Forestry Technician

Hello all,

The start of January has brought up some very important information and some interesting topics for me to look at for 2018. One of those topics is *CLIMATE CHANGE*. Climate change is an issue that effects everyone globally at different levels, and in different ways. Climate change is the change in the pattern of weather over time due to the warming of the lower atmosphere. This has happened naturally in history but not at the acceleration that it is today. Carbon and emissions from coal plants, cars, and many other areas are releasing carbon and other greenhouse effect gasses to be trapped in the atmosphere which is causing this warming effect to happen rapidly. People regularly attribute global warming and climate change to the melting of the polar ice caps; yes this is occurring and it is causing negative effects to many regions of the planet especially our coastal areas but how is it affecting close to the community and close to home.

I attended a climate change conference near the end of January and a specialist from Fleming College asked "how often does a one in a hundred-year storm occur" we gave all our answers then he says "A one in a hundred-year storm occurs every year" and it is true these storms are occurring on at least a 1-5 year basis, where previous history shows that these storms only occurred 1 in every 100 years.

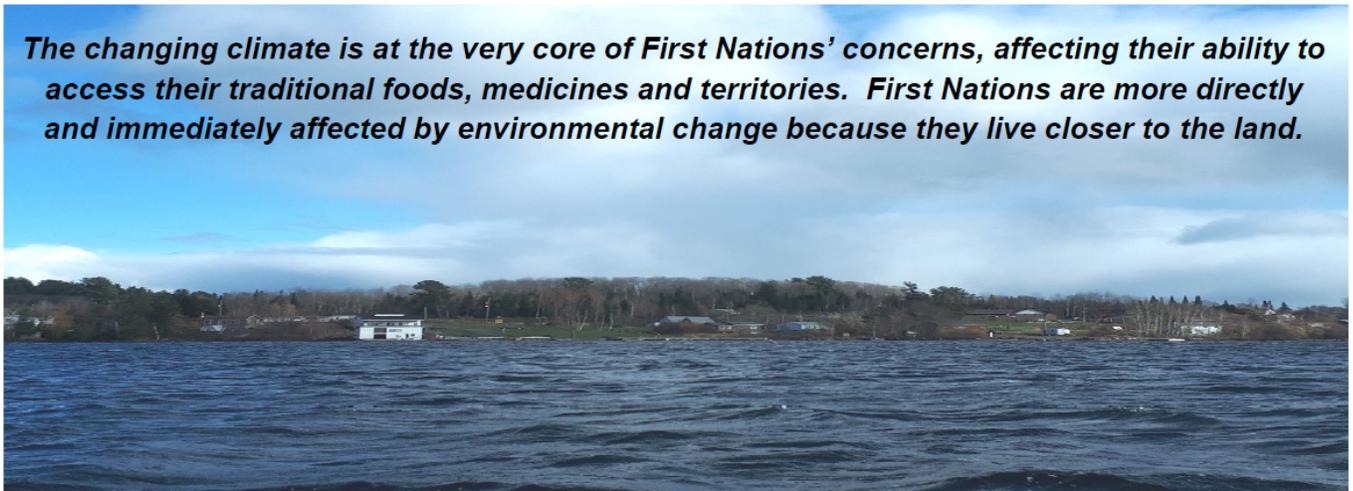
An Elder told me that in the 1950's the normal winter temperatures were regularly -30 and -40 and that the winters used to be longer and you can see that the winter is getting shorter. In the Northern communities because of climate change and temperature increasing globally, they are losing the solid permafrost that their houses sit on, and they are sinking. Winter roads that used to be created and drivable are no longer able to be created. Beausoleil First Nation on Georgian Bay can no longer have vehicles on their ice road, the ice does not get thick enough due to warmer temperatures and heavier wind conditions. Climate change is having an effect all around Temagami First Nation.

If we continue to increase our heat trapping gas production into the atmosphere and do not work to reduce it, the temperature is predicted to rise by another 1 - 2 degrees every 10 years, which will have detrimental effects on health, our land, and everyone's way of life.

Ways that we can help reduce greenhouse gasses include planting and care of trees and shrubs, less use of vehicles when traveling short distances, and using less fossil fuels as a source of heat in buildings. Consideration of proper forest management techniques can also help.



The changing climate is at the very core of First Nations' concerns, affecting their ability to access their traditional foods, medicines and territories. First Nations are more directly and immediately affected by environmental change because they live closer to the land.





Hello, my name is Lorney Bob. I am a Status member of the Atikameksheng First Nation which is close to Sudbury, Ontario. I have been married to a Temagami First Nation member for the past 18 years. I have been hired to join the Family Healing and Wellness Team as a Community Wellness Worker on a 3 month contract. My background is in addictions, where I was hired and trained by the Sudbury Detox center where I worked for 10 years. I was also the head counsellor for nine years at Rainbow Lodge Treatment Centre in Wikwemikong, Ontario.



I also taught the Indigenous Wellness and Addiction Course at Canadore College. I hold a permanent letter of standing to teach Ojibway as a first language and a certificate to teach it as a second language.

Since 2001 I have been working in the correctional system as a Native Inmate Liaison Officer, Elder and Men's Healing Circle Facilitator. I also have extended experience working with survivors of various forms of trauma and helping people resolve their trauma utilizing the Native Traditional forms of Healing through Ceremony.

I work at the Doreen Potts Health Center and I am available for one to one counselling. I also will be hosting a talking/healing circle every Wednesday evening at 7 pm here at the clinic.



Some little riddles

*What do you call a freight train loaded with bubble gum?

A chew chew train.

Which workers have the best hearing?

Engin**EERS**.

Why should you never tell a secret near a clock?

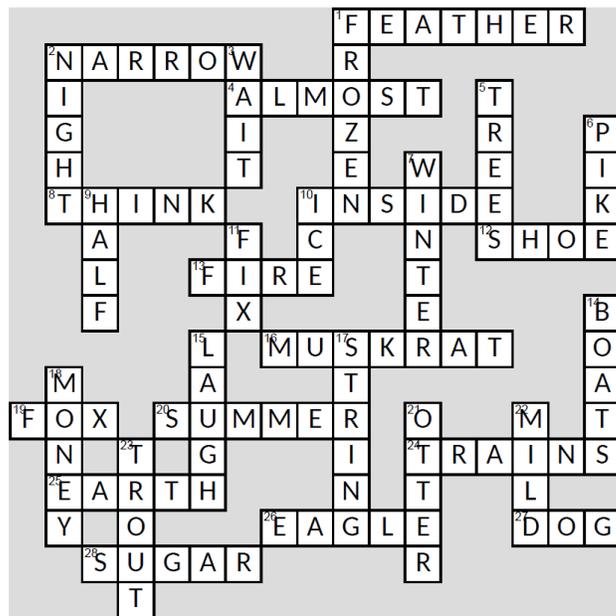
Because time will tell.

What do you get when you cross a cat with a lemon?

A sour puss.

Submitted by: Virginia McKenzie

Answer Key to the December Anishnawbek Crossword



TEMAGAMI CANOE FESTIVAL



JULY 21-22 / 2018

TEMAGAMI WATERFRONT

Ontario, CANADA



www.temagamicanoefestival.com





CHRIS HILL WILL BE
BACK IN THE
COMMUNITY JANUARY
30 AND FEBRUARY 13,
2018

FOR ANYONE WISHING
TO SET UP
APPOINTMENT WITH
CHRIS PLEASE CONTACT
LINDA OR ANNETTE AT
THE DPHC

@ 705 237-8900



Area Counselling Services

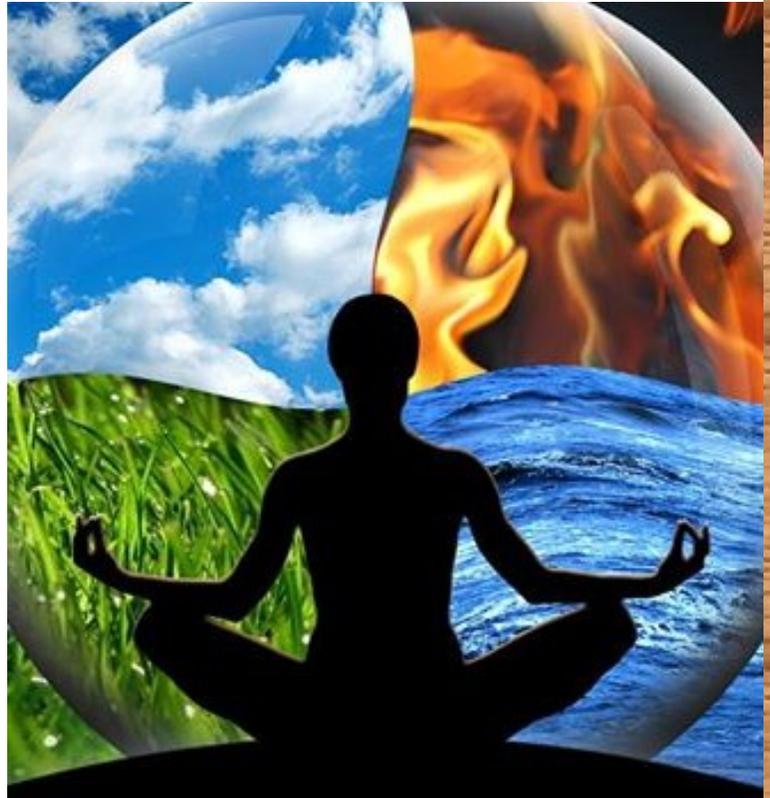
Shkagamik-Kwe Health Centre
Main Centre
Address: 161 Applegrove Street
Sudbury, ON P3C 1N2
Phone: 705-675-1596
Fax: 705-675-8040
Confidential Fax: 705-675-8992

Child and Family Mental Health Centre
62 Froad Rd., Suite 100
Sudbury, ON P3C 4Z3
705-525-1008 or 1-800-815-7126
705 222-6083
Children's Mobile Crisis Line
705-675-4760 or 1-877-841-1101

HANDS (for Children and Youth)
222 Main Street East
T. 705-476-2293
1-800-668-8555

Community Counselling Centre
396 McIntyre East
Tel. 705-472-6515

North Bay Regional Health Centre Crisis
Intervention Line
705-495-8198.



Mental Health Clinic
20 May St S
(705) 647-4444

Sudbury Counselling Centre
260 Cedar Street
Sudbury, ON P3B 1M7
Phone: 705-524-9629
Fax: 705-524-1530



Need a helpline?

Toll Free Helplines for Northern Ontario
CHILDREN YOUTH ADULTS

Support and Information Lines

Kids Help Phone

1-800-668-6868
24 hours

Operation Come Home

1-800-668-4663
8:00 am - 4:00 pm (Mon - Fri)*

Child Find

1-800-387-7962
24 hours

Assaulted Women's Helpline

1-866-863-0511
24 hours

Victim Support Line

1-888-579-2888
24 hours

* Eastern Standard Time

Mental Health and Addictions

Mental Health Service Information Ontario

1-866-531-2600
24 hours

Drug and Alcohol Information Line

1-800-565-8603
24 hours

Ontario Problem Gambling Helpline

1-888-230-3505
24 hours

Motherisk (Alcohol & Substance Abuse Pregnancy Info)

1-877-327-4636
8:00 am - 8:00 pm (Mon - Fri)*

Al-Anon - Alateen

1-888-425-2666
8:00 am - 6:00 pm (Mon - Fri)*

Health

AIDS & Sexual Health Information Line

1-800-668-2437
10:00 am - 10:30 pm (Mon - Fri)*
11:00 am - 3:00 pm (Sat & Sun)*

Telehealth Ontario (Health Information Line)

1-866-797-0000
24 hours

Information/Referral



When you don't know where to turn.

Connects you to health, community, government and social services.

24 hours

Toll Free Confidential Anonymous

Sponsored by the Aboriginal Responsible Gambling Strategy, Nishnawbe Aski Nation.
Information provided by the Thunder Bay Community Information & Referral Centre, 211 North.
Funding provided by the Ministry of Health and Long Term Care, Health Promotion Division.

Rev. **Spring 2012**, Thunder Bay, ON



NISHNAWBE ASKI NATION
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SAVE THE DATE!!!

Next TAA/TFN Assembly
has been scheduled for

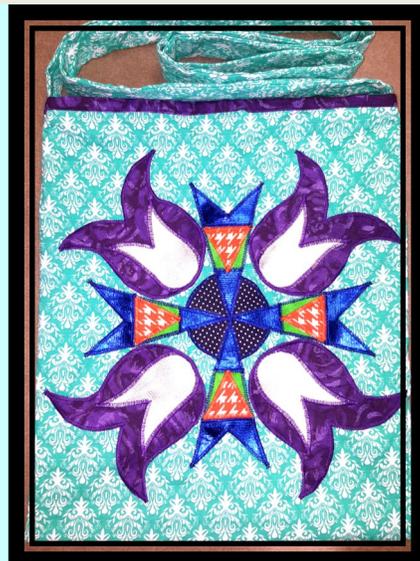
February 17, 2018

Date TBC...

Do you want a chance to make
one of this beautiful applique
cross-body bags ----->

The original workshop was
scheduled for 27-28 of January
but due to lack of attendance
the workshop is going to be re-
scheduled so keep an eye out
for a flyer that will be released
at a later date .

The bag in the picture was
made by Nancy Shipman during
the original scheduled work-
shop.



Youth Dinner

February 17th 2018

DPHC 530pm

Ages 13-30

For more information Contact Tyler at the DPHC

Temiskaming Art Gallery

The seven grandfather teaching of love....

Love is clearly seen in this sneak peek of one of Benjamin Chee Chee's pieces that will be in the exhibition at the Temiskaming Art Gallery.

It is important to move forward in all of life's relationships and interactions with empathy, compassion and kindness, which are demonstrations of love.



Courtesy of the Temiskaming Art Gallery Facebook Page.

TFN Pow Wow Committee Call Out

If you are interested in being on the Pow Wow Committee for the TFN Pow Wow 2018, Contact Tyler or Tracy at
The DPHC

First Pow Wow Committee Meeting will be held some time near
the end of February

*Temagami Artistic Collective
Presents 8th Annual*



GIRLS NIGHT OUT

Saturday
FEB. 10th
2018
7:30 PM

Featuring:

*Sam Depatie &
Friends*

Bobbie Maxwell

Hughena Gennoe

Esther Pennell

Mandy Perissonotto

Lindsay Hodgson

& More with

Emcee Mary

Laronde

Temagami
Welcome
Centre
Bunny
Miller
Theatre

Tickets \$20

Call or email:

569-2749

vickyb008@ontera.net



Miss Teenage Ontario

From the Brantford Expositor....

Aleria McKay told judges at the Miss Teenage Ontario pageant that she wants to raise awareness about youth suicides on reserves.

By the end of the pageant, the 18-year-old contestant was declared Miss Teenage Ontario for 2018 and the first Indigenous winner of the title.

The daughter of Darrell McKay and Melissa Turner, Aleria will compete in the Miss Teenage Canada pageant in Toronto in



The Miss Teenage Ontario and the Miss Teenage Canada competitions are not focused on beauty but contestants are judged on personality, ability to communicate, stage presence, charm, academics, commitment to the community, fitness and confidence.

"I told them (the judges) I am very proud of where I came from and I'm very proud of my culture," Aleria said in an interview in her home on Fifth Line in Ohsweken.

It was her second bid in the pageant, having competed in 2015. A few months ago, she submitted her application to the pageant and made it past a preliminary online interview.

She also has served as Miss Teen Six Nations.

The Brantford Collegiate Institute graduate plans to study social work and theatre in university in the fall.

Congratulations Aleria McKay, you are an inspiration to young indigenous girls across the country. Keep up the hard work and know that you have love and support from your family and friends here at Temagami First Nation.

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		30 Chris Hill @ DPHC	31	1 Gym Night Ages 7-12 630-8 1-on-1 Counselling w/ Lorney DPHC @ 7:00	2 Youth Ski Trip 	3
4	5	6 Women's Dinner 5:30 @ DPHC	7 Men's Dinner 5:30 @ DPHC	8 Gym Night Ages 7-12 630-8 1-on-1 Counselling w/ Lorney DPHC @ 7:00	9	10
11	12	13 Craft Night Ages 7-12 6:30-8 Chris Hill @ DPHC	14 Weekly Circle w/ Lorney DPHC @ 7:00	15 Dance Classes @ LMLC 1-on-1 Counselling w/ Lorney DPHC @ 7:00	16	17
18	19 Family Day Holiday	20	21 Kid's Sliding 10am-12pm Weekly Circle w/ Lorney DPHC @ 7:00	22 Dance Classes @LMLC 1-on-1 Counselling w/ Lorney DPHC @ 7:00	23 Martial Arts @ LMLC	24
25	26	27	28 Weekly Circle w/ Lorney DPHC @ 7:00	1 Family Trip  1-on-1 Counselling w/ Lorney DPHC @ 7:00	2	3

Family Healing and Wellness Highlights

705-237-8900



Youth Programs

- Ski and Snowboard Trip to Horseshoe Valley, Ages 13-30, February 2-4- Call Casey or Deva to get a permission form (705) 237-8900
- Youth Dance Classes @ LMLC, February 15th and 22nd 6:00-7:00 and 7:00-8:00- Call Deva for more information

Children Programming

- Dance Classes for Children/Youth @ LMLC February 15th and 22nd @ 6:00-7:00
- Craft Night February 13th @ DPHC Ages 7-12- 6:30-8:00
- Martial Arts @ LMLC on February 23rd- Day Program- Call Casey for more information/to sign up 705-237-8900

Community Programming

- Wednesday Weekly Circle with Lorney @ the Doreen Potts Health Centre- 7 pm
- 1-on-1 Counselling Thursdays @ 7pm with Lorney
- Parents and Tots Dance Class @ LMLC 5:30-6 February 15th and 22nd
- Adult Dance Class @ LMLC 7:00-8:00 February 15th and 22nd
- Chris Hill will be available for counselling starting at 5pm on January 30th and February 13th - Call Linda to make an appointment 705-237-8900

Women's Programming

- Women's Dinner DPHC, February 6th @ 5:30 with Edwin Edwards- Call Linda to sign up

Men's Programming

- Men's Dinner DPHC February 7th @ 5:30 with Edwin Edwards-Call Linda to Sign Up